



2006

A very faint, large watermark-like image of a classical building with four prominent columns is visible in the background of the page.

Digitized by the Internet Archive
in 2013

<http://archive.org/details/yearbook2006wlhi>



GeNeRaLs' RuMbLe



Washington Lee High School
1300 North Quincy Street
Arlington, VA 22201
(703) 228-6200
www.washlee.arlington.k12.va.us
Population: 1513

BLUE & GRAY

OUT WITH THE OLD
IN WITH THE NEW

2005
rumb
2006 le

YOU MIGHT BE ASKING YOURSELF, why would the “Generals’ Rumble” be a great theme for the 2005-2006 school year? For as long as any student that attended Washington-Lee could remember, this one cheer made our school unique from any other. The cheer that has been chanted for decades became a mantra that bound our student body. The cheer, however, was not the only thing that made our school different from years past. Our walls and ceilings were “rumbling” due to the construction of the new and improved Home of the Generals. With a total of 1,513 students enrolled, each and every student differed in terms of adjusting to the “rumbling” halls. The Class of 2006, for example, was officially the last generation to use the original senior parking lot, but the first to experience the new War Memorial Stadium. And even though the first few football games were held at rival Wakefield High School, the spirit of the fans traveled with the team. The “Generals’ Rumble” carried on to any and every school. Despite a changed year, the Generals proved that it was time for an old classic. So get off your seats and take part in the chant that you will never forget and yell:

EVERYBODY...RUMBLE!!!





Student Life: Pages 4 - 39



Sports: Pages 40 - 93



People: Pages 94 - 159



Academics/Organizations: Pgs. 160 - 199



Advertisements: Pages 200 - 224



STUDENT LIFE 2006

**FOCUSING ON THE
EVERYDAY LIVES OF
STUDENTS AND TEACHERS IN
AND OUT OF SCHOOL**





WELCOMING NEW KIDS AND EXPRESSING THEIR PERSONALITIES was just a portion of what students and teachers dealt with during each and every school day during the 2005-2006 school year. This section of the yearbook showcases everyday encounters between students and teachers ranging from cell phones to summer, weekends to homecoming, and even the construction of the new Washington-Lee High School.

Student life was so much more than just attending classes, doing homework, and prepping for exams. Dealing with how to live and get around outside of school was a big part of most students' lives. Generals landed jobs, earned their own money, and learned to become more independent. Take a look at what your classmates, and quite possibly you, were a part of in and out of the hallways.



Sizzlin' Summer



Sophomores Grace Callow and Megan Holland have a great time at soccer camp improving their skills. Juniors Rosalie Wind and Raquel Farah-Robison spend some of their summer hanging out in Raquel Farah-Robison's basement.

Juniors Amanda Merrill, Becky Spavins, and Rachel Green spend one fun night in August at a friend's house. Seniors Alison Foley and Lisa Hamilton, and freshman Ariel Hamilton, vacation for a week at the beach. Juniors Carleigh Edwards and Katherine Lam have an awesome time at National Cheerleading Association camp in August.



What was the most exciting thing you did this summer?

Sophomore

"I went to Rehoboth Beach with my friend David Kahan and his family. We had an awesome time."

Vito Allgeier-Lipp



Junior

"I spent my summer rowing crew at Thompson's Boat Center on the Potomac River. It was a lot of work and a ton of commitment, but I had a great time."

Christina Cabiati

Junior

"My summer was a lot of fun, but my favorite part was my trip to Ocean City. I went with a few friends, and we had a great time."

Patrick Nicholas



Freshman

"My favorite part of the summer was field hockey tryouts in August. It was a lot of conditioning, but making varsity made it all worth while."

Lindsay Boryan

All Work vs. All Play

What students were really up to this summer...

Finally, after an arduous nine months of school, summer had arrived! While some spent their summers hanging out with friends and relaxing, others were busy vacationing and working hard to make some serious "dough."

Some students found themselves vacationing in new and exotic places. Sophomore Samantha Moore said, "I went to Costa Rica for 16 days where I improved my Spanish, surfed, and had an awesome time!"

Other students spent their summers working hard, and making money! Senior David Bodner enjoyed soaking up the rays at Fort Myer Officer's Club. Bodner said, "Working as a lifeguard was a lot of fun. I ended up making a ton of money.

and still had time to relax and hang out with my friends!"

Some students even got the opportunity to intern for jobs they were interested in. Senior Virginia Taylor spent a month of her summer at a David construction site in Crystal City. Taylor commented, "The internship allowed me to experience engineering first hand, something I am very intrigued by."

Whether vacationing, working, or just hanging out, it seemed like everyone had an awesome time- except for those "killer" summer assignments!

-Meagan Riley, '07



Seniors Samuel Farber, Colin Million and David Bodner have an awesome time looking "gangster" at a costume party at a friend's house. Juniors Kelley Ruble and Janelle Prange make a stop at the book store to pick up their summer reading. Senior Pierre Saddi spends part of his summer scuba diving in Florida! Junior Rebekka Nielsen and freshman Olivia Huston hang out on a relaxing July afternoon.



Juniors Miki Lendenmann and Jennifer Cook spend their summer working with kids at the Montessori preschool. Seniors Jill Shirey, Katie Uze and Sarah Jackson take a break to dry off after a July, water-packed day. Freshmen Monique Morales and her sister, junior Myra Morales, spend part of their summer with older siblings at Sea World in Florida.

New Kids on the Block

Moving In, New Kid Style

Every day, someone moves away from a place they call home. Not everyone, however, had the once in a lifetime chance of attending a school in Arlington. This past year, the halls swarmed with new students from all over the U.S., as well as other countries. Senior Kamariye Nzeribe said, "I used to live in New Orleans before Hurricane Katrina, but I came here because my parents wanted to be close to D.C." Some left their homes because of situations beyond their control, while others moved because of their parents.

Sophomore Joe Pricone moved from his three-year home in Texas because his father, having a role in the military, was transferred

to Fort Myer. He shortly became well-known because of his participation on the varsity football team. Most new students agreed that a good way to make new friends was to join a club or play a sport, anything that got the student involved with the school.

"I like it; it's fun! But it's a lot different...it's really crowded here," said senior Eden Tinsley, when asked why she liked Arlington. Tinsley's parents are in the Air Force. Meeting new people was a part of life, and new challenges were what some of these students embraced.

-Sarah Michaelson, '08



New student Marvin Pena moved here from Atlanta and has had no trouble fitting with junior Stephen Potter and sophomore Samuel Speicher. Sophomores Nora Murphy and Kelsey Wagner are giving new comer Amy Bergstrom a warm welcome as they chat about talk shows.



Foreign exchange student junior Annica Juergens chats with sophomores Diana Lay, Jainie Dungo, and Yasmina Ramirez-Martinez before they head off to volleyball practice after school. Juergens has made many friends since the school year began.

What's Out.....

Staying home on weekends because you do not know anyone.
- Not joining clubs



Fresh - But not Freshmen



Best buds, sophomores Courtney Anderson and Elizabeth Buttan stop in the hall to dance along with their favorite song in the sophomore hallway after school. Buttan has had no problem fitting in with the people when she transferred here from O'Connell High School.

What's In.....

- Trying to meet new people.
- Being sociable and outgoing.
- Taking advantage of the fact that no one knows you, so start over.



Reginald Whitley, junior, takes the field with force against Falls Church as he charges towards the goal with the ball to score. Whitley was a newcomer to the varsity team this year having transferred from Yorktown High School.

Why did you move here and why do you like it?



Junior

"My family moved to a new house so I had to switch schools. It's not that big and you meet friends faster."

Alex Parker

Sophomore

"I'm here because my step dad got recalled back to the Marines. I like it because there is a lot to do, and I love the people here."

Katie Wheeler



Junior

"I moved from Jeb Stuart to start over somewhere new. I like the diversity and personalities of the students. Plus, it is smaller."

Edwin Figueroa

Junior

"I'm a foreign exchange student from Norway and I came to get the American experience. It's very diverse and everyone is open to new people."

Anna Christensen



Spirit Week



Seniors David Greenawald and Zachary Cross discuss how difficult it is to walk from class to class with a bed sheet wrapped around them. Greenawald and Cross were just a few of the students to take part in the Blast from the Past senior tradition of dressing in toga.

Senior Charles Ebert lifts school spirit and brings the crowd to their feet during the pep rally by running laps with the "Rumble" flag. Ebert held the banner with pride as he ran around the entire gymnasium encouraging students to participate in the "Generals' Rumble."

What's In.

-Spirited Fans.

-Students and staff who get into and participate in spirit week.

-Showing spirit all year.



What's your favorite "day" during Spirit Week? Why?

Junior

"Hawaiian Day, this was the day that people got to dress up in the most fun [way]."

Richard Rothwell



Sophomore

"Blast from the Past, it was a really fun day."

Lauren Scott

Freshman

"Class Color Day, it was the day where I saw most spirit."

Kwabena Stefan



Senior

"I really like Hat Day. It is the only day of the year that teachers can't yell at you for having a hat on."

Jesse Cyran

Show That Generals' Pride

Spirit Week gave students an opportunity to show school spirit

Make no exceptions, Spirit Week has its own importance each and every year. That one week prior to Homecoming weekend, students had the opportunity to show their love and support of the school. These unique five days were given themes where students could dress up, or dress down, and somewhat compete for who could have the most outrageous outfits.

Every year the themes may change, but a majority of the student body always seems to participate each day. This year included: Class Color Day, Hawaiian Day, Tie, Hat, and Button

Day, Blast from the Past Day, and Generals' Pride Day. People from every grade seemed to participate in each day, but the upperclassmen turned out to have a 'leg up' over the rest.

Seeing what was done in years helped juniors and seniors have fun with their appearances. Junior Kevin Cronin commented, "I really like the spirit during Spirit Week. The juniors and seniors really get into it." Take some advice, do not worry about how crazy your look is. In the end, it is all about which class comes out victorious above the rest, with some laughs along the way, of course.

-Carleigh Edwards, '07



Junior Emmanuel de Leon attempts to hula dance in the computer lab hallway without cracking a smile. De Leon may not have perfected the art of hula dancing, but his spirit made him stand out from all his other classmates.

What's Out. . .

-Students and staff members who don't participate in the spirit days.

-No school spirit!



Seniors Austin Leeds and Alexis Solheim joke by their lockers about some of the funny togas other students were wearing, such as Teenage Mutant Ninja Turtles.

Juniors Anne Eddy and Dacie Marshall make comments about each others Blast from the Past outfits. Eddy dressed in 1970s-wear, while Marshall was inspired by the 1980s.

"I'm Just Tryna' Dance Boy"

-Blackeyed Peas

How events of Homecoming week got students excited about a victorious game and successful night on the dance floor

Class T-shirts, hula skirts, buttons, togas, and painted faces were found on students just days before the big event. Homecoming decorations adorned the walls and discussions of dates

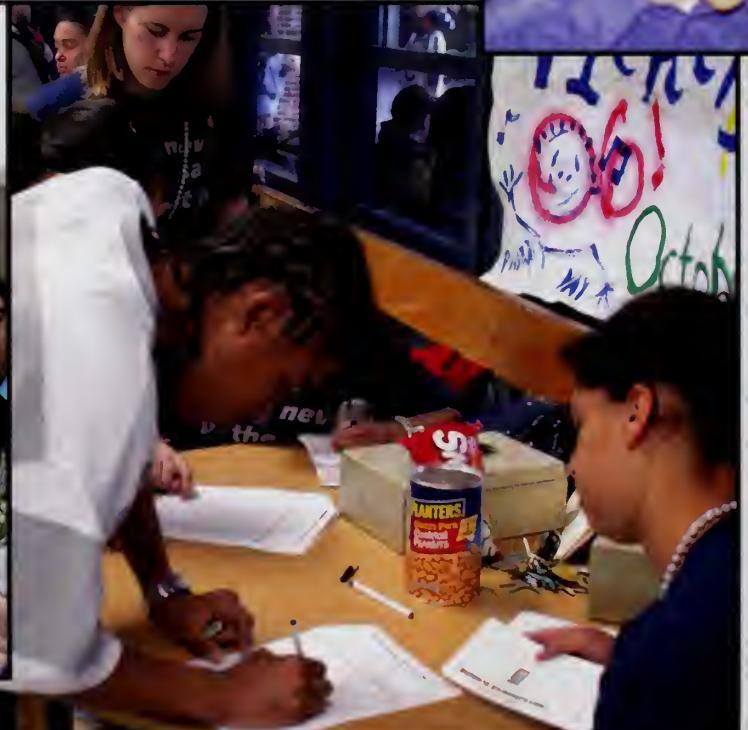
and dinner plans could be heard throughout the classrooms. Freshman Ariel Hamilton said, "The pep rally was my favorite part of homecoming [week]. The performers were great and our mascot got everyone really excited with the 'Generals' Rumble' cheer."

Coming out with a win on the football field was not too bad either. "It was an exciting game. The fans were great, and we beat Stuart 21 to 6! It couldn't have been any better," said Francis San-

tiago, senior. The halftime show consisted of performances by the dance team, cheerleading squad, and band, the presentation of the class floats, and the announcement of the Homecoming court.

As for the dance, themed "Entertainment Tonight: Music, Television, and Movies," it was also a huge success. With over 800 students and guests attending, the Disc Jockey played the latest hits, keeping the listeners interested and out on the dance floor. The decorations for the dance came off each float, so every class was fairly represented. "The dance was actually a lot of fun, way better than last year, and it was great seeing everyone show up," said junior Will Cullin.

-Karina Zannat, '08



Sophomore Devon Hogan buys his ticket on Wednesday before the dance to make sure he would be allowed in.

Football players line up on the twenty-yard line to attempt yet another touchdown against the J.E.B. Stuart Raiders.



Seniors Charles Ebert and Alexandra Dahlstrom were proclaimed Homecoming King and Queen during half time of the football game. Mary Wollerton, junior, checks in at the Homecoming dance as a long line of excited students wait their turn.



Homecoming Weekend



Students dance to rap, hip hop, reggaeton, pop and other genres of songs on the jam-packed dance floor. Senior class sponsor Kathleen Claassen said, "The turnout was better than expected this year, and the dance was a success. The senior class raised enough money and overall the students seemed very happy with the dance."



The football team forms a "dog pile" to retrieve a fumble that J.E.B. Stuart's running back dropped during the Homecoming game. Senior Julie Lang and juniors Virginia Stevens and Vonemany Sarivannara hold up encouraging signs during the pep rally on the Friday before the game.

What was so special about this year's Homecoming?



Freshman

"Spirit week was so much fun! Everyone would dress up and it was so cool."

Sophomore

"Homecoming rocked because we won the game and the dance was fun."

Nora Murphy



Marley Furlong

Junior

"The music was a lot better than last year, so the dance was really good."

Tom Woodruff



Senior

"The pep rally was fun. And it's cool how we won the homecoming game."

Igor Alba Alanes

Self Expression



Senior Jose Veliz has intricate tattoos of his name on his right arm and his nickname on his left. "Snoopy" was a name given to him years before by his friends for his favorite character Snoopy the dog on Peanuts.



Social studies teacher Jeff McCarthy gets up his hair in the morning to get those crazy spikes ready for class. Although it was not too out of the ordinary, McCarthy was one of the few teachers that believed in looking good, even for students.

What's In. . . .

—Wild and crazy hair dyes that brighten up an ordinary day of blondes, red-heads, and brunettes.



How is your self expression unique?

Sophomore

"Being different is better than seeing everyone the same. My hair is red because no one else has it."

Nathaniel Osteguin



Sophomore

"I like to be individual and stand out from everyone else. I just like being me."

Vanessa Amaya



Sophomore

"My outfits are always full of drama, and I like to express the way I feel."

Aryca Wilkerson

Senior

"My tattoo is unique from any other because its custom made - I drew it!"

Remell Segovia



OUCH! Did That Hurt?

From belly-button rings to intricate tattoos, students express their individuality from others that roam the hallways...

Everyone has something in common with another, but there is always that one thing that sets them apart. Whether it was an outlandish dressing style, a tattoo with an array of colors, or a piercing that looked like it would hurt, certain boys and girls had a way of standing out.

When senior Shirley Arteaga got her tattoo, she explained that, "It hurt really bad! But it was worth it because it has a personal meaning to me." Tattoos were no longer a form of rebellion, but a way of letting the world know what that individual cared about most. But was the pain really worth it?

Instead of piercing their skin or holding their

breath for a painful tattoo, students also stood out by what they wore. Sophomore Gretchen Butt said, "I love how Chuckie [Ebert] always supports his favorite football team when he wears his Buccaneers T-shirt. It's something that makes him different from any other ordinary fan."

Dressing differently or piercing an eyebrow were just a few ways to meet new people or be different from the rest of your friends. Students and teachers were able to have fun expressing themselves freely, as long as they followed the dress code and did not offend anyone.

-Kristyn Wharton, '06

1 Piercing....



2 Piercings....



4 Piercings. Wow!



Senior Shirley Arteaga stops in the hall to pull her sweatpants down just a bit to show her significant tattoo of a flying heart and sword. The importance of getting this tattoo was to freely let her parents know she was old enough to make her own decisions without them.

What's Out...

- Just wearing a t-shirt of your favorite team.
Where's the hat Willis??? Where's the enthusiasm???



Junior Rashiea Miller shows fellow students the diversity they share as well as the individuality that makes them each unique. Miller came to school with an interesting outfit on almost every day of the year, expressing her creativity in style without breaking the dress code.

Behind The Scenes

Underappreciated faculty finally get their recognition.

Our school is a really complicated machine made up of many different parts, some bigger than others. The bigger parts are our teachers and administrators. The smaller parts are even more important and much less appreciated. Our smaller components are the custodians, security guards, and secretaries. If you take away the small nuts and bolts, the whole machine stops working, and it's no different with our school. History teacher, Claire Moir said, "I would never be able to survive without our department secretary, Parvaneh Cohen. She is always willing to help in any way she can."

Scott Forbes was another faculty

member who deserved recognition. He doubles as an assistant coach for track and football along with being a security guard. When asked how he contributed on a day to day basis, Forbes said, "I'm a substitute, and I run detention." Students observed that Forbes did a lot to help with behind the scenes operations of our school which made their lives a ton easier.

Then there were the multiple custodians who made sure that the trash was picked up and the halls were swept. They put in long hours. By coming in early and staying late, they ensured that the building was clean and welcoming.

-Crystal Orange, '07



Settled in at her new work station, secretary Diane Richter works on a sports program.

Custodian Maria Castro helps pick up garbage left by students in the cafeteria. Although not well-known by many students, she is a vital factor to the school system.

What's Out...

- Teachers who are boring and just do their jobs.
- Giving out detentions and contacting parents for no apparent reason.



Underappreciated

Faculty



Jasmine Arguello gives change to sophomore Demetra Patrianakos in the snack-bar line. Without her working the cash register, students wouldn't be able to get salads and chips everyday.



What's In.....

— Faculty members that give good advice. "I think sometimes the kids need me to answer questions that other teachers can't," said student Jerome Peele.



Custodial supervisor James Mack makes sure the resources in the classroom are available to use the next day. Without Mack helping to clean, blackboards would stay dirty everyday.

Do you think any of the faculty is under-appreciated?



Math teacher

"Mr. Wilson because he's in ISAP all day and people don't appreciate that he's calm and patient with students."

Rosanne Johengen

Sophomore

"Ms. Richter is really nice. I lost my cell phone and she helped me find it."

Marion Zavolas



History teacher

"The custodial staff is underappreciated because students leave trash everywhere."

Jim Thomas

Sophomore

"Jorge really helps out with security and he makes sure we are safe in school."

Leeanne Strehle



Extreme Sports



Junior Eric Sedwig is caught ripping-up the bowl doing a mute-grab at one of the local bowls.



Sophomore Douglas Nguyen does a heelflip on his way to school.

What's In.....

- Skating with friends after school when homework is finished



What do you think of when you hear "extreme sports"?

"When I hear extreme sports, I think of crazy guys jumping off cliffs."

William Farley, freshman



"I think of rock climbing when I hear extreme sports."

Alex Hyde, junior



"I think of breaking your neck when I hear extreme sports."

Ryan Scheurer, sophomore



"I think of snowboarding."

Brian Jacobs, freshman



Rumble in the Jungle

from gliding to scuba diving, extreme sports are everywhere.

What do you think of when you hear the term extreme sports? Jumping out of airplanes, BMX biking, and skateboarding are just a few in the wide field of extreme sports.

Senior Patrick Moran enjoyed skateboarding in his spare time. "My favorite part of skateboarding is constantly progressing," said Moran. Moran did a wide variety of tricks, and liked to skateboard everywhere. Sophomore Michael Tran, also a skateboarder said, "My favorite trick ever is a backside flip."

Don't just think that boys are the only people that participate in extreme sports;

sophomore Genevieve Griffin kayaked at Cape Cod, the Outer Banks, and Florida with her family. Freshmen Tyler Kellogg went scuba diving in exotic places like Hawaii and the Bahamas with his family. Kellogg said he liked scuba diving because "you can see some things underwater that your can't on land."

Jumping out of airplanes could possibly be in the future for some of our spots fanatics. Skateboarding and biking were just the beginning for these daredevils.

-Patrick Jackman, '08



Freshman John Escobar gets ready to ride home after school and relax. Sophomore Michael Tran prepares to do a kick-flip on his skateboard.



Sophomore, Douglas Nguyen prepares to "woo" the crowd again by trying a trick at school.

Skateboarding was the most prominent extreme sport at school: skaters often hung out in front of the building where they performed tricks.

What's Out.....

- Going straight home, without doing anything productive or extreme.



Rumbling Through The Generations

Building a connection between the years- parents, students and teachers reflect on eighty years of change

In November of 1924, the first brick of this building was laid, and it opened to students on October 6, 1925. Since then 80 years of students have been educated in these walls, whether they wanted to be or not. However, much has changed over the decades.

"Students today use a lot more technology, and I used to be able to connect to the students more closely," said Sally Bassler, English teacher who has taught in the same room for 27 years. Bassler taught newspaper here for seven years as well.

"The students I had in newspaper were the most memorable students I have ever had. We spent time in and out of class together, and we still see each other on a regular basis," said Bassler.

Student teacher relationships have really changed

over the years as have the students.

Past alumni have seen an enormous change in the student body, resources, and social climate. "It is like night and day since I went there, girls could only wear skirts and dresses, and we couldn't leave campus for lunch," said 1973 graduate Dorothy Macekura and mother of senior Virginia Macekura.

Washington and Lee secretary and the mother of Jacob Tomb ('05), Mary Lib Tomb, has noticed a few changes since she went here as well. "There is much more diversity now, when I went here it was about 90 percent white," said Tomb. "It was also a lot more strict so you all are very lucky."

- Allison Jordan, '06



Dorothy Macekura, alumna, poses for her freshman high school picture in the 1970 *Blue & Gray*. She continued the tradition by sending her son Steven ('00) and her daughter junior Virginia Macekura to her alma mater. English teacher, Sally Bassler, has been at Washington and Lee for years, she assists freshman Alex Torres.



Dr. Elvia Santamaria, Spanish teacher, goes over her notes during lunch. She has been teaching here for 16 years and has seen the population of the school change drastically. "It used to be a lot less diversified, now we have more of a mix of cultures, which is always a good thing," said Santamaria.

What's In.....

- Going with a date to Homecoming
- Puffy, taffeta dresses from Cartinkles
- Baby blue polyester suits





Generations

Mary Lib Tomb, main office secretary, reaches to pick up the always busy phone. She has had a connection to this school since she went here. Between the phone calls and student questions, she reminisced about past days. She has seen numerous changes at the school throughout the years, specifically the change in the student body.



What's In.....

- Halter top dresses from Macy's and shoes from Nine West
- Button down shirts and ties from Express or Kenneth Cole
- Going with friends to Homecoming



Dabney Wharton, alumnus, swings his club on his trip to Myrtle Beach, South Carolina last summer. He did not golf for Washington-Lee during his four years here between 1962-1966; instead, Wharton played varsity soccer. Wharton kept the General spirit by sending his daughters Andrea ('05) and senior Kristyn Wharton to his alma mater.

What is the biggest change since you were a student here?



"The building has changed drastically. The parking lot was actually part of the school."

Tom Chisnell, science teacher

"The physical change of the building. Many classrooms, now, were offices when I went here."

Sarah Harrick, English teacher



"The student population has changed a lot, there is more diversity now."

Lori Grimm, physical education teacher



"The building is the same, but now we have a good principal."

Adam Balutis, substitute teacher

Just Friends?



Katherine Lam, junior, gives her best friend Emmanuel Deleon, junior, a lift. They often stay after school in the cafeteria to hang out, talk, and most of all, make each other laugh.

Shawn Tshibangu, senior, is visited by best friend Tia Williams, senior, at lunch. "I'm the loud one; he's a lot quieter than me." Williams said about Tshibangu.

Generals Rumble

What's cool about having a best friend of the opposite sex?

He said: "You can talk about problems and she will actually understand from a girl's point of view. We're really close, that's my home girl. I love her to death." Shawn Tshibangu, senior, said about his best friend and fellow classmate, Tia Williams.

She said: "I don't worry about any girl drama and I get honest feedback from him about my problems. There's no gossip or backstabbing, so I can talk to him about anything...and besides, it's more fun to hang out with guys!" said Megan Holland, sophomore, of Zach Allen, sophomore.

Do you think a boy and a girl can be friends and stay that way?

Senior

"Yes. They can be best friends and stay that way as long as they don't have a crush on each other."

Sally Traynham



Sophomore

"It's definitely possible, because it's good for girls to see situations from a boy's point of view, and vice versa."

Ariana Rua

Junior

"Yeah, as long as they have known each other for a long time, a girl and a boy can be best friends."

Allie Wallace



Freshman

"Yeah, why not? Boys and girls can be best friends. Sometimes friendship is just friendship."

Matt Strykul

Are they, or Aren't They?

Best friends struggled to defend their relationships from the ideas and rumors of fellow classmates.

They were seen hanging out all the time in classes, hallways, after school, or even weekends. They claimed they were just friends, but they made such cute couples that it was hard to believe that they were not. Most of their classmates and friends had their doubts.

"Andrew and I bonded when he was really sick. We've been good friends ever since and we hang out a lot," said freshman Kate Irick, fellow classmate of Andrew Trombly.

Often times, these best friends spent time together for years. Junior Emmanuel Deleon described junior Katherine Lam. "She and I have been hanging out since elementary school. I know that if I have a problem and it's three in the

morning, she will be there for me," he said. Peers often exasperated these friends by continuously asking them about their relationship. How often?

"Like every single day. It gets really annoying," said junior Jorge Valenzuela, of his friendship with senior Brenda Mercado. There were other problems, too. Deleon and Valenzuela said that their friendships with girls have gotten their past significant others jealous. Finally, when asked if they could ever see themselves in a relationship with their current best friends, Irick said, "No." Valenzuela replied with, "Definitely not." Deleon said. "We're too close...a relationship wouldn't work out."

- Karina Zannat, '08



Megan Holland, sophomore, gives her best friend Zach Allen, sophomore, a piggy back ride after school. "I can always be myself around Zach. We always have a lot of fun hanging out," Holland said.



Generals Grumble

What's bad about having a best friend of the opposite sex?

She said: "A lot of people think we're going out and we're not. Sometimes other guys won't come up to me because they think I'm taken. And that's the only bad thing," Katherine Lam, junior, said about her friendship with Emmanuel Deleon, junior.

He said: "Sometimes I feel like she's a lot smarter and accomplished than me. Plus, she doesn't agree with me when I say someone is hot. Other than that, everything is cool," Andrew Trombly, freshman, said about fellow classmate and best friend, Kate Irick.

Freshman Kate Irick and Andrew Trombly, her best friend and classmate, chat outside during lunch. Senior Brenda Mercado and her best friend Jorge Valenzuela, junior, catch up in the cafeteria at lunch. "I like having him as a best friend because there's no drama, like there is when you have a girl best friend," Mercado said.

Wondering about the Big Crumble

Students and faculty become excited to hear about upcoming construction for a new building

The school was abuzz with news of upcoming construction that would transform the old building into a brand new high school. It seemed that everyone knew what the main idea was for the new building, but very few knew any details. Fabiola Alba, sophomore, said, "I know that there's going to be construction and hopefully the school is going to be bigger and better, but I have no clue how or when."

Construction started in April 2006; it was then that demolition and the building of the new wing began. "We're very excited. It's been planned for years. There will be lots of stress from dirt, noise and other inconveniences, but when it's finished, it will be state-of-the-art," said Paul Jamelske, assistant principal.

The academics part of the new building will

be four stories tall, there will be two full size soccer fields, the pool will be inside the school campus, and the student capacity will increase to 1600 students. In addition, the general, outward appearance of the school will improve. Construction is scheduled to be finished by mid-2009.

However, not everyone eagerly awaited construction. Traditional senior parking was planned to be replaced with lesser parking.

Despite some negativity and a lot of vagueness about the construction itself, there was a general feeling of support from students and faculty. Jamelske said, "Things may not look too clear right now, but I can say that we WILL get through this."

- Karina Zannat, '08



Construction



Freshman Jessica Boatner works on the computer, along with the rest of her health class, for a research assignment. The planning stage of construction may have been in the fall, but students and teachers had already settled into the new classrooms that were built specifically to accommodate the students of classrooms that would soon be demolished.



What's In.....

- Being ready and waiting! Taking an interest in the new construction project, like assistant principal Paul Jamelske, was something only future students and teachers could really enjoy.



Seniors and faculty park their cars in the reserved Stafford Street parking lot one morning in mid-October. Once construction begins, the parking lot will be one of the first landmarks to be destroyed, forcing hundreds of students and teachers to find an alternative parking spot.

How do you feel about the upcoming construction?



Freshman

"I think there will be a lot of noise, but it will make the school better, so I think it's good."

Ashish Papil

Sophomore

"I'm really glad we're going to reconstruct the school. It needed a new look!"

Marion Zavolas



Junior

"I'm pretty excited about the new school. It's gonna look a lot better."

Sherrod Hood

Senior

"I'm graduating, so it doesn't matter to me. But I'm sure it'll look good."

Luke Angle



Lunch Break



Junior Anthony Melencio eats his McDonald's french fries that he asked a senior to get for him when he went off campus for lunch. Senior LaToya Gaskill loads lettuce into her container at the snack bar, choosing to eat a healthy alternative to an off-campus fast food meal.



Seniors Colin Million and Landon Stanford chose to eat at Taco Bell for lunch. Million opens a to-go bag for Stanford. Later the two drove back to school and ate their lunch in the senior parking lot.



Where do you go for lunch and what do you do?

Senior

"When I go out for lunch, I would go to Taco Bell and I would chill with my friends."

Remell Segovia



Senior

"I go to McDonald's, Wendy's, or my house. We would sometimes chill at my friend's house."

Tyler Kudravetz

Senior

"When I go off campus, I usually go to Chipotle and get a chicken burrito."

Preston O'Shea



Senior

"When I'm going off campus, I usually go to Pollo Ricowithacoupleoffriends and we just hang."

Nargis Mughal

Rumbling Stomachs

What's for Lunch?

The one thing that most students look forward to each school day: 5th period! When that lunch bell rang, students poured into the hallways, lockers slammed down the halls, and boisterous kids were heard over everyone else.

Senior Catlynn Cain described lunch as, "[A place] not just to eat, but also [a place] to socialize with your friends." Some students bought lunch that the school offered, such as salads and sandwiches while other students brought their own lunches from home. Then, there were the seniors.

Seniors who went out for lunch often ventured to Wendy's, Subway, Potbelly, Quiznos, Taco Bell, McDonald's, and The Italian Store, while others went home to enjoy a quick meal. A major problem for seniors that went out to lunch was

getting back to class on time. "I'm always late for class after lunch! There's never any parking in the senior lot," said senior Rebecca Cohen.

Underclassmen want to go out for lunch too, like junior Brian Morris. "I hate the seniors who leave campus because I want to go out to McDonald's, too. I think it's unfair." Going out to lunch was a privilege because parents had to give permission for their senior child to go off campus. However, that wasn't a problem for most.

Senior Akanksha Sharma said, "Seniors deserve the privilege of going out for lunch. We have earned this right because we have been here for three years!"

- Nora Kyles, '06 and Julie Lang, '06



Seniors Janett Perez, Mayra Rivas, and Javier Roncal socialize with one another during second lunch. Perez eats a taco, while Rivas enjoys her salad. Roncal prepares to devour a chicken sandwich. The typical lunch tray included milk, a hot dish, a side order, and a piece of fruit.

Freshman Anna Butt eats her salad and drinks her Coca-Cola while talking to freshman Lindsay Cowen who is eating her Pringles. Like the rest of the freshman class, they eat their lunch in the cafeteria everyday. Sophomore Jen Burpoe waits at the microwave for her lunch to heat up.



What's Rumblin' Saturday Night???

Thank GOODNESS it's the weekend!!!

Oh, how the years have changed! From hanging out at Ballston every Saturday night to driving around aimlessly with your best buddies, teenagers always managed to have a great weekend.

"It's different every weekend, but we like to go out to eat, have sleep overs, and see movies," said freshman Olivia Huston. These tranquil weekends transformed to, " My friends and I like to go to parties, and we go see the occasional movie. Driving is a big thing too, and I don't have a curfew anymore!" said senior Victoria Anderson.

The main difference in Saturday nights has

been that the upperclassmen have had the ability to drive, therefore, making their weekends much more enjoyable and convenient. Students agreed that their weekends became more eventful as they got older and they made more friends.

Others kept busy with extra activities like sophomore Allison Mayo. "I play club sports on the weekends, and I like to go shopping when I can squeeze in the time." From movie nights to road trips to working, weekends were the best of times for most.

- Julie Lang, '06



Senior Jill Shirey and junior Michael Petro battle furiously at a fun game of foosball on a Saturday night at home.



Seniors Darren Estes and Collin Nicholas enjoy themselves on Friday night after a football game against Marshall. Sophomores Diana Lay and Julia Casciotti prepare for a fun night at a sleepover at Sarah Michaelson's house on Saturday night.

What's Out.....

- Going to Ballston Saturday night and being picked up by your parents by 10:00 PM.





Extra Time Off

Sophomore Lee Anne Strehle and Amanda Zellman are spending their Sunday afternoon shopping at Pentagon City Mall at Sephora. Pentagon City Mall is one of several malls that is popular to students along with Tysons Corner, Fair Oaks, and Springfield.



What's In.....

- Hanging out with your friends and being able to get from point A to point B independently.



The volleyball team enjoy themselves on a Friday night at a team bonding event at junior Teri Weber's house. The team made puffy paint t-shirts together later that night.

What would be your ideal weekend?



Sophomore

"Hanging out with my friends and not having to worry about anything."

Anna Riddick

Senior

"Having a huge party with all of my good friends and not having to worry about school or any other drama."

Erick Canales



Junior

"Going out to eat with my friends and boyfriend and having an unlimited spending amount. And not having any homework to do for the weekend."

Lisa Nguessan

Senior

"Any weekend with more than two days is a good weekend in my book!"

Thomas Brigham



Cell Phones



Everyday after school sophomore Katie Wheeler calls her mom to come pick her up before she has cheerleading practice; she waits for her in the cafeteria.

According to the student handbook, students were not allowed to have cell phones in class. Those caught hiding cell phones under desks faced having their phones temporarily taken away from teachers, while others were assigned detention.

What's In.....

- Small phones
- Gadgets such as, cameras, video cameras, games and text messaging abilities
- More minutes



What is your ideal cell phone?

Sophomore

"My ideal phone is a black razor."

Joel Diaz



Junior

"It had to be really small, and be able to download cool ringtones."

Clarissa Palma

Sophomore

"I really like the Blackberry."

Marco Samayoa



Junior

"I want a phone that gets service!"

Virginia Stevens



The Downfalls of Having a Cell Phone

Whether it is with your teachers or parents, cell phones causes lots of trouble

Ring, Ring! After September 11, 2001, students were able to have cell phones in school for emergency use only. Some students abused this privilege by text messaging and answering calls during class.

Most administrators and teachers took cell phones away if students had them out in school. Colleen Barba, math teacher, said, "I think students should be allowed to have them, but the minute they take advantage, I will have no problem taking them away." All teachers had different views on cell phones, some were more strict than others.

With overage charges, roaming, and going over on text messaging plans, students didn't

just have to worry about getting in trouble with their teachers, but also with their parents. Junior Dacie Marshall said, "I've gotten in trouble with my parents for going over on my text message plan." Marshall was fortunate to not have her phone taken away.

Jonathan Brown, junior, said, "I got my cell phone taken away because it got too expensive. My highest bill was \$315.00."

Cell phones are considered a luxury, but for many students they caused more trouble than they are worth.

- Carleigh Edwards, '07



Junior Rosalie Wing reads a funny text message from a friend aloud. Students caught text messaging in school faced repercussions from teachers and staff.

What's Out.....

- Big, Bulky phones
- Non-color display
- Big, strict phone bills
- Restrictions on text messaging



Junior Brian Morris uses his cell phone outside of class to make plans for the weekend with friends. With the rules against having cell phones out during school hours, students had to wait until the end of the school day to check their messages and missed calls.

Is Teaching in Their Blood?

Students revel in being called a teacher "mini-me."

Teacher's pet? How about being called a teacher "mini-me"? While many students dreaded being known as a miniature version of a teacher, some students were proud of it. Senior Julia Layton did not mind being compared to one of her favorite teachers, IB history teacher, Natalie Root. "She is assertive, has the ability to motivate her students, and can be humorous at some points," said Layton. While Layton never had any ambition to be a teacher, Root said, "She would make a great teacher because she has a personality, and you cannot make it anywhere in life without being able to laugh." When asked why they were alike, both responded, "We are both blondes!"

Junior Bridgit Donnelly was also proud to be considered a "mini-me." "We have a lot in

common, and she lets us read blogs about LOST," said Donnelly about Claire Moir, social studies teacher. While Donnelly loved Moir's newspaper class, she said she did not know if she wanted to become a teacher herself. "My mom is a teacher and I have been helping her since I was seven, so I think I want to do something different," said Donnelly. Moir believed Donnelly would have been an amazing teacher, however, she had a few reservations. "If she does become a teacher, I hope she doesn't use any of my bad habits," said Moir.

From having a blonde moment to sharing a favorite television show, teachers and students were more alike than what met the eye.

-Allison Jordan, '06



Junior Bridgit Donnelly takes charge over the first period newspaper staff while her advisor, Claire Moir, is absent. Donnelly had no problem telling fellow staffer junior Ian Whittington to go get a plastic knife for the staff bagels.



Business teacher, Chris Carlson, and senior David Muffley even have the same look as another student in the computer club asks for help. IB Social Studies teacher, Natalie Root takes time out from planning the next day's schedule, to enjoy a cartoon on t.v. with her son.



Creative Minds

Think Alike



Senior Charles Ebert and physical education teacher, Scott Kozlowski talk about the day after school. When asked what they thought about each other Ebert responded, "He is my number one bud." Kozlowski said that Ebert, "Has more going for him than about 95% of the students in this school."



Senior Hanh Liu takes a moment to think outside of his sixth period class, while Phan tutors a student in math. Liu was often compared to math teacher, AnhViet Phan. Phan believed that Hanh was, "...bright, and has a lot of potential, but is a little lax." While Liu thought of Phan as, "A good guy, who is really intellegent, and pretty funny."

Do you think it is a compliment to be compared to a teacher?



Freshman

"Yes, unless the teacher is not really fit to be a teacher, and is mean."

Mukti Islam

Sophomore

"No, unless it is a cool teacher like Mr. McCarthy. Although if you are better than the teacher then it is good."

Naomi Soto



Junior

"No, because we need to be individuals, we shouldn't be compared to anyone."

Daniella Burgos

Senior

"Generally, no; I think it really depends on the teacher and the subject they teach."

Folashade Modupe



The Passion for Fashion



While some students preferred to wear the coolest new brands, like LeBron James and Air Jordans, some chose to wear their most comfortable shoes. These decorated sneakers are a display of senior Laura Mortensen's creativity.

Freshman Henry Brigham, juniors Michael Petro, Carl Hodgen, Colin Harding, and senior Victoria Anderson admire each other's diverse clothing in the cafeteria between classes.

What's In. . . .

- *Polos
- *Girls Low Rider Jeans
- *North Face Jackets
- *Birkenstocks
- *College Name Apparel
- *Big Sunglasses



What do you think about the way your classmates dress?

Senior

"Clothing preferences seem to change in each grade. You can totally see the difference between the freshmen and the seniors."

Laura Karl



Freshman

"I think we should dress more like Europeans; they have a cooler style."

Andrew McGarity

Senior

"Most students dress the way they want to. I think it is cool that people can express themselves with their clothes."

Nelson Salmeron



Sophomore

"Students dress cool today. They are on top of all the latest fashions."

Rico Gill

The Obsession Over Fashion

From fads to labels to purses, this year was full of fashion hits and misses

Ever look around and realize what kind of style other students have? Whether it was the guys and their puffy jackets and baggy jeans that hung below their waists, or the girls with their low rider jeans and short skirts and designer purses, fashion was a must this year.

From Fubu, to Baby Phat, to Abercrombie, labels adorned everything from t-shirts to shoes to purses. "I love wearing Baby Phat. It is really in and I like it. I especially love the bags," said junior Sophia Khan.

However, some students did not get into the label and fashion fads. They chose to find their own style with off the rack brands or vin-

tage shirts from Goodwill. "I don't really care if I am wearing a label, just as long as my clothes are clean and I like them," said freshman Amanda Enright.

Whether fashionistas were into labels or not, most agreed that it was their clothes that represented who they really were.

"Clothes say a lot about who a person is; if you dress nicely it means you care about your appearances and seem more friendly than someone who wears dirty and smelly clothes," said senior Manier Sarik. Whatever fashion intrigued the students' passion, it created for a year of memorable looks.

-Allison Jordan, '06



Senior Preston O'Shea checks out his instant messages on his very fashionable phone. He wears a popular South Pole puffy jacket that was a must-have for all the guys this year. He also secretly sports his "Senior" shirt, showing that Class of 2006 pride.



Senior Juan Carlos Ortega shows off his preppy style as he wears a new Tommy Hilfiger sweater he purchased at the mall with his friends. Sophomore Karina Zannat shows off her stylish Coach bag. "I love my purse because no one else has it," said Zannat.

What's Out...

Ugg Boots (sorry girls)
Giant Hoop earrings
Huge Turtlenecks
Flannel Shirts
Grunge Look
Knee High Socks
Chinese Slippers



Mounds of Money & Piles of Change

Working students balanced school with work and tried to earn as much as possible...

Payday was by far the best day of the week for some students. One of the perks of having a job was anxiously awaiting the next payroll check to find out how much money they earned.

While some students spent their time on school work, others earned money for clothes, food, college, and personal luxuries. Senior Sophia Nguessan said, "I put half of my money in the bank for college and the other half I spend on my phone bill, shopping for clothes, and buying food." Nguessan had to change her availability at work once school started again, but still made \$9.50 an hour, which most students considered lucky. Junior Tony Valenzuela said, "I get paid

\$8.50 an hour but I really like my job, because I get to meet new people every day and because I get to pay my own cell phone bill."

Having a high paying job was sought after because it meant having more of your own money to spend. Having a job at all meant having more independence. Sophomore Antoine Williams was a host at Rio Grande Restaurant and was paid \$7.50 an hour. Williams said, "The best part of having a job is the money, because then I don't have to ask my parents for anything."

To some, making money was about buying luxuries, but for others, it meant taking care of themselves finally "growing up".

-Juskeyni Lazo, '08



Senior Irania Escalante, a cashier at Harris Teeter, searches for the code of a produce item for a patiently awaiting costumer. Senior Melat Demeke kindly unlocks a fitting room for a customer at her Ballston Common Mall job, Lucaya.

Senior Cephius Bouey neatly folds sweatshirts on display at her job in Foot Locker. Seniors and juniors were hired more commonly than any other class because of age limits and the fact that as students grew up, they realized they wanted more independence from their parents.

What's Out. . . .

- Getting paid \$5.50 an hour while others are getting paid \$10.50 for practically the same work.





Money/Jobs

Senior Elbia Ramos receives money from a customer while working at Juice Zone located in the food court of Ballston Common Mall. Ramos enjoyed mixing healthy drinks and commented that they did not taste too bad either.



What's In.

– Getting paid \$10.50 an hour or more and doing what ever you want with your money.



Junior Tony Valenzuela makes sure all the carts are back inside the store, Target, instead of being in the way of customers trying to find a place to park in the parking lot. Getting the carts was just another way of making the time go by a little faster.

How much do you wish you could get paid an hour?



Sophomore

"I wish that I got paid all the money they had."

Ronald Phan

Senior

"I like what I get paid because I work several hours a week, which accumulates to a big check!"

Indira Campos



Sophomore

"I really wish that I got paid \$1,000 an hour because I want money!"

Lizzett Lizama

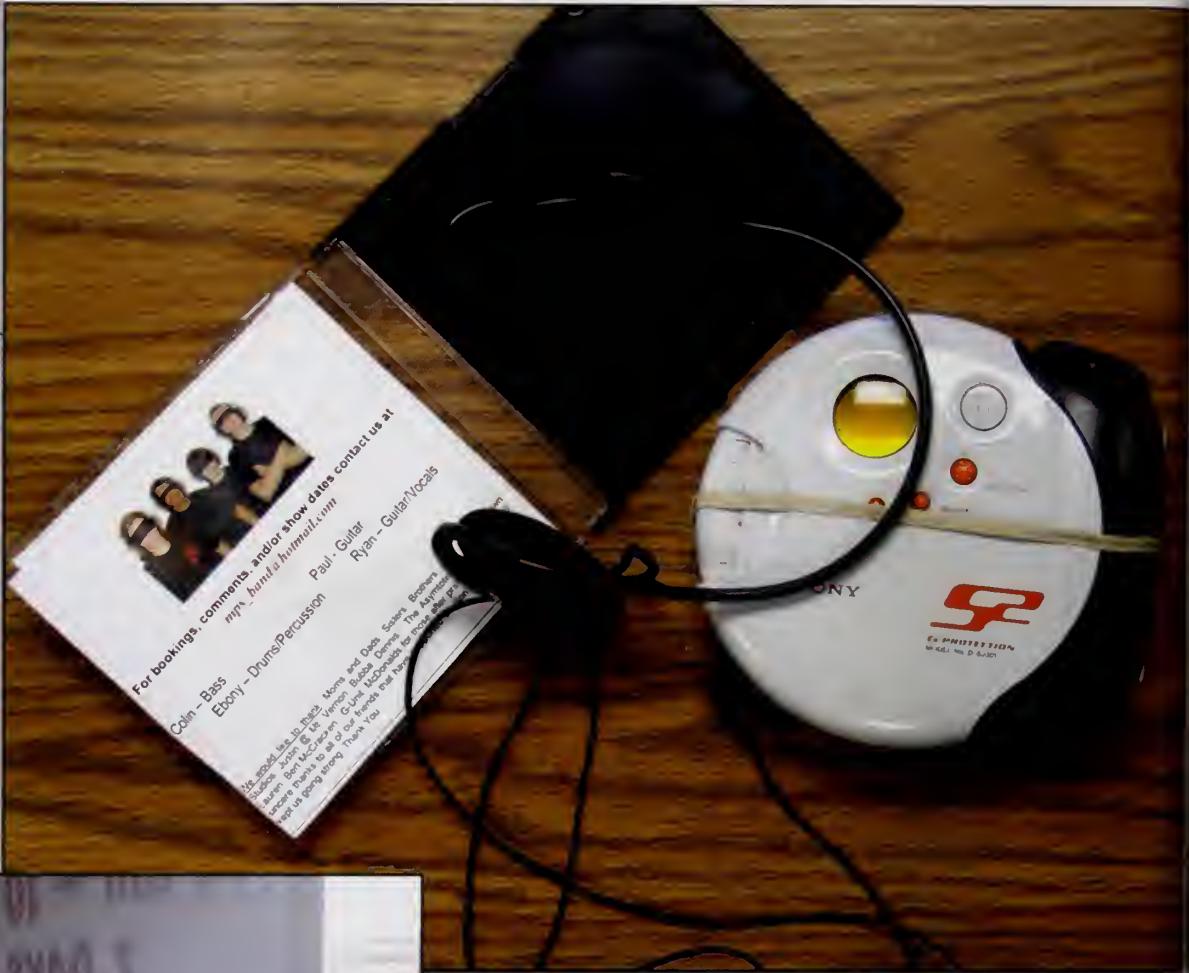


Sophomore

"[I wish I got paid] \$100 an hour so I can get what I desire."

Eric Interiano

Reality TV @ Washington-Lee



"Fear Factor"

Senior Virginia Macekura looks in disgust at a single fry that was practically bathed in ketchup. Macekura commented, "Someone would have to pay me one million dollars to eat that!"

What's In.....

Hooked up sound systems with "subs" and "amps" built in to create an extra boom in your ride.



"Making the Band"

My Personal Statement, a local band in Arlington, proves to be a hit with fellow classmates as students were caught jamming to the music playing in their cars and portable CD players.

What's your favorite television show? Why?

Freshman

"MADE is a cool show because you get to see people work something, and prove everyone wrong."

Rose Dodge



Junior

"I love to watch *America's Next Top Model*. All the girls are beautiful but only one will win their dream career."

Jessica Logan

Senior

"*Pimp My Ride* is by far the 'phattest' reality show out there. All I need is a \$500 car and I'm set!"

Kent Burman



Sophomore

"I like watching *The Apprentice* because it's intriguing and [Donald] Trump has complete power."

John Blunden



"Where People Stop Being Fake & Start Getting Real"

-MTV's *The Real World*

Students were able to relate their own lives to individuals on their favorite reality television shows

Every day of every week was filled with a discussion between students about reality television shows aired the night before. Talks of who was "hooking up" with who on *Laguna Beach*, or which high school cheerleader was being "made" into an extreme skateboarder filled the hallways.

"I think MTV's *True Life* is a cool show because people don't win things or battle one another for the number one spot," said junior Dan Paddock. "It's real people and their real lives on national television."

But how were students able to tie in what they saw on the screen with how they lived their

lives in high school? "I may not have as much money as those rich girls in Orange County, but I've definitely seen as much drama as they have," said sophomore Alexandra Vincent about MTV's *Laguna Beach*. Students found ways to relate their lives to these television shows with stories of friendships, and heartbreak moments, as well as some pretty interesting "cat fights."

Whether it was facing fears or trading moms, the entertainment industry was always able to keep the lingering eyes of students devoted to the lives of people on the screen, as if they were right there with them.

-Kristyn Wharton, '06



"Extreme Makeover: Room Edition"

English teacher Sarah Harrick discusses a chapter students were supposed to have read the night before. Harrick spent the summer cleaning out and redecorating her classroom to provide a more joyful atmosphere.

What's Out...

Rinky-Dinky cars with cracked bumpers from the 1980's that belong in a junk yard rather than a senior parking spot.



"Extreme Makeover"

Sophomore Patrick Jackman sits in ticklish agony as he experiences what kind of torture females go through to be beautiful. He was part of a Crossed Sabres story that looked at gender-specific activities. Nail professionals made sure his tough, football feet were transformed to smell as sweet as roses.

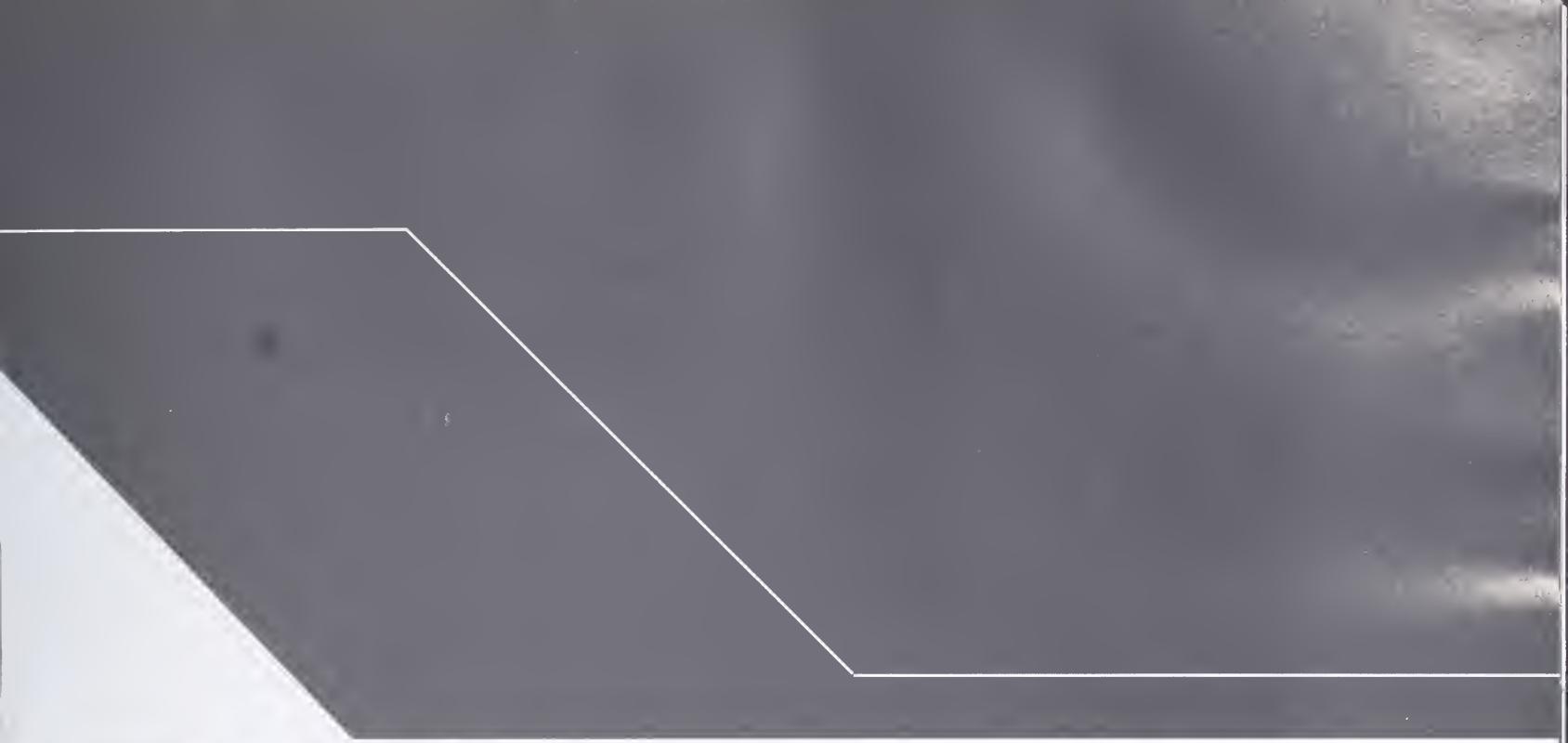


SPORTS SECTION

WHERE STUDENTS PUT
ASIDE THEIR BOOKS AND
REVEALED THEIR SKILLS
IN COMPETITION

2006





FROM WALKING DOWN THE HALLWAYS TO RUNNING UP THE FIELD, PLAYERS FOUND TIME IN BUSY SCHEDULES TO HAVE FUN.

Every season counts when it comes to athletics. During the fall, football, field hockey, and even cross country participants had to sacrifice the privilege of using the War Memorial Stadium. Reconstruction began on the field as workers spent months tearing up the old grass and placing in new astroturf. During the winter season, basketball players, wrestlers, and gymnasts had to make some of their last memories of competing in the Campbell Gymna-

sium. Washington-Lee legacies, like physical education teacher Laurie Grimm, would never be able to walk the court they learned to love again. When the spring season came around, soccer and lacrosse players got the chance to build lasting memories on the new field. In this section, each page will personally focus on every sport offered at Washington-Lee and explain their goals and outcomes. Starting with football and ending with tennis, teams had their own struggles, as well

as their own accomplishments. Filled with laughs and tears, this portion of the yearbook is comprised of moments to be proud of and lessons learned that will last forever.



**Darren Estes,
Senior**

"I have been on the team for five years so I have knowledge of the game."



**Demetric Blyther,
Junior**

"The feeling of stepping on the field and hitting people gives me a rush."

**Kwaku Agyapon,
Senior**

"I like football because it provides me a way to let out my aggression."



Seniors Kent Burman, Shawn Tshibangu, and junior Dan Paddock prepare to blow Falls Church off the line. Sophomore Joe Pricone decided to take a break from the action, but is eager to get back into the game. Senior Remell Segovia protects the football and attempts a touchdown. Senior Russell Dawson gulps down a few mouthfuls of water to stay hydrated in between plays.

Season Scoreboard

	US	THEM
Marshall	0	24
Edison	6	40
Chantilly	0	29
Falls Church	10	21
Potomac Falls	14	35
Loudoun Valley	7	48
Stuart	21	6
Wakefield	35	8
Mt. Vernon	14	7
Yorktown	44	14



Senior Spotlight

**SHAWN
TSHIBANGU
NO. 55**

"Although undersized, Shawn Tshibangu, is an unbelievable football player. He has a motor that doesn't stop and he has a mind for the game."

- Coach R.J. Windows.



"Get 'Em Choppin'"

Football Anyone?

This past season the football players had a rough start. However, they were able to overcome their difficulties by working together as a team. The squad really bonded like a family despite the fact that they had no "home."

With the football field being reconstructed, it made it hard to draw large crowds to home games. The 'home' games were held at Wakefield High School located in South Arlington.

Senior Randy Waller said, "The football field at Wakefield is slippery and wet which makes it harder to play on. When the fans and cheerleaders support us at games it helps us play better."

"Before 'home' games the team would eat at Outback," said junior Dan Paddock. Senior Ethan Cromartie pointed out that their positive ties started early. "Our team has more unity since we bonded at football camp this past summer," he said.

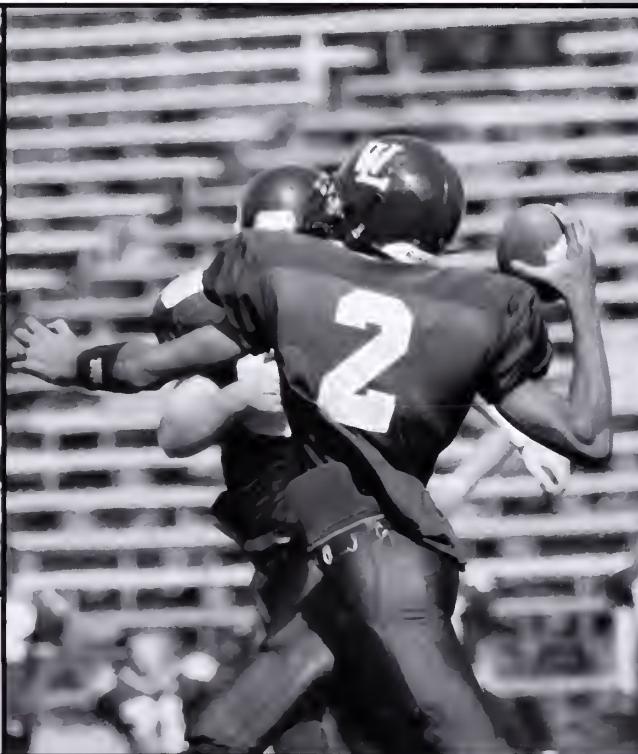
Even though the team had to temporarily relocate, devoted fans still came out to support them. Despite having to move football fields half-way through the season, the varsity team had a strong finish due to their flexibility and their commonalities.

-Crystal Orange, '07



Senior Collin Nicholas tackles a Falls Church running back at the October 1st game to hold him back from scoring a touchdown.

Junior Reggie Whitley throws a complete pass to his wide receiver. Whitley was a transfer student from Yorktown High School and is the team's primary quarterback.



Row 1: A. Candelas-Bush, B. Guardado, Row 2: F. Santiago, P. O'shea, P. Mehra, S. Britu-Crane, S. Villaarroel, A. Akram, R. Van, J. Andia-Moya, B. Harris. Row 3: C. Vi, S. Murphy, Coach Shapiro, Coach Forbes, Head Coach R.J. Windows, Coach Boltek, Coach Bourassa, Coach DiPirro, J. Logan, D. Blyther. Row 4: M. Belhadj-Nasr, A. Wicks, M. Jamimeth, A. Cohen, A. Hyde, P. Nicholas, D. Bodner, J. Ramirez, A. McClellen, D. Estes. Row 5: S. Tshibangu, C. Nicholas, D. Paddock, J. Kluttz, A. Bethea, R. Whitley, J. Prcone, S. Kutner, R. Segovia. Row 6: S. Sahlu, E. Cromartie, P. Jackman, J. Ortega-Santesteban, Z. Allen, R. Dawson, R. Payne, K. Burman, E. Javadi, A. Quddus.



Varsity Football

"Get 'Er Done"

Students not only study to get good grades, but also to participate in the activities they love the most

Football, among others, is one of the top sports programs offered in a high school. "I play football because I am a football fan," said junior Steven Brit-Crane. Some played for the love of the game and others played for the hard work and feeling of accomplishment. "It feels great when a score is made or [when I] give a good pass," said freshman Andrew McDaniel.

One of the biggest factors in playing a sport at school was that there had to be a balance between school work and the activities. "There is a problem with time, especially on game nights. I get home at 9 p.m. and have to start all my homework," said freshman Gavin

Treweek.

Even though the players expressed their love of being out on the football field, they were willing to sacrifice their sport to better their education.

"I would sacrifice football only until I got back on track, because I enjoy playing and participating in the games," said freshman Nicolas Penaranda.

In the long-run, the players worked harder in the classroom to be a part of what they loved-- football.

-Mariela Rios, '06



Junior Varsity/Freshmen Football



Sophomore Alexander Wicks gets ready to pass the football in hopes of a first down.

Freshman Gavin Treweek gets the snap then throws a touchdown pass to freshman Henry Brigham.



Freshman Team:
1st Row: C. Brown, B. Mashid, W. Brower, D. Estes.
2nd Row: G. Treweek, W. Shahid, N. Penaranda, J. Kelley, A. McDaniel. 3rd Row: Coach Dan DiPirro, S. Bonilla, J. Philips, C. Sharpe, M. Buescher, H. Brigham.



Junior Stephen Britt-Crane blocks a Loudoun Valley linebacker and protects the quarterback from getting sacked. Freshman players look on as their quarterback passes the ball. JV players make a tackle against Loudoun Valley. Junior Julian Ramirez attempts a touchdown in one of the last plays of the game.



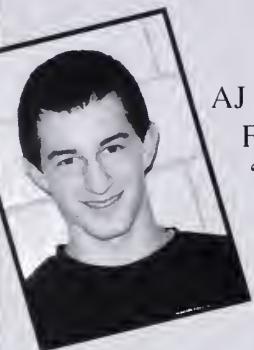
SERGIO BONILLA, Freshman

“Yeah, homework is hard after practice or game nights.”



AJ GOODMAN, Freshman

“School is first.”



DAVID UMANA, Freshman

“I would choose school over football, because I want to get into a good college.”



	GENERALS	THEM
Marshall	12	6
Edison	6	40
Yorktown	0	20
Falls Church	13	32
Potomac Falls	20	0
Loudoun Valley	0	45
Stuart	32	8
Wakefield	47	14
Mt. Vernon	6	12

* Junior Varsity scores only.

Amanda Merrill, Junior

"I want to win districts and get a decent spot in regionals."



Olivia Huston, Freshman

"I want to score some goals and be an asset to the team. Besides, winning is more fun anyway!"



Kathryn Allison, Sophomore

"I want to score a couple goals and make a difference on the team, as well as our record."



Senior Alison Foley runs through the team bridge as her name is called during the announcement of the starting line-up. Senior Emily Huston warms up before a county rival game against Yorktown. Goalie Jessica Kelley, sophomore, stretches before practice on the Quincy Park field. Junior Janelle Prange takes in some water to refuel during a time out.



Season Scoreboard

	US	THEM
Yorktown	1	1
Thomas		
Jefferson	0	2
West		
Springfield	2	1
Potomac	1	0
Lee	6	1
Langley	0	4
Chantilly	1	3
Fairfax	2	3
TC Williams	1	1
Marshall	0	4
Edison	1	3
Yorktown	2	1
Wakefield	5	1
Stuart	3	1
Mt. Vernon	3	0
Falls Church	1	3
Langley	3	2
Wakefield	6	1

*Scores from Varsity games only.

Senior Spotlight

CAPTAINS

"My captains, Natalie Sapp, Emily Huston, and Rheannin Geis, show strong leadership, and their dedication to the team has helped us to maintain our success on and off the field."

-Susan Pacifico,
Coach



Under Construction

With new additions, but the same great foundation, was this National District Champion team able to capture the title once again?

Varsity new comer Lindsay Boryan, freshman, knew that the pressure was on. “[The team was] really supportive of me as a new member and taught me a lot about the sport,” Boryan said.

Varsity goalie, sophomore Jessica Kelley, was reminded of herself when she looked at Boryan. “Our team gets along well and the chemistry is there, but there are times when we doubt each other,” stated Kelley.

There were numerous strong connections within the team, however. They showed great dedication to the team with pre-season condi-

tioning, practices, and scrimmages. The team unity was one of their strengths, as well. The girls had many ways to get pumped up, one of which included morning breakfasts in coach Susan Pacifico’s room. The ladies painted their cars, made team t-shirts, braided their hair, and added ribbons. These things unified this team more than any other team.

Rituals like these made the team closer and also seemed to help them on the field with better passing and communication, leading them to a second place standing in the district.

- Sarah Michaelson, ‘08



Senior Natalie Sapp drives the ball past an opponent during a district game on Thursday night. Members of the junior varsity team partake after screaming a chant to pump themselves up before the game began.



Varsity Field Hockey:
Top Row: Natalie Sapp, Meagan Riley, Amanda Buse, Emily Huston, Danielle Prange, Lindsey Boryan, Lea Westrick, Coach Alison Finke.
Middle Row: Rheannin Reis, Angelina Godard, Amanda Merrill, Jessica Kelley, Laura Wegner, Maureen McGinnagle. Bottom Row: Leslie Napolitano, Alison Boley, Rebecca Cohen.



Field Hockey (All Levels)

The Courage To Play

Did golfers have the courage to play the game they loved regardless of the stereotypes associated with it?

Many high school students did not see golf as an exciting sport to play, or even watch, for that matter. Junior Brian Morris said, "I think it's a dumb sport, a waste of time, nobody even watches it, and I wouldn't even call it a sport because it makes no sense and there's no point of playing it." However, those who played the sport saw things differently.

Senior golfer Kevin Stroop said that golf was like any other sport. "I've seen kids go out on the course in sneakers," he said. Stroop said that golf is for anyone and everyone.

Mike Wall, sophomore golfer, agreed with Stroop. "It's a lot of fun, but it takes a lot of work, and I really don't care what other people

think..." Though, at times, golfers had to defend themselves and their sport against a variety of stereotypes.

"I think that it's a really boring sport and you have to be a smart person to play it, and only preppy rich people play it," said sophomore Jose Diaz. Other non-golfers agreed. "When I think of golf I think of classy, rich, preppy kids who live near country clubs. The guys here are not like that at all though; guys here are not preppy at all. They play because they like the sport," said sophomore Alexandra Vincent.

For the golf team, it was the love of the game that attracted them, not the clothes.

-Juskeymi Lazo, '08



Kevin Stroop, senior, concentrates on his next stroke to make a birdie.

Junior Benjamin Nolan chooses the right club for his next shot.



Golf:

Benjamin Nolan,
Kevin Stroop,
Coach Doug Grove,
Brian Blase,
Mike Wall.

Not Pictured:
Timothy Hirama,
Andrew Ricks,
Sean Wiseman.

Golf



Timothy Hirama, Benjamin Nolan, and Kevin Stroop discuss the last match against Stuart as Stroop prepares for his next drive against Wakefield.

Senior Timothy Hirama matches up his putter with the hole and takes a swing at getting a birdie. Junior Benjamin Nolan sets his ball back where it landed to make a fair shot.



Senior Spotlight



KEVIN STROOP

"I'm going to miss playing golf with my friends, and Mr. Grove is very cool. I'm thankful that he picked me for the senior spotlight."

**Andrew Ricks,
Sophomore**

"I think that golf is cool, because we can hang out and be with friends and just play."

**Benjamin
Nolan, Junior**

"I think that it was a fun short season, and I'm happy that I got to go to the regionals."



**Brian
Blase, Senior**

"Golf is fun, because you need a special skill to play it and I have that, and because Ben is cool!"

Season Scoreboard

	US	THEM
Yorktown	158	183
Falls Church	182	163
Stuart	203	182
Wakefield	220	191
Mt. Vernon	189	187
Edison	176	191

What is your favorite team ritual or cheer and why?

JULIA LERNER,
Sophomore

"Ace cheers are my favorite because they get people pumped up to play better."



MEGAN CHASE
Freshman

"Before the other team serves, we shout, 'break serve,' to distract the other players."



TERI WEBER,

Junior

"Everyone huddles up and we say, 'WOOSH!' It's a good motivator."



The varsity team does hands in before their game starts. Senior Alexandra Dahlstrom concentrates hard on her technique as she hits the ball over the net.

Junior Katie Allmon and sophomore Colleen Connelly discuss the play during their rotation. Sophomore Leslie Haase sets up for a spike as the crowd cheers her on.



Season Scoreboard

	US	THEM
Edison	3	2
Woodson	0	3
Marshall	1	3
West		
Potomac	1	3
Mt. Vernon	3	2
Falls Church	1	3
Wakefield	3	0
Edison	1	3
Mt. Vernon	3	0

*Scores from varsity games only.

Senior Spotlight

CAPTAINS

"Lauren Ashley has been starting varsity for three years, she's a great player, and very consistent. Michelle May's game has come a long way in the past two years. Both of them have great attitudes which makes them a lot of fun to coach."

-Meghan Harris, Coach



AAACE!!!

The crowd went wild and the team stomped, cheered, and stuck their fingers in the air and screamed, "ACE!"

The varsity girls' volleyball team scored a point after just one rotation; the loud AAACE cheer echoed through the gym.

This was just one of the many team cheers the girls did after they scored. All teams had players that were eager to give what they had to make the team better this past season. In the words of senior Nour Bouadis, "We're really close and it's important to be close because you need to be able to communicate on the court; it helps the game a lot."

When junior varsity player sophomore Olivia Goldstein got her appendix taken out and could not play, she was still present for every game and

every practice to support her team.

Fellow sophomore Diana Lay noted, "Our team is really close and we play well together, even if we don't always win."

Lay was not alone in her thinking. It was also apparent to sophomore Natalie Dahlstrom who said, "We all entered the team at different levels but we supported each other to play our best and there is no real [hierarchy]."

This sense of team spirit brought the three teams success and personal fulfillment throughout the season.

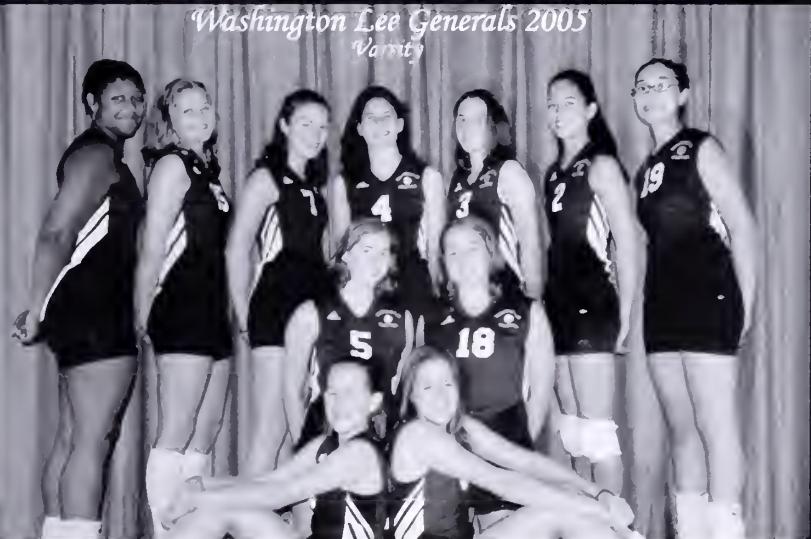
- Sarah Michaelson, '08



Coach Chrissy Cary and sophomore Olivia Goldstein show tons of excitement as the girls in the game perform an awesome play. Sophomore Monica Madera jumps to spike on defense.

VARSITY VOLLEY-BALL:

Top Row: Michelle May, Alexandra Dahlstrom, Jill Evans, Julia Lerner, Carliegh Wegner, Monica Madera, Nour Bouadis. Middle Row: Lauren Ashley, Eva Simkin (HB). Bottom Row: Devon Lynch, Hayley Grinder.



Volleyball (All Levels)

The Longest Yard

They ran hard and they ran fast, looking towards winning their second district championship in a row

With a district championship under their belts from the 2004-2005 season, the 2005-2006 team was eager and optimistic when they began the year.

Although a few key runners from last year were lost, important members of the team still remained. Senior Kallie Sims and juniors Sarah Weber, Chris Tyson, Mackenzie Baker and Peter Gurney were among a number of the top performers.

Chris Tyson, junior, looked forward to a great season. "I hope to make it to states, and place third or higher," Tyson said. Mackenzie Baker, also a junior, was very excited to have another successful "run."

"Being on the team is a lot of fun, and I really like my teammates," Baker said. In order to defend the district championship this year,

senior Kallie Sims said the team needed to be determined and willing to push their limits. "If we continue to work hard, we definitely have the potential to send our entire team to regionals!" Sims said.

In the beginning of the season, Coach Findler said he was excited to have another productive year. "We had hoped to advance both our boys' and girls' teams to regionals, but after numerous injuries, including three of our top six boys, this goal may have to be postponed till next year. Despite these unfortunate losses, we are still striving to win the district meet in both our boys' and girls' teams."

The boys and girls' teams both ended their seasons third in the district.

-Meagan Riley, '07



Runners from different schools scramble at the start of their race. Freshman Luke Malley sprints out the last stretch.



Coach Jeff McCarthy, Stephen Browning, Keith Sado, Peter Gurney, Scott Herring, Alex Oberg, Lane Wollerton, Coach Bill Findler, Mackenzie Baker, Julia Light, Kallie Sims, Virginia Taylor, Megan O'Doherty, Cynthia Carson, Stephanie Dinan

Cross Country



Senior John McGail and juniors John McGrail, Stephen Browning and Mackenzie Baker push themselves to finish their race. Sophomore Cesar Celis leads the pack as he focuses on finishing his race strong. Junior Julia Light, eighth grader Cynthia Carson, and sophomore Megan O'Doherty keep the pace in their race at Wakefield High School. Freshman Stephanie Dinan's determination makes her unstoppable.



Mario Samayoa, '07

"My favorite part of being on the team is the support everyone gets. No matter how well you perform, everyone is always there to support you."



Keith Sado, '06

"I really like the positive attitude the team takes."



Sarah Weber, '07

"I really enjoy running, and hanging out with my friends on the team."



Virginia Taylor, '06

"We bonded as a team and I made new friends."



Peter Gurney, '07

"[What I liked about cross country was that] Mr. Findler [was] the coolest coach in the world."



KALLIE SIMS

Captain and four year member of the cross country team, Sims has worked hard to become an elite runner in scholastic competition. Kallie Sims runs hard in every workout, and has a natural tendency to lead encourages her fellow runners.

**Anna Butt,
Freshman**

"I was a cheerleader all through middle school and it looked like fun."



**Crystal Orange,
Junior**

"I wanted to make varsity this year so I can go to competition."

**Marissa Kroger,
Sophomore**

"I have been doing it since I was nine, so it's just part of my life."



**Mutlu Gunduz,
Junior**

"It is a good sport and it keeps me in shape for wrestling."

**Clarissa Palma,
Junior**

"I have been cheering for a really long time and I love it. I was really looking forward to competition this year, too."



The cheerleaders get the crowd pumped after the varsity football team scores a touchdown against Jeb Stuart at the Homecoming game.

The girls perform their dance routine at a fall district competition where they placed fourth out of eight schools in the area.

Anna Butt, freshman, is lifted by Katherine Lam, junior, and Anoud Fikru, junior, along with other girls as part of their competition routine.



Senior Spotlight

JULIE LANG

"Julie is a devoted Cheerleader, she was Co-Captain this year and was always willing to help out a teammate."

-Mary Hardy, Coach



"Get Pumped!"

Everybody do the General's Rumble

From the field, to the court, to the competition mat, cheerleaders exerted more energy and dedication to their craft than last year.

The cheerleaders regularly had four hour practices to get ready for competitions. Varsity co-captain, senior Julie Lang, said, "Although those four hours were pretty tough, they were crucial to performing well at competition, and they definitely paid off. We all became so close as a team."

Their new coach, Mary Hardy, was liked by all the girls because of her "...constructive criticism and yelling that really helped out," said

Lee Anne Strehle, sophomore. "She's a lot more organized and talks to us like her equals, not kids," said sophomore Gretchen Butt.

A way that this tight-knit group got closer was by having team-bonding nights. They frequently went out to dinner or went to one of the member's houses to have a fun night of food and movies. As the year went by, the cheerleaders grew closer, got better, and had fun doing it.

-Sarah Michaelson, '08



The girls, at competition finish off their routine by landing on one knee. Juniors Virginia Stevens and Katherine Lam lift Alison Wallace at their competition at Mt. Vernon High School.

Marion Zavolas, Lauran Wallace, Clarissa Palma, Julio Ruano, Carleigh Edwards, Nora Kelly (HB), Ghita Haronni, Leila Heggen, Katie Wheeler, Crystal Orange, Gretchen Butt, Anoud Fikru, Marissa Kroger, Vonemany Sarivannara, Katherine Lam, Anna Butt, Aurora Hong, Lee Anne Strehle, Virginia Stevens, Julie Lang



Cheerleading

"The Same Foundation"

Having lost nine seniors from the previous year, returning players and a long-time coach work to keep up strength of the program

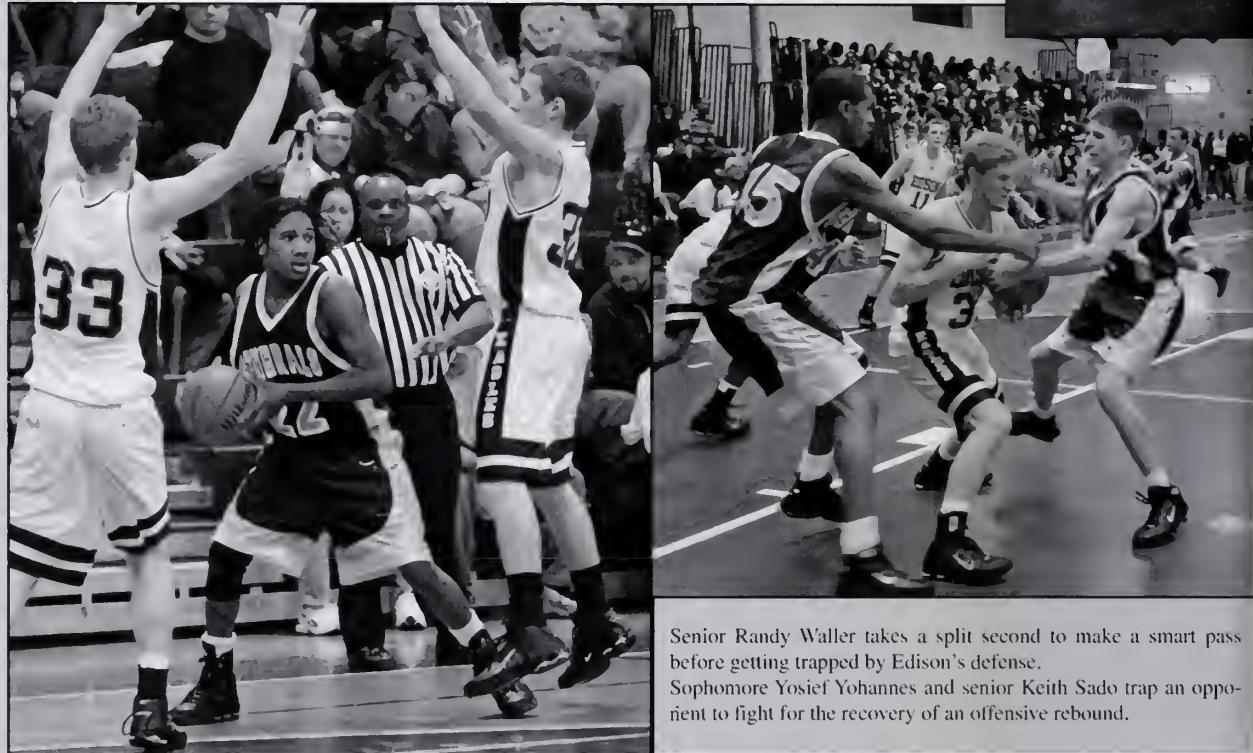
"Team." A traditional phrase heard as the boys' Varsity basketball team broke each huddle before stepping on and off the court. As adopted back in 1992 when head coach Robert Dobson took over the team, the word stuck with each generation. But how has the program established itself over the decade?

"I mean look at Wakefield, their head coach, [Tony] Bentley, used to coach with [Coach] Dobson and now uses the same plays we do," said senior Ethan Cromartie. "Dobson built this program and has other coaches admiring what he has done."

Being familiar with the program may have been an advantage to getting more playing time, but some seemed to perform well under the pressure of being a new member of the team. Junior Jonathan Brown commented, "Dobson is very strict, and he only wants things done his way. When we do exactly what he says, we win games."

Over the past 13 years, Dobson's love for basketball taught the boys to play each competition with true heart and passion for the game, qualities he carried since he started playing as well.

-Kristyn Wharton, '06



Senior Randy Waller takes a split second to make a smart pass before getting trapped by Edison's defense. Sophomore Yosief Yohannes and senior Keith Sado trap an opponent to fight for the recovery of an offensive rebound.



Boys' Varsity Basketball: Randy Waller, Reginald Whitley, Anthony Melencio, Joshua McDaniel, Michael Grant, Manager Rebecca Cohen, Assistant Coach Jim Hatch, Head Coach Robert Dobson, Assistant Coach Keith Whitney, Manager Angelina Candelas-Bush, Brian Harris, Antonio Bethea, Ethan Cromartie, Zachary Gasper, Jonathan Brown, Yosief Yohannes, Nicholas Jones, Keith Sado. Missing: Nathan Schelbe and Manager Rachael Siemon-Carome.



How has Dobson built up the program over the years?

**Michael Grant,
Junior**

"He starts working with each player as soon as they get to the school as a freshman and builds them up to eventually be ready for the varsity level."



**Yosief Yohannes,
Sophomore**

"He not only cares about our ability on the court, but also in the classroom. He supports us in whatever we choose to do."



**Nicholas Jones,
Junior**

"He has so many years of experience that everything he teaches us is only for our benefit. He wants us to grow as players, not necessarily just winners."



During warm-ups the players come together as the captains express what needs to be done in the game, and then break with the famous word "team."

Junior Jonathon Brown makes an attempt to win the jump ball in the beginning of a game. Junior Brian Harris takes a free throw as the others wait for the ball to hit the rim to try and get the rebound.



Senior Spotlight



JOSHUA MCNAMEE

"Josh has definitely established himself this year by being one of the top shooters in the region. I was extremely fortunate to have coached someone as talented as he is."

- Coach Robert Dobson

	GENERALS	THEM
Centerville	69	71
Annandale	50	62
Westfield	56	69
McLean	69	64
Fairfax	64	69
Yorktown	65	54
Edison	60	74
H.D. Woodson	37	49
Mt. Vernon	54	58
Falls Church	53	50
Stuart	51	69
Oakton	72	55
Wakefield	65	64
Edison	76	77
Yorktown	49	56
Mt. Vernon	45	60
Falls Church	63	46

*As of January 31, 2006.

How do you plan to improve during the off-season?

**Tyler Leeds,
Freshman**

"I plan to play over the summer at local gyms and go to basketball camp to build a better unity with the team."



**Eric Cromartie,
Sophomore**

"I need to get used to playing at a faster pace because the Varsity level is so much more intense."

**Adam Green,
Freshman**

"I need to work on my ball control and building up my quickness by doing agility drills. Boxing out is another big thing I need to work on."



Players Michael Underriner, Matthew Leighton, and Alexis Planche of the JV team watch on as their fellow teammates break a press during their first round district game against Edison. Sophomore Jamarle Drakeford looks down at the block to make a pass to the post. Freshman Gavin Treweek takes a three-point shot to put the Generals ahead by two points at the end of the third quarter.

Season Scoreboard

	GENERAL	THEM
Centerville	36	30
Annandale	42	45
Westfield	39	49
McLean	37	35
Fairfax	43	50
Yorktown	31	33
Edison	38	53
Mt. Vernon	38	56
Falls Church	35	41
Stuart	42	47
Oakton	29	34
Wakefield	32	42
Edison	26	59
Yorktown	35	45
Mt. Vernon	42	48
Falls Church	36	25

*All scores are from JV games as of January 31, 2006.



"Laying Down the Bricks"

Freshmen and Junior Varsity boys' basketball teams get experience at the high school level to be more prepared for Varsity in the future

As somewhat of the building blocks for years to come, underclassmen of the Freshmen and Junior Varsity boys' basketball teams set the standards for the future.

Made up of all freshmen and sophomores, the two teams spent the year developing their skills to be more prepared for the higher level, whether it was moving up to JV, or possibly varsity. "This year took a lot of work, but in the end it was worth it because we got better as a team and individually as well," said freshman Natan Debebe.

This meant that each boy had to work hard in practice, as well as outside of the school orga-

nization, building up their skills and developing more talent as the year went by. This would eventually give them an advantage to next year's tryouts. "I participate in other sports other than basketball, but next year I hope to be an asset to whatever team I am chosen for," said sophomore Devon Hogan.

Whether it was working on quickness, ball-handling skills, or adjusting shots, the boys did everything they could with this time to learn and enhance their abilities. Varsity may have been a dream then, but hard work and dedication would someday turn that dream into a reality.

-Kristyn Wharton. '06



Freshman Michael Hammond dribbles in past a defender for a lay-up as the rest of the team spreads the floor. Sophomore Sahlu Selam, takes the ball in for an easy lay-up as defender tries to avoid picking up another foul.

Boys' JV/Freshmen Basketball

Freshmen:

Gavin Tweek, Prashant Singh, Andre Campbell, Henry Brigham, Enrique Magana, Coach Ronald Haskins, Adam Green, Haiston Jamison, Michael Hammond, Nicholas Friedman, DeAndre Conover, Takayo Winter-Kuwana, Tyler Leeds, Natan Debebe, Craig Stephanson.

Junior Varsity:

Matthew Leighton, Michael Underriner, James Needham, Eric Hill, Sahlu Selam, Eric Cromartie, Coach Andrew Musser, Devon Hogan, Jamarie Drakeford, Robert Lee, Joseph Picone, Alexis Planche, Donald Wortham, Daryl Carpenter, Alexander Carroll.



"Against the Rest"

With six returning players and another new coach, the girls' varsity Basketball team ended on a high note.

Who could blame them? After one of the top 3-point shooters in the region graduated and the third coach in three years was hired, spectators were skeptical of how the girls' Varsity basketball team was going to turn out. "Because of all the doubts, we were the only people that could hold up positive mind sets before going in to a game," said junior forward Janelle Prange.

Moving up and down the court was hard for this comparatively small team. As a result the team's defense became a strong factor in presenting the team's victories. "Our motto became 'We're down by 10', mentally forcing us to play

strong defense and gradually bring our score up," explained junior guard Eileen Egan. This seemed to work for them. At their second game against Falls Church they were losing for most of the game, but in the last four minutes of the game they came back from behind for an amazing win.

The girls never expected to win states, or even regionals, but still had faith in what their team was all about. They worked hard and stayed dedicated throughout the whole season. With a new coach and only six returning players, the girls finished off with a successful year.

-Sarah Michaelson, '08

Varsity Girls' Basketball



Senior guard Lisa Hamilton dribbles around a Mount Vernon defender to go in for an easy layup. Senior captain Tess Kukovich brings the ball down the court to hopefully score on a fast-break.



Girls' Varsity Basketball:

Assistant Coach Jennifer Hall, Ellen Macnamara, Kristyn Wharton, Mary Wollerton, Janelle Prange, Lisa Hamilton, Coach Joe Reed.

Sophia Nguesan, Francesca Iolfreda, Tess Kukovich, Nora Murphy, Eileen Egan, Lisa Nguesan, Alexandra Soderholm

Not Pictured: Marianne Ho



What did you do to prove the disbelievers wrong?

**Marianne Ho,
Senior**

"We are all extremely dedicated to performing well on the court and treating each other with respect."

**Ellen Macnamara,
Junior**

"Even though we didn't start off [the season] too well, we were able to overcome the critics thoughts with critical wins."



**Nora Murphy,
Sophomore**

"We fought hard in every game and always came ready to play, even when everyone said the odds were against us."

Season Scoreboard

	GENERALS	THEM
Centerville	18	43
Annandale	28	42
Westfield	26	36
McLean	38	50
Fairfax	35	48
Yorktown	45	48
Edison	20	87
Mt. Vernon	40	63
Falls Church	51	36
Stuart	59	50
Oakton	34	72
Wakefield	40	63
Edison	48	83
Yorktown	28	45
Mt. Vernon	46	62
Falls Church	42	40

* Scores as of January 31, 2006

The team pulls together after the starting players say some last minute words before the game start. Junior point guard Alexandra Soderholm fakes a pass to look for a back-door layup. Junior guard Lisa Nguessan drives to the basket off a press breaker. Senior Marianne Ho boxes out under the basket to pick off an offensive rebound and put up another shot.



Senior Spotlight

KRISTYN

"Over all this year, Kristyn has been a leader on and off the court. She is the glue that keeps our team together."

-Coach Joe Reed



Lisa Musto, 10

"My basketball skills improved immensely, and I made a lot of new friends."



Sharifa Ahmed, 9

"Since I came from junior high, we've had more practices and I'm more dedicated to the team."

Natalie Dahlstrom, 10

"Many things changed this year, but the team effort was always high."



Season Scoreboard

GENERALS THEM

Freshmen:

Centreville	26	24
Annandale	36	17
Westfield	23	36
Georgetown Visit.	17	33
McLean	28	23
Fairfax	35	24
Yorktown	24	35
Edison	23	18
Mt. Vernon	45	37
Falls Church	66	8

JV:

Centreville	29	61
Annandale	52	28
Westfield	38	41
Georgetown Visit.	28	60
McLean	48	17
Fairfax	41	34
Yorktown	42	51
Edison	50	45
Riverdale Baptist	50	57
T.C. Williams	33	31
Mt. Vernon	48	63
Falls Church	46	22
Stuart	43	6

The JV team huddles up during a time-out to correct simple mistakes that have been made during the game, leading them to a more improved fourth quarter. Freshman Pallu Chopra looks for an opportunity to shoot the ball. Freshman Tameka Rooney shoots the ball at the net to score against Mt. Vernon.



Scores as of January 10, 2006

"Dribble Something New"

A surprisingly new change for both freshmen and JV basketball teams was for the best

"A new year with new things," said sophomore Anna Riddick when talking about this year's JV basketball teams.

One of the new changes for the year was the addition of a new coach, Michael Egan. Players agreed it was a great change for the team this year, because the new change of coaching techniques brought new opportunities for players.

"He's a good coach, just different. But I think we all adjusted perfectly to him," continued Riddick. Sophomore Cynthia Gomez said, "The change for me was great; he coached the way I played."

Change was also a factor for the freshmen

this year. No more middle school, "everyone's a winner." In high school there were winners and losers, and all the players had to live with it, get over it, and improve.

Sophomore Lisa Musto said, "The freshmen had to realize that it's more than a sport in high school, that's what I had to do." But for some people, like freshman Lakiesha Waller, the change came easy. "I found out early that I had to try my hardest not give up," she said

For all players on the freshmen and JV teams, there were changes but, they were all changes for the best.

-Patrick Jackman, '08



Coach Mike Egan gives a pep talk to the JV team during a time-out at the Mt. Vernon game.

Sophomore Cynthia Gomez dribbles the ball to the basket after getting a fast break.



Girls Freshmen/JV Basketball



Freshmen: Tameka Roney, Nataly Revollo, Jacqueline Anhut, Sarah Bayliff, Ashley Rippy, Rachel Heend, Naomi Shagam, Lakiesha Waller, Megan Chase, Perla Farias, Sharifa Ahmed, Pallu Chopra.

Junior Varsity: Cynthia Gomez, Elise Cohen, Bethany McGann, Natalie Dahlstrom, Gloria Baca, Cynthia Chanduvi, Emily Schwartz, Anna Riddick, Lisa Musto, Brad Winsten.

“Res Ipsa Loquitur!”

“Let the action speak for itself!”

Why do people decide to participate in wrestling? Is it for the great work out? Or could it possibly be the friendships they make when they participate in school activities?

According to Junior Erlan Guzman, “It’s cool to have a team bond [with the other people who are on the wrestling team].”

Jim Mon has been coaching wrestling since before most seniors were even born. “Wrestling has been a great outlet for the students who participate,” said Coach Jim Mon when asked why he decided to start coaching. “It’s

rewarding to know that I’m helping these kids feel good about themselves.”

Wrestling is an extremely physical sport and has been a popular program since the school opened. It was one of the first sports that the school was recognized for, and has a strong history of state and regional championships.

As their slogan goes, the wrestling team’s accomplishments have “spoken for themselves.”

-Angelina Goddard, ‘06

Wrestling (All Levels)



Junior Jonathan Whitaker takes down a Lake Braddock opponent during one of his matches. Freshman Michael Mackenzie and Michael Watson watch along with junior Blanca Guardado as Russell Dawson takes down a Lake Braddock wrestler.



Varsity:
Erlan Guzman, Michael Watson, Michael Mackenzie, Russell Dawson, Jonathan Whitaker, Mutlu Gunduz, Corey Smallwood, Timothy Hirama, Adolfo Dheming, Leonardo Gomez.

Junior Varsity:
Michael Mackenzie, Justin Serene, Blanca Guardado, Derek Framinan, Michael Watson.



Senior Russell Dawson prepares to take down a wrestler from Lake Braddock. After the match, Dawson came through with the win. Dawson has been named the Most Valuable Player for two years in a row.



Senior Spotlight



RUSSELL DAWSON

"He has put his time in and has definitely earned it. [Dawson] has the best record on the team and always shows up to practice with the best attitude!"

-Coach Jim Mon

Erlan Guzman, Junior

"I like participating in wrestling because it's a great work out and it keeps me in good shape."



Michael Watson, Freshman

"I like being on the wrestling team because it's a good way to meet new people."



Michael Mackenzie, Freshman

"I wrestle because it helps me release the anger I may build up during the day at school."

Season Scoreboard

	GENERALS	THEM
Jefferson	35	54
Lake Braddock	15	58
West Springfield	30	49
Fairfax	27	51
Oakton	48	29
Marshall	30	51
Stuart	48	29
West Potomac	30	42
O'Connell	15	66
Yorktown	24	54
Wakefield	39	33
Edison	22	48
West Potomac	37	33
Edison	15	55
Loudoun Valley	15	57
Yorktown	23	51
Mt. Vernon	30	51
Stuart	26	36
Wakefield	32	21
Falls Church	36	24
South Lakes (A)	47	6
South Lakes (B)	48	12

What's your favorite aspect of swim & dive?



Christina Helmick, 9

"The team unity and I like how we all work so well together."



Sarah Zugschwerdt, 11
"Swimming is really good exercise and it's different from any other sport. I really enjoy the people, too."



Max Gilbert, 11

"My favorite part is learning new dives and improving my skills."



The Generals get prepared for a meet against the Wakefield Warriors, by gearing up with their favorite cheers like "Hey You" and the General's Rumble.



David Hemingway, Joseph Huennekens, Andrew Webster, Daniel Abecia, Warren Mitchell, Asst. coach Kevin Mallon, Tamir Vaanjilimorov, Allen Dunn, Andrew Ricks, Aaron Vincent, David Kamensky, coach Kristina Dorville, Max Gilbert, Casey Botticello

Senior Spotlight

Season Scoreboard

GENERALs

Edison	lost
Stuart	lost
Mt. Vernon	won
Wakefield	won
Falls Church	won
Centreville	lost
Yorktown	lost

CARLY DEAN & ALLEN DUNN

"As captains, they set good examples and led the team. They worked hard at practices and helped the team with points at swim meets. They have had a great year."
- Coach Dorville



"Jump Right In"

"You know what always cheers me up? Just keep swimming. Just keep swimming. Just keep swimming, swimming, swimming." - Finding Nemo

The whistle blows, and they're off! Starting the season off with a new coach, they welcomed Kristina Dorville openly and appreciated the way she coached them. She brought about new ideas like holding early morning practices as well as weight room and stroke clinic.

An important aspect of performing well at meets was feeling confident and having full support from the rest of the team. This year, those who weren't swimming in meets were still required to attend and support their teammates.

In addition, team bonding nights helped build relationships that were needed in order to work together.

"Considering the fact that it's required for us to go to team dinners on Thursday nights and the swim meets on Friday nights, everybody is a lot closer and we enjoy each other's company a lot more than we did last year," said sophomore Sarah Michaelson. Team spaghetti dinners were a frequent occurrence for the team to attend and they also went out to restaurants after some of the meets.

Team unity and an overall good season kept the team up in good spirits and the girls finished with a 3-4 record and the boys with a 1-6 record.

- Julie Lang, '06



Sophomore Ayisha Swann takes a breath during her competitive breaststroke swim. Freshman Clare O'Doherty successfully completes a very difficult front flip with a full twist against the Wakefield Warriors.



Swim & Dive



Jane Helmick, Victoria Townsend, Lauren Mathae, Marissa Veis, Lindsey Alexander, Clare O'Doherty, Julia Casciotti, Tiffany Jones, Annica Juergens, Natalie Stearman, Rachael Gottfried, Jennifer Burpo, Olivia Goldstein, Christina Helmick, Laura DiNardo, Patricia Sever, Elizabeth Buttram, Sarah DiNardo, Alyssia Bell, Emelyn Rude, Corey Anklam, Allison Foley, Daniella Burgos, Katelyn Davis, Caitlin Davies, Ayisha Swann, Anne Eddy, Albertina Larios, Asst. Coach Kevin Mallon, Carly Dean, Margalit Abecia, Alice Massie, Phyllis Petronello, Monica Madera, Roxy Schofield, Lauren Tessauro, coach Kristina Dorville, Caroline Griffith, Rebecca Zapata, Sarah Michaelson, Sarah Zugschwerdt, Devon Lynch, Patricia Chaupis

"Flipping for Inspiration"

What inspires gymnasts to do back flips?

Cartwheels, summersaults, back flips, or just being flexible in general are some of the amazing things that gymnasts can easily do, but what inspires them to do gymnastics?

"It feels pretty good. I feel talented and it also keeps me in shape, but the feeling of just going out there and bending like anything feels great," said sophomore, Jessica Bravo-Tomayalla.

Having a special talent that most people don't have, like doing backflips is unique. Each person on the team is inspired in their own unique way. Freshmen Lindsay Cowen said,

"What inspires me to do gymnastics the most is that I conquer all my fears, and I know that I'm getting to a higher point from where I began." Cowen also said, "Inspiration also means to have the courage of conquering any fears."

"I'm inspired to do gymnastics because it helps me to overcome any fears or obstacles that I have anywhere not only when I'm doing gymnastics," said Bravo-Tomayalla.

From conquering their fears to getting a good rush from their performance, the girls were each inspired to leap to new heights.

-Juskeymi Lazo, '08

Gymnastics



Freshmen Lindsay Cowen shows off her gymnastic talents during practice in the beam room, and sophomore Brittany Robinson-Fuller walks around on a hand stand at a meet against Mount Vernon.



-Gymnasts-
Lindsay Cowen
Jessica Bravo-Tomayalla
Brittany Robinson-Fuller

-Coach-
Joe D'Emnidio

-Manager-
Catherine Wukitsch

-Assistance Coaches-
Veck
Steve
Halle Cowen



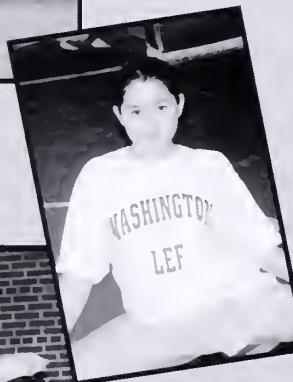
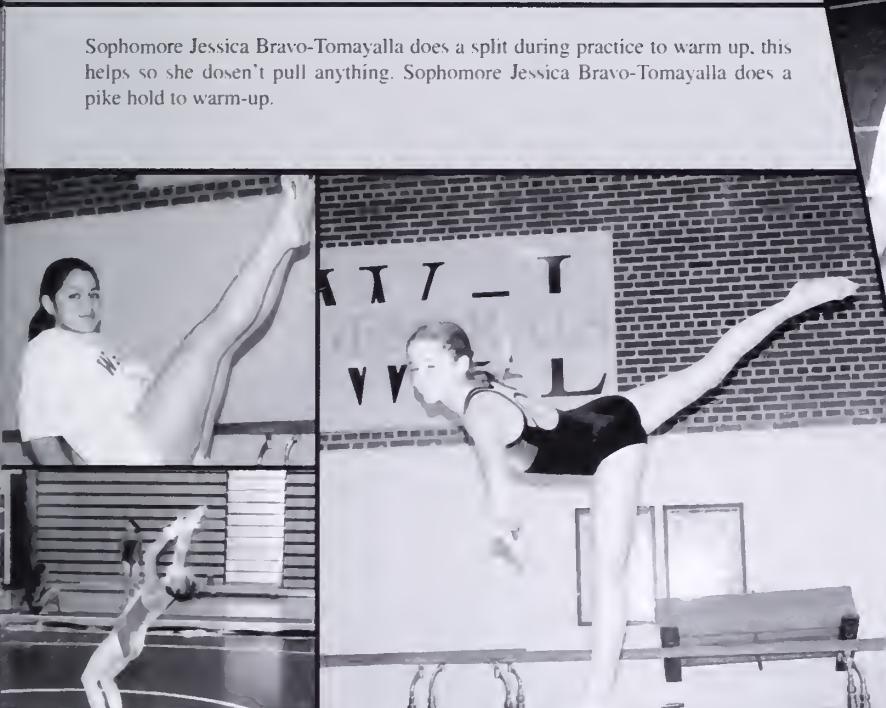
Lindsay Cowen
Freshmen

"I do gymnastics because it's really fun, and, because I have a special talent that most people don't have."



Brittany Robinson-Fuller
Sophomore

"I really love, being on the gymnastics team, because it makes me feel great!"



Jessica Bravo-Tomayalla
Sophomore

"I love doing gymnastics because it makes me feel great."



Freshmen Lindsay Cowen shows her coach that she can do a scale during practice. She then goes back to do a roundoff. Sophomore Brittany Robinson-Fuller does a flip in mid air and lands perfectly.



What events did
you do and why?



**Austin Leeds,
Senior**

"I did the 55 meter
and 300 meter
because I like sprint-
ing."

**Jennifer Brown-
ing, Freshman**

"I did the 1000 meter
run to stay in shape,
and I also enjoy run-
ning with my friends."



**Jeremy Klutzz,
Senior**

"I did the 55 meter dash
and shotput. They helped
me stay in shape for
football."



Junior Stephen Browning and Senior Stephen Dunlap pace themselves as they come around the bend on their last lap of the race. Sophomore Robbie Fendley finishes out her last lap with a strong sprint to the finish line. Freshman Kate Irick and junior Julia Light start off their race with a steady speed to ensure that they will not get worn out before the last lap. Junior Sarah Weber keeps strong while she runs the last lap of her race.

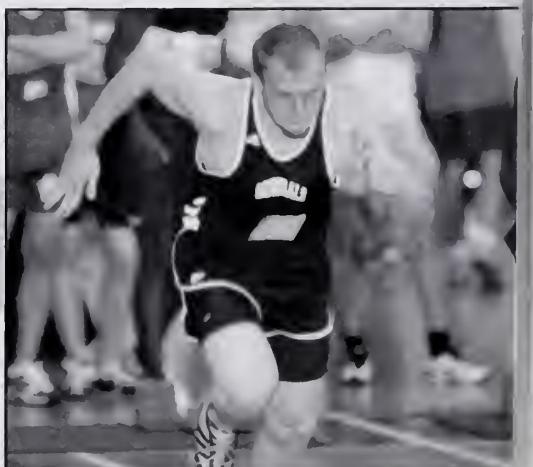


Senior Spotlight

AUSTIN LEEDS

"Austin demon-
strates the commit-
ment, dedication,
and leadership
coaches desire in a
successful athlete."

- Coach Warren
Gillus



*Outdoor track featured on Yearbook DVD.

"Let Me See if You Can Run it, Run it"

-ChrisBrown

Indoor track took off at full speed

"On your mark...get set...BANG!" The distance runners and sprinters took that cue to shoot off in competing against other schools.

Track events included distance, sprints, high jump, long jump, and shot put. These athletes trained for weeks, even months to improve in their particular event.

"I train all year long because I also participate in outdoor track and cross-country," said junior Peter Gurney. It was especially important to do better than other Arlington County schools with competitive spirit.

The team practiced everyday afterschool at Thomas Jefferson Middle School with practices led by coach Warren Gillis.

Coach Gillis had them start the practice off with some time for them to warm-up and prepare for a couple of hours of hard training. "Practices are long and hard but they're worth it because they build endurance and prepare us for our races," said sophomore Robbie Fendley.

- Julie Lang, '06



Sophomore Janette Madera kicks off of the starters with an explosion of speed to try and get a lead. Junior John McGrail comes around the curve in front of competitors from other schools to finish with a top placing.



Indoor Track

Brittany Smallwood, Kate Irick, Jennifer Browning, Mackenzie Baker, Alison Mayo, Miki Lendenmann, Stephen Dunlap, Stephen Browning, John McGrail, Jeremy Klutzz, Colin Million, Michael Milano, Coach Warren Gillis, Daniel Zapata, Edward Klutzz, Janette Madera, Megan O'Doherty, Alba Garcia, Luke Malley, Stephanie Salvador, Robbie Fendley, Austin Leeds, Sarah Weber.



"Bringing It Home Again"

The varsity baseball team strikes gold once more this season

Hits, strikes, and home runs got the varsity boys' baseball team all the way to the districts last year, but the question remained would they be able to continue the same winning streak this year?

"Definitely, I think that the team can make it to the districts this year again, because if we made it last year, there's a big possibility that we will make it this year, too...if we keep our hopes up and stay in the game," said junior Daniel Diethorn.

In the beginning of the season, the team members and coaches hoped to continue the same victorious streak from last year. In order for the team to make it into the districts again,

they needed to have courage, goals, and, most importantly, they needed to keep their hopes up.

Senior Keith Sado said, "If we work together as a team, it will make us win, and if we support each other to keep up our hopes, we will make it to the districts."

The varsity baseball is not only showing that they will indeed keep their hopes up this season, but that they will also bring it home again by going to the districts.

Junior Troy Powell said, "I'm pretty sure that every guy on the team will absolutely have their hopes up nice and high that we for sure will make it to the districts."

-Juskeymi Lazo, '08



Junior Edward Dolin winds up to pitch a curve ball to a Madison player at an afternoon game. Junior Zachary Gasper catches the ball and tags the bag in order to make an out.



Assistant Coach
Terry Dwyre
Keith Sado, Zachary Gasper, Troy Powell, Edward Dolin, Joseph Pricone, John Philip Morgan, Daniel Diethorn, Coach Doug Grove, Brian Smith, Rupert Jennings, Samuel Farber, Michael Milano, Daniel Mckenna, Michael Wall, Jesse Cyran, Nathan Rogers, Brian Blase



All the players watch the game attentively and try to calculate their next move so that they can win the game. Senior Jesse Cryan and junior Rupert Jennings show some baseball love during a practice after Jennings caught a fly ball. Sophomore Michael Wall goes in for a low catch as one of his teammates cracks the bat at practice. Senior Brian Blase cracks the bat as he attempts to hit a home run.



Senior Spotlight



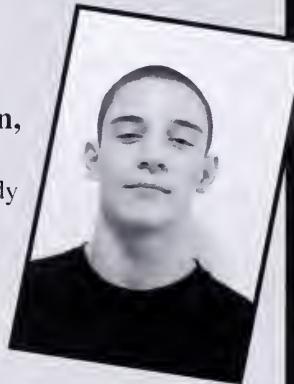
FARBER

"Trying to make sure everybody is at the same pace and working together for the common cause of perfection makes the team unique and will take us to the districts this year again."



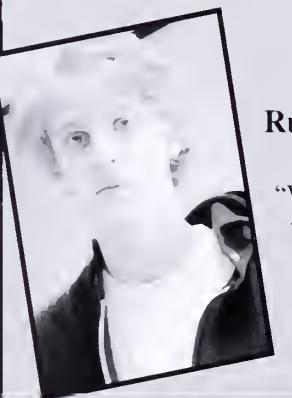
Edward Dolin, Junior

"Competition keeps everybody up in the game and focused."



Daniel Diethorn, Junior

"Together everybody achieves more."



Rupert Jennings, Junior

"Working together is the key to success."



**Laura
Mortensen,
Senior**

"My brother played baseball when I was younger, and I decided I wanted to do softball."



**Meredith
Halliwell,
Sophomore**

"I have played softball my whole life and I enjoy the sport a lot."

**JAYCO
TRIADISTS**

**Blanca
Guardado,
Junior**

"I've played softball all my life and I really enjoy the sport."



**Caroline Seipp,
Junior**

"I have been doing softball a long time, and it is a good group playing this year."



**McKenna Klontz
Freshman**

"I always enjoyed playing softball, and I love playing it at the high school level."



The starting infielders met on the mound in between batters to discuss the upcoming play. Freshman McKenna Klontz is caught in the middle of her windup. Junior Laura Elliot prepares to catch a ball being thrown to third base. Junior Elizabeth McCallister warms up before the game. Before each game the teams practice pitching and catching in the infield.



Senior Spotlight

**JOCELYN DORFMAN
&**

LAURA MORTENSEN

"This is Laura Mortensen's second year as a returning varsity starter. She's more of a quiet leader on the field and leads with her actions. She is light-hearted, dedicated, and fun. This is Jocelyn Dorfman's fourth year on the team. The experience she has under her belt and her leadership capabilities helped make this season a competitive one."

- Coach Sara Rouse



Junior C
base and
Sophomore
to bat, ag

Asst. C
Hall, C
Jocelyn
Carleigh
Catherine
Blanca
Meredi
Coach S
Laura M
Lauren
McKen
Elizabe
dister, L
Amand

Doing it Better...

...the second time around

The girls started their year off with an early bang. Sara Rouse took the plate as head coach this year. She swung into the season early with fall ball.

Sophomore Catherine Conti thought that fall ball did not help that much "...because a lot of people did not show up so we did not get that much done."

After a tough slide past their first obstacle, they made it to second safely by continuing on with winter training. They also got a pitching coach to work with them twice a week and a new assistant coach to help Rouse out wherever

she needed it.

Junior Lauren Wallace said, " We've been going to clinics as a team and most of the girls have done traveling teams over the summer and in the fall, so we have grown a lot."

They finished off the season with a grand slam. "Despite the changes, I think we had a successful season and the extra training really did help," said Junior Carleigh Edwards.

-Sarah Michaelson, '08



Junior Caroline Seipp gets into ready position. Seipp played first base and always had to be ready to make a play. Sophomore Catherine Conti aims for a home run as she steps up to bat against Annandale High School.

Asst. Coach Jennifer Hall, Caroline Seipp, Jocelyn Dorfman, Carleigh Edwards, Catherine Conti, Blanca Guardado, Meredith Halliwell Coach Sara Rouse, Laura Mortensen, Lauren Wallace, Mckenna Klontz, Elizabeth McCalister, Laura Elliot, Amanda Merrill.



Varsity Softball

"Rounding the Bases"

Junior Varsity players push themselves with high hopes of making the step up to varsity.

Both the Junior Varsity Baseball team and Junior Varsity Softball team began the year with high hopes for their season. Hoping to make the varsity squad in the future, players worked hard to improve their skills and work ethic. "We hope to have a successful season, and become stronger players, so we can eventually make the step up to varsity," freshman Megan Chase said.

In order to achieve this goal, players began conditioning before the season began. JV Softball had combined conditioning with the varsity team, where they participated in fall ball, and participated in numerous tournaments. They also conditioned after school, working on

throwing, catching and batting. "It was a lot of hard work, but being in shape for the season made it all worth while," said sophomore, Margaret Tate.

The JV boys team also had combined conditioning with the boys varsity team, where they met in the weight room up to three times a week, to strengthen their overall throwing ability. "We worked hard to build up our muscles, so we would have more power to throw and hit," said eighth grader Jake Huston.

"My main focus was to keep the team at a competitive level," said Coach Josh Shapiro. Through this kind of hard work and dedication, the JV teams hoped to prepare for their eventual varsity careers.

-Meagan Riley, '07



Phillip North, 8th grader, attempts to strike out an opposing batter with his curveball. Freshman Lindsey Wallace throws a ball to 8th grader Sydney Schreider at second base while Junior Elizabeth Burman watches in the background ready to react.



JV Baseball:
Nicholas Friedman, Phillip North, Conor Sharp, Benjamin Yeager, Timothy Edwards, Michael Hammond, Thomas Edwards, Jesse Phillips, Christopher McGillen, Jacob Huston, Thomas Peters, William Brower, Jacob Merrill, Taka Wintep, Francis Rosa, Robert Burgess, Jeremy Seipp, Jack Ohman, Ian Feeney, Hector Campos.



The JV baseball team takes a knee to listen to their coach, Josh Shapiro, give directions. Jesse Wood winds up to throw a ball to third base to try to get her opponent out. Timothy Edwards focuses intently on catching the ball in order to make the throw down to second. Olivia Mihalik prepares to catch a ball at first base and hopefully make a critical play.

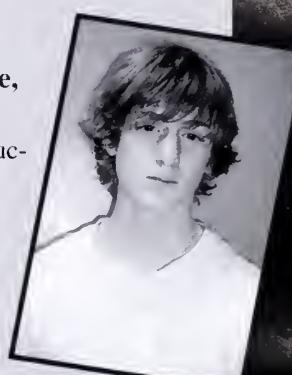


JV Softball:
Asst. Coach Tim Wallace, Whitney Hurdle, Olivia Mihalik, Megan Chase, Sarah Bayliff, Elizabeth Burman, Joan Cummins, Margaret Tate, Sydney Schreider, Head Coach Robert Dobson, Jesse Wood, Selina Pena, Allison Mayo, Katlyn Allmon, Amanda Enright, Lauren Wallace.



**Selina Pena,
Freshman**

"I hope to learn to work together as a team, and hopefully finish with a good record."



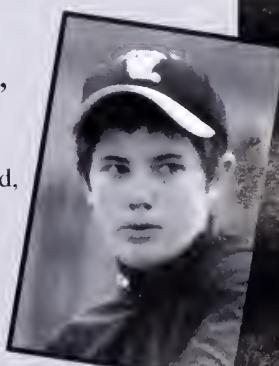
**Steven McKenzie,
Freshman**

"I hope to have a successful season, and have a good time."



**Elizabeth Burman,
Junior**

"I hope to be able to improve my batting average, and become a stronger player overall."



**Nathan Rogers,
Sophomore**

"I hope to finish with a good record, and work hard to improve my basic skills."

**Lazaro Mejia,
Senior**

"It takes a lot of commitment and skills to make Varsity, especially this year since there were so many good players."



**Jack Blunden,
Sophomore**

"You have to be able to set goals for yourself and achieve them, be in shape, and listen to the coaches."

**Carlos Figueroa-
Ramirez,
Junior**

"It takes skills, a good attitude, but mostly a love for the game to make it onto Varsity."



**Patrick Nicholas,
Junior**

"Dedication and hard work, along with being able to cooperate with others is a huge factor in making Varsity."

**Michael Conrad,
Junior**

"A strong work ethic, an aggressive attitude, and being able to lead others are the traits that helped me make Varsity".



**COLLIN
NICHOLAS**

"Collin has worked hard every year to establish his position as co-captain. His attitude and determination help push his teammates into performing with perfection in every game."

-Jimmy Carrasquillo,
Head Coach



At the end of each game, the players sit and listen as the coaches point out what went well and what went wrong so they can improve in practice.

Sophomore Luis Montolla uses a move to get past an opposing defender in one of his games. Freshman Ben Argueta brings the ball down the field for an attempt at the first goal of the game. Miguel Ocampos dribbles by an opposing defender to get a better angle for a shot.



Senior Spotlight



"What Does It Take?"

What makes a varsity player varsity material? Why don't some boys make the cut? What separates them besides their skill level?

According to senior captain Collin Nicholas, "The coaches are usually looking for somebody with a good attitude, high endurance, and an excellent vision on the field." Nicholas followed this statement by stating "Tryouts were different this year then they have been in the past. Usually the coaches would have us running a lot, but this year we did a lot of passing skills, a timed 40 yard dash, and we would usually finish by scrimmaging for about 30 minutes."

About half of the boys' soccer team this year was made up of seniors. This leaves space for the JV boys' who didn't make the team this year to have good chance next year. So what will the boys have to do differently in order to make

the team next year? Nicholas said that from his short term experience on JV his freshman year he knew that commitment was a big factor. "You have to make sure the coaches know you want to be there!"

Senior Varsity player Lazaro Mejia agreed with Nicholas. Mejia said, "It takes a player with commitment and endurance to really have a chance to make varsity." Mejia made Varsity as a junior. He believed the reason was because of his consistent commitment. Varsity this year was made up of very committed players. It was an essential piece to the successful season the boys had this year.

~Angelina Goddard '06



Senior Jorge Ramirez wrestles position with an opposing player to gain the possession of the ball.

As he gets his feet set, senior Duy Nguyen takes a second to look at his options for a throw-in.

Boys' Varsity Soccer:
Asst. Coach Keith Whitney, Patrick Nicholas,
Miguel Ocampos, Collin Nicholas, Head Coach
Jimmy Carrasquillo, Igor Alba, Ariel Andrade, Luis Montolla, Asst. Coach
Eduardo Carrasquillo, Miguel Vargas-Camacho, Oscar Pacheco, Duy Nguyen, Stephen Dunlap, Jack Blunden, Lazaro Mejia, Carlos Figueira-Ramirez, Jorge Ramirez, Michael Conrad, Benjamin Argueta, Davis Rodriguez.



Boys' Varsity Soccer

"Making the Goal"

It takes a lot to form a strong team

What does it take to make varsity? Is it really that different from junior varsity?

"Yes, it takes hard work, consistency, and leadership skills," said senior Hillary Obrand. It takes extra effort to make the step up from junior varsity to varsity, and it is not something that can be accomplished without setting a high standard.

Making that step up takes something spectacular that sticks out to the coaches and shows them that each player really wants to be on the team. "It can be anything from showing up early to staying late. You have to show that you really

want to be there and you deserve your spot," said senior Catherine McDaniel.

Every player on the varsity team had an essential role in making the team's season a great one. Their goalies, juniors Kelly Ramey and Janelle Prange, stepped up to defend the goal and help them win. Senior Francesca Ioffreda thought that "each person on the team really had a part in our wins and our losses."

To make varsity, you have to run more, condition harder, have all the fundamentals down, and make your mark on the team.

-Sarah Michaelson, '08



Senior Brett Trutko (H-B) throws the ball back in after the opposing team kicked it out of bounds.

Junior Kaitlin Essig heads the ball toward the goal, hoping to either make the shot or assist a teammate in doing so.



Coach Robert Summers, Lisa Hamilton, Francesca Ioffreda, Brett Trutko, Emily Huston, Natalie Dahlstrom, Jillian Evans, Jenny Lynne, Asst. Coach Kelly Rayme, Rachael Siemon-Carome, Catherine McDaniel, Janelle Prange, Kaitlin Essig, Hillary Obrand, Anna Kayes, Ellen Mendyk, Emelyn Rude, Hayley Grinder. Not Pictured: Angelina Goddard, Brady Winsten

Varsity Girls' Soccer



The coaches sat the girls down on the field before their game against Westfield to talk to them about the competition, and remind them to use the skills that they learned at practice.
Senior Hayley Grinder quickly changes course to get around an opponent and continue down the field.
Sophomore Jenny Lynn (H-B) runs after the soccer ball after stealing it away from her opponent.
Senior Francesca Ioffreda gets the ball away from a Westfield player to pass off to one of her teammates.



Senior Spotlight



LISA HAMILTON

Lisa Hamilton is the type of player and person you can always count on. She models dedication, commitment, and toughness. She is an inspirational player.

-Coach Robert Summers



Jillian Evans, Senior

"My goal is to be more confident when I play, and to get to know the girls on the team better."



Rachael Siemon- Carome, Senior

"My goals are to beat Yorktown and improve our record. More importantly, I want to have fun."



Kaitlin Essig, Junior

"My goal is to play well with my teammates and win games. I also want to be able to assist my teammates in scoring and winning."



Emelyn Rude, Sophomore

"My goal for this season is to be a supportive, friendly team. I also want to win some."



Angelina Goddard, Senior

"I want to be able to work hard to improve my skills and become close with the girls on the team."

**Yannick Tanda,
Freshman**

"My goal is to win every game for my team."



**Bridget Ward,
Freshman**

"My personal goal is to improve as a player and be able to connect with my team. I hope to achieve team unity."

**Prashant
Singh, Fresh-
man**

"My goal is to be undefeated and to let no goals go through [by me]."

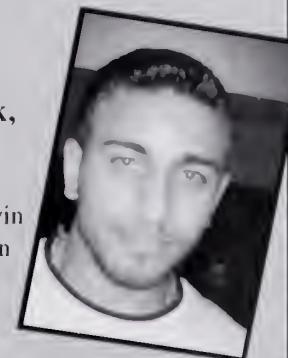


**Olivia Huston,
Freshman**

"[My personal goal is] to gain more skills and have the team improve together as a whole."

**Othmane
Benkhallowk,
Freshman**

"My goal for everyone is to win the whole season undefeated."



Junior Julian Ramirez brings the ball away from an opposing player and attempts to get a shot at the goal.

Assistant coach Brianne Parmien and head coach Edward Matos look over the team roster to make some final changes in the starting line-up.

Freshman Sharifa Ahmed runs up to the line for a throw-in to bring the ball in to play.

Before their scrimmage, sophomores Lindsay Borgan and Catherine Frondouf begin to stretch.



Freshmen
film line
Prashant

JV Boys
Prashant S.
Ramirez, L.
rillo, G.
Yannick T.
Andrew M.
Isam Ghan
Suzanne F.
Myle, R.

JV Girls
Melissa Ap
Cynthia Gi
Hermel, N
Ahmed, P.
Dionne, I.
Bor, M.
Jani, I.
Olivia H.
Roxanne

"Building Up Stress?"

Do what the JV soccer teams did: Kick...It...OUT!

Stressed out? While most high school students agree that just the average school day with the tests, tough teachers, and homework is stressful enough, the students on the girls' and boys' junior varsity soccer teams learned all to well what stress really was this season.

The players felt the stress come over them even before they had made the team. "Tryouts were harder and more stressful than I thought they were going to be. They were pretty intense and I wish I had gone running even more in preparation," said freshman Alanna River.

The coaches didn't make it any easier on the players with their stressful schedules. "The JV team will focus hard on conditioning and technical skills like passing, shooting, trapping,

etc...sometimes it takes a few games to figure out what is the best position for each player and for the team, but they will get there," said JV boys' coach and math teacher Justin Bolfek.

While the stress was building up within the players most learned how to cope with it either by talking to friends or teammates about their problems.

"It has been a lot of help throughout tryouts to be able to talk to other team members; they help reduce the stress and you also get to know their names so when the season starts you work better together," said sophomore Monica Madera.

When stress gets in the way do what the soccer teams did, kick out the stress.

-Nora Kyles, '06 & Allison Jordan, '06



Freshmen Mackenzie Rabin, Sharifa Ahmed and Adriana Neidenfult line up before the scrimmage to take practice shots. Freshman Prashant Singh practices before his first scrimmage of the season.



JV Boys' Soccer:
Prashant Singh, Alvaro Vega, Julian Ramirez, Limber Perez, Carlos Carroll, German Peralta, John Escobar, Yannick Tanda, coach Justin Bolfek, Andrew McClellan, Gavin Treweek, Issam Ghanni, Marvin Pena, Kenuel Suarez-Fuentes, Johnny Andia-Moya, Raul Vargas.

JV Girls' Soccer:
Melissa Argueta, Alana Rivera, Cynthia Gomez, Naomi Shagan, Jane Helmick, Mackenzie Rabin, Sharifa Ahmed, Pallvi Chopra, Chantelle Doucette, Ayisha Suann, Lindsay Boryan, Mariela Ortega, Megan Holland, Bridget Ward, Monica Wood, Olivia Huson, Catherine Frondorf, Rose Dodge, coach Edward Matos.



Girls' & Boys' Junior Varsity Soccer

W-L Lax Nation'

There's the Mohawks, Cherokee, Seneca, and the.....Washington-Lee Nation

"We're the W-L Lax Nation!", said Coach Joe Anderson while he spray-painted "W-Lax Nation" on all of his equipment.

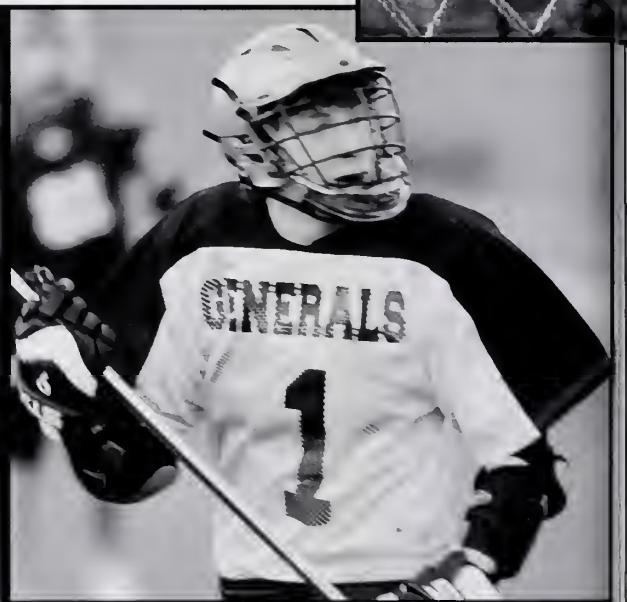
Coach Anderson was the new JV lacrosse coach this year, and was recruited to coach here because of brothers Thomas Brigham and freshman Henry Brigham. They asked Coach Anderson, who prefers to be called Coach Joe, to lead the team because of his experience playing the game, and his coaching expertise. "He's played since the 1960s and has been coaching for a while," said Henry Brigham

Coach Anderson works for the government on environmental issues, but for traveling to

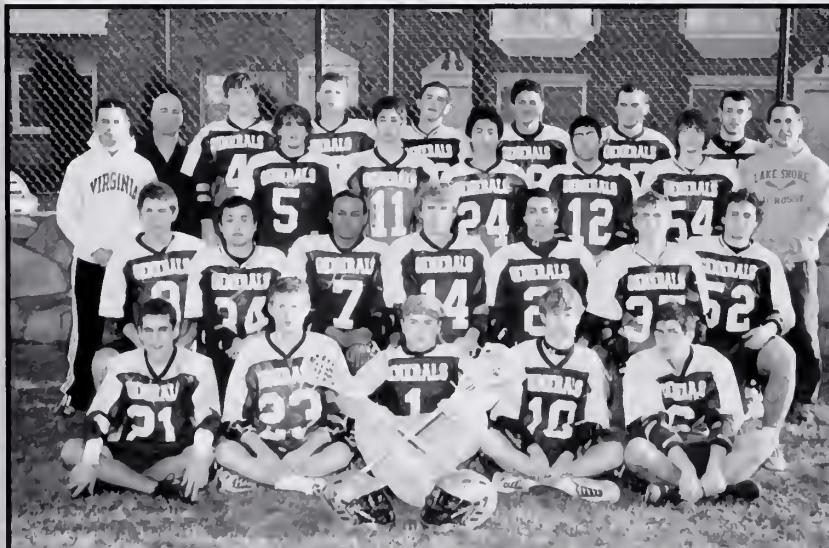
lacrosse practices he used a gas guzzling van. Coach Anderson is 52 years old, but he still plays for his Notre Dame Alumni team, the Hounds.

Not only is Coach Joe new, the whole team is relatively new. Compared to other spring sports, the boy's lacrosse team has the largest number of students trying out that have never played before. Sophomore Benjamin Stroop said, "The difference between us and [everyone else] is that we are the ones that started with almost nothing and now we are a large program."

-Patrick Jackman, '06



Senior Thomas Brigham prepares to shoot at the Herndon game. He scored one-third of all the goals that day. Freshman James Kelley cradles the ball down the field for the clear. The freshman team was very successful on clearing the ball that game.



Boys Lacrosse

Varsity:
Benjamin Stroop, Patrick Jackman, Coleman Schwartz, David Strand, Sylvester, Zachary Neeham, Gregory Leahy, Liam Ward, Timothy Hirama, Kevin Kim, Eric Canales, Patrick Moran, Michael McConville, Reyda Van, Carl Pierre, Julian Rude, Abdul Abdul-Moniem, Scott Bently, Thomas Brigham, Henry Brigham, Sam Duarte, Isaac Saunders, Michael Petro, Kevin Stroop.
Junior Varsity:
Atticus Hubberts, Enrique Magana, Elio Andia, James Kelley, Matthew Brewer, Chris Weber, Matthew Latou, Jason McNabola, Daniel Baker, Alexis Planche, Antoine Planche, Ryan McNabola, Flenner Hoagland, Adam Ginsberg, Mark Patton, David Carter, William Farley.



Senior Carl Pierre winds up to shoot on the goal during practice. Senior Kevin Kim goes for a ground ball after hitting it out of Herndon's sticks. Kem picked it up and scored the first goal of the game. Sophomore Chris Weber protects his stick against a Herndon JV player. Sophomore Scott Bently looks for the cut to score the goal.



**Benjamin
Stroop,
Sophomore**

"I started playing lacrosse because my friend Patrick Jackman told me about it."



**Liam Ward,
Senior**

"I needed a sport to play and lacrosse looked tight."



**Michael Petro,
Junior**

"I started out playing because my dad got me hooked."



**Kevin Kim,
Senior**

"I began lacrosse because a lot of my friends started, so I thought I would, too."



**Adam Ginsberg,
Freshman**

"I started out playing because my older brother told me about it when I was very young."

**Devon Lynch,
Sophomore**

"I wanted to join the lacrosse team because it was the only spring sport that seemed interesting to me."



**Albertina
Larios,
Sophomore**

"I wanted to join because I just thought it would be fun to learn something new, and my friends were trying out so I went for it."



**Zulema Perez
Junior**

"My friend told me about it and how much fun it was so I joined the team."



**Camila Ruiz,
Senior**

"I wanted to join the team because when people asked what I was doing on Friday night, I could just say I have a game instead of having to say nothing."



**Leeanne Strehle
Sophomore**

"I joined because all my friends said it was challenging and fun, so I tried out and made the team."



The girls' lacrosse team battles the Westfield bulldogs on the field at one of their Friday night games. Senior and captain Nora Kelly shows Alexandra Vincent how to handle her stick the right way when catching a ball. The entire JV girls' lacrosse team joins in a huddle for a few last minute words of inspiration. Coach Amy Spaziani has a few words with junior Lara Grantham before she replaces goalie Rheannan Geis after she received a yellow card.



Senior Spotlight

LAURA KARL

"As the new head lacrosse coach, I have only known Laura for a few months. However, in that short period of time, Laura has proved to be a strong leader on the lacrosse team. She is extremely dedicated and determined in lacrosse. Her teammates benefit from her great attitude and enthusiasm."

-Amy Spaziani
Girls' Varsity Lacrosse Coach



"The LAX Factor"

The "chicks with sticks" get competitive

What gives you an edge over your competition? Is it hard work, determination, dedication, practice? For the Girls' Lacrosse team it was the "X" factor, the ability to work well together, and have the same competitive drive on and off of the field.

The girls couldn't get enough competition on the field especially with the guys. "We definitely have a competitive drive, especially when it comes to competing with the guys lacrosse team: we have to win so we can show them who is the boss," said freshman Elizabeth Ranneberger.

Other than competition with the guys, the girls gave it their all when compet-

eting on the field with teams across the district. "I knew the girls were great on the field last year, and I knew this year would be no exception," said senior Laura Wegner.

So how did these girls get pumped up to be so competitive? "I know it sounds so cheesy, but I listen to loud rock music and jump up and down to get in the spirit before a game," said senior Laura Karl.

Despite having a new coach and almost all new players, the girls managed to combine their competitive spirits and use their "x" factors to complete a memorable lacrosse season.

-Allison Jordan, '06



Junior Maureen McGonagle and Sophomore Megan O'Doherty step up the pace on the field against the Westfield bulldogs at a night game. Junior Megan Riley and senior Camila Ruiz watch intently as the girls' varsity lacrosse team took on the bulldogs.



Girls' Varsity Lacrosse

Megan Riley, Laura Karl, Lea Westrick, Roxanne Schofield, Elizabeth Buttrum, Megan O'Doherty, Shannyn Peterson, Amy Spaziani (Coach), Maureen McGonagle, Natalie Carver, Jeanne Boone, Tegan Sockwell, Camila Ruiz, Lara Grantham, Charmaine Rose, Zulema Perez, Virginia Stevens, Alison Foley.



Girls' Lacrosse

Can You Handle It?"

Picture this... a three and a half mile run just to get to practice, a work out for another two hours and all the while knowing the run back is still ahead....

Crew captain and senior Ryan Payne made it clear from the start.... there were no questions asked. Crew was not easy. So why do the members of crew decide to do it?

Picture this... a three and a half mile run just to get to practice, then work out for another two hours (whether it be rowing for miles or working out in the weight room), then sometimes having to run back to school when it's all done. Sounds like torture right?

"I like the challenge," Payne said. "It pays off; we work hard and we are always one of the top boats in the nation."

This athletic powerhouse had a track record

over the past couple of years. Last year the boys' light weight boat won in Nationals! "It was incredible," said senior and fellow rower Tyler Buxton. "It didn't feel real!"

The boys on the team worked hard and non-stop thanks to coaches Derek Parsons and Paul Holland. The captains Payne and fellow senior Pierre Saddi help out a lot, too.

With a significant amount of time on and off the water, the mens' crew team sought an additional National title.

~Sarah Michaelson, '08 &
Angelina Goddard, '06



Senior Daniel Michaelson takes his and fellow senior Kristoffer Runevald's oar while Runevald holds the bow half of the boat. The varsity boys do jumpies outside the boathouse before practice as a warm-up before they get on the water.



Daniel Michaelson, Kristoffer Runevald, Ethan Scholl, Scott Herring, Tom Lobel, Nicholas Birasa, Zachary Allen, Ryan Payne, Patrick O'Connor, Tyler Buxton, Alex Seamens, Andrew Gilbert, Daniel Abecia, Emmanuel Deleon, David Hemingway, Daniel Watson, Matthew Menoche, Richard Dan Burns, Andrew Goodman, Luke Vincent, Nicholas Kelleher, Eric Engel, Ryan Scheurer, Alan, Henry Million, Landon Stanford, Helen Cahill, Grace Chang

Boys' Crew



The second varsity boat docks at Potomac Boat Club after a long hard practice. The sun was setting and it was getting cold as all the boats head in for the night. Senior Joseph Hershkowitz helps put in the docks at the beginning of the season. It is a team effort and takes forty people to move one part of the dock. Freshman Andrew Goodman puts his oar in the oar-lock of the stoke seat of the novice boat. It was Goodman's second year on the team. A varsity boat docks and gets the oars out of their oar-locks; the boat was off the dock in five minutes.



**Zachary Allen,
Sophomore**

"I [participate in] crew because it will hopefully help me get into a good college."



**David Bodner,
Senior**

"It keeps me in great shape. Especially since I'm a senior, it will be easier to stay in shape for prom!"



**Andrew
Goodman,
Freshman**

"It is something fun to do after school. Plus, it is a great way to meet cool new people you wouldn't have if you did not join [the team]."



Senior Spotlight

RYAN

[Boys' Crew Team Captain] Ryan Payne has been a huge contribution to the team [since he began participating]." His good attitude on top of his non-stop 100% effort are why he is being recognized as a top senior.



**Alison Hight,
Sophomore**

"My favorite part of crew is the races. It is all worth it when we win."



**Rebecca Zapata,
Junior**

"I really love the regattas and the thrill of winning."

**Sarah Michaelson,
Sophomore**

"My favorite part of crew is the team bonding. We spend so much time together that they become our best friends."



**Anne Moriarity,
Junior**

"I really enjoy the time that we put into the sport. It is a great way to spend my spring."

**Christina Cabiati,
"I love spending time
with the girls, and
working [towards] a
common goal."**



Sophomores Sarah Michaelson, Diana Lay, Cassandra Runevald, Rachel Brooke, Eva Simkin and Katie Olsen stretch out before they start, using the erg. The team stretched before every practice and regatta. Senior Kathryn Barge shares a funny story with sophomore Jane Roberts at practice. After a February snow storm, the girls' crew team had to sweep the snow off of the deck. The team heads up to the boat house for stretches before practice starts.



Senior Spotlight

SARAH JACKSON

"Sarah Jackson joined the crew team as an 8th grader and shows lots of dedication to the sport. Sarah is a co-captain and all around awesome contributor."
-Girls Crew Coach, Sarah Harrick



"Keeping Up the Traditions"

The girls crew team won races and bonded a long the way

With boat dinners and long practices; it's hard not to make traditions on this team.

By keeping up traditions the girls' crew team stayed very close. Senior, and second year rower, Kathryn Barge said, "The traditions the team upheld really helped us to get to know each other better."

Every Friday before a regatta, the crew team would meet for boat dinners. "Build me up Butter Cup" was the team song. Junior Anne Eddy commented, "All of the inside jokes, and traditions added some fun to the sport."

After a win, the rowers would throw

their coxswain in to the Potomac River. This long-standing practice was a favorite of Eddy's. "Being a coxswain, I really liked that tradition; it was really fun. Every time I was thrown in, I felt a strong sense of accomplishment."

All the time that the girls put in required a significant amount of dedication. Sophomore Rachel Brooke said, "Winning races makes it all worth it." While practicing and racing, and the team managed to make a lot of friends and maintain W-L crew traditions.

-Carleigh Edwards, '07



Sophomores Katie Olsen and Cassie Runevald look on as other rowers go over the upcoming schedule.

As the sun sets, the crew team heads home. Practice usually ended around 7 pm.



Marisa Veis, Diana Lay, Alison Hight, Eva Simkin, Rachel Brooke, Alex Woodhury, Larissa Gibbs, Sarah Jackson, Christina Cahiati, Ellen Macnamara, Cassie Runevald, Emily Seikely, Leah Caldwell-Fagan, Claire Monfort, Elena Ponds, Kate Gathro, Genna Schwarz, Eliza Phillips, Anne Eddy, Alexandra Roy, Genevieve Belvis, Katie Olsen, Sarah Michaelson, Rehecca Zapata, Patricia Chaupis, Carla Paredes, Alex Pill, Caitlin Macnamara, Jane Roberts, Macarena Torres, Karen Villedes, Daniella Burgos, Claire Van Wagner, Ghislaine Mallek, Ezma Kansiz, Anne Moriarity, Hannah Thomas



Girls' Crew

“For the ‘love’ of the game”

The tennis players take a swing at being District Champs

Tennis was a sport often overlooked by the students, yet players worked just as hard as any of the other athletic teams. As a sport that needed much more fan support than they received, the boys’ and girls’ tennis teams succeeded once again.

“I’ve been on the team for four years and I really like playing tennis; it’s a good past time,” said senior Shivam Vashi.

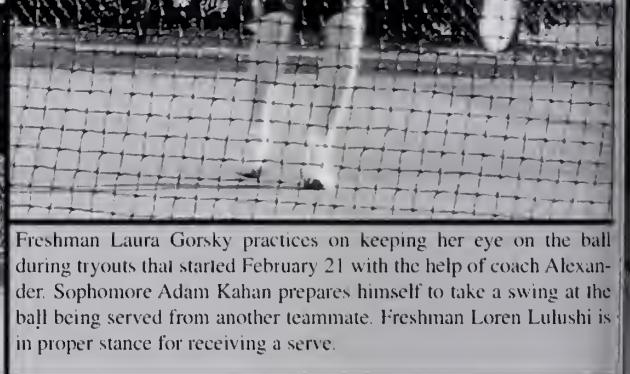
The boys’ team was strong in areas like teamwork and achieving their goals. Some of their goals for the season included improving their technique and hopefully recruiting more members for upcoming years.

Girls’ tennis came a long way by using

persistence and perseverance in keeping up with practicing. From a team with a slight losing streak from several years ago, this team completely turned the program around and were also the 2005 District Champions.

“There’s a program at the YMCA where you can practice techniques like backhand and forehand swings,” said Caitlin Davies in preparing for the spring season. The girls’ team also had a good bunch of incoming freshmen that contributed to the team efforts. They have come a long way over the past couple of years to turn into a strong team ready for District level competition.

- Julie Lang, ‘06



Freshman Laura Gorsky practices on keeping her eye on the ball during tryouts that started February 21 with the help of coach Alexander. Sophomore Adam Kahan prepares himself to take a swing at the ball being served from another teammate. Freshman Loren Lulushi is in proper stance for receiving a serve.



Boys’ and Girls’ Tennis

Boys’ Tennis
Fenemore Love, Loren Lulushi, Aaron Vincent, Allen Dunn, Adam Kahn, Jeffrey Phang, coach Lorenzo Alexander
Girls’ Tennis
Coach Lorenzo Alexander, Leslie Haase, Laura Gorsky, Sydney Delmar, Emma Prins, Julia Lerner, Nina Bogetic, Lauren Ashley, Lauren Mathae, Kate Irick, Linsey Alexander, Caitlin Davies, Julia Casciatti



Junior Jeffrey Phang follows through with a swing during practice after school at the Quincy Park courts, going for the game point. He practices with fellow teammates on his technique and for improving on his skills.



Sophomore Leslie Hayes prepares to take a swing at the ball at a match against county rival Wakefield High School. Freshman Kate Irick anticipates the ball to be returned after serving it to the opposing team.



Leslie Haase, 10

"I like the competition and playing against other schools. I like team bonding because I play with a lot of my friends."



Adam Kahan, 9

"I like playing singles the best. I've learned to be more disciplined since the season started and I've improved on my strokes."



Gabrielle Plotkin, 12

"I like getting to know people that I wouldn't normally have met inside the classroom. It also gives me a chance to network with people from other schools."



Aaron Vincent, 10

"As my second year, I've learned to respect the game a lot more and I make a conscious effort to hustle more."



Lauren Ashley, 12

"I like the people that are on the team and I enjoy playing tennis; it's a lot of fun."





PEOPLE SECTION

**FACES YOU SAW
EVERY DAY AND WILL
ALWAYS REMEMBER...**

2006





DIVERSITY IN THE HALLWAYS. With a population of about fifteen-hundred students, Washington-Lee High School showed a great amount of diversity. Numerous languages, religions, and ethnicities made the student body different from most. In each individual class, there were similarities and there were differences, too. The class of 2006 saw their final year of high school come to an end and proudly boasted on their senior t-shirts, "It Will

Never Be the Same Without Us." The class of 2007 worked their way through the most difficult academic year. The class of 2008 had one year of experience under their belts. The class of 2009 had the chance to learn from their mistakes, as well as mistakes of the upperclassmen. The faculty continued to offer support in and out of the classroom. All in all, it was the people of Washington-Lee that made the year end with a "rummmmmmbbbbllllle."

2006
class
of
the
year



Senior Rheannin Geis chows down on peeps during the 2005 fall pep rally. Seniors paint the infamous Yorktown rock that they later buried before a football game.



Seniors proudly carry their winning hall decorations, with the theme of Moulin Rouge, on to the field at the Homecoming game. The class of 2006 last won hall decorations their freshman year.

LOOKING BACK...

THE SENIOR CLASS OF 2006 LEFT MORE THAN JUST AN IMPRESSION

Throughout the past four years of high school, the Class of 2006 went through countless ups and downs together. Going back to freshman year, there were the sniper attacks. Unfortunately, these attacks led to postponing the homecoming game.

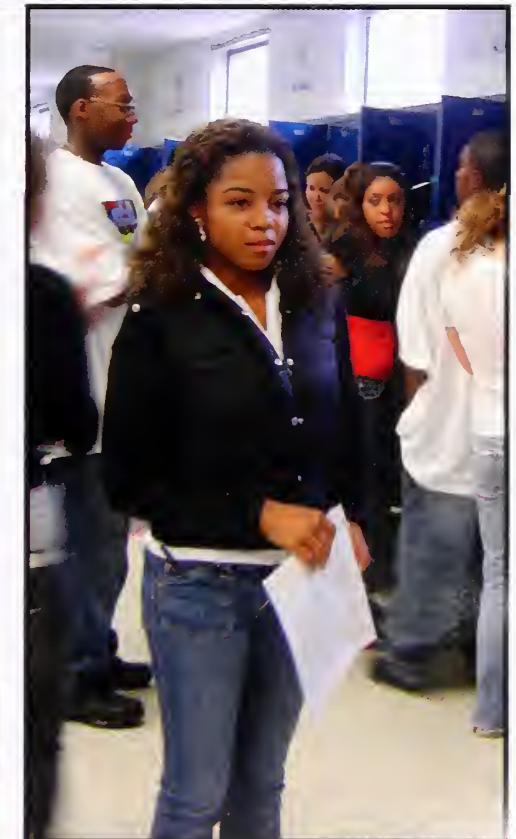
Speaking of homecoming, one memory that lasted from the sophomore year Pep Rally was when Principal Gregg Robertson did "the worm." Administrator Colin Brown called what Robertson did, "Awesome! I could tell everyone really enjoyed that."

Junior year consisted of a handful of events

no one will soon forget. To start off, there was winning three district championships in one day (field hockey, indoor, and outdoor track). In addition, a breakdance competition broke out during second lunch between senior Phi Tran and Robertson. Once again the school eagerly watched their principal do his thing.

Over the past four years, this unique class has portrayed their close knit friendships and unbreakable bonds through every memorable event that occurred in or out of school.

-Angie Goddard, '06





Valentina
Abrego



Kwaku
Agyapon



Mohammad
Ahmed



Maria
Amaya



Lisley
Anco-Chumpitaz



Gregory
Anderson



Victoria
Anderson



Ariel
Andrade



Luke
Angle



Edith
Arandia



Evelyn
Argueta



Adel
Ariston



Shirley
Arteaga



Lauren
Ashley



Kathryn
Barge



Purnima
Barua



Kristen
Beales



Jessica
Beck



Stephanie
Bellevue



Matthew
Beverly



Brian
Blase



Shannon
Blyther



David
Bodner



Arturo
Bohorquez



Ellen
Boryan



Nour
Bouadis



Cephais
Bouey



Elliot
Brawner



Thomas
Brigham



Andrew
Brown



Kent
Burman



Tyler
Buxton



Daniel
Cackley



Catlynn
Cain



Mara
Camacho-Roas



Indira
Campos



Erick
Canales



Kristopher
Candelas-Bush



Paul
Capetanakis



Victoria
Carter



Amanda
Case



Nicole
Cathell



Cintia
Celis



Vanessa
Chapman



Maria
Chavez



Sumiti
Chopra



Anna
Christensen



Karina
Claure-Soto



Silvia
Claure-Soto



Rebecca
Cohen



Walter
Coleman



Bruce-Rashad
Copening



Jason
Coreas



Audra
Costlow



Sophia
Crivella



Ethan
Cromartie



Zachary
Cross



Miriam
Cross-Cole



Skharlenth
Cuellar



Shawn
Curran



Samantha
Curtis



Jesse
Cyran



Alexandra
Dahlstrom



Russell
Dawson



Carly
Dean



Melat
Demeke



Sally
Dijkerman



Kaitlin
Dinan



Laura
Dinardo



Theodore
Dismans



Jocelyn
Dorfman



John
Dorsey



Allen
Dunn



Charles
Ebert



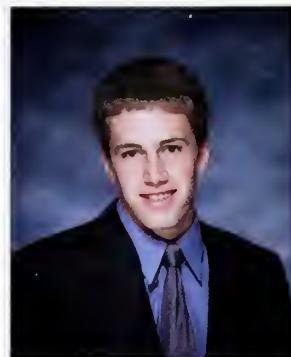
Irania
Escalante



Darren
Estes



Jillian
Evans



Samuel
Farber



Rebecca
Fearing



Jeff
Fernandez



Adam
Fix



Alison
Foley



Jovelita
Fonseca



Hector
Garcia



Juan
Garcia



Latoya
Gaskill



Jose
Gavidia



Rheannin
Geis



Kelly
Geraldiso



Aleshadye
Getachew



Samuel
Gilbert



Alcina
Ginger



Sarah
Ginsberg



Luis
Giraldo



Angelina
Goddard



Mayra
Gomez



Adriana
Gonzales



David
Greenawald



Michael
Gregerson



Hayley
Grinder



Julio
Guardado



Lisa
Hamilton



Samuel
Hanft



Javier
Hernandez



Joseph
Hershkowitz



Timothy
Hirama



Marianne
Ho



Aurora
Hong



Mashhuda
Hussain



Emily
Huston



Francesca
Ioffreda



Vanessa
Iriarte-Maldonado



Christopher
Irick



Kailyn
Jackson



Marcus Charles
Jackson



Sarah
Jackson



Ashley
Jacoby



Allison
Jordan



Laura
Karl



Rebecca
Kelley



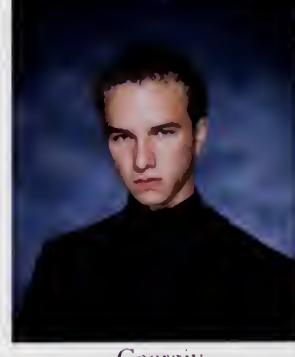
Kevin
Kiem



Jeremy
Kluttz



Tyler
Kudravetz



Georgiy
Kuznetsov



Nora
Kyles



Julie
Lang



Julia
Layton



Gregory
Leahy



Charles
Leeds



Mia
Lewis



Hahn
Liu



Nuwanti
Liyanage



Luis
Lobo-Ustariz



Patrick
Lyon



Catherine
MacDonald



Virginia
Macekura



Juan
Maida



Carina
Mamani



Colton
Martin



Laura
Martin



Michelle
May



Catherine
McDaniel



Joshua
McDaniel



Laura
Means



Pallavi
Mehra



Melissa
Melgar-Vaca



Angie
Mendoza



Deiry
Mendoza



Ellen
Mendyk



Brenda
Mercado-Salas



Yodit
Mezgebu



Daniel
Michaelson



Colin
Million



Folashade
Modupe



Faizan
Mohammad



Samuel
Monfort



Patrick
Moran



Heather
Morando



Mauricio
Moreno



Shari
Morris



Laura
Mortensen



David
Muffley



Nargis
Mughal



Romina
Munoz-Loza



Sarah
Murphy



Khadija
Musa



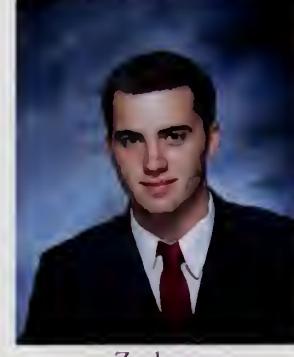
Elise
Napolitano



Shasif
Naseer



Clara
Nawsheet



Zachary
Needham



Sophia
Nguestan



Duy
Nguyen



Collin
Nicholas



Preston
O'Shea



Alexander
Oberg



Hillary
Obrand



Miguel
Ocampos



Juan Carlos
Ortega-Santiesteban



Adam
Osman



Stephanie
Paredes



Guy
Parkhomenko



Joseph
Payne



Anna
Paz



Beronica
Perez



Janett
Perez



William
Peters



Antoine
Pho



Carl
Pierre



Gabrielle
Plotkin



Joshua
Pocock



Victoria
Preloh



Ryan
Probasco



Keshonda
Pyos



Vilma
Quiroa



Kashif
Qureshi



Sahen
Rahman



Jorge
Ramirez



Elbia
Ramos



Mudib
Rawoot



Robert
Reddoor



Robert Michael
Reyes



Kathleen
Riley



Mariela
Rios



Mayra
Rivas



Blanca
Rivera-Pineda



Amber
Robey



Matthew
Robinson



Javier
Roncal



Julian
Rude



Camila
Ruiz



Ernesto
Ruiz



Kristoffer
Runevald



Keith
Sado



Wanda
Salinas



Nelson
Salmeron



Ihanna
Sanchez Aquino



Francis
Santiago



Alvaro
Santillan



Natalie
Sapp



Seddhamanier
Sarik



Jonathan
Scheer



Wesley
Scholl



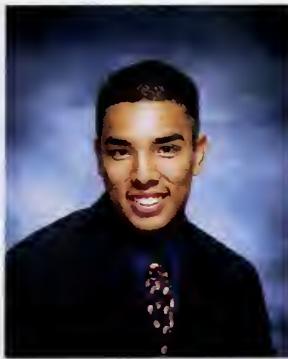
Ryan
Schuyler



Colman
Schwartz



Alexander
Seamens



Remell
Segovia



Michael
Selig



Safwan
Shahriar



Akanksha
Sharma



Jill
Shirey



Stephanie
Shoemaker



Rachel
Siemon-Carome



Octavia
Silva



Charles
Simkin



Kathleen
Sims



Brittany
Smallwood



Allison
Smith



Tegan
Sockwell



Alexis
Solheim



Dulce
Soto-Perez



Whittani
Spinner



Michael
Spriggs



Alexander
Srisuwant



Joseph
St. Pierre



Landon
Stanford



Helen
Stehm



Kevin
Stroop



Shazia
Tara



Virginia
Taylor



Lauren
Tessauro



Eden
Tinsley



Victoria
Townsend



Phi
Tran



Renee
Tran



Sally
Traynham



Jose
Trejo-Chavez



Herve
Tshibangu



Anne
Tucker



Katie
Uze



Jorge
Valenzuela-Molina



Vanessa
Vargas



Veronica
Vargas



Shivam
Vashi



Estefania
Vidal Perez



Cristhian
Villarroel



Sergio
Villarroel



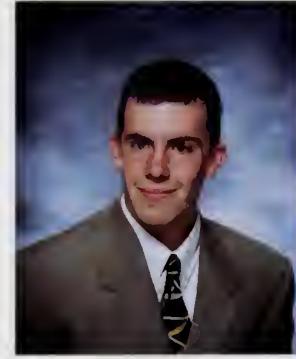
Marvin
Villatoro



John
Vu



Randy
Waller



Samuel
Walsh



Amy
Walton



Jillian
Walton



Liam
Ward



Laura
Wegner



Kristyn
Wharton



Gabriel
Whitters-Russell



Celeste
Williams



Tia
Williams



Pamela
Wolf



Alexandra
Woodbury



Lydia
Yimer



Fawad
Younis



Daniel
Zeese



Yesenia
Zelaya



Ryan
Zellman

....Signatures....

Senior



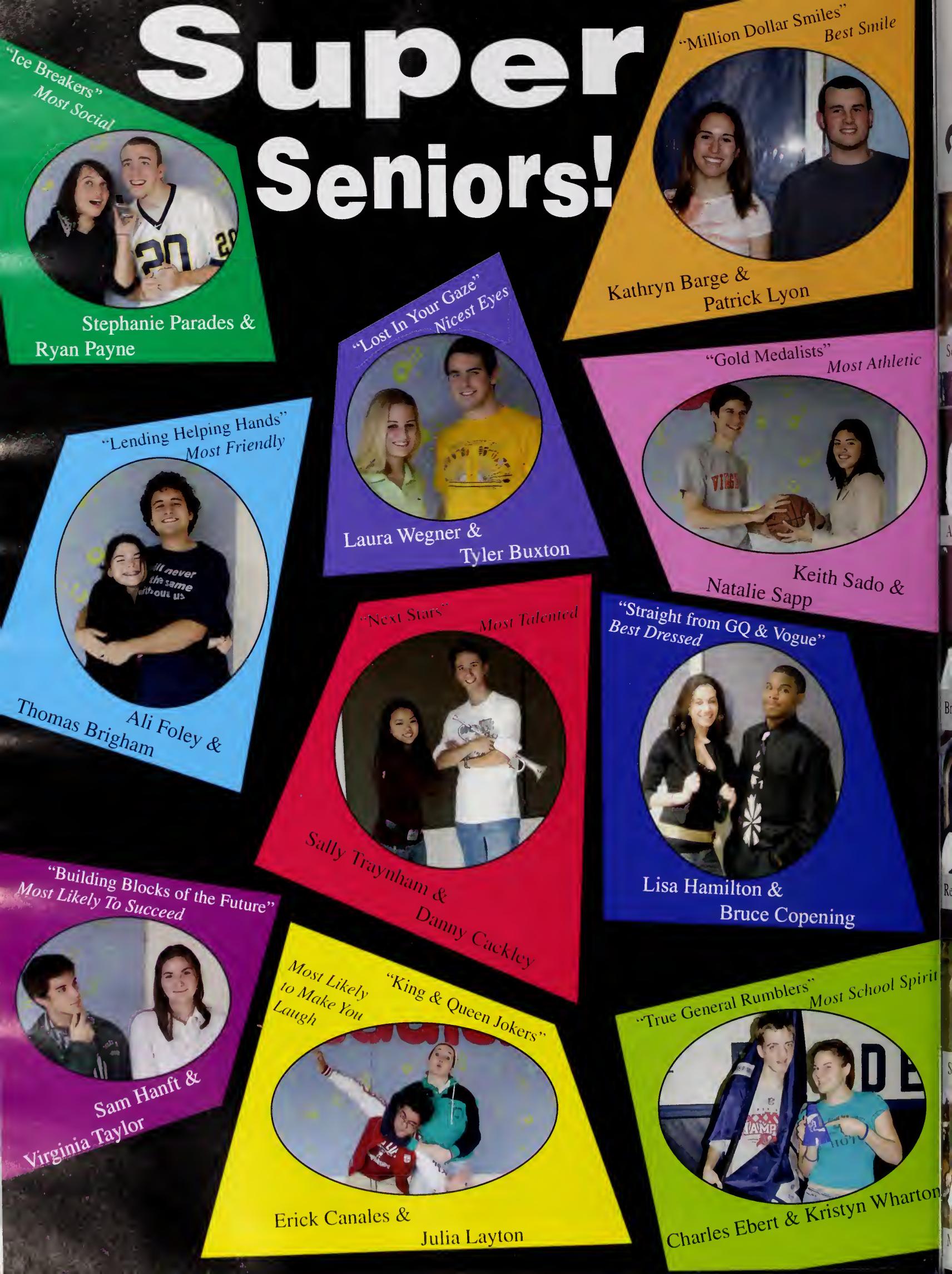
20

CLASS



06

Super Seniors!



2006



Lisley Anco



Evelyn Argueta



Shirley Arteaga



Lauren Ashley



Kathryn Barge



Sophia Crivella



Audra Costlow



Bruce Copening



Rebecca Cohen



Sumiti Chopra



Maria Chavez



Nicole Cathell



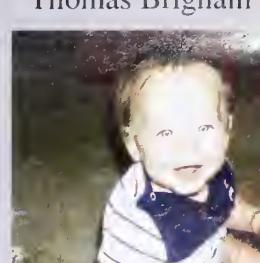
Amanda Case



Catlynn Cain



Daniel Cackley



Tyler Buxton

Senior Quotes

Safwan Shahriar: "A man is not the product of his thoughts; what he thinks, he becomes."

~Mahatma Ghandi. **Allison Smith:** "Today is where your book begins; the rest is still unwritten." ~Natasha Bedingfield. **Lisley Anco:** "Men are born to succeed, not fail." ~Anonymous.

Carly Dean: "Be who you are and say what you feel because those who mind don't matter and those who matter don't mind." ~Dr. Seuss. **Alexander Srisuwan:** "We got a good thing going and I don't want to see it end." ~Reel Big Fish. **Sarah Jackson:** "Rivers know this: there is no hurry. We shall get there some day." ~Winnie the Pooh. **Robert Reddoor:** "Normal people see the normal, the insane see the exceptional." ~Himself. **Julie Lang:** "And in the end, it's not the years in your life that count. It's the life in your years." ~Abraham Lincoln. **Gregory Leahy:**

"A life spent playing hockey is time well spent." ~Sidney Crosby. **Brian Blasé:** "...But your thoughts will soon be wandering, the way they always do." ~Bob Seger. **Rebecca Cohen:** "I don't get it..." ~Herself. **Adam Osman:** "The less effort, the faster and more powerful you will be." ~Bruce Lee. **Julian Rude:** "Me fail English? That's impossible!" ~Ralph Wiggum.

Francis Santiago: "Life's too short to be a spectator, get in the game." ~Michael Jordan. **Luis Giraldo:** "I don't break hearts, I fix them." ~Anonymous. **Sumiti Chopra:** "With the new day comes new strength and new thoughts." ~Eleanor Roosevelt. **Patrick Lyon:** "Friendship...is not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything." ~Muhammad Ali. **Catherine McDaniel:** "I could give up chocolate, but I'm not a quitter." ~Anonymous. **Marianne Ho:** "Questions of science, science and progress do not speak as loud as my heart." ~Coldplay. **Jason Coreas:** "Impossible is nothing." ~Anonymous. **Juan Maida:** "Sometimes I think this cycle never ends. We slide from top to bottom, then we turn and climb again." ~Anonymous. **Robert Reyes:** "It's choice, not chance, that determines your destiny." ~Anonymous. **Anna Paz:** "A ring is round. It turns forever, and that's how long we'll be together." ~Anonymous. **Indira Campos:** "The world is yours." ~Tony Montana. **Virginia Macekura:** "So it begins..." ~J.R.R. Tolkien. **Amber Robey:** "Life is too short, so love the one you got." ~Sublime. **Preston O'Shea:** "If it's worth chasing, start running now." ~Anonymous. **Aurora Hong:** "Arise from ashes." ~Dad. **Laura Mortensen:** "Don't let life pass you by." ~Anonymous. **Jocelyn Dorfman:** "Do not follow where the path may lead. Go instead where there is no path and leave a trail." ~Ralph Waldo Emerson. **Frank Aylas:** "Te voy a pagar con mi chancla." ~Anonymous. **Jorge Ramirez:** "It don't stop till the casket drop." ~Bizzy Bone. **Carina Mamani:** "Take advantage of what you got, cause you never know what you'll lose tomorrow." ~Herself. **Colton Martin:** "Veni, Vini, Veci." ~Julius Caesar. **Rebecca Fearing:** "This is the way the world ends; not with a bang, but a whimper." ~T.S. Eliot. **Georgiy Kuznetsov:** "Live it up!" ~Himself. **Jillian Evans:** "No one can make you feel inferior without your consent." ~Eleanor Roosevelt. . **Catherine MacDonald:** "There will never be another fish like you." ~Yakima. **Rheannin Geis:** "People call me a feminist whenever I express sentiments that differentiate me from a doormat." ~Rebecca West. **Victoria Anderson:** "Plan for tomorrow, but live for today." ~Unknown. **Samuel Monfort:** "There's never enough time to do all the nothing you want." ~Calvin.



David Bodner



Ellen Boryan



Nour Bouadis



Cephais Bouey



Thomas Brigham



Ethan Cromartie



Miriam Cross-Cole



Samantha Curtis



Jesse Cyran



Alexandra Dahlstrom



Carly Dean



Angelina Goddard



Sarah Ginsberg



Hector Garcia



Allison Foley



Adam Fix



Rebecca Fearing



Samuel Farber



Jillian Evans



Allen Dunn



Jocelyn Dorfman



Eddie Dolin

Senior Quotes

Tyler Kudravetz: "Just breathe." ~Drew Barrymore in Ever After. **Jessica Beck:** "Now it's the time to get out of this desert and into the sun." ~Nate Ruess. **Amy Walton:** Party Hard!" ~Herself. **Ryan Payne:** "Alright guys, from now on I'm 100% man." ~Tyler Buxton. **Alcina Ginger:** "Imagination is more important than knowledge." ~Einstein. **Liam Ward:** "Yeah...Whateva!" ~Liam Lynch. **Phi Tran:** "Uhh...yeah..." ~Himself. **Laura Karl:** "Life is like a box of chocolates..." ~Tom Hanks in Forest Gump. **Virginia Taylor:** "It's a great day to be alive." ~Travis Tritt. **Kathleen Riley:** "Do people keep cliché thesauruses around for times like this?" ~Josh Lymon in The West Wing. **Jillian Walton:** "Vivamus atque amemus." ~Gaius Vallerius Catullus. **Ashley Jacoby:** "Love is doing small things with great love." ~Mother Theresa. **Ethan Cromartie:** "I've missed 9,000 shots in my career. I've lost almost 300 games. 26 times, I've been trusted to take the game-winning shot and missed. I've failed over and over and over again in life. And that's why I succeed." ~Michael Jordan. **Charles Ebert:** "You can't see the Generals' Rumble!" ~Himself. **Karina Claure-Soto:** "Everything happens for a reason." ~Herself. **Alexander Oberg:** "The time you enjoy wasting is not wasted time." ~Bertrand Russell. **Michelle May:** "Chick do what you do." ~Herself. **Daniel Cackley:** "It's the way the chords struck with the rhymes, so let your troubles roll by." ~Carbon Leaf. **Sam Hanft:** "What a waste it is to lose one's mind. Or not to have a mind is being very wasteful. How true that is." ~Dan Quayle. **Pallavi Mehra:** "You have to dream before your dreams can come true." ~Abdul Kalam. **Melat Demeke:** "In order to succeed, your desire for success should be greater than your fear of failure." ~Bill Cosby. **Adriana Gonzales:** "When in doubt..." ~Nana. **Kristyn Wharton:** "Even when I'm old and gray, I won't be able to play it, but I'll still love the game." ~Michael Jordan. **Ryan Schuyler:** "All in all, it's just another brick in the wall." ~Pink Floyd. **Kashif Qureshi:** "To myself I am only a child playing on the beach, while vast oceans of truth lie undiscovered before me." ~Isaac Newton. **Laura Martin:** "Blame it on a simple twist of fate." ~Bob Dylan. **Shirley Arteaga:** "...but you don't understand..." ~Herself. **Silvia Claure-Soto:** "You can't make someone love you, all you can do is love someone who can be loved, the rest is up to them." ~Anonymous. **Ervin Nogales:** "The greatest glory is not in never falling, but in rising every time you fell." ~Anonymous. **Walter Coleman:** "You only get one life to live, live it up." ~Anonymous. **Bruce Copening:** "There he is...There he is!" ~Himself. **Keshonda Pyos:** "Yesterday is but a dream, and tomorrow is only a vision, but today well-lived makes every yesterday a dream of happiness and every tomorrow a vision of hope." ~Anonymous. **Nargis Mughal:** "I don't know the key to success but the key to failure it trying to please everyone else." ~Bill Cosby. **Thomas Brigham:** "Success is in the eye of the beholder." ~Dresden Dolls. **Sally Dijkerman:** "Not all who wander are lost." ~J.R.R. Tolkein. **Juan Carlos Ortega:** "Hard work and punishment will take you to glory." ~Himself.



Melat Demeke



Sally Dijkerman



Kaitlin Dinan



Laura DiNardo



Theodore Dismans



Eddie Dolin



Adriana Gonzales



Hayley Grinder



Samuel Hanft



Marianne Ho



Aurora Hong



Francesca Ioffreda



Laura Martin



Carina Mamani



Virginia Macekura



Nuwanti Liyanage



Hahn Liu



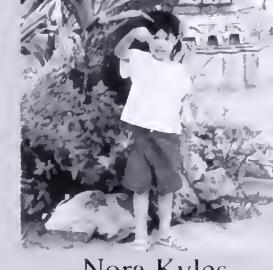
Austin Leeds



Julia Layton



Julie Lang



Nora Kyles



Tyler Kudravetz



Kevin Kem

Senior Quotes

Zachary Needhman: "Life is a beautiful struggle." ~Talib Kweli. **Heather Morando:** "If you look at what you have in life, you'll always have more. If you look at what you don't have in life, you'll never have enough." ~Oprah Winfrey. **Jeremy Kluttz:** "Life's not fair, but balanced." ~Himself. **Claudia Mendoza:** "God is the only way to success." ~Herself. **Mia Lewis:** "We can only be free if we are free to speak the words within our hearts," ~Herself. **Octavia Silva:** "I don't care about pollution; I'm an air conditioned gypsy." ~The Who. **Alvaro Santillan:** "Not everything that shines is gold." ~Anonymous. **Lisa Hamilton:** "What good is it to live with nothing left to give, forget but not forgive, not loving all you see." ~Coldplay. **David Greenawald:** "Djembe." ~Anonymous. **LaToya Gaskill:** "There's something wrong here?!" ~Dr. Henry Lee. **Marcus Jackson:** "Time is what you can never earn, yet learn too late to save." ~Anonymous. **Sahen Rahman:** "It's the repetition of affirmation that leads to belief. And once that belief becomes a deep conviction, things begin to happen." ~Muhammad Ali. **Francesca Ioffreda:** "Dream as if you'll live forever. Live as if you'll die today." ~Kenny Chesney. **Michael Selig:** "Live life to the fullest, because today does not promise tomorrow." ~Anonymous. **Kathleen Sims:** "The miracle isn't that I finished. The miracle is that I had the courage to start." ~John Bingham. **Kaitlin Dinan:** "Mmm...Cake." ~Herself. **Faizan Mohammad:** "No man is bad in this world, only time can make him that way." ~Anonymous. **Hillary Obrand:** "Better to do something imperfectly than to do nothing flawlessly." ~Robert Schuller. **Estefania Vidal:** "The distance between two hearts is not an obstacle; rather a great reminder of just how strong true love can be." ~Anonymous. **Ellen Boryan:** "Decide that you want it more than you're afraid of it." ~Bill Cosby. **Colin Million:** "I was reading the article." ~Pierre Saddi. **Remell Segovia:** "It's the artist who uses every color that makes his own unique style." ~Himself. **Yesenia Zelaya:** "There are no secrets to success. It is the result of preparation, hard work, and learning from failure." ~Colin Powell. **Laura Wegner:** "Life is not measured by the breaths we take, but by the moments that take our breath away." ~Anonymous. **Gabriel Whitters-Russell:** "Just trying to be that guy." ~Himself. **Sarah Murphy:** "The will to win is grossly overrated. The will to prepare is far more important." ~Bob Knight. **Ryan Probasco:** "What people say you cannot do, you try and see that you can." ~Henry David Thoreau. **Helen Stehm:** "Live. Laugh. Love." ~Anonymous. **Nuwanti Liyanage:** "People take different roads seeking fulfillment and happiness. Just because they are not on your road doesn't mean they've gotten lost." ~H. Jackson Brown Jr. **Vanessa Chapman:** "Be happy for the things you have today, and be grateful for the things tomorrow will bring." ~Herself. **Lydia Yimer:** "Time is the most valuable thing you can own, but time spent with family and friends is time gained in the end." ~Herself. **Antoine Pho:** "You have to expect things of yourself before you can do them." ~Michael Jordan.



Marcus Jackson



Sarah Jackson



Allison Jordan



Laura Karl



Rebecca Kelley





Michelle May



Catherine McDaniel



Joshua McDaniel



Angie Mendoza



Ellen Mendyk



Brenda Mercado



Ryan Payne



Stephanie Paredes



Preston O'Shea



Hillary Obrand



Alexander Oberg



Collin Nicholas

Senior Quotes

Angie Mendoza: "I will never call you my friends because you know what they say, a friend is a fiend with an 'r'; it's either I know you or we're tight." ~Innocent. **Anna Christensen:** "It's okay, I'm Norwegian." ~Herself. **Mayra Rivas:** "Love doesn't make the world go round; love is what makes the ride more worthwhile." ~Franklin P. Jones. **Catlynn Cain:** "Laugh now, cry later! '06 Rocks!" ~Herself. **Alexis Solheim:** "These are great days we're living." ~Full Metal Jacket. **Christopher Irick:** "You fly like a ghost through my surroundings. You looked like a good idea from far away. You flutter like a moth through all my soft thoughts. You write good books. You drive the flies away." ~Jamie Green. **Anne Marie Tucker:** "A woman who is convinced that she deserves to accept only the best, challenges herself to give the best, then she is living phenomenally." ~Maya Angelou. **Shawn Tshibangu:** "I would like to be remembered as the one who gave all he had on the football field." ~Himself. **Rachel Siemon-Carome:** "Rule #1 – Never Leave a Fellow Crasher Behind." ~Wedding Crashers. **Tia Williams:** "I don't walk around tryin' to be what I'm not, I don't waste my time tryin' to get what you got, I work at pleasing me, and not satisfyin' you. Now that's who I am and what I do." ~Herself. **Lauren Tessauro:** "Love me when I deserve it least, as that is when I'll need it most." ~Anonymous. **Angelina Goddard:** "You've got to trust your instincts and let go of regret." ~311. **Javier Roncal:** "I'm a good man with good intentions, though I leave bad impressions." ~Lil Rob. **Kwaku Agyapon:** "A dispute between brothers is not to be settled by the king." ~Kwame Nkrumah. **Cephais Bouey:** "Only in quiet waters do things mirror themselves undistorted, but only in the quiet mind is an accurate perception of the world." ~Brandon Shaw. **Naiviv Sillerico:** "Be every color that you are!" ~Ali & A.J. **Allison Jordan:** "What lies behind us and what lies ahead of us are tiny matters compared to what lives within us." ~Henry David Thoreau. **Jill Shirey:** "A person who knows how to laugh at themselves will never cease to be amused." ~Shirley MacLaine. **Nelson Salmeron:** "We make a living by what we get, but we make a life by what we give." ~Anonymous. **Sarah Ginsberg:** "That sound – you know that boom? That's my mind blowing." ~Marshall. **Jesse Cyran:** "Love: Two minds without a single thought." ~Philip Burry. **Manier Sarik:** "To accomplish great things we must not only act, but also dream; not only plan, but also believe." ~Anatole France. **Hector Garcia:** "Music is the divine way to tell beautiful, poetic things to the heart." ~Pablo Casals. **Nora Kyles:** "Life without love is like a tree without blossoms or fruit." ~Kahlil Gibran. **Aleshadye Getachew:** "Don't be afraid to give up the good to go for the great." ~John P. Rockefeller. **Carl Pierre:** "If you were a booger, I would pick you first." ~Anonymous. **Adam Fix:** "If you like laws and sausages, never watch them being made." ~Olu von Bismarck. **Alexandra Dahlstrom:** "The secret of health for both mind and body is not to mourn the past, worry about the future, or anticipate troubles, but to live in the present moment wisely and earnestly." ~Buddha.



Daniel Michaelson



Colin Million



Folashade Modupe



Faizan Mohammad



Samuel Monfort



Sophia Nguessan



Elise Napolitano



Sarah Murphy



Heather Morando

Patrick Moran



Janett Perez



Antonie Pho



Gabrielle Plotkin



Keshonda Pyos



Jorge Ramirez



Mayra Rivas



Allison Smith



Brittany Smallwood



Octavia Silva



Rachel Siemon-Carome



Jill Shirey



Akanksha Sharma



Alexander Seamens



Ryan Schuyler



Wesley Scholl



Manier Sarik



Natalie Sapp

Senior Quotes

Tamir Vaanjilnorov: "Enjoy and cherish every moment of your life, because you can never come back to it." ~Anonymous. **Allen Dunn:** "Why yell? Cause God's way the hell up there!" ~Homer Simpson. **Andrew Brown:** "Remember the Alamo." ~Mr. Albers. **Luke Angle:** "Cold silence has a tendency to atrophy any sense of compassion between supposed brothers." ~May Round James Keenan. **Kathryn Barge:** "Why walk when you can fly?" ~Mary Chapin Carpenter. **Nour Bouadis:** "If you look at what you have in life, you'll always have more. If you look at what you don't have in life, you'll never have enough." ~Oprah Winfrey. **John Vu:** "Randomness is the key to enlightenment." ~Himself. **Sam Gilbert:** "You don't need a weather man to know which way the wind blows!" ~Bob Dylan. **Emily Huston:** "It's not always rainbows and butterflies; it's compromise that moves us along." ~Maroon 5. **Audra Costlow:** "True terror is to...discover that your high school class is running the country." ~Kurt Vonnegut. **Folashade Modupe:** "They weren't cows inside. They were waiting to be but they forgot. Now they see the sky and they remember what they are." ~River Tam. **Purnima Barua:** "Where words fail, music speaks." ~Hans Christian Andersen. **Gabrielle Plotkin:** "Reality leaves a lot to the imagination." ~John Lennon. **John Dorsey:** "I am that is." ~Martin the Warrior. **Nicole Cathell:** "Would the boy you were be proud of the man you are?" ~Laurence J. Peter. **Wesley Scholl:** "The brain is a wonderful organ; it starts working the moment you get up in the morning and does not stop until you get into the office. ~Robert Frost. **Sophia Nguessan:** "Success is not final, failure is not fatal; it is the courage to continue that counts." ~Winston Churchill. **Dulce Soto:** "Believe in yourself." ~Herself. **Alison Foley:** "Am I original? Yeah. Am I the only one? Yeah." ~The Backstreet Boys. **Vanessa Vargas:** "Some cause happiness wherever they go; others, whenever they go." ~Oscar Wilde. **Kevin Kem:** "Only those who can accept failure will succeed." ~Anonymous. **Daniel Zeese:** "If I were any older, I would act my age." ~Amanda Palmer of the Dresden Dolls. **Julio Guardado:** "We all choose our own destiny even when we don't do it; that's already a choice." ~Anonymous. **Brenda Mercado:** "Remember my name, remember my face, cause there isn't another woman that can take my place." ~Anonymous. **Christine Ndege:** "Never pick a fight with an ugly person, they've got nothing to lose." ~Mr. Tall, Dark, and Handsome. **Veronica Vargas:** "Hate to love and love to hate me." ~Charlie Chaplin. **Kevin Stroop:** "Applaud friends, the comedy is over." ~Ludwig Van Beethoven. **Darren Estes:** "All that is gold does not glitter; not all those who wander are lost." ~J.R.R. Tolkein. **Kelly Geraldiso:** "Share your smile with everyone, but share your love with only one." ~Anonymous. **Coley Schwartz:** "You can pick your nose, and you can pick your friends, but you can't pick your friend's nose." ~Anonymous. **Sam Walsh:** "You can't be wise and in love at the same time." ~Bob Dylan. **Miriam Cross-Cole:** "Be kind to me, or treat me mean, I'll make the most of it. I'm an extraordinary machine." ~Fiona Apple.



Amber Robey



Julian Rude



Camilla Ruiz



Keith Sado



Francis Santiago



Dulce Soto



Whittani Spinner



Helen Stehm



Shazia Tara



Virginia Taylor



Lauren Tessauro



Daniel Zeece



Lydia Yimer



Alexandra Woodbury



Tia Williams



Gabriel Whitters-Russell



Kristyn Wharton



Liam Ward

Senior Quotes

Irania Escalante: "Worry gives a small thing a big shadow." ~Swedish Proverb. **Tyler Buxton:** "Alright, so I owe you \$22 rent for Kentucky Avenue? I'll give you \$16.50. Take it or leave it." ~David Bodner. **Adel Ariston:** "Courage is simply a decision." ~Himself. **Jonathan Scheer:** "Well, let's start the insanity." ~Jerry Seinfeld. **Hahn Liu:** "As soon as you're born you start dying, so you might as well have a good time." ~Cake. **Karena Kuo:** "Two things are infinite, the universe and human stupidity; I'm not sure of the former." ~Einstein. **Keith Sado:** "I'm telling you things are getting out of hand, or maybe I'm discovering that things were never in my hands." ~Anonymous. **Amanda Case:** "Heaven's not a place that you go when you die. It's that moment in life when you actually feel alive. So live for the moment and take this advice, live by every word. Love is just a hoax so forget anything that you have heard and live for the moment now." ~The Spill Canvas. **Erick Canales:** "I don't believe in role models, but if I do, then I'm mine." ~Common. **Rheannin Geis:** "People call me a feminist whenever I express sentiments that differentiate me from a doormat." ~Rebecca West. **Shazia Tara:** "Friendship often ends in love, but love in friendship – never." ~Charles Colton. **Pamela Wolf:** "Be the change you wish to see in the world." ~Muhatma Ghandi. **Maria Chavez:** "If you love somebody, let them go. If they return, then they truly love you." ~Anonymous. **Jovelita Fonseca:** "Some people come into our lives and quickly go. Others stay for a while, leaving footprints in our hearts and we are never quite the same." ~Anonymous. **Kent Burman:** "Gotta catch 'em all." ~Pokemon. **Paola Mejia:** "God never gives you more than what he knows you can handle." ~Anonymous. **Mayra Gomez:** "You've got to stand for something, or you will fall for anything." ~Anonymous. **Shawn Curran:** "Old times never come back, and I suppose it's just as well. What comes back is a new morning, every day, in a new year, and that's better." ~George E. Woodberry. **Shazhou Feng:** "People around the world should rise up and wipe out American Imperialism." ~Mao Zedong. **Catherine MacDonald:** "There will never be another fish like you." ~Yakima. "Run, jump, see the world, love, meditate, milla dog schology, don't become psycho, and live to your fullest. Keep it real. ~Daniel Michaelson. **Kailyn Jackson:** "A failure is someone who doesn't try." ~Anonymous. **Bill Peters:** "I'm always ready to learn, although I am not always ready to be taught." ~Winston Churchill. **David Bodner:** "The road less traveled is traveled for a reason." ~Jerry Seinfeld. **Stepha nie Paredes:** "I hope the leaving is joyful and I hope never to return." ~Frida Kahlo. **Katie Uze:** "Life's not about waiting for the storm to pass...it's about learning to dance in the rain." ~Unknown. **Hayley Grinder:** "I love this crazy, tragic, sometimes almost magic...awful, beautiful life." ~Darryl Worley. **Rebecca Kelley:** "Reputation is what other people know about you. Honor is what you know about yourself." ~Lois McMaster Bujold. **Mohammed Ahmed:** "Absence is to love what wind is to fire; it extinguishes the small, it enkindles the great." ~Comte De Bussy Rabutin. **Janet Perez:** "The poor man is not he who is without a cent, but he who is without a dream." ~Harry Kemp. **Lisa Moya:** "Life is a risk, lived as full as you can." ~Unknown. **Julia Layton:** "Your enthusiasm shocks me." ~Herself. **Austin Leeds:** "Refull the flagon of chuckles!" ~Patton Oswalt. **Victoria Townsend:** "Meddle not in the affairs of dragons for thou art crunchy and good with ketchup." ~Unknown.



Eden Tinsley



Sally Traynham



Shawn Tshibangu



Anne Marie Tucker



Yesenia Zelaya



Ryan Zellman



Caitlin Uze



Samuel Walsh



Jillian Walton



Estefania Vidal

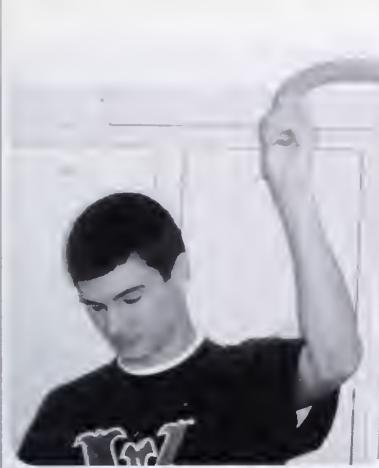
Juniors

Juniors are
Rock Solid

"Even though I have had a tough time in some of my classes, I have great friends to help me through it all and I know that the friends I have now will be my friends forever," said Junior Sarah Zugschwerdt.

Junior year is a step closer to senior year, and that means high school is almost over for this class. Notably the toughest year in high school, this class embraced the challenges of their third year and welcomed their fourth.

-Sarah Michaelson, '08



Juniors.....Rock Solid

Bethlehem Abebe
Margalit Abecia
Tsege Hana Abner
Sujan Adhikari
Liliana Aguirre
Reed Aiken



Feroz Alam
Mustafa Al-Jazairi
Katlyn Allmon
Matthew Almquist
Carmen Alvarenga
Anna Amaya



Miguel Anco-Chumpitaz
Tomas Andrades-Lopez
Herbert Arandia-Rojas
Julio Arguello
Ming Wai Au
Abdul Azeem-Akram



Sahar Aziz
Mackenzie Baker
Katherine Barno
Xiomara Barrera-Montiel
Jack Barua
Kingsuk Barua



Partha Barua
Sarmila Barua
Bilguun Bataa
Raul Bautista-Lopez
Melvin Bentley
Zechariah Bergena



Antonio Bethea
Nicholas Birasa
Faith Blanco
Erika Blankenship
Demetric Blyther
Jeanne Boone



Violeta Borda-Contreras
Jessica Briley
Stephen Britt-Crane
Jonathan Brown
Joshua Brown
Stephen Browning



Elizabeth Buergler
Daniella Burgos
Elizabeth Burman
Daniel Burns
Tsenguu Byambajav
Christina Cabiatu



Juniors.....Rock Solid



Bianca Cadogan
John Cambridge
Raul Canelas
Natalie Carver
Vilma Celis
Patricia Chaupis



Eugene Chigna
Eric Childress
Shammi Choudhury
Susmita Chowdhury
Andrew Cohen
Elise Cohen



Jesse Collins
Michael Conrad
Jennifer Cook
Jonathan Cordero
Samuel Cristea
Kevin Cronin



William Cullin
Jeanette Dabrowski
Baasan Dagva
Patricia David
Caitlin Davies
Katelyn Davis



Monica Day
Emmanuel Deleon
Brian Delp
Selam Desta
Adolfo Dheming
Stephen Dial



Daniel Diethorn
Amira Dirgham
Bridgit Donnelly
Peter Dudka
Oyun-Erdene Dulamsuren
Stephen Dunlap



Anne Eddy
Carleigh Edwards
Eileen Egan
Belgutei Elbegjargal
Molly Engelman
Kaitlin Essig



Julie Evans
Raquel Farah-Robison
Mohammad Faruk
Carlos Figueroa-Ramirez
Anoud Fikru
John Fitzgerald

Juniors.....Rock Solid

Hector Flores
Oscar Fundora
Luz Garcia
Carlos Garcia-Flores
Maximillian Garland
Zachary Gasper



Steven Getz
Larissa Gibbs
Max Gilbert
Chelsea Gilmour
Belayneh Girma
Vilma Giron



Edgar Gomez
Brayan Gonzalez
Rachel Gottfried
Michael Grant
Lara Grantham
Rachel Green



Caroline Griffith
Blanca Guardado
Sidisse Gudeta
Ribka Gugasa
Mutlu Gunduz
Peter Gurney



Diego Gutierrez
Erlan Guzman
Callandus Hairston
Colin Harding
Brian Harris
Odalis Hernandez



Nelson Hernandez Martinez
Anne Hollwedel
Sara Holsten
Sherrod Hood
Jovan Howard
Dolores Huberts



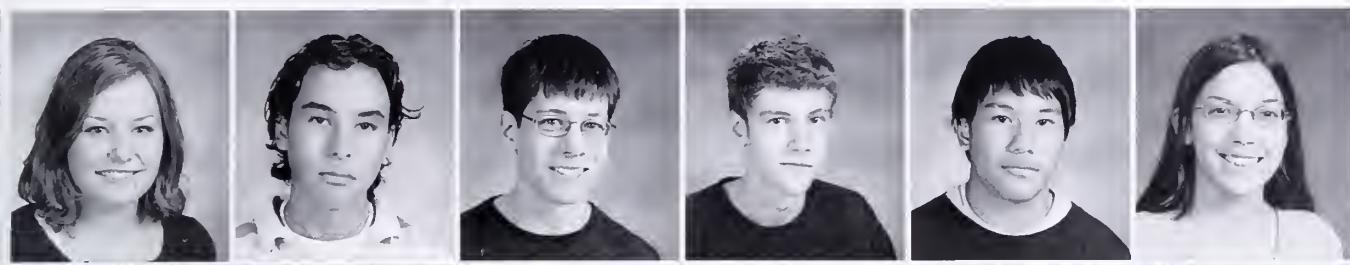
Allison Hunn
Darby Hutchinson
Alexander Hyde
Azhar Iqbal
Kyle Jackson
Andrea Jaimes



Claudia Jaldin
Jennifer Jandris
Yon Jardines-Gomez
Rupert Jennings
Owen Johnson
Nicholas Jones



Juniors.....Rock Solid



Annica Juergens
Mittsu Justiniano Suarez
David Kamensky
Vadim Karev
Thomas Keosipanya
Chelsea Ketchum



Sajid Khan
Sophia Khan
Orkhon Khishigjargal
Marta Kidane
Raney Kim
Mosammat Kobra



Sarah Kozyn
Seth Kutner
Genet Lakew
Katherine Lam
Marcos Landivar-Fernandez
David Lemon



Miki Lendenmann
Julia Light
Karen Lithgow
Angel Lizana Berrospi
Daniel Lizik
Christina Lloyd



Jessica Logan
Qing Lu
Ellen Macnamara
Sydney Manor
Samoeun Mao
Dacie Marshall



Mohammad Mashud
Alice Massie
Mykia McBee
Michael McConville
Vinicius McCulloch
Maureen McGonagle



John McGrail
Rene McKinnon
David McNally
Daysi Membreno-Portillo
Emebiet Mengesha
Amanda Merrill



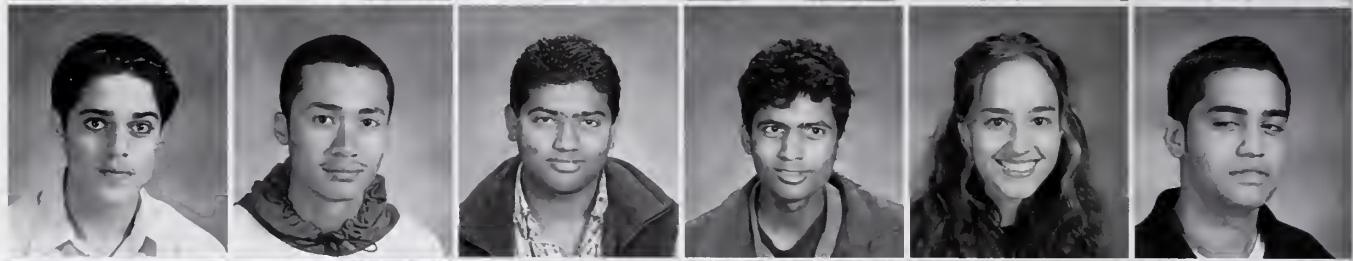
Ariunbayar Mijiddorj
Michael Milano
Henry Million
Robert Mitchell
Jennifer Mofazzal
Christopher Monroy

Juniors.....Rock Solid

Jessica Montufar
Ariel Morales
Raul Morales
Anne Moriarity
Brian Morris
Tomas Morris



Naveed Mughal
Oscar Munoz-Torres
Anawar Munshi
Ashraf Munshi
Josephine Nader
Rishi Nagpal



Lina Nai
Lisa Nguessan
Jackson Nguyen
Jennifer Nguyen
Patrick Nicholas
Ada Rebekka Nielsen



Omega Obiang-Eyang
Franco Ochoa
Jessie Ontiveros
Crystal Orange
Juan Ornelas-Acero
Dan Paddock



Clarissa Palma
Melanie Paret
Ernest Patton
Ryan Patton
Ana Pedraza
Sergio Pena



Limber Perez-Nogales
Michael Petro
Patricia Petronello
Phyllis Petronello
Anthony Phan
Jeffrey Phang



Hiann Pino-Lopez
Stephen Potter
Janelle Prange
Rachel Prentice
Luis Puebla-Garcia
Jessica Quiroa



Julian Ramirez
Nury Ramirez
Alain Ramirez-Lopez
Christian Ramos
Amit Ranga
Tanya Ranz-Thomas



Juniors.....Rock Solid



Bhuvneshwari Raria
Mario Revollo
Meagan Riley
Janice Rincon
Hilda Rios
Lucas Rios



Adam Roddy
Eris Rodriguez
Said Rojas
Santos Rojas
Anthony Roney
Charmaine Rose



Richard Rothwell
Alexandra Roy
Julio Ruano
Kelley Ruble
Sara Saavedra
Selam Sahlu



Mario Samayoa
Cesar Sandoval
Syeda Sanji
Sophia Sarakinis
Seddhamanith Sarik
Vonemany Sarivannara



Alison Scannell
Roxanne Schofield
Eric Sedwick
Caroline Seipp
Patricia Sever
Farhana Shafi



Neha Sharma
Madeline Sharp
Babin Shrestha
Klee Simmons
Deepak Singh
James Skelly



Connor Smith
Latasha Smith
Quacher Smith
Alexandra Soderholm
Anna Soroko
Yenny Soto-Reyes



Vicky Soto-Sanchez
Chez Sparrow
Heather St. Pierre
Virginia Stevens
Caro Stikeleather
Ashley Swain

Juniors.....Rock Solid

Fujiko Tamashiro-Loma
Sherafgan Tareen
Izzet Temel
Gustavo Terrazas-Mollinedo
Cristian Torrez
Rimer Torrico



Jennifer Tran
Alexandra Trofimenko
Julia Trombly
Azmera Tsige
Zolbayar Tsogoo
Nhu-Y Tu



Rockey Turner
Christopher Tyson
Vicente Umanzor
Chhavolak Ung
Gabriel Valdes-Cruces
Tony Valenzuela-Molina



Darwin Vallejos
Alvaro Vega
Marisa Veis
Jose Velis
Kalyse Veney
Christopher Vi



Ludmila Villarroel
Luke Vinson
Michael Vitale
Louis Vuong
Ellen Walker
Lauren Wallace



Sharminck Watson-Franklin
Sarah Weber
Teri Weber
Hilary Webster
Donald Weik
Ashley Wellman



Lea Westrick
Jonathan Whitaker
Ian Whittington
Elizabeth Wicks
David Willard
Darnell Willingham



Rosalie Wind
Mary Wollerton
James Wood
Thomas Woodruff
Daniel Zapata
Rebecca Zapata



Juniors.....Rock Solid

Sarah Zugschwerdt



.....Signatures.....



Juniors Holly Stevens and Lea Westrick share secrets with junior Patrick Nicholas.

Junior Michael Grant, point guard, prepares for an open shot at basketball practice. Grant was one of seven juniors who played varsity basketball. Due to a shoulder injury, Grant was not able to play most of the season.



Juniors Erika Rodriguez and DeWayne Scott chat during seventh period.

JUNIORS GOT SPIRIT!

HOW ABOUT YOU?

Despite the difficult academic schedule, the class of 2007 had all kinds of school spirit. They sponsored fundraisers such as car washes and button sales during spirit week, and sold "New Orleans" style bead necklaces to aid in the relief effort for victims effected by Hurricane Katrina.

Junior Troy Powell said, "I like how involved our class is. We made a lot of money when we sold the beads and really helped the victims."

Junior year was also all about the competition with the senior class. Which class

color stood out the most? Which class olympians came out victorious? With every question came a questionable answer. When one class seemed to be on top, the other was always one step ahead.

However, with this step up came responsibility and maturity. Junior year was notorious for being the hardest academic year, and, yet, it prepared each student for life after high school. Juniors had to strategically balance their school work and their social lives in order to pave a successful path to senior year.

-Crystal Orange, '07



Sophomores

Getting Wise?

The word sophomore came from the Greek roots, wise and fool. So what made the sophomores wise this year? "We're wise because we are better than the freshmen," said sophomore Wilber Rosales. Bigger lockers and more friends were some of the things the sophomores could brag about this year. Climbing the social ladder also brought the sophomores one step closer to being wiser, and two steps closer to graduating high school.

-Allison Jordan, '06



Sophomores...Under Construction



Daniel Abecia
Salem Acuna
Evelin Aguirre
Nadeem Ahmad
Sobia Ahmed
Nasima Akhter



Fareeda Akram
Alanes Fabiola Alba
Bryan Alegria
Lindsey Alexander
Zachary Allen
Vito Allgeier-Lipp



Kathryn Allison
Zachary Allison
Victor Almeyda
Kevin Alvarez
Eileen Amaya
Randy Amaya



Afsarul Amin
Courtney Anderson
Elio Andia
Johnny Andia-Moya
Marilyn Andrade
Marian Anklam



Thomas Appel
Yaritza Aquino-Velazquez
Gloria Araujo
Karla Arguello
Nancy Argueta
Jasmin Arias



Mohammad Arshid
Ming Yee Au
Gloria Baca
Carlos Barbery
Romie Barnes
Rodolfo Barrientos



Alexander Beck
Marisa Beckley
Mahmoud Belhadj-Nasr
Alysia Bell
R-Jay Belvis
Scott Bentley



Jose Bernal-Alvarado
Jeffrey Berry
Sara Blanco
John Blunden
Milica Bogetic
Claudia Bonilla

Sophomores...Under Construction

Zachary Bowman
Jessica Bravo-Tomaylla
Matthew Brewer
Rachel Brooke
Katherine Buchanan
Jennifer Burpoe



Gretchen Butt
Elizabeth Butram
Jaquin Cabrera
Jacqueline Caceres
Helen Cahill
Grace Callow



Brian Camacho
Michelle Canales
Nicholle Canales
Alexander Carroll
Julia Casciotti
Alexander Case



Cesar Celis
Kevin Cerna
Madeleine Champoux
Cynthia Chandvi
Grace Chang
Margaret Chavez



Anjani Chopra
Kerry Coll
Colleen Connelly
Catherine Conti
Cristian Corado-Castillo
Tatiana Cornejo



Eric Cromartie
Joan Cummins
Zachary Custer
Natalie Dahlstrom
Sonika Das
Richard Davis



Margaret Decarlo
Cesar Deleon
Matthew Dempsey
Messai Desta
Sergio Dheming
Joel Diaz



Sunny Doan
Voljan Donis
Jamarle Drakeford
Joseph Duffy
Jaimie Dungo
Hiba Elnour



Sophomores...Under Construction



Dalma Encinas-Munoz
Edward Erkenbrack
Juan Escobar
Karla Escobar Pinto
Stefanie Evans
Robbie Fendley



Enrique Ferrufino
J Fishtahler
Porsche Fluit
Tanya Forrester
Zolbat Gambaatar
Dul Ganchimeg



Alba Garcia
Itzel Garcia
Katarina Gathro
Jennifer Gavidia
Therese Gavin
Peter Gentile



Andrew Gilbert
Rico Jeffrey Gill
Gail Gnessin
Olivia Goldstein
Cynthia Gomez
Yessica Gomez



Miguel Gonzales
Gimena Gonzalez-Pintos
Lauren Gradowski
Ciano Grand-Pierre
Genevieve Griffin
Leslie Haase



Eskinder Haile
Meredith Halliwell
Ghita Haronni
Leila Heggen
Jane Helmick
Alison Hight



Eric Hill
Donald Hobbs
Devon Hogan
Megan Holland
Jessica Holmes-Bonilla
Afroza Hossain



Jennifer Housman
Atticus Huberts
Amna Hussain
Linda Huynh
Nghiep Huynh
Eric Interiano

Sophomores...Under Construction

Mazhar Iqbal
Patrick Jackman
Mustapha Jammeh
Emon Javadi
Henry Jimenez-Aguirre
Dorina Jordanov



David Kahan
Grete Karuso
Jessica Kelley
Adrienne Kerr
Arfa Khattak
Justin Kidwell



Cynthia Koss
Anthony Krauss
Marissa Kroger
Dubei George Kumar
Melissa Lara
Albertina Larios



Diana Lay
Juskeymi Lazo
Matthew Leighton
Julia Lerner
Rena Linden
Lizette Lizama



Neiza Vela Loayza
Jessica Lopez
Reina Lopez-Gomez
Candelaria Lopez-Oxlaj
Emilia Lugo
Loren Lulushi



Devon Lynch
Janette Madera
Monica Madera
List Magboo
Andre Malave
Gilberto Maldonado



Roberto Manglapus
Diana Manning
Gloria Marin
Chacon Jose Carlos Mateo
Lauren Mathae
Robert Matyas



Alison Mayo
Andrew McClellan
Bethany McGann
Daniel McKenna
Christine McLean
Ryan McNabola



Sophomores...Under Construction



Henry Medrano
Gulpanhra Mehboob
Pulkeet Mehra
Jennyffer Melendez
Shiara Melendez
Deny Mendoza



Danny Mendoza-Melendez
Degie Mengesha
Radia Mezouar
Sarah Michaelson
Cristian Montecinos
Cristian Montufar



Samantha Moore
Eulises Moreno
John Philip Morgan
Myra Moroles
Christopher Muir
Nora Murphy



Lisa Musto
Alexander Neatherry
James Needham
Senait Nega
Lashay Newman
Elizabeth Neyra



Douglas Nguyen
Tin Nguyen
Vanessa Nietes
Blanca Nochez
Claire Norris
Megan O'Doherty



Toribio Obiang-Eyang
Katherine Olson
Julio Orellana Hernandez
Mariela Ortega-Lobo
Nathaniel Osteguin
Joaquin Patino



Demetra Patrianakos
Andrew Pena
Marvin Pena
Dubeysa Pena-Quispe
Leidy Penado
David Penado-Ulloa



Carla Penn
German Peralta
Yanira Perez-Manco
Aisha Pervaiz
Victoria Petty
Ronald Phan

Sophomores...Under Construction

Ingrid Pierre
Angela Pinto
Kyle Pittleman
Alexis Planche
Antoine Planche
Carlos Ponce-Arispe



Joseph Pricone
Emma Prins
Abdul Quddus
Maria Raffaele
David Rajaobelina
Yasmina Ramirez-Garcia



Emma Rava
Preston Reavis
Robert Reed
Hobart Reynolds
Amin Reza
Andrew Ricks



Anna Riddick
Halle Ritter
Melvin Rivas
Andre Rivera
Jane Roberts
Frances Roberts-Gregory



Brittany Robinson-Fuller
Davis Rodriguez-Orellana
Bradley Rogers
Christian Roncal
Wilber Rosales
Ariana Rua



Omar Rubianes
Emelyn Rude
Nehemias Ruiz
Cassandra Runevald
Michelle Ryan
Justin Salao



Stephanie Salvador
Marco Samayoa
David Sanchez
Milagro Sanchez
Alexis Sanchez-Vasquez
Tyler Sandifer



Ivan Saravia
Isaac Saunders
Gabriela Sazon
Ryan Scheurer
Daniel Schwartz
John Scott



Sophomores...Under Construction



Lauren Scott
Timothy Seamen
Daniel Sebhat
Alexandra Selig
Baris Senol
Vanessa Serrano



Ezana Seyoum
Laura Shrewsbury
Alexander Silverman
Rajnish Singh
Corey Smallwood
Brian Smith



Kirstin Smith
Ziomara Soriano
Andrea Sorto
Nestor Sosa
Noemi Soto
Samuel Speicher



John Spriggs
Carlos Stewart
Lee Anne Strehle
Benjamin Stroop
Fatima Stuart
Melissa Suarez



Khand Sukhee
Ayisha Swann
Imani Tate
Margaret Tate
William Taylor
Elizabeth Tedder



Beimnet Teklai
Girmay Tewelde
Terrel Thompson
Bunlay Thong
Michael Tran
Roxane Tran



Zolboo Tsogoo
Kelly Tynan
Sukruti Udeshi
Michael Underriner
Reyda Van
Raul Vargas-Ayala



Kristi Vasquez
Bianca Vassare
Rodrigo Veizaga
Maira Ventura
Christine Vi
Kristina Vi

Sophomores...Under Construction

Aaron Vincent
Alexandra Vincent
Kelsey Wagner
Michael Wall
Zack Warburg
Christopher Weber



Carleigh Wegner
Mary Welborn
Katelynn Wheeler
Alexander Wicks
Antoine Williams
Madeline Williams



Henok Woldeyes
Donald Wortham
Catherine Wukitsch
Emily Yancey
Benjamin Yeager
Benjamin Yellin



Makseba Yohannes
Yosief Yohannes
Lisha Yuan
Karina Zannat
Edward Zapata
Marion Zavolas



Amanda Zellman
Ezana Zewede



Sophomores...Under Construction

Best part of high school

Better after school activities and more people



Hardest part of high school

Getting good grades and time management

Being a sophomore is all about.....



Best weekend hangout spot

Get togethers or a friend's house



School rule broken most often

Wearing ID badges and using cell phones



A group of sophomore friends hangout during lunch at their favorite table. Sophomores Corey Anklam and LaShay Newman stop for a quick chat between classes, while Corey snacks on her candy.



Sophomore Victoria Petty performs her routine during a varsity football game against Falls Church.

08, THEY'RRE GREAT!

DON'T HATE, BUT APPRECIATE YOUR SOPHOMORE CLASS.

They had spirit, yes they did! The sophomores this year showed the rest of the school they had what this school so desperately needed, more spirit! The sophomores kept busy by showing the freshmen who was the boss, and by keeping up their grades amiss all the excitement of their sophomore year.

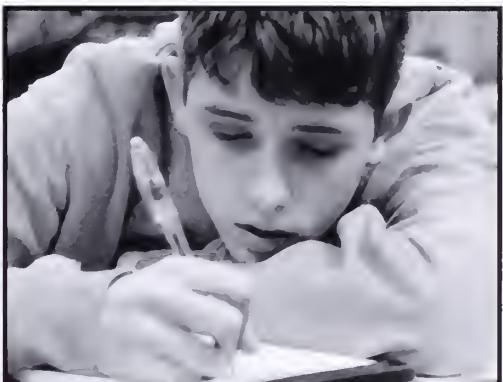
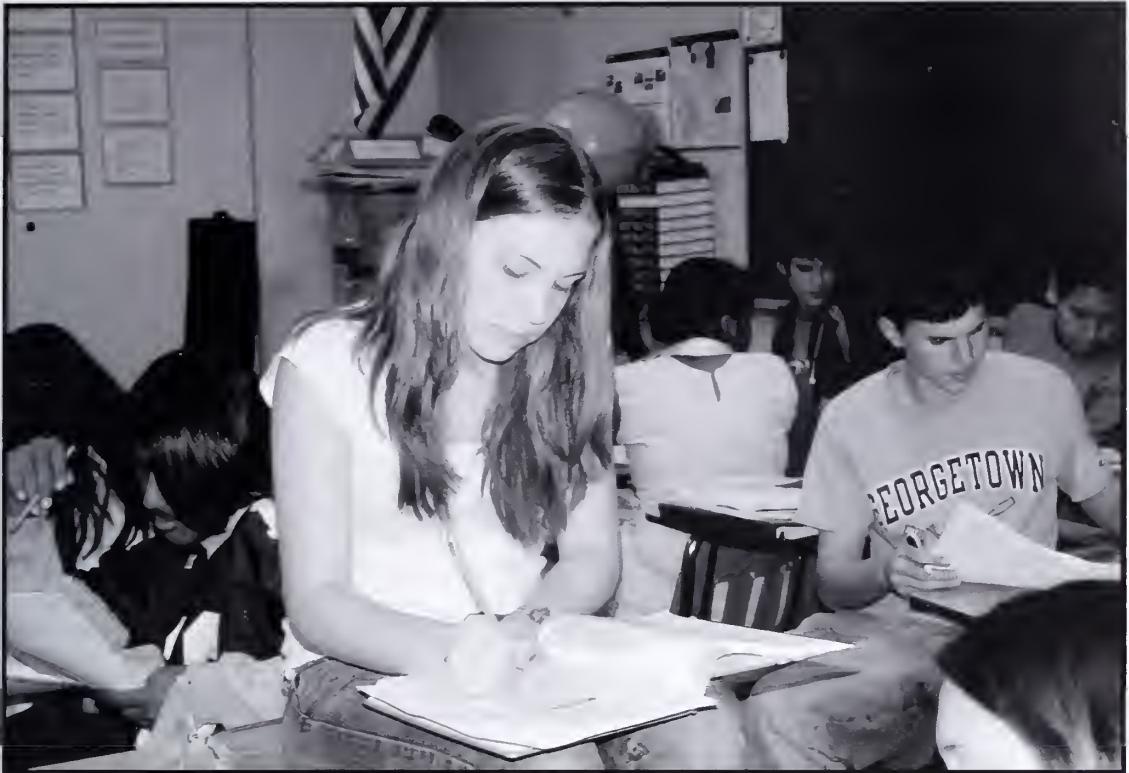
Having the experience that the freshmen wish they had, sophomores ruled the halls...well almost, since other upperclassmen still existed. However, instead of being intimidated, the sophomores became more familiar with the school, the upperclassmen, and their groups of friends. Sophomore Pukkeet Mehra enjoyed getting to know other people and finding out more about the school. Talking about his learning experiences Mehra said, "It's been pretty good."

While some of the sophomores thought that

this year was going to be easier than their freshman year, they soon learned that was not the case. They had their plates full with busy schedules that included everything from sports, to challenging classes, to time with friends. Maria Raffaele, sophomore, said "This year was busier than last year by far." However, all in all, everything seemed to turn out just right for them.

Even though the workload from classes increased and things got a little more complicated, the sophomores kept up their spirit and made it a memorable year. Sophomore Afroza Hossain said, "It's been one heck of a year with all its ups and downs."

-Patrick Jackman, '08
& Allison Jordan, '06



Freshmen

Newbies?

"I believe teachers in middle school are nicer because they are not that strict like high school teachers," said freshman Parris Shannon. There were a total of 388 freshman students this year. The newcomers found their classes to be harder than middle school, but they still managed to survive their freshman experience.

-Nora Kyles, '06



Freshmen....Wet Paint



Freshmen...Wet Paint

Jonathan Cabel
Angela Cabrera
Herland Caceres-Aguilar
Agatha Campos
Hector Campos
Matheus Campos



Jose Canales
Carlos Carcamo
Cynthia Carcamo
Rafael Carmona-Tellez
Carlos Carrillo-Samayo
Jeffrey Carroll



David Carter
Sarah Chacon
Megan Chase
Nisha Chauhan
Favio Chavez
Pallvi Chopra



Andrew Clayberg
Paul Clayberg
Xavier Cooper
Lindsay Cowen
Natalia Crespin
Jorge Cruz



Mark Curry
Genevieve Dabrowski
David Davis
Natan Debebe
Jacob Delgallo
Sydney Delmar



Mancia Douglas Diaz
Stephanie Dinan
Sarah Dinardo
Rose Dodge
Michael Doss
Clarissa Edgerton



Mayra Encinas-Munoz
Solomon Encubahre
Theodore Encubahre
Eric Engel
Amanda Enright
Pablo Enriquez-Zurita



Tengis Erkhiimergen
Josue Escalante
Osman Escobar-Orozco
Matthew Fagnoni
Perla Farias
William Farley



Freshmen...Wet Paint



Michael Firth
Sarah Fleming
Amarilis Flores
Diana Flores
Michael Flynn
Derek Framinan



Mary Francis
Lorrane Freitas
Jose Fuentes-Reyes
Charles Fuller
Marbin Funes-Chaves
Marlaina Furlong



Frayne Gantus
Jacqueline Garcia
Raul Garcia
July Garcia-Zurita
Hilewna Gebru
Issam Ghanmi



Adam Ginsberg
Edmond Gniewek
Andrew Goodman
Laura Gorsky
Adam Green
Rose Greenawald



Jose Guardado
Jose Guardado-Martinez
Marilyn Guerrero
Erika Guevara
Brian Gutierrez
Fanuel Haile



Ariel Hamilton
Michael Hammond
Nasim Haque
Ryan Harding
Fardosa Hassan
Mahamud Hassan



Erin Healy
Khalif Heath
Rachel Heend
Christina Helmick
Ahmad Helmy
David Hemingway



Karen Hernandez
Lisa Hines
Flenner Hoagland
Jessica Hogan
Jerry Hooker
Khalia Horne

Freshmen...Wet Paint

Whitney Hurdle
Olivia Huston
Kate Irick
Mukti Islam
Brian Jacobs
Mark Johnson



Venturo Juarez-Cabrera
Adam Kahan
Esma Kansiz
Amandeep Kaur
Sara Kayes
Nicholas Kelleher



James Kelley
Tyler Kellogg
Azad Khan
Budder Khan
Safana Khan
Peter Klingelhofer



McKenna Klontz
Edward Kluttz
Cameron Krout
Ecma Lazo
Tyler Leeds
Andrew Leinbach



Caitlin Little
Amanda Loayza-Veza
Roberto Lopez-Melean
Sandra Lopez-Oxlaj
Fenimore Love
Sabrina Love



Raul Luna
Robles Edwin Luna
Vivian Lundgren
Amanda MacDonald
Erick Machado
Jorge Machado-Cruz



Grecia Machicado
Michael MacKenzie
Enrique Magana
Amani Mahmoud
Daviida Mahon
Ghislaine Mallek



Luke Malley
Eric Mamani
Savy Mao
Bellal Mashid
Suzanne Matyas
Jessica McConville



Freshmen...Wet Paint



Andrew McDaniel
Andrew McGarity
Jasmine McGee
Steven McKenzie
Andrew McLennan
Jason McNabola



John McQuinn
David Medrano
Hugo Mejya-Carrillo
Elizabeth Melendez
Nelson Membreno
Aniceto Mendez-Gomez



Carlos Mendez-Gomez
Matthew Menoche
Jennifer Merino
Olivia Mihalik
Patrick Miller
Sahand Minaie



Samantha Mirro
Warren Mitchell
Claire Monfort
Ana Monjaraz
Linda Montes
Monique Morales



Luis Castellanos Morataya
Yefri Moreno
Cullen Mott
Javkhlan Naranbat
Ravi Narayanan
Adriana Niedenfuhr



Bernard Nkesi
Jhon Nogales-Pimienta
Cristian Nolasco
Clare O'Doherty
Zac O'Malley
Alicia Obiang-Eyang



Jose Ondo Nchama
Yanina Ortiz-Moya
Basma Osman
Yafelmane Ouchna
Juan Palomino
Bhaskar Paneri



Alfonso Miguel Panhilio
Miriam Pantoja-Barrientos
Tayaba Paras
Carla Paredes-Vargas
Megan Parker
Ashish Patil

Freshmen...Wet Paint

Marc Patton
Dania Paz
Viki Paz
Selina Pena
Nicolas Penaranda
Claudia Perez



Javier Perez
Thomas Peters
Victor Petty
Jesse Phillips
Natchaya Phoey
Christina Pierce



Aliya Pilchen
Alexandra Pill
Karla Pineda
Noel Portillo
Rebecca Pratt
Dubon Erika Ramirez



Manuel Ramirez
Felicien Randriamajaka-Niaina
Elizabeth Ranneberger
Nataly Revollo
Nathaly Revollo-Miranda
Michael Rincon



Skye Rios
Jose Rios-Hernandez
Ashley Rippy
Alanna Rivera
Robert Rivera-Campos
Denis Rivera-Molina



Julio Rojas-Telleria
Walter Romero
Bryan Roncal
Rebecca Rondon
Tameka Roney
Julia Ruane



Ruben Ruano
Sindy Rubianes
Yolany Rueda-Erazo
Vincent Sablan
Jason Sulazar
Sally Sulazar



Eric Salmeron
Angelo Sanchez
Davison Sanchez-Sanchez
Collin Sandifer
Ethan Scholl
Genna Schwartz



Freshmen...Wet Paint



Emily Seklecki
Justin Serene
Jessica Serrano
Naomi Shagam
Waleed Shahid
Parris Shannon



Conor Sharp
Abdiwell Siad
Jhery Siles
Erin Simmons
Anand Singh
Prashant Singh



Jasmine Sinkavitch
Jacob Smout
Audelia Solorio
Wenner Soria-Zurita
Betis Sorto-Sanchez
Dakota Springston



Michael Srisuwan
Kwabena Stefan
William Stehm
Craig Stephanson
Damien Stovall
Matthew Strykul



Veronika Stumpo
Kenuel Suarez-Fuentes
Dayshva Suxo
John Swallow
Yanick Tanda
Robert Tedder



Hugh Thomas
Latreshia Thomas
Sylvie Thomas
Alexander Torres
Maria Torres
Macarena Torres-Girao



Erick Torrico-Lopez
Gavin Treweek
Oksana Trofimenko
Robert Troiano
Andrew Trombly
Arley Turner



Emily Tyson
David Umana
Ilka Valdez
Claire Vanwagner
Vania Velasquez
Walter Velasquez

Freshmen...Wet Paint

Karen Velasquez-Cardozo
Walter Ventura-Guzman
Walter Viera
Ana Villalobos
Mauricio Villarroel-Orellana
Karen Villeda



Erin Wallace
Lakiesha Waller
Bridget Ward
Daniel Watson
Michael Watson
Andrew Webster



Reginald Whitley
Jessica Williams
Stephanie Williams
Tyesha Witcher
Selam Wubante
Hebah Yassin



Juliette Zeballos - Perez



Freshmen...Wet Paint

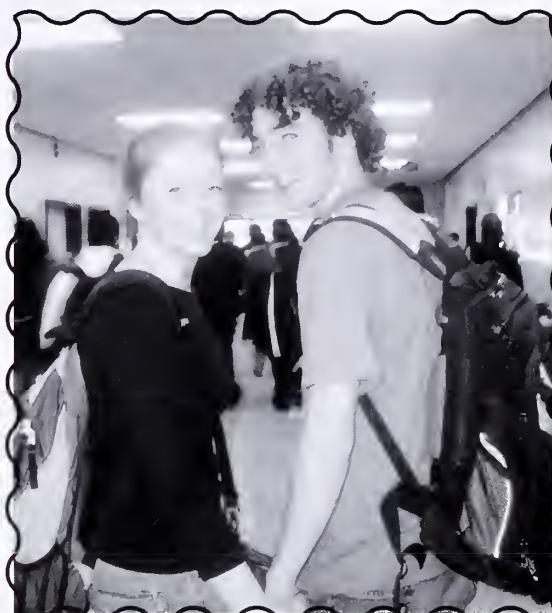
Best Part of High School

Making new friends and meeting more members of the opposite sex



Best Weekend Hangout Spot

Friend's house or the movies



Hardest Part of High School

More work than middle school



Being a Freshman is all About.....



School Rule Most Often Broken

Not wearing ID badges

70 freshmen were surveyed

RE
S
T
A
R
T



Science teacher Tom Chisnelle helps out freshmen Daniel Baker and Matthew Strykul with their observations on the in class plants in Chisnelle's biology class.



Freshmen court finalists Suzanne Matays, Will Brower, and Ghizlaine Malleck walk the field at the Homecoming game's half-time show. Freshman James Kelly sports his lacrosse lanyard in the cafeteria to show his love of the game; this practical lanyard also holds his student ID card.

FUNKY FRESH

POSSESSING THEIR OWN STYLES, THEY BROUGHT DIVERSITY TO THE TABLE

Every student brought their own bit of spunk to the table making each grade unique. Freshmen came from at least five different middle schools which included: Kenmore, Swanson, Williamsburg, Thomas Jefferson, and Gunston. Each school generates a diverse group of people making high school a huge melting pot.

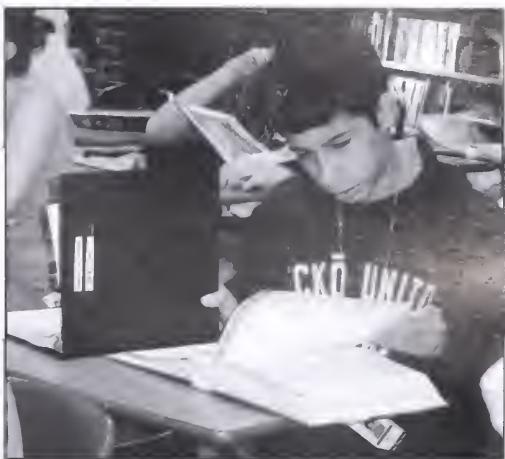
All 388 freshmen had different backgrounds and different preferences. John Esobar, freshman, who came from Kenmore said, "Some people have their own style and some people follow the trends."

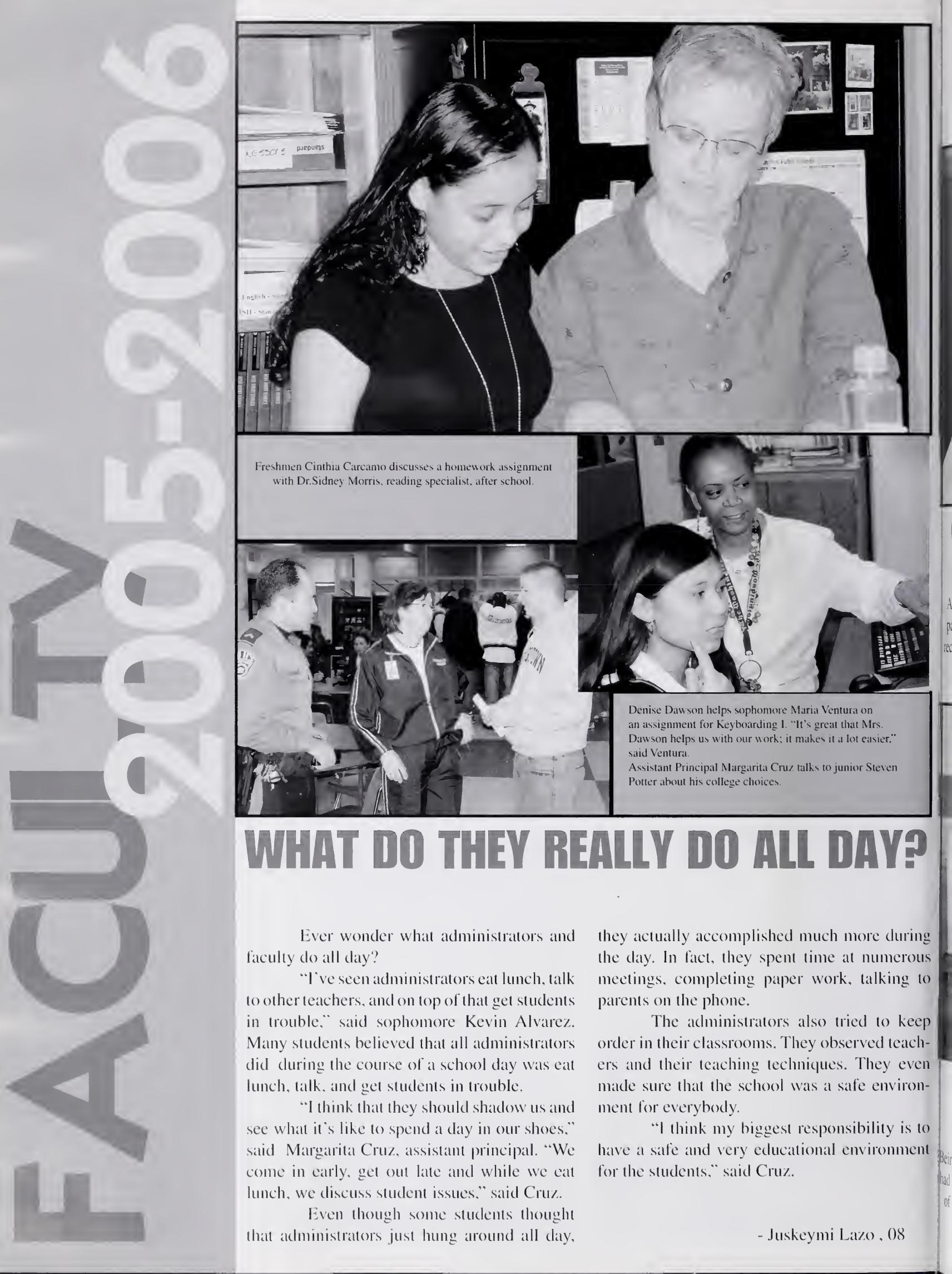
Even with new faces and new trends, the freshmen were able to adjust to the larger school and a bigger population.

Rebecca Bergena, freshman, came from Thomas Jefferson. "The atmosphere was great to go to school in," she said. Bergena said that she loved all the different people that she encountered daily and got to go to class with.

Other freshmen shared this same sentiment. Craig Stephenson, a freshman from Swanson, said, "The cultural diversity here makes it a great environment to attend school."

-Sarah Michaelson, '08





Freshmen Cinthia Carcamo discusses a homework assignment with Dr. Sidney Morris, reading specialist, after school.

Denise Dawson helps sophomore Maria Ventura on an assignment for Keyboarding I. "It's great that Mrs. Dawson helps us with our work; it makes it a lot easier," said Ventura.

Assistant Principal Margarita Cruz talks to junior Steven Potter about his college choices.

WHAT DO THEY REALLY DO ALL DAY?

Ever wonder what administrators and faculty do all day?

"I've seen administrators eat lunch, talk to other teachers, and on top of that get students in trouble," said sophomore Kevin Alvarez. Many students believed that all administrators did during the course of a school day was eat lunch, talk, and get students in trouble.

"I think that they should shadow us and see what it's like to spend a day in our shoes," said Margarita Cruz, assistant principal. "We come in early, get out late and while we eat lunch, we discuss student issues," said Cruz.

Even though some students thought that administrators just hung around all day,

they actually accomplished much more during the day. In fact, they spent time at numerous meetings, completing paper work, talking to parents on the phone.

The administrators also tried to keep order in their classrooms. They observed teachers and their teaching techniques. They even made sure that the school was a safe environment for everybody.

"I think my biggest responsibility is to have a safe and very educational environment for the students," said Cruz.

Administration



Gregg Robertson

Principal

Although the halls were still somewhat new to him, Principal Gregg Robertson watched as Washington-Lee began its reconstruction. "It just gets better and better year after year," said Robertson.

Colin Brown

Assistant Principal

"Not-so-new" Colin Brown completed his seventh year here as an assistant principal. He works with the Freshmen Connection, students and teachers, and deals with everything from attendance issues to fire drills.



Margarita Cruz

Assistant Principal

Being the most tenured administrator at W-L, Margarita Cruz had the most memories of the old school with ten generations of graduating classes. "I think that we have a great student body," said Cruz.

Paul Jamelske

Assistant Principal

"Our motto is that we take lemons and we make lemonade," said Jamelske. Jamelske strives to keep the school safe, and monitors seniors with initials between M and Z amongst other jobs.

Faculty...Architecturally Sound

Ali Akkache
Roger Aleman
Jesse Alvarez
Emily Andrusko
Colleen Auerbach



Marcus Barnes
Terry Bell
Jennifer Benson
Bonnie Bew
Joan Bickelhaupt



Justin Bolsek
Colin Brown
Gregory Butler
Louise Byers
Jorge Caballero



Carol Callaway
Julie Cantor
Henry Cardenas
Debra Carney
Antoinette Carter



Cheryl Caul
Parvaneh Cohen
Lynette Constantides
Allison Crawford
Margarita Cruz



Stacey Cutbush
Eileen Cutrona
Marsha Dale
Nicole Derocco
Melissa Dutcher



Faculty...Architecturally Sound



Chris Erickson
Alison Finke
Monty Forrester
Doug Grove
Mouldi Hadji



Sarah Harrick
Margaret Harris
Martha Helgerson
Nevin Jaffer
Paul Jamelske



Rosanne Johengen
Stacy Jones
Paula Keating
Keith Klein
Phil Krauth



Paula Lamina
Monica Larrieu
Katie Lawson
Marilyn Leeb
Elsa Lenches



Pamela Lockridge
Leslie Lumpkin
Carmen Mejia
Christina Michael
Ryan Miller



Phil Mitchell
Shonta Moore
Sidney Morris
Patricia Nimmo-Holmes
Jeana Norton

Faculty...Architecturally Sound

Jeanne Osso
David Peters
Mary-Jo Primosch
Marilea Rabasa
Ricardo Reynoso



Diane Richter
Gretchen Ricks
Betty Rivera
Gregg Robertson
Alex Robinson



Joel Rockwood
Chris Rodger
Irene Rondon
Natalie Root
Caitlin Rose



Sara Rouse
Pamela Sanchez
Elvia Santamaria
Catherine Sauter
Theresa Severin

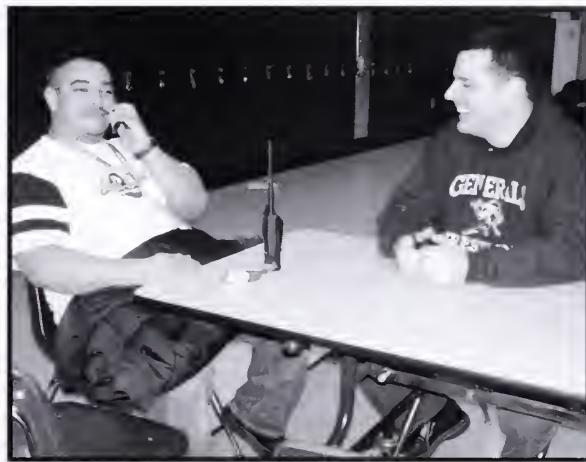


Josh Shapiro
Kristin Shapiro
Marlene Smith
Scott Sophos
Rob Summers



Marylib Tomb
Peter Vogel
Gracie Williams
Adje Wilson-Bahun
Jenny Zimmerman





PEACE

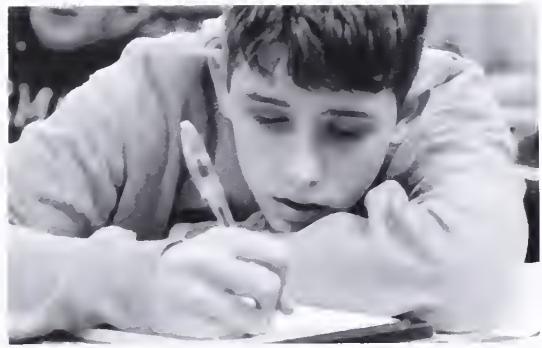
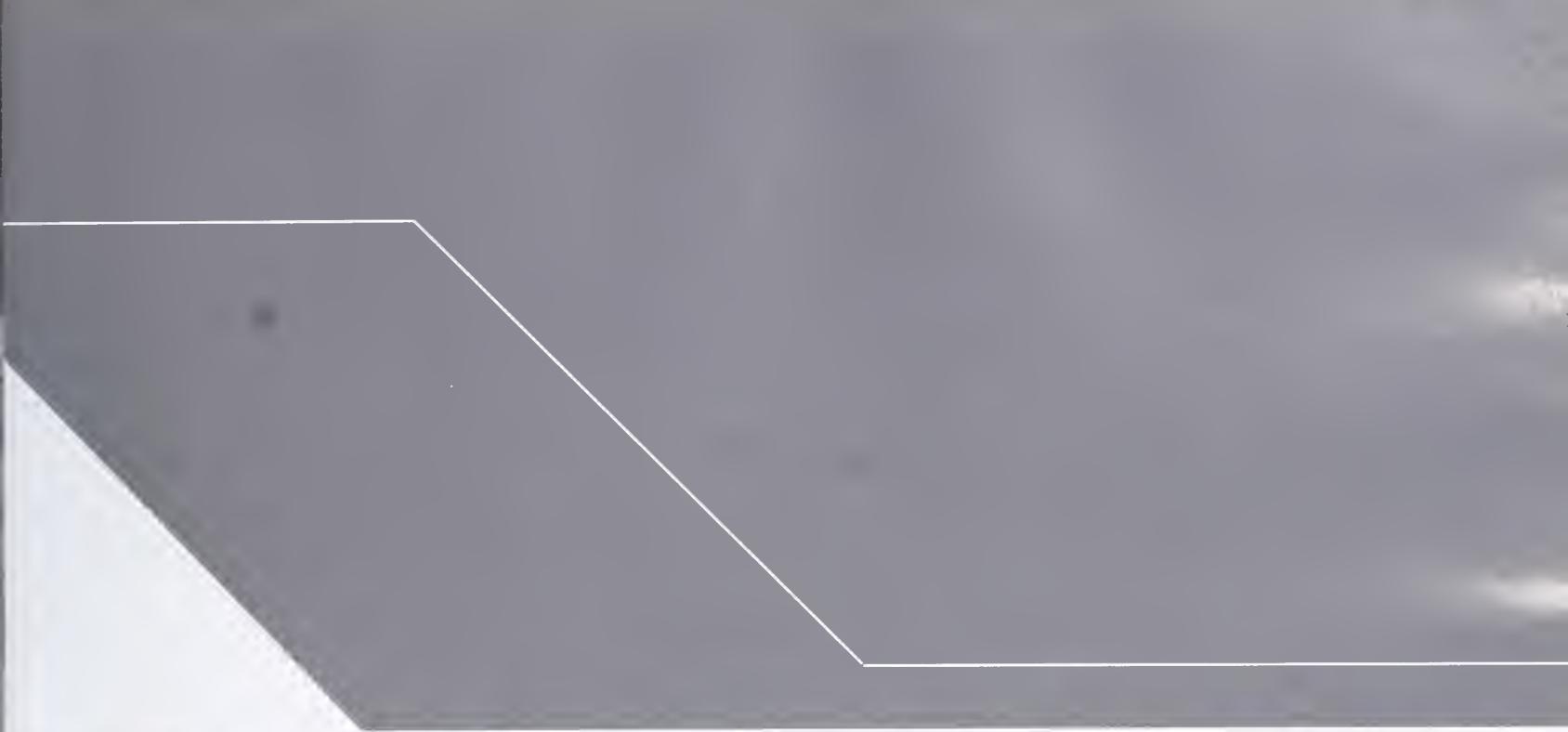


ACADEMICS/ ORGANIZATIONS

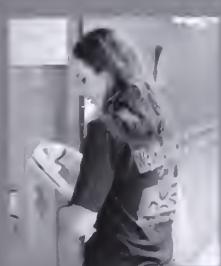
FROM CLASSES TO CLUBS, STUDENTS
GOT THEIR WORK DONE AND HAD FUN
AT THE SAME TIME.

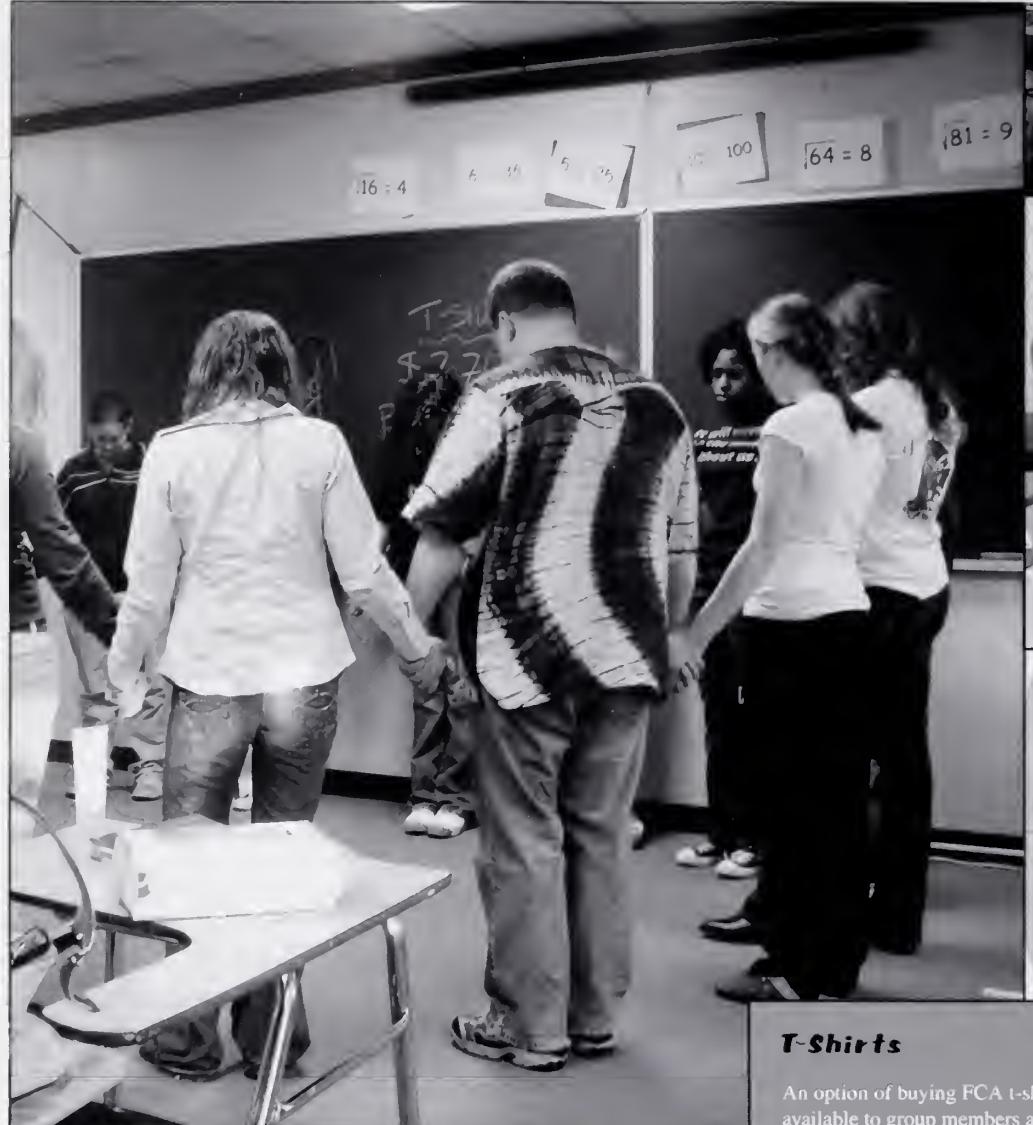
2006





WHETHER IT WAS WALKING TO THE NEXT IB CLASS ON YOUR SCHEDULE, or signing up to be a part of the Walk for the Homeless marathon, students and faculty were always making sure they got their work done and still had fun with their classes and classmates during the school year. Core classes, as well as electives, gave students a chance to take a course that possibly interested them in something they might do later on in life. Organizations and clubs gave students a chance to help out around the neighborhood or even spend some time after school to juggle tennis balls or organize the events of the next pep rally. The academics/organizations section deals with the classes and clubs students had the opportunity to join. In addition, it lets everyone else know what exactly these clubs did or how difficult those IB classes really were.





Ready to Listen

Junior Caroline Seipp listens to math teacher Eric Shetler as he makes his own morning announcement to the group.

Final Prayer

At the end of every meeting, group members stand in a prayer circle and a selected member prays out loud. The prayer lasts for about a minute or two, and after that, the meeting is adjourned.

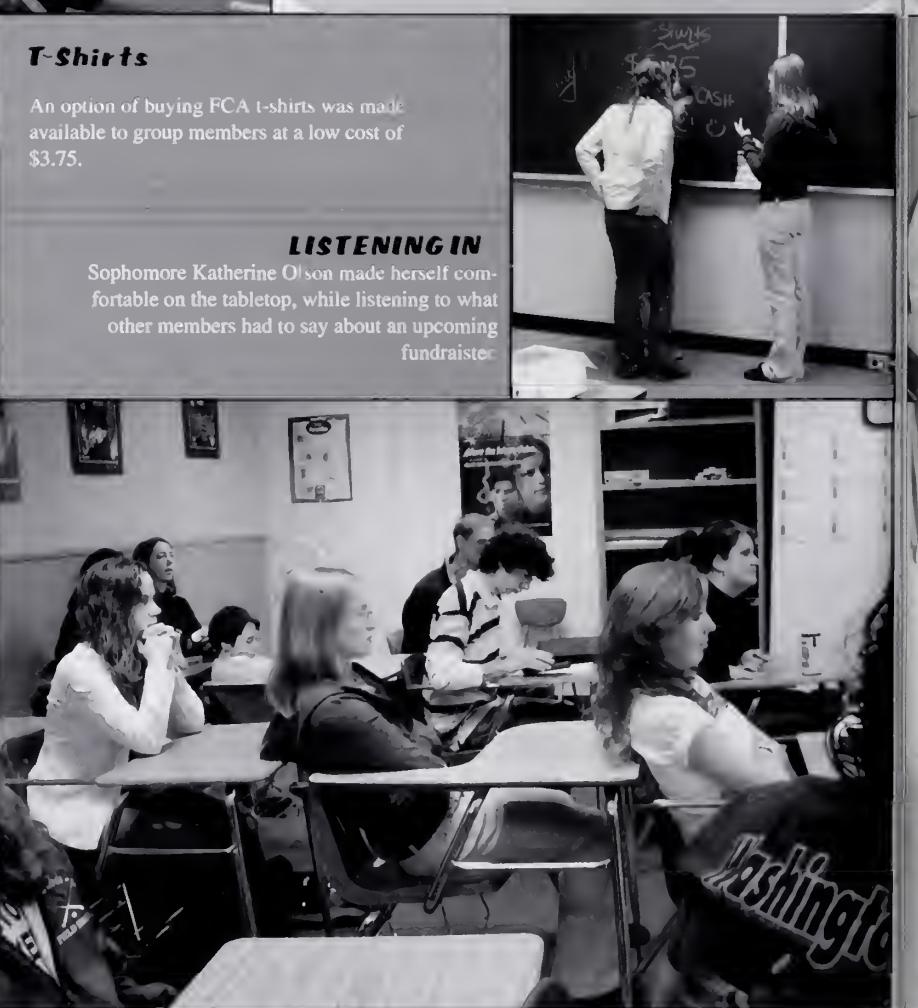


T-Shirts

An option of buying FCA t-shirts was made available to group members at a low cost of \$3.75.

LISTENING IN

Sophomore Katherine Olson made herself comfortable on the tabletop, while listening to what other members had to say about an upcoming fundraiser.



JOY FESTIVAL

Early-birds pay attention as Barge reads a passage from the Bible out loud. They are inspired by the passage that is read, and some say they will keep it in the back of their minds throughout the day.

Fellowship of Christian Athletes

The FCA brought students together...

and joined together for support

Forty-Five. That's the minimum number of clubs that our school offered this year, with new clubs popping up every so often.

Some of the new clubs reflected views that students strongly believed in, and one of those clubs was the Fellowship Christian Athletes Club. Leader of the FCA was senior Kathryn Barge, who didn't actually found the club, but rather brought the organization to our school.

"It's a good way to bring the student athletes together," said Barge. They met Friday mornings before school at 7:30 to huddle and discuss issues. A pamphlet of the organization said that "Fellowship of Christian Athletes has been challenging coaches and athletes on the professional, college, high school, junior

high, and youth levels to use the powerful medium of athletics to impact the world for Jesus Christ."

The group participated in several activities ranging from bringing former Miami Dolphins player, Joshua Symonette, in as a guest speaker to filling stockings with little goodies to send over-seas to the troops in Iraq.

Activities like these helped increase their faith and motivated involved students. The organization believed that through integrity, serving, teamwork, and excellence, they would be able to successfully serve their community and the church. They had an overall feeling of togetherness and helped motivate each other on the field and through fellowship.

- Julie Lang, '06



Leadership

Senior Kathryn Barge holds up the Bible from which she is about to read a passage from in the morning after the group members had doughnuts.

Other Issues
Barge takes prayer requests at the end of the meeting to support each other's personal concerns.

Morning Laughter
Junior Janelle Prange chuckles at a joke that a fellow group member made.

Advertisement
Junior Prange and senior Catherine McDaniel advertise Bath & Body Works lotion. The point of the activity was to convince others to believe that their product was the best, in correlation to having faith.

Make A

Choice

How can you find the drive?

How do you get the motivation?

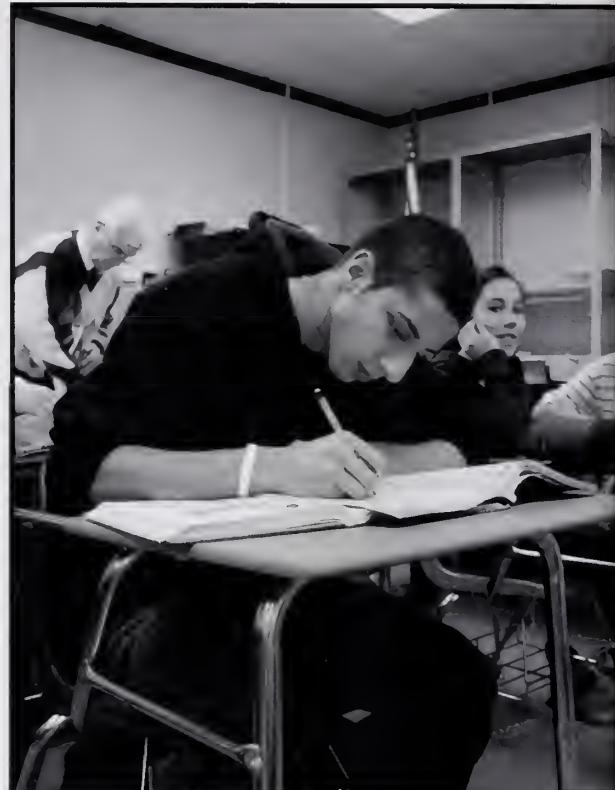
What motivated students to get up so early in the morning this year? For senior Akanksha Sharma it was her IB world topics and world history class. Sharma said, "It is one of the only things that gets me excited for school, besides seeing my friends [of course]." When asked why she enjoyed the class, Sharma said, "The things we study are interesting [such as] dictators like Stalin, Hitler, and Lenin."

Senior Camilla Ruiz agreed with Sharma when she said IB topics and world history was her favorite class. "I like Mrs. Root, she's funny, and the discussions in class make it fun. We talk a lot, which makes the class active and very appealing to someone with an opinion," said Ruiz. Most students agreed that their favorite

subjects are what helped them to break up what may have been a long, boring day of school.

Junior Tyler Million said that chemistry was his favorite subject, "It opened my eyes to a topic I never thought I would be interested in." When students walked into their favorite classes, they knew they would have a fun 45 minutes of learning and discussion. Most students agreed that school was more enjoyable when there was something to look forward to, even if it was a class. Students also agreed that without a doubt school was more fun in an active and friendly environment.

-Angelina Goddard, '06



Learning is fun!

Sophomore Emon Javadi works diligently in his seventh period Spanish class. He was trying to get his vocabulary homework done before the weekend so he could have fun.



Smiling during history class?

Sophomore Jennifer Burpoe smirks at her favorite teacher, Jeff McCarthy, as he impersonates Homer Simpson.

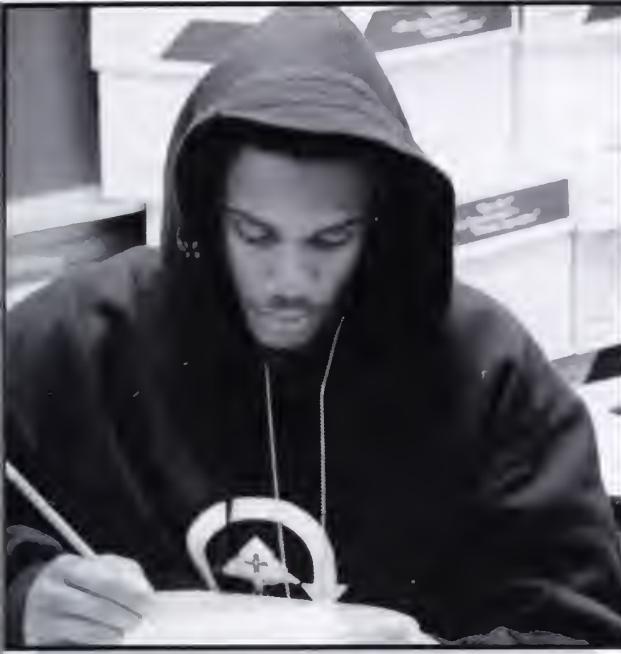


LEARNING IS FUN!

Seniors Abdu Abdul-Monem and Keith Sado work together in the cafeteria on a presentation for their IB English class



Keep Up The Engine!
Senior Zach Cross and juniors Heather St. Pierre, Vicente Umanzor, and Alex Parker work on a car engine during their 5th period automobile technology class in hopes for a good grade!



Writing the Future

Senior Elliot Brawner writes a rough draft for his college applications during his English class.



Math Class

Math teacher Jennifer Scher discusses the previous night's homework with her student junior Thomas Keosipanya before the class begins.

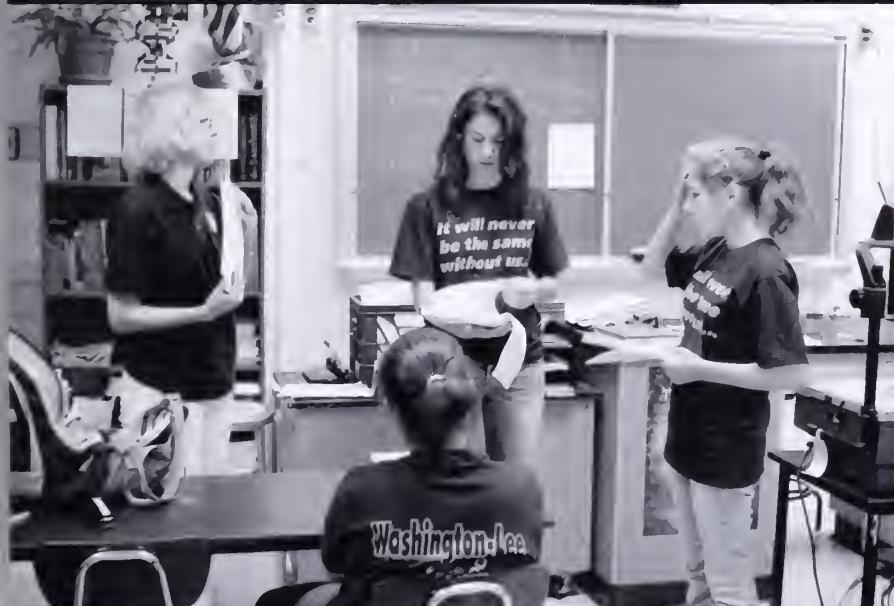


Utilizing Technology

Junior Sherrid Hood researches the Great Depression on the computer for a presentation the following week in his history class.

1-2-1-2-3-GO!

Senior Luke Angle walks out to the war memorial stadium to practice with the band during 6th period. GO DRUMLINE!



Destiny with You Every Day

Seniors Lisa Hamilton, Samantha Curtis, and Francesca Ioffreda stay after class in IB biology to discuss their upcoming test with biology teacher Ms. Marlene Smith.





Hello My President!

At promptly 3:15 p.m. every Tuesday, senior Daniel Michaelson leads the club meeting by opening with new announcements and upcoming activities.

Officers

Seniors Samuel Hanft and Mudib Rawoot stand by Michaelson and aid him in leading the meetings as club officers.



Interested?

Members sign up for dates on which they can participate in activities like the walk for the homeless.

It's peanut butter & jelly time!

After a club meeting, Key Club members help make peanut butter and jelly sandwiches for Martha's Table, a foundation that feeds the homeless.



Pre-Meeting

Sophomores Carleigh Wegner, Katherine Olson, and Jane Roberts hover over the sign-up sheet for an upcoming activity. They are trying to decide which shift they want to take for the Holiday Bazaar.



The Key to Success

Key Club brought self-satisfaction to members through helping others by volunteering in the community

Calling all volunteers! The Key Club was comprised of hard-working students who took pride in volunteer work and helping the community.

Led by history teacher Natalie Root, this group of students set out to make Arlington a more pleasant place to live.

President and senior Daniel Michaelson was highly enthusiastic about the environment and volunteer work. He was also responsible for scheduling and organizing the group's activities.

"I organize the meetings, designate leaders for events, and coordinate between us and the Kiwanis, among other things," said Michaelson.

What is the Kiwanis, one might wonder?

The Kiwanis is a nationwide organization whose members do service activities, and offer a group for responsible teens in Arlington. In fact, most of the Key Club's activities were sponsored by the Kiwanis.

Some of the activities included: the walk for the homeless in Washington D.C., sponsoring a community in Latin America where they sent books as supplements for learning, and they helped at school events such as Back to School Night and the Holiday Bazaar.

Club members agreed that volunteering for the community gave them a sense of self-satisfaction, plus it looked good on their college applications!

- Julie Lang, '06



Attentive to Key

Juniors Ian Whittington and Caitlin Davies pay close attention to Michaelson as he explains the tasks for the day.

Key Sponsor

Natalie Root offers her two cents regarding what needs to be done during the meeting, but she usually let Michaelson conduct business.

Attentive

Junior Ashley Wellman pays close attention to Michaelson as he goes over the list of upcoming community activities.



Newcomers

Members of the Arlington Kiwanis Club drop by the meetings on Tuesday afternoons and mingle after the meeting is over. They enjoyed working with the students and found it interesting to see what activities they wanted to do.



"Drop it like it's hot"

So you think you can dance?

And five, six, seven, eight!

Salsa, bachata, tap, reggaeton, ballet, lyrical, jazz, square dancing, Indian, hip hop, and more. There are all kinds of dances that get the creative mind flowing and the hips swaying, as the dance teams here showed the student body.

The dance teams combined the love of dance and diversity into a successful expression of their feelings. "It is a great way to let out your feelings, meet new people, and just express your love of dancing," said senior, and hip hop dance team member, Shirley Arteaga. The hip hop dance team originated two years ago with inspiration from senior Sally Traynham who "just wanted to do something to release her stress." However, most of her team members agreed that her stress had nothing on her talent. "Sally is amazing! She is my role model," said junior Alexandra Selig. When asked what makes the team so great Traynham responded, "This

year we are even more diverse, and we have put more urban flavor into the choreography, and people seem to be responding well to us."

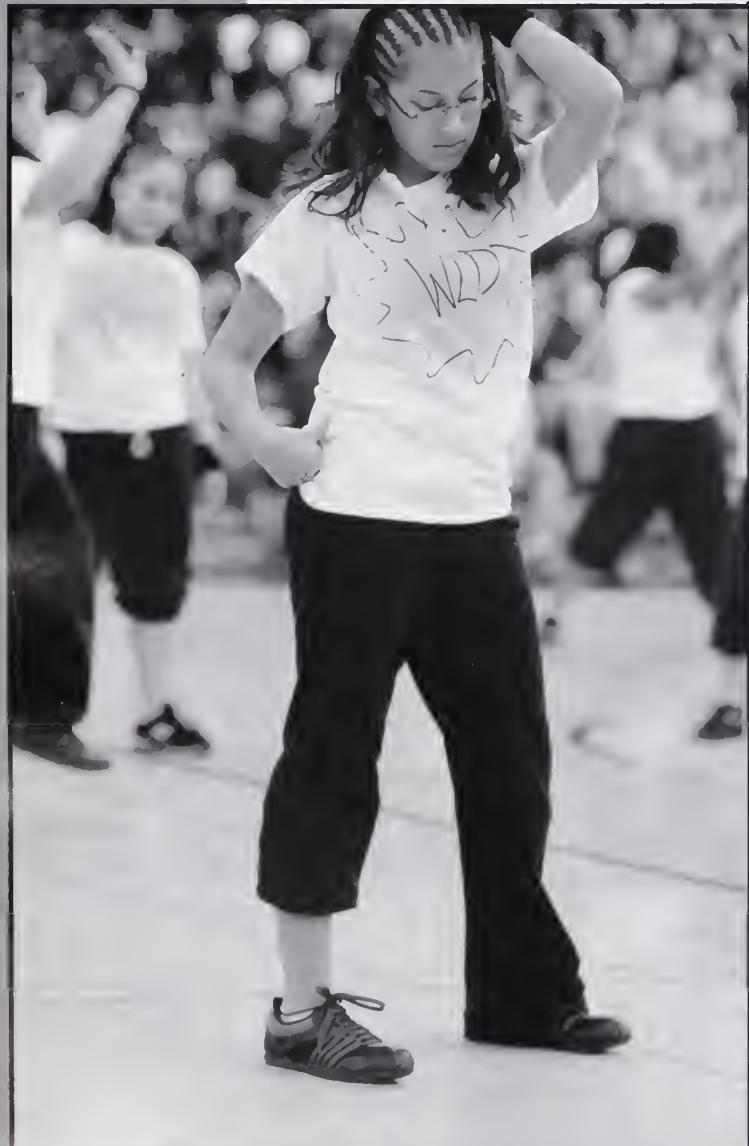
The international dance team also worked hard this year to show everyone their diversity and culture. "I love that I get to show off my culture and dance at the same time," said senior Purnima Barua. The international dance team had been around for about seven years but recently became a school-wide recognized team. While the school recognized the team, most students agreed that they were more interested in the hip hop dance team. "I think that people like them more because it is what is popular now, but we have moves too," said Barua. No matter what type of dance it was, the dance teams excited the crowds this past year.

-Allison Jordan, '06



Look at me!

Senior Yesinia Zelaya shows the crowd at the pep rally her culture and her moves with the international dance team in the gymnasium.



Say what?

The hip hop dance team really raised the spirit at the pep rally in the gymnasium. Junior Alison Scannell, sophomore Alexandra Selig, and senior Vilma Quiroa lead the way for the rest of the team on the right side.

And...Pose

Sophomore Myra Morales hits her mark during the hip hop dance team's routine during the pep rally in the gymnasium.



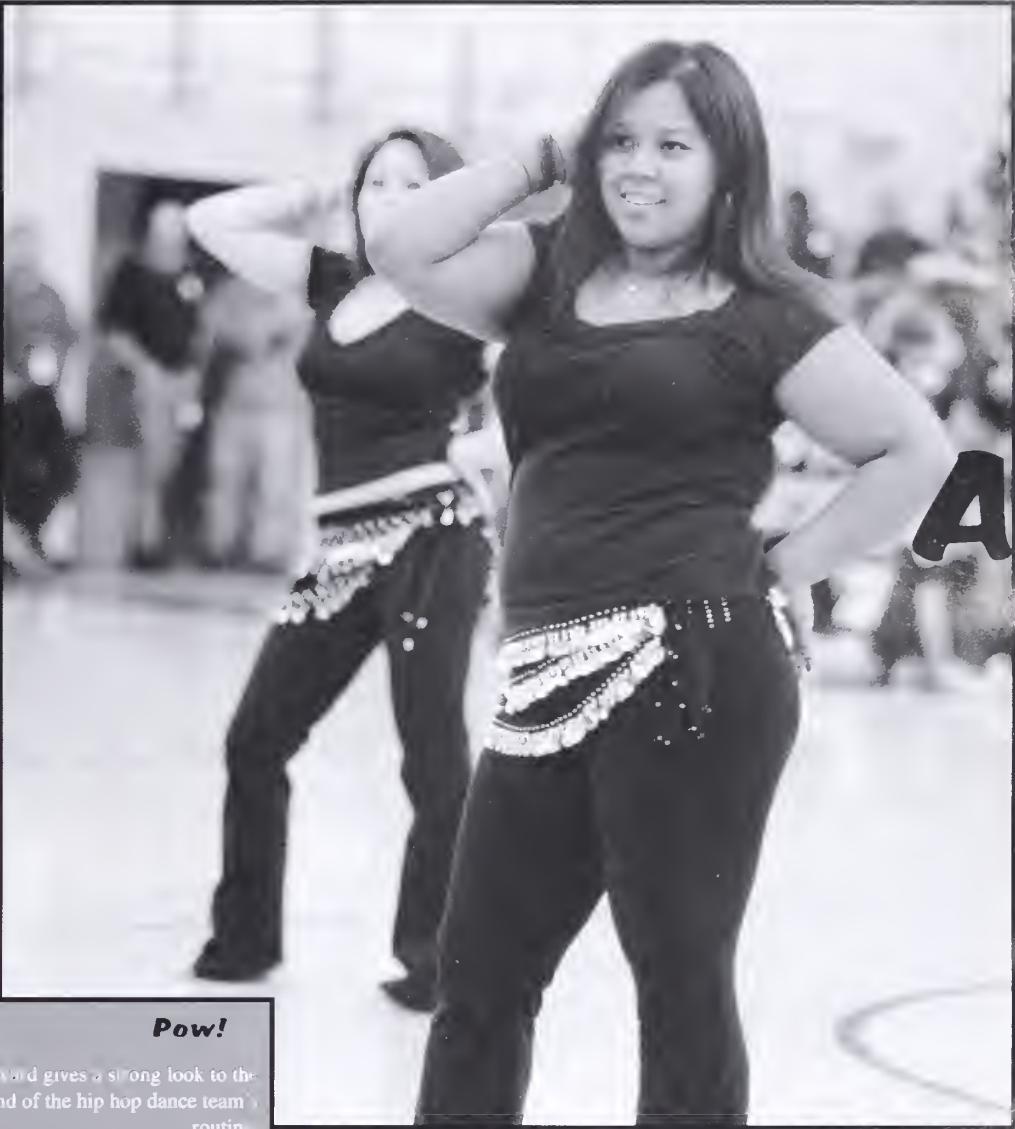
Move it like it's hot

The international team is composed of all senior girls. Akanksha Sharma, Purnima Barua, Yesinia Zelaya, and Anna Paz show the audience how to shake their hips the right way, while still looking good.



Left: Sally

Senior captain Sally Traynham works it out on the dance floor with the rest of the hip hop dance team for the Homecoming pep rally in the gymnasium after their many practices on Monday afternoons.



Bottom: ground

Seniors Purnima Barua and Anna Paz are in sync with their moves at the homecoming pep rally in the gymnasium.



Pow!

Junior Jovan Howard gives a strong look to the crowd at the end of the hip hop dance team's routine.

Shake....

The international dance team uses their moves to show the crowd what to do if a boy tries to get too close in the gym at the pep rally.



Bottom: Field

The hip hop dance team performs for the audience at a Saturday football game against Falls Church on the track at Wakefield while the War Memorial Stadium was being furnished with astro turf.





Creativity Goes a Long Way

Creative student projects adorn the history hall. They showcase student talents and provide information on their studies.

Outside these Halls

A representative from the National Park Service, Mark Regen, dressed up as he vividly described colonial warfare. "He was a really cool person and described the colonial times with lots of enthusiasm," said Junior Ashley French.

The Traditional Way

Students in Les Albers' U.S. history class take notes and learn from a slideshow presentation on the American Revolution.

Most Spirited

Many students named American history and sociology teacher Peter Vogel the most spirited history teacher.



The Teacher Lets another Joke...

Peter Vogel's seventh period sociology class was full of laughter, jokes and smiles as they carried on a class discussion. Sophomore Jasmina Ramirez said, "Mr. Vogel's class is always fun. He relates really well with students."



WHO MADE WASHINGTON?

History jumps off the textbook pages and into life as Les Albers explains life as a revolutionary at the Revolutionary Day activities.

History comes to Life!

Students take an interest in history as

teachers try one creative idea after another...

Reputed to be one of the most boring classes, history class often draws groans from students. The teachers in the history department, however, have tried to make an exception. Sophomore Jaimie Dungo said, "U.S. government is my favorite class because my teacher is really cool. The material isn't that interesting, but my teacher tries to make it interesting."

The teachers in the history department seemed to have a knack for making history come alive for the students by thinking of creative ways to teach students. "We get to have open class discussions everyday. I feel like Mr. McCarthy talks with us instead of talking at us, so I can relate to him and that makes learning a lot easier," said Allison Mayo, sophomore.

Another creative tactic the department sponsored was the Revolutionary War Day, where American history students had the chance to learn about history through interactive stations.

Teachers were dressed in period costumes and students handled real weapons and uniforms.

Social studies teacher, Les Albers, saw the value in bringing history to life: "I try to relate to students by making them do lots of creative projects instead of book work." Social studies teacher, Claire Moir, also felt that bringing history off the page was important. She incorporated "simulations and [made] connections to students' lives..." she said.

Leaving the building also helped. "Field trips to the Museum of the American Indian and the Natural History Museum were great. I had lots of fun, and it was a lot more interactive and really interesting. I felt like I learned the information instead of memorizing it," said Gabby Plotkin, senior.

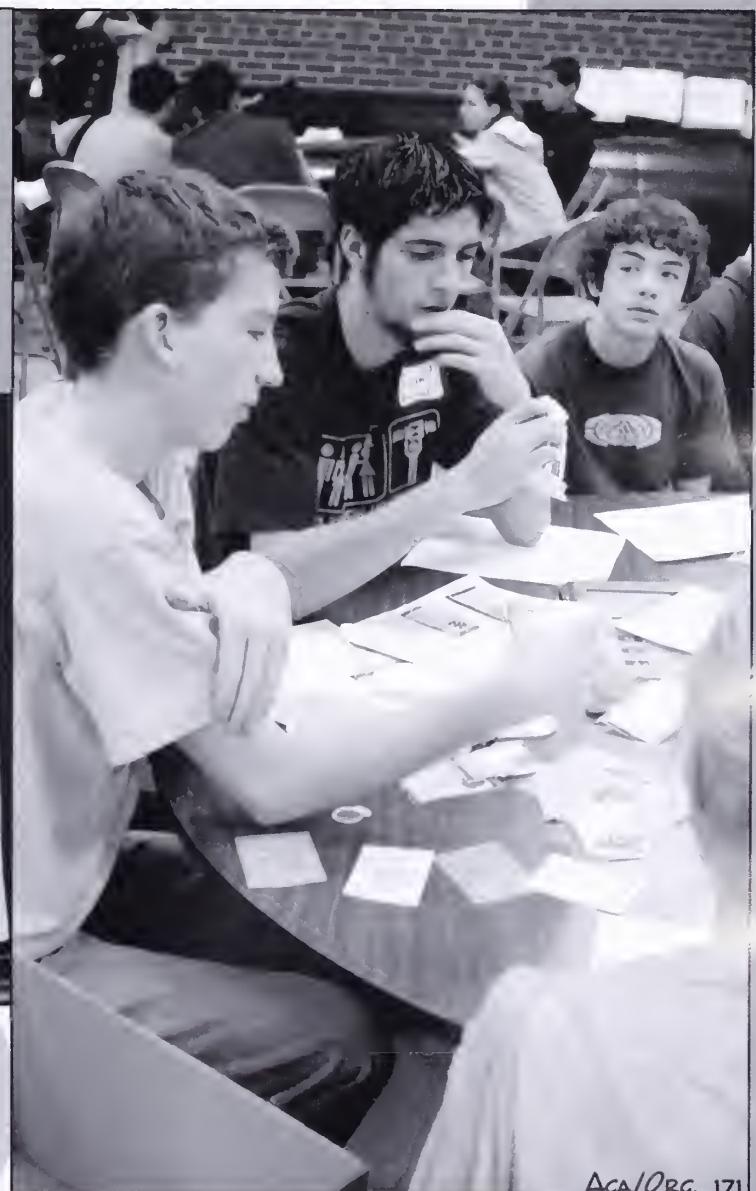
-Karina Zannat, '08

Showing some Interest
Students participated in the Revolutionary War Day looks at colonial medals. According to many students, it's easier to learn about history with hands-on activities.

Learning...with Old Coins?
Juniors Stephen Browning and William Arthur examine old coins from colonial times at the Revolutionary War Day.



Juniors Raquel Farah-Robinson, Eugene Chigna, and Leo Gomez dress up in colonial costumes for Revolutionary War Day. They helped their fellow American history students learn more about the Revolutionary War. Gomez said, "the experience was fun and interesting."



Student Council Gets Associated

S.C.A.: How do they pull all the assemblies together?

The first pep rally of the year was certainly one to remember. From classes competing against each other, to performances by the band and dance groups, to the peep eating contest, it seemed like everyone had a good time. But do you ever wonder what went on behind the scenes to make an event like this run so smoothly?

This is where the Student Council Association (S.C.A.) came into play. "The S.C.A. is a service-oriented organization intended entirely on benefiting the student body," Rozanne Johenen, a first year sponsor said. "The students are motivated and responsible, and are really dedicated to making this school great."

The S.C.A. was involved in numerous activities throughout the year. Homecoming, the Thanksgiving assembly, the Blood Drive, and S.C.A. Olympics were just a few of their

responsibilities. "Making Homecoming great is our main focus. From organizing hall decorations, to counting votes for king and queen, to the actual Homecoming dance, we want to make sure everything runs smoothly," S.C.A. president Jillian Walton said.

The S.C.A. was full of dedicated and motivated students who always seemed to get involved. Allison Hunn, one of the three vice presidents, said, "It is a lot of work, but seeing the reaction of the students after an event makes it all worthwhile."

-Meagan Riley, '07



S.C.A. President Takes the Mic

S.C.A. President senior Jillian Walton begins the Thanksgiving assembly by introducing the first performance by the choir.



All Wrapped Up!

Seniors Laura Wegner and Elise Napolitano represent the field hockey team during the mummy wrapping competition, one of the S.C.A.'s planned activities for the Homecoming pep rally.

Giving Thanks

Senior Kamarife Nzeribe, an evacuee from Hurricane Katrina, speaks about his experiences and devastating losses. Nzeribe was chosen by the S.C.A. as the keynote speaker.



Now Playing Now

The Advanced Women's Choir, directed by Theresa Severin, performs a piece at the Thanksgiving assembly.



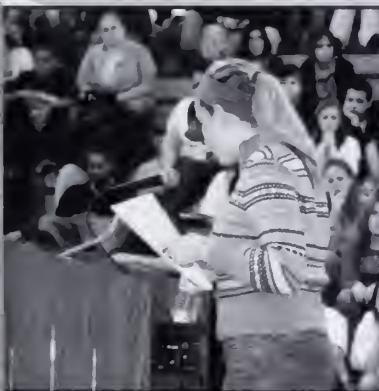
Thanksgiving Can Drive

Senior Sumiti Chopra brings cans to her first period class for the Thanksgiving can drive, sponsored by the S.C.A. Her math teacher, Susan Pacifico, offered her students extra credit for every can brought in.



The Class of 2006 Thanksgiving Assembly

S.C.A. Officers seniors Allison Jordan, Daniel Zeece, Jillian Walton, Folashade Modupe, and Julia Layton present the 50 things for which the Class of 2006 is thankful for.



Up Next...
Senior Julia Layton introduces the Madrigals, who performed during the Thanksgiving assembly. S.C.A. members were responsible for introducing the various performances.

Benched?

Physical Education teacher R.J. Windows briefly competes in the hula hooping competition against students and other faculty at the Homecoming pep rally.



Bring Down the House





Study hard, study!

Freshman Kate Irick studies her music book with the rest of her orchestra class, as the orchestra director, Serena Everett, explains new material.

Put some soul in it!

The jazz band/combo performs at the Thanksgiving assembly. Qualified to compete nationally, the jazz band/combo performed at the Oklahoma Jazz Festival, for which they were paid.



All that sparkles...

Trophies from previous competitions and performances that show the successful efforts of the orchestra are proudly displayed in the orchestra room.

Keep the rhythm going!

Sophomore Zach Allison plays his trumpet as part of the jazz ensemble at the Homecoming game's half time show



And the beat goes on

Drum line members junior Stephen Potter, sophomore Bianca Vassare, and freshman Michael Srisuwan march along to the beat. The drum line was a close knit group who held extra practices and often went out to eat together after practice.



Shared by Kristina

Rhythm and Blues

The music department dropped the beat

and lifted their listeners out of their seats

Students in the music department could be seen lugging their equipment or running to catch a practice through the school hallways. However, they often did not get the recognition that perhaps student athletes may have received from fellow classmates. Many students took for granted the importance of the school's band, orchestra, and choir.

During marching season, the band practiced every day after school, as well as every Wednesday night for two hours on the field. Sophomore Grace Chang said, "A lot of people don't realize that [being a part of] band is a huge commitment. I have to struggle during marching season to balance band and my academics."

The Madrigals, the exclusive advanced

choir, also required a big commitment and a great amount of dedication from its members. Senior Laura Karl said, "We performed at school assemblies, concerts, and 15 out of 16 members made district auditions, but we still don't get a lot of recognition."

Orchestra students also practiced diligently each and every day to make sure they were ready for school performances and competitions, one of which was a trip to Boston, Massachusetts.

Despite long hours and time consuming events, musicians expressed that their commitment was often times overlooked by fellow students; regardless, they brought home many trophies they were proud of.

-Karina Zannat, '08



Practice makes perfect!

Junior Christina Lloyd practices playing the violin with her fellow orchestra members. "I think we have definitely improved this year with all our practices and hard work" said Lloyd.

Belting out those tunes

The Madrigals belt out a song during a performance at a school assembly. Most members were in the choir for a number of years before they made the cut to be in the Madrigals.



Marching along...

Despite a light drizzle, the band keeps a tight formation as they march to the field for a performance. Required to practice everyday after school during season, band members had to be highly committed.



English

One-Oh-One

How is it that each year there is a theme in English,
but no one ever knows what it is?

Power! It was the one theme that was supposed to be pushed in senior English classes. Each year, different themes are created to suit the different grades' learning objectives. Although students were told at the beginning of each school year what their class theme was, they never seemed to recall what exactly they were.

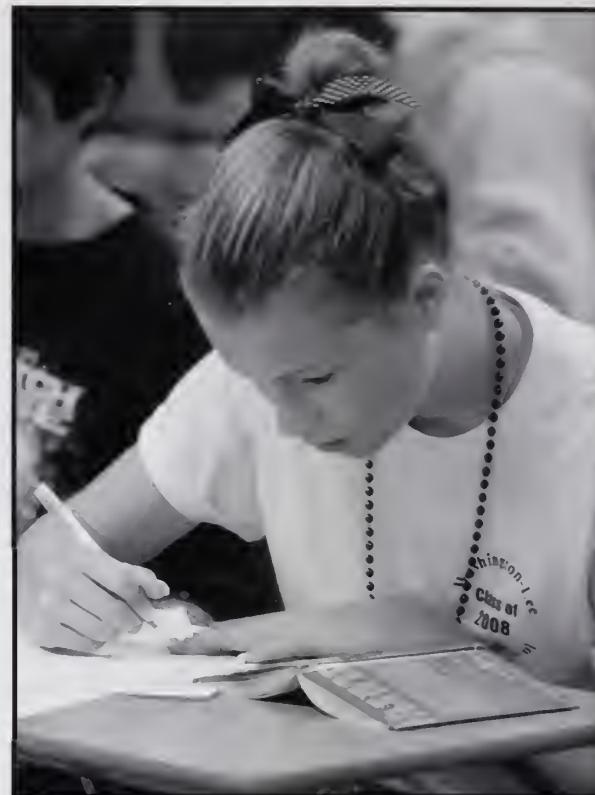
Freshman classes learned about identity, sophomore classes discussed communities, and junior classes focused on perspectives. But how did the teachers manage to tie in their curriculum with the class objectives?

English teacher Keith Klein was able to start off the year with the theme of identity after students read their summer reading. "We started out talking about identity in my freshmen classes. Identity is a great theme to pull

together literature throughout the school year," said Klein about discussions in class. Even though the teachers may have thought that their connections between classwork and the themes were working, some students could not remember what it was that they were supposed to be focusing on. "I had no idea that we even had a theme going on this year!" said senior Landon Stanford.

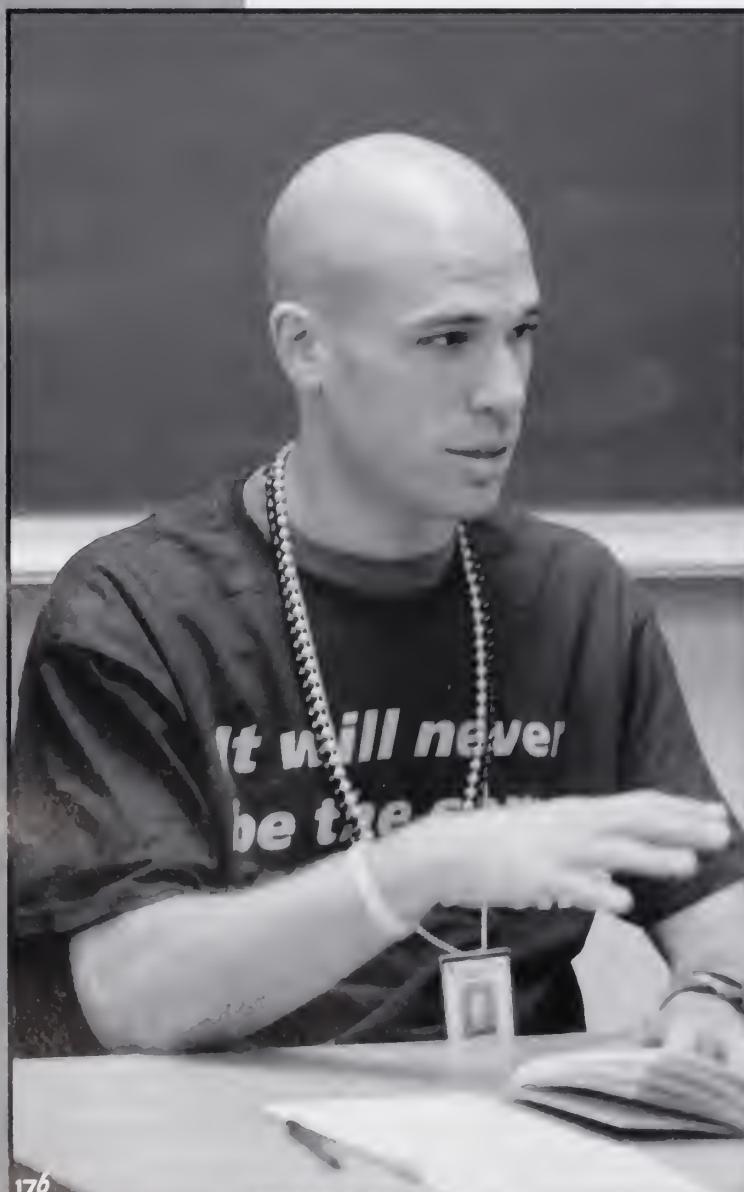
The books that were selected for the school year were supposed to aid the teachers in reinforcing their class' theme. "Ms. Brahaney interpreted the theme into our curriculum through Oedipus Rex and compared it to modern movies like Minority Report. I thought it was pretty effective," said senior Jeremy Klutz.

- Julie Lang, '06



Working Hard

Sophomore Elizabeth Butan works on a worksheet during class time on *The Old Man and the Sea*.

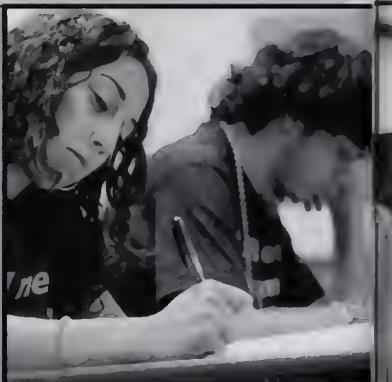


Toil and Trouble?

Seniors Rebecca Cohen and Gregory Leahy take notes on *Hamlet* in their third period AP English 12 class.

Listen Up!

David Peters gives lectures to his AP English 12 classes on *Macbeth*. He stresses the importance of looking beyond the text



Reading for Meaning

Sophomore Nathan Rogers reads to answer questions for his assigned worksheet in his English 10 class.



Guiding the Pack

English teacher Rosa Reyes reviews sophomore Lisa Mustow's short story during writing workshop. These interactive workshops offer students a chance to express various views on creative topics.



A Professional Eye

Sophomore Zach Bowman goes to get help on an essay after school from English teacher Gordon Laurie.



Papers Returned

Kristina Vi reviews her essay in her English class.

Getting Analytical in A.P. lines

Senior Sarah Murphy listens closely as David Peters, English teacher, reviews the day's analysis of Macbeth.



Reading Between the Lines

Senior Janett Perez realizes the importance of taking notes during her AP English 12 class while her classmates give a presentation on Macbeth.





So Many Choices, So Little Money

Candy options ranged from \$0.25 Blowpops, to \$0.50 Snickers and M&M packs. It may not seem like a lot, but each candy bar made a difference when it came to helping out athletic programs.

Fan Fare

An opposing team's fan and his son view their choices of snacks at the concession stand, while concession worker junior Adolfa Dheming waits patiently on the two.



Ketchup or Mustard?

Junior Mutlu Gunduz checks to make sure he grabbed the right condiment for his hot dog. Gunduz also volunteered his time to help the athletic department.

\$3.00 Please!

A customer searches her wallet for money to pay for the two slices of pizza and a Pepsi that she ordered at a girls' basketball game.



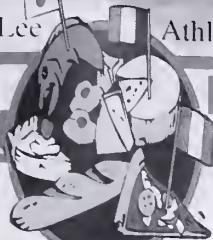
W.H. ATHLETIC INC. BOOSTERS

ALL PROBLEMS GO TO W.H. SPORTS



The Who and the What

The concession stand has a wide variety of junk food and soda along with sports drinks and substantial food for a possible half-time snack for the players. The stand also has a sign that tells people what their money is going towards.


Hot Dogs

Plain.....\$1.25

Drinks

Coffee.....50¢

Tea.....50¢

Hot Chocolate.....75¢

Water.....\$1.00

Soda.....\$1.00

Gatorade.....\$1.50

Munchies

Popcorn\$1.00

Chips/Cookies50¢

Candy.....50¢

Bubble Gum.....50¢

Other Gum.....25¢

Blow Pops25¢

4 Twizzlers.....25¢

Wi-Fi

Wi

Loads of time and effort

Penman and *Crossed Sabres* put their creative minds together.

and their pens on the line, in order to produce award winning publications

Ever hear a friend complain of being tired after school? Well, imagine having to come in before first period or stay after school to meet deadlines. Both the *Crossed Sabres* and *Penman* staffs did just that, and it was all by choice!

Twice a year the *Penman* staff put out a magazine compiled with poetry, art, and short stories by students. Senior Sam Hanft, a third year staff member and one of the editor-in-chiefs said, "Penman provides me with the opportunity to read and edit the works of literature Washington-Lee students."

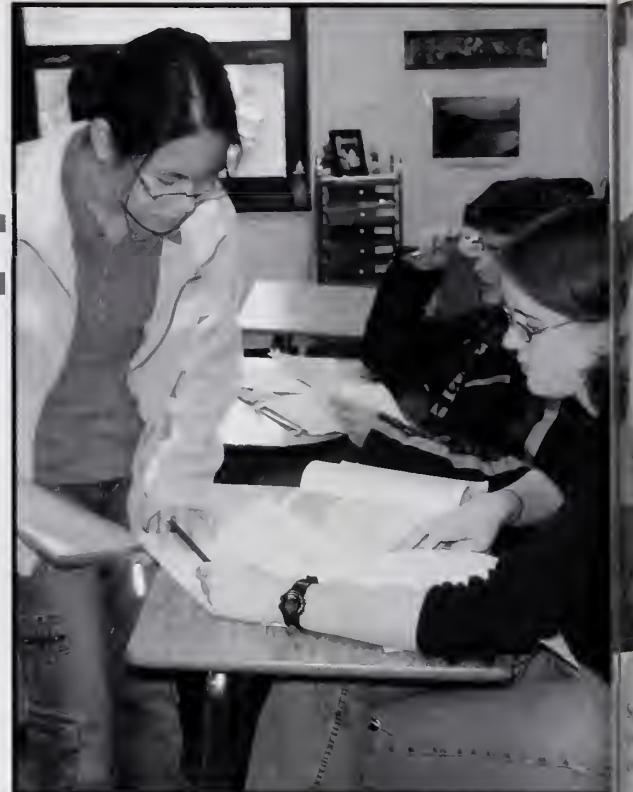
Penman met three times a week before school to discuss and edit the works of students. English teacher Sarah Harrick and *Penman* advisor said, "My favorite part of being involved with *Penman* is getting

to work with students who choose at their own freewill to explore creative writing."

Crossed Sabres put out a newspaper every month, and met daily in class. The paper was distributed in to all third period classes. History teacher Claire Moir advised the staff for a second year. Junior Ian Whittington served as the news editor for the paper. This was his second year on the staff. "I really enjoy *Crossed Sabers*. I have more of a leadership role this year," Whittington said.

Both of the publication staffs put a tremendous amount of time into their products. It required a significant amount of dedication to produce quality publications.

Carleigh Edwards, '07



Do you need help with that?

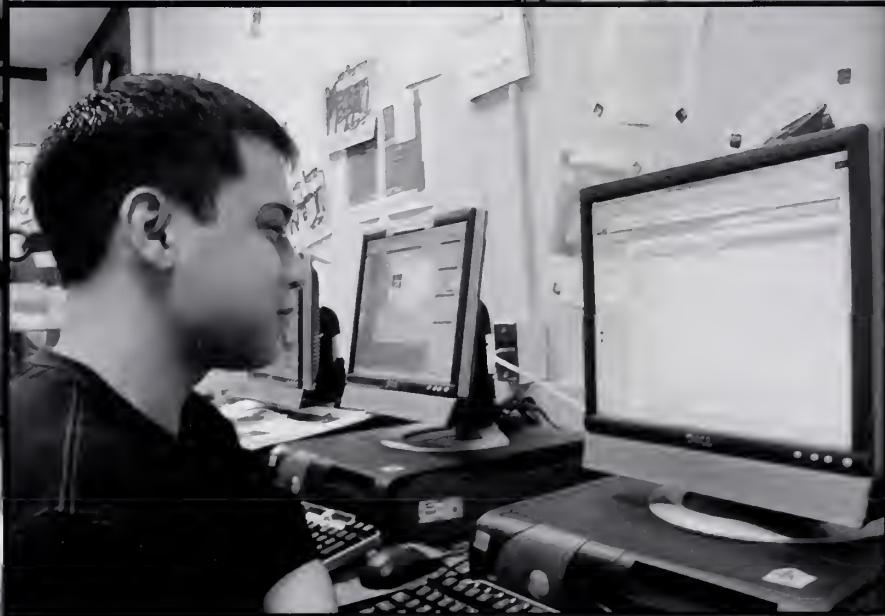
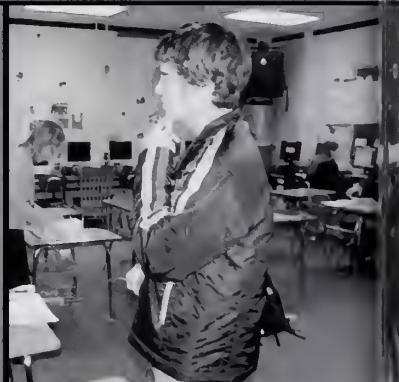
Seniors Karena Kuo and Kathleen Riley look over a short story submitted by a student to be published in the winter issue of *Penman*.

Helpful Hints

Newspaper advisor Claire Moir looks on as *Crossed Sabers* staffers discuss the edits in a story; she offered advice and voiced her opinion

Hmm...

Caught in deep thought, Senior Sam Hanft helps fellow *Penman* staffer with ideas for the fall issue of *Penman*.



Junior Ian Whittington checks his personal email afterschool in the publications lab. Earlier, Whittington had emailed a person regarding the delay of construction at the school. Whittington was writing a story on the the delays.



Who said that?
Sophomore Margaret Tate fills out a check list for her story in order to turn in to the editors. Tate also fills out quote verification sheets, a mandatory task for each *Crossed Sabres* staffer.



Where does this go?

Senior Bill Peters uses his personal laptop before school in the publications lab. Peters looks at his layout, mapping out where he is going to place pictures and where his story goes for the November issue of the *Crossed Sabres*.

I have an idea!

Juniors Sara Hosten and Raquel Farah-Robinson edit a *Penman* submission. *Penman* met in the publications lab in the morning, where they went over student submissions and prepared for upcoming deadlines.

That looks good...

Junior Caroline Griffin smiles as she reads a story submitted by a student for the *Penman*'s fall edition.



There are so many!

During a massive clean up over the summer, all of the *Penman* issues were laid out on English teacher Sarah Harricks's classroom floor. *Penman* went through many changes throughout the years, however, it honored many of the same features of the original editions.





Rising, Just Not Running!

Sophomore Kristi Vasquez, in math class, starts her worksheet off by writing her name. Her worksheet was on finding the slope, and graphing it.

Accelerating Exponentially

Susan Lauffer, geometry and calculus teacher, assists a student with a geometry problem. Those who needed an extra hand at improving their skills had the option of visiting the math lab any day at lunch. Colleen Barba, math teacher, was one of the teachers always in the lab ready to offer assistance.

Why was Six Afraid of Seven?

Sophomore Corey Smallwood had problems communicating with girls in between classes. He tries to find the problem in his "technique."

He's Got Skills

Junior Kingsuk Barua shows off his math "skills" by reciting formulas in the hallways to all the girls. He makes sure that they all are listening.



Adding It Up

Math teacher Viet Phan enters quarter exam grades into his computer. He was very pleased with the grades that his students made in his geometry classes.



Everyday Math Classes & Work

Sophomore Daniel McKenna works on his computer to get his work done for his seventh period class.

$\text{Sad Face}^2 + \text{Math}^2 = \text{Heart}^2$

The ladies like the math, and so do the guys,

so next time you flirt, talk about trigonometry.

The fans, the skills, and the ladies; football star, heck no! He was a mathematician, who was good at multiplying decimals, and dividing fractions. But why would being great at math attract the opposite sex? Is it because the opposite sex can't resist all the thinking involved when using the Pythagorean Theorem?

Math teacher Viet Phan said, "Math makes you a critical thinker, [and] math definitely gets the ladies." He continued by saying, "[I became a math teacher because] I enjoy working with young people."

In a poll of 20 students, 13 of them said that their favorite class was math. Math has a vital component in the real world; even science required math.

Sophomore Corey Smallwood said, "Math

is the base of almost everything! From computers, all the way down to the cement we walk on; math was involved." Teachers brought math in to the real world by having students work through real life situations. For students to receive a standard diploma, three math were required, however, many students pursued math education through their senior year. Students saw the value in knowing their numbers.

Math has been a puzzle just waiting to be solved. Most guys admitted to saying that they like a girl who is smart. Girls, too, say that they like having a man that thinks things through thoroughly.

So next time a pick-up line is needed, avoid, "Hey, want to go for a ride?" and substitute, "Hey, want to go count some prime numbers with me?" -Patrick Jackman, '08

Because seven "ate" nine!

Now that Corey found out what was wrong, he corrects it and now has more confidence when it comes to talking with the girls, because of their common bond of math

Having fun summing it up....

Sophomore Nicole Canales finds the answer of the question, then puts it in slope intercept form in her math class.

Notes, Notes, and More Notes

Freshman Michael Rincon copies down notes in Colleen Barbas' class. He hopes to review his notes and get a good grade on his test.

Just Honor It!

You can talk the talk,

but can you walk the walk?

The National Honor Society's motto was to promote scholarships, leadership, community involvement, and overall good character.

The National Honor Society originated in 1932. In order to join the society, members must have a 3.5 grade point average or higher and must have completed several community service hours. In addition, they must show leadership.

Although N.H.S. used to meet only once a month, this year they met much more often. As a result, the members accomplished a number of goals at their meetings. They discussed and planned activities, and they were able to better the Arlington community.

While deeply rooted in tradition, the society had two major changes this year. During the 2004-2005 school year, club members didn't

take their club duties as seriously as they could have, so this year president Allison Jordan, senior, took charge. Jordan said, "I want the members to be dedicated to the club."

In order to get the members up-to-date information, Jordan wrote a monthly newsletter, and was able to promote club and community involvement.

Another change was a new sponsor. Librarian Esperanza DeSisneros took over the leadership of the organization. "I want the students to have meaningful fun, recognize the value of doing volunteer work, and the value of membership," she said.

The National Honor Society went through a number of changes, but was still able to positively contribute to the growing community.

-Crystal Orange, '07



Get your Work Done

Junior Mackenzie Baker takes notes at a National Honor Society meeting. He needed to fulfill ten hours of community service, so he is jotting down service options.

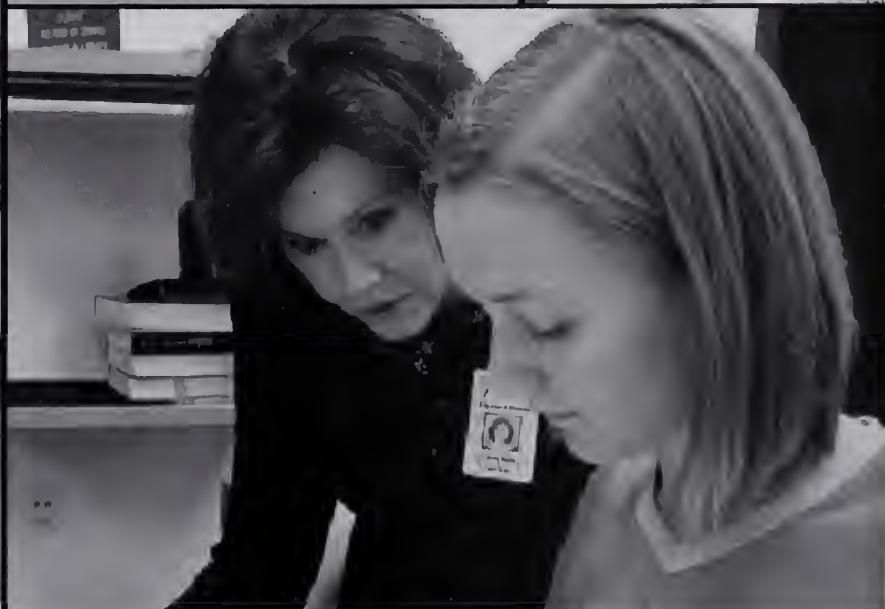


Frustrated?

Junior and National Honor Society treasurer, Elise Cohen, gets a little frustrated when everyone tried to pay their \$3.00 dues at the same time.

Getting her Thoughts Together

Senior Karena Kuo gathers her thoughts and helps with upcoming activities after the club meeting.



Super Impressive

Junior Katlyn Allmon, member of N.H.S., looks over a list of upcoming events with the N.H.S. sponsor and librarian Esperanza DeSisneros.



Club Officers
The club officers and loyal members work hard together to make sure that all of the prospective member sheets are correct.



Suggestions from President
Suggestions were always encouraged in the National Honor Society. Senior Sally Traynham gives Senior and president of N.H.S. Allison Jordan her ideas for the next fundraiser.



Super Saddi
Senior Pierre Saddi, vice president of the National Honor Society, sifts through potential members' application

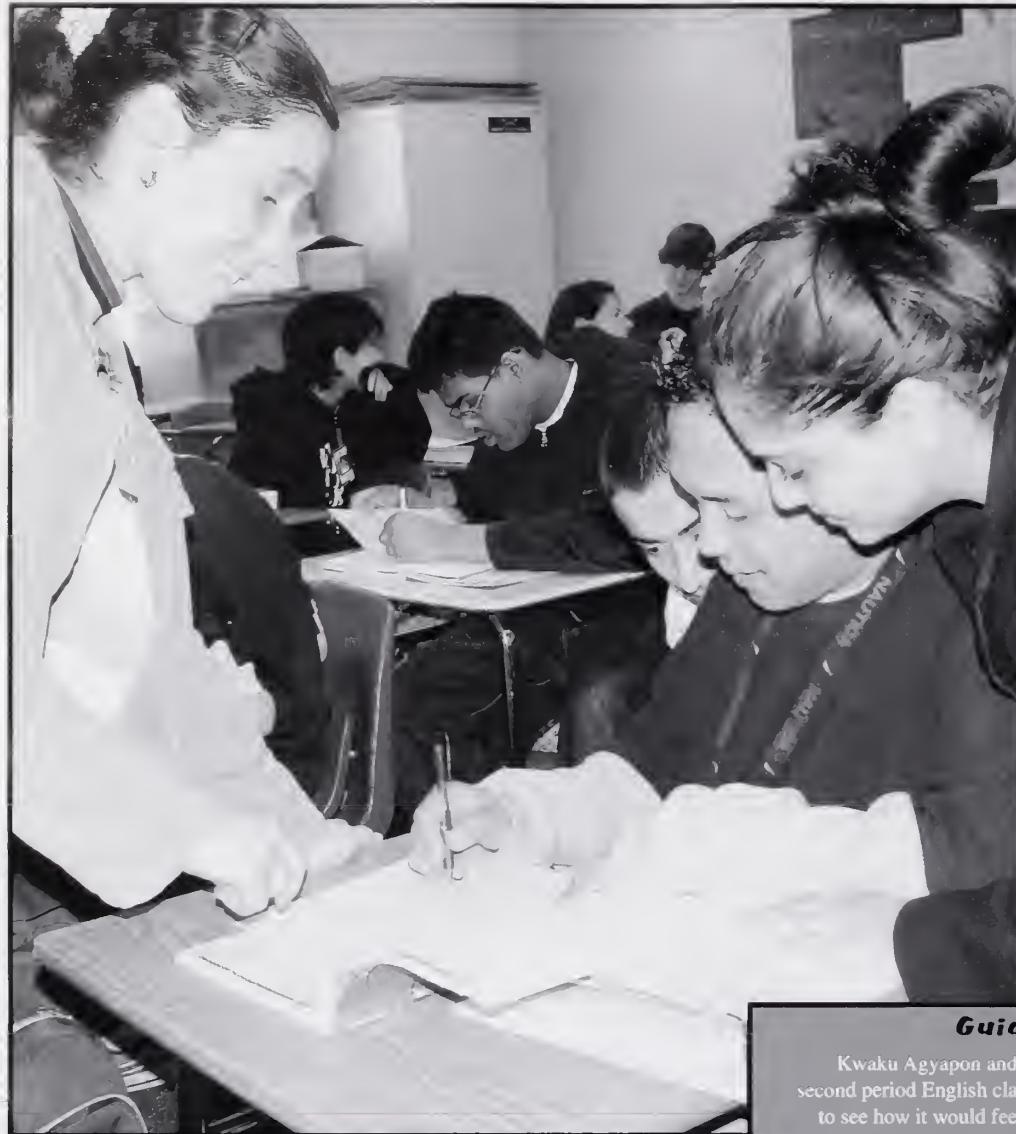
Think Away

Junior Peter Gurney, along with other N.H.S. members, listens to what Jordan has to say about the induction ceremony.



Thinking with Mendyk
Senior and National Honor Society secretary, Ellen Mendyk, thought ahead and brought snacks for the other officers for their meeting.





Messing Around

Junior Bianca Cadogan is supposed to come to class and start working with her Earth Science paper on the computer, but Cadogan instead messes around with RISE teacher, Julie Cantor, and wanted to play "Guess who?" before class started.



Guided out of Class

Kwaku Agyapon and his partners told Sheriff's second period English class to blindfold themselves to see how it would feel to be in isolation. An annoyed senior, Russell Dawson, was escorted out by Agyapon.

I Need Help with my Math!

A frustrated Senior Phi Tran tries to work on his algebra and trigonometry. Junior Peter Gurney attempts to help Tran with his math problems during fifth period.



Debating Controversial Issues

Robert Summers, history teacher, explains to his class about an upcoming debate that they will partake in the following week. Summers wanted his students to think about what is going on with the government and their role in the matter. Practical application allowed students to work diligently and feel that what they did had a purpose.

Getting It Done

Too much work can do the body damage...

But they still seem to get it done...

Stop goofing around and get to work. High school can be tough. Students agreed as they reached their high school years, that classes got harder and most had at least two hours of studying per night. Therefore, students had to create strong work habits.

Many expressed that by senior year, there were drastic improvements in the way they handled their work. “[School] is a bit hard, but I think I will have strong work habits when it comes to school when I am a senior. It gets harder as the years go by and with time, I can do it,” said freshman Sahand Minaie.

There are many students who took their work seriously. They wanted to make better grades in order to earn a good G.P.A so they could be admitted to the colleges of their choice. Students improved their work habits to reach

these goals.

Though there were several students who just liked to mess around in class and have fun with their peers. Junior Jeanne Bone said, “I don’t think my work habits will improve when I am a senior. I am not as focused as I should be and it won’t get better in senior year at all.”

Senior Estefania Vida said, “When I was a freshman through junior, I used to mess around a lot and not care for school. Now that I am a senior this year, I want to go to college and I want to get better grades this year. My work habits have improved a lot and now I really take my schoolwork seriously. I know what distracts me and what I need in order to focus better.”

-Nora Kyles, ‘06



What's Next?

Senior Michelle May looks at her agenda book. She gets her work done by reviewing her class assignments, and she gets her homework done on time. Looking through the agenda really helped May get organized.



Any questions? Yes, you?

Seniors Purnima Barua and Cephais Bouey present an introduction to Mary Shelly's *Frankenstein* in Meghan Sheriff's English classroom. Seniors said their habits and focus in class improved during their time in school.

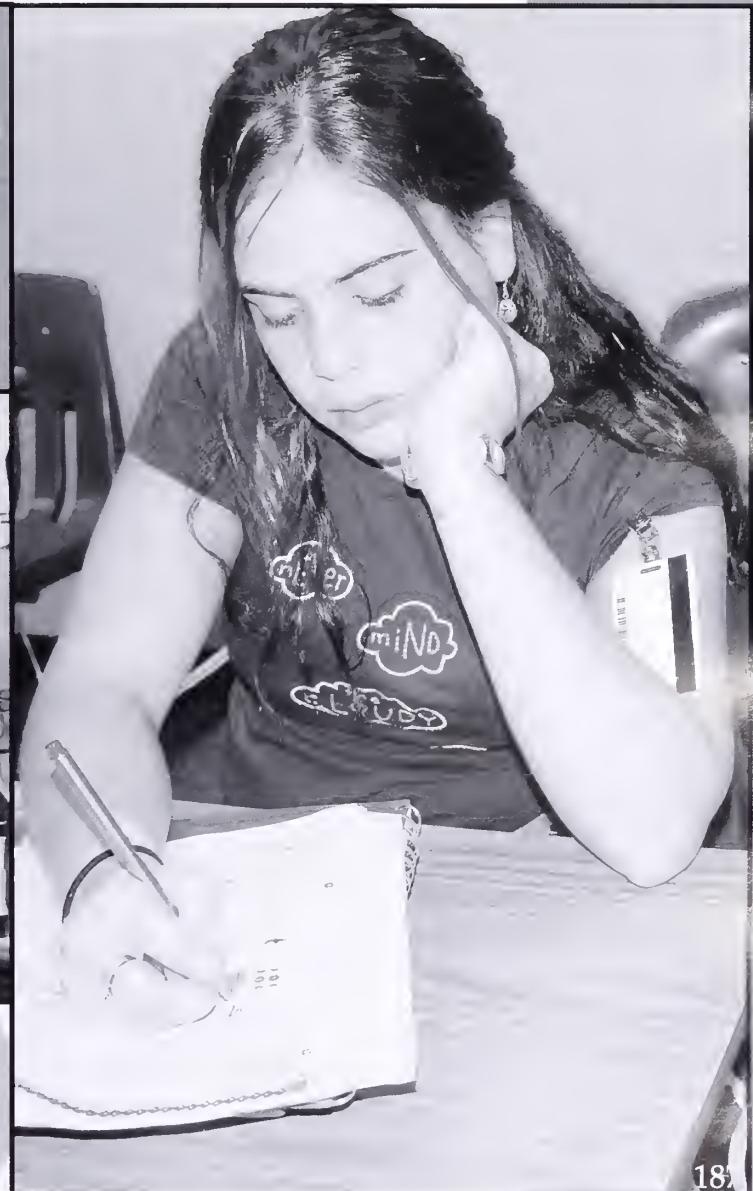
Working in the Workbook

Freshman Clare O'Doherty works intently on her practice workbook 3.2 while others around her are somewhat off task. She prefers to work individually.



Getting Down to It

In Sheriff's English class, seniors Lauren Tessaro, Eden Tinsley and Alexandra Dahlstrom pretend to be Robert Walton, a character in *Frankenstein*. Taking class assignments seriously ensured that students thoroughly understood their class work.



Dangers Can Occur

in the lab

Troubles in the science room?

Students discuss lab mishaps in their science classes...

Not all students practiced safe experimenting even though they had instruction from teachers on what to do in the lab. Students noted that chemistry was the most dangerous out of the science classes offered. Sophomore Catherine Conti said, "We were boiling water and, not thinking. I touched the beaker and burned my finger."

Prior to experiments science teachers went over the procedures that were to be followed in order to avoid accidents like Conti's. Junior Daniel Deithorn was warned that the hydrochloric acid they would be experimenting with would burn if it came in contact with his skin. However, that didn't stop him from playing with the acid. "I spilled the hydrochloric acid all over my

arm. Embarrassed, I didn't tell my teacher. My arm really burned," said Deithorn.

Teachers even had trouble with experiments. Freshman Micheal Watson commented, "Once my teacher was trying to fix the bunsen burner when the fire came out, catching her eyebrows on fire."

It is inevitable not to run into problems during experiments. Junior Ian Whittington took a safety test in chemistry, but he explained that there is limited danger involved in his physics class. Ron Revere, physics teacher, prepared students like Whittington, by prepping them to be safe and use common sense when getting physical in physics.

-Carleigh Edwards, '07



Using the Right Equipment

Graduated cylinders and beakers have been used since elementary school for experiments.

Skeletal Remains

Science teachers make their class climate festive by including the human skeleton in to Spirit Week by giving him a festive lei.

Pay Attention!

Senior Samuel Farber listens as his physics teacher discusses free-body diagrams.



Getting up to Experiments

Junior Micheal Vitale makes up an experiment for his IB physics class after school in the main hallway.

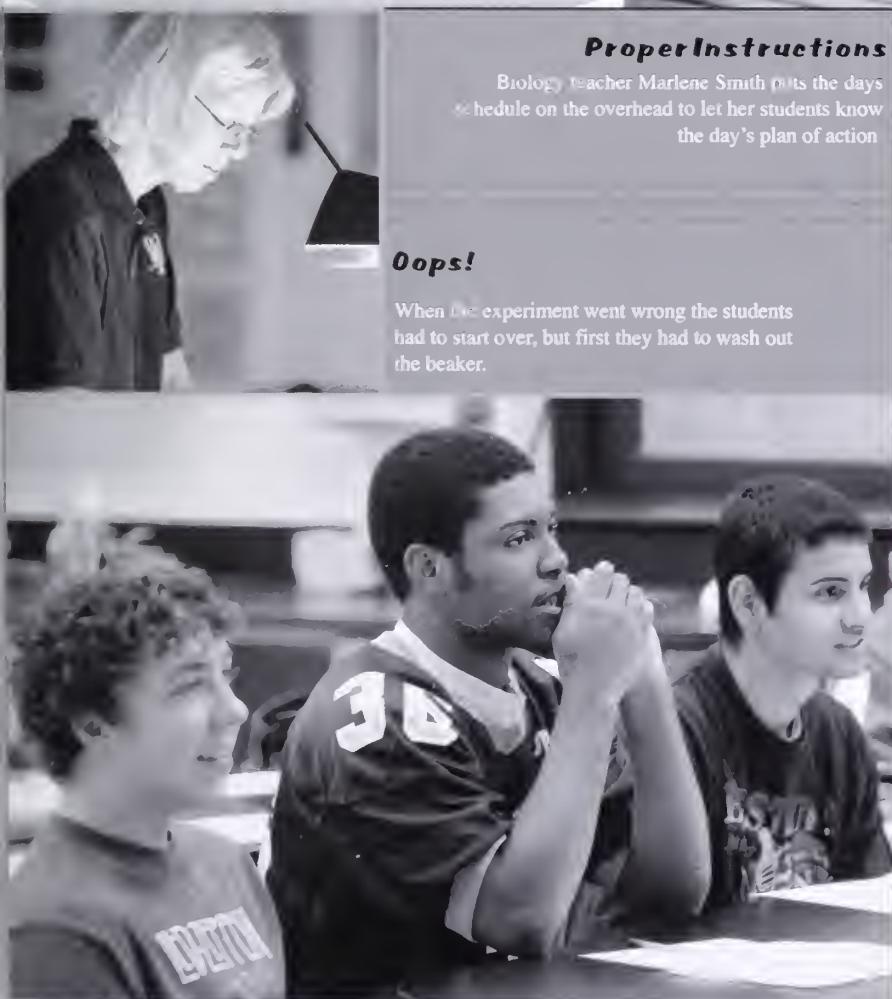




Re-creating Elements
Sophomore Gretchen Butt measures out the exact amount of colored water for an experiment in her chemistry class.



Getting Extra Help
Sophomore Camile Homes-Vonilla gets help on scientific notation from chemistry teacher, Stacie Brasfield.



Laughter in the Classroom
Sophomore Ryan Shur, Junior Jonathan Whitaker and sophomore Sajid Khan laugh along with the class as Mary Paquette, chemistry teacher, tells stories about her children.





Other Options

Senior Akanksha Sharma hopes to attend New York University, where she would study international relations and possibly go to work for the United Nations. She is open to other options which is why she is reading the Keuka College magazine.

Filling Out Applications

James Sample helps seniors Cephas Bouey and Kwaku Agyapo fill out their college applications. Bouey is interested in going to Temple University and Agyapo is interested in going to Virginia State University.

What is She Happy About?

When asked where she wants to go to college, senior Mariam Wakili points right here to Virginia on the map. Wakili is interested in being a surgeon and plans to go to Northern Virginia Community College for two years.

Looking Up...

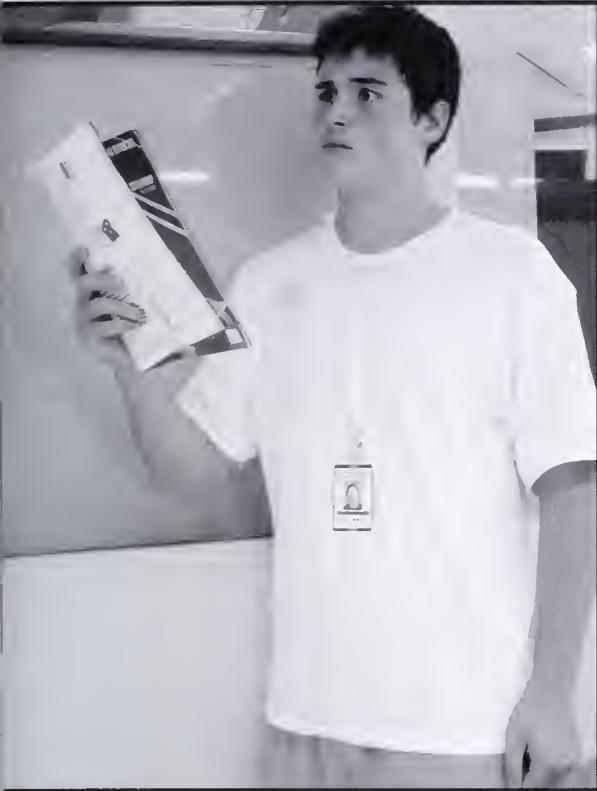
Senior Jeremy Klutz looks at the Key College magazine for ideas on scholarships. He plans to go to either Howard or Hampton University. Klutz wants to be an engineer.



Searching the Internet

During her fourth period, senior Brittany Smallwood looks up the nursing major at Pine Bluff Arkansas in SOL coordinator Julie Cantor's classroom. Though she was supposed to be doing her homework, Smallwood thought it was in her best interest to look towards her future.

Goodbye High School Hello Real World



Getting It Down on Paper

Senior Colman Schwartz is looking at a career planning template. Schwartz wants to go to Virginia Tech or James Madison University. He wants to obtain a business degree, but he isn't one-hundred percent sure. He is still looking at other careers as well.



Useful Resources
Sophomore Jessica Kelley wants to major in history at the University of Georgia or Syracuse University. However, looking at a magazine for the College of Atlanta, she thought it was great option too.

Practical Knowledge...

Junior Alex Parker loves learning how to fix cars, but eventually, he wants to go to Morgan State to become an architect.



Transcripts and Applications

Senior Alexandra Dahlstrom works with her guidance counselor Kristin Shapiro; they discuss how to acquire all the information she is going to have to submit to the colleges she wishes to apply to. Her deadlines are in January.

Planning on going to college?

If you think leaving high school is easy.... think again!

Once junior year arrived students started thinking about colleges. Hitting senior year has left students frustrated over applications. While leaving high school might be difficult, adapting has been a part of life for a long time.

Sophomore Aryca Wilkerson said, "I know I'm not a senior yet, but I think when seniors leave school, the hardest thing about leaving is not seeing their friends." Most obstacles seniors faced were figuring out a plan for life after high school.

On October 12, 2005, there was a college fair at Ballston Common Mall; colleges from all around came to give information to hundreds of local high school students. Some of the local Virginia colleges who attended were: Virginia Union University, George Mason University, Virginia Tech, and University of Virginia.

Applying for college became very stressful

for the seniors. Counselor Caitlin Rose said, "The whole application [process] is hard. Entering everything is hard because you may need to write essays, get letters of recommendation, or even send your transcript to each college."

Some seniors considered enlisting in the Army, joining the work force, or going to trade schools, however, college seemed to be a top choice.

"I want to go to the college that is best-suited for me and major in political science and international affairs with a minor in philosophy," said senior Aurora Hong. Like Hong, all seniors had to find a plan that fit their needs and college and career counselors helped them get there.

-Nora Kyles, '06



How it all started

The making of the stars...

How they got their big breaks!

People do not just wake up one day and decide they want to act. It took inspiration and a few lucky circumstances that led Senior Daniel Zeese to his fate.

Zeese was never one to stand in the corner and watch other people have fun. He always wanted to be "a part of the act." Starting freshman year as being a part of the technical crew, Zeese would assist in the building of sets for plays. Zeese couldn't help but become a part of it. "I would watch people rehearse from back stage and I could tell they were having a lot of fun. I wanted to be a part of it." Zeese never looked back after joining the drama department. "[What I like most] is being able to perform in front of an audience. Putting a lot of time and effort into a project, then watching people

enjoy it is so rewarding!"

Julia Layton, senior, also had trouble staying behind the scenes. "I have always been an outgoing person," Layton said. "Since I can remember, I have been performing in front of anybody who would watch me." It was obvious that people who were meant to act couldn't help themselves, and fate led them to where they belonged.

Whether they are beginners or stage veterans, the stars of the drama department continue to light up the stage. Hopefully, as time wears on, the drama department will continue to play a big part in the creative department and add color and zeal to the school's unique personality.

-Angelina Goddard, '06



Rehearsals

Seniors Julia Layton, Daniel Zeese, and Miriam Cross-Cole step out on stage during a dress rehearsal the day before the opening of *The Time of Your Life*.



I'm Ready for my Close Up

Junior Rebecca Spavins puts on some stage makeup in the girl's dressing room before stepping out on stage for the opening night.

Anchors Away!

David Greenwald applies makeup before going out on stage. Greenwald is playing the part of a sailor



And, the curtain goes up!

The cast of "The Time of Your Life" on the stage in the auditorium prepare for the upcoming play during a dress rehearsal.





Line Please...

Sophomore Maria Raffaele rehearses over some lines on stage with her co-actors before a big opening night!



Lights

Sophomore Zach Bowman looks confused on stage while he plays a cowboy in the play *The Time of Your Life*.



Where's my script?

Hahn Lai plays a gentleman in a bar while acting in the play *The Time of Your Life*

And...Action!

Freshman Andrew Trombley discusses some scenes with fellow actors before rehearsal begins.



Preshow Run Throghs

Senior Daniel Cackley goes over his lines with junior Rebecca Spavins before the dress rehearsal with the rest of the cast.



Making The Smart Choice

Students migrated to Quincy Street...

Why did they make the trip?

Being the only school in Arlington County with the International Baccalaureate Program, many students decided to make the trip to be able to participate in the program. Why did students do this?

According to International Baccalaureate director Marilyn Leeb, "The IB Diploma is accepted all over the world, from England to Egypt. It is very appealing to those who may be interested in studying abroad or perhaps traveling in the future." Some students took the opportunity of enrolling in a higher level course to have the chance of studying abroad and immerse themselves in other cultures.

What were the steps students needed to take to get into the IB Program? Leeb said, "The [normal] procedure is that we

usually encourage the students who are interested to come in their ninth grade year. As a sophomore, they must take the pre-IB AP Government class. After taking this course, we ask them if they think that IB is right for them. If they are a transfer, however, they are required to take on two IB courses in their junior and senior years."

Leeb also explained that from now on any qualified students who apply to the schools International Baccalaureate Program will be accepted. "We no longer have to have a limit to the amount of students we can accept [into the Program!]" With this new adjustment to the program, it is expected that more students will make the trek to Quincy Street.

-Angelina Goddard, '06



Looking Forward...

Freshman Sarah DiNardo listens to her English teacher Keith Klein as he prepares the class for the heavy course load they should expect in an upcoming IB English class.



According to the Calculations...

Junior Nicholas Birasa works diligently on a IB Physics lab during his class with teacher William Chamblee.

Lovin' the Job...

IB social studies teachers Kathleen Claassen and Natalie Root are few among several co-workers certified to teach IB courses. Claassen was a first-year IB program educator.



The Veterans

Seniors Alexis Solheim and Kristoffer Runevald sit outside underclassmen lockers, helping each other in finishing a science project for their seventh period IB Biology on plants reaction to different colors of light.



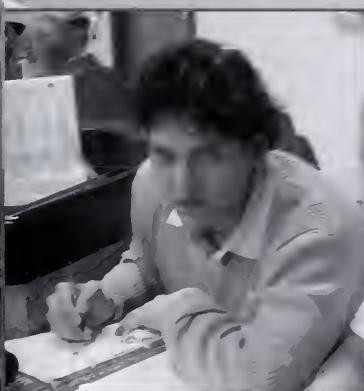
Getting started...

Freshman Mark Curry listens attentively as Marilyn Leeb discusses future plans for IB students during Mr. Klein's English class.



Opening minds...

Senior Jonathan Scheer finds time to stand pensively before a test in his IB Biology class.



Searching for the Light

Senior Juan Carlos Ortega asks for help in his 7th period IB Biology class.

Pushing the button...

Juniors Adam Roddy and Jeffrey Phang participate in their IB Physics class while learning about gas combustion.



Passing the Test...

Juniors Bridgit Donnelly and Samuel Cristea prepare for an upcoming test in their IB English class.





Men and Beasts

Junior Seth Kutner and Senior Ethan Cromartie listen attentively in Peter Vogel's sociology class as he talks about evolution and compares today's men to cavemen in 1000 BC.

Rules of the Game

Physical education teacher Alvin Vogel discusses the rules of basketball with his students during a class on basketball.

Warming Up

Sophomore Lisa Musto stretches along with her gym class before playing volleyball in Coach R.J. Windows seventh period class.

Fully Engaged

Sophomore Katie Wheeler learns about the left and right brain in Jim Thomas' psychology class.



Could the clock be any slower?

Students in Jim Thomas' psychology class wait for the bell to ring so they can go outside for recess after a long day of school.

Shakin' up the class

Why do people enjoy certain classes more than others?

Why is it easier for students to motivate themselves?

Students expressed that the reason it was easier to motivate themselves for certain classes over others was because of teachers and their creative techniques. Twelfth grade English teacher, Meghan Sheriff, involved her students by encouraging them to act out a play before they began reading it. When asked about her favorite techniques, Sheriff said that her students, "Get a better visual understanding [of the topic] by participating in hands-on activities." Getting up and moving around, "Helped the students absorb the material more," Sheriff explained.

History teacher Les Albers believed that hands on, active, and involved students were more avid to learn the topic. An example of Albers' haptic teaching style was the annual

Revolutionary War History Day event. The day consisted of Albers' students dressing up and teaching other students about topics ranging from money to weapons. "It's important to get the kids involved," Albers said. Students expressed that they liked when teachers grabbed their attention in class.

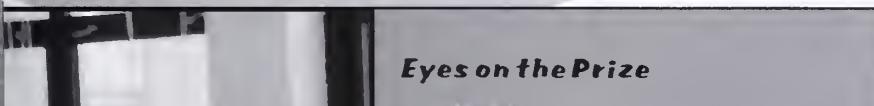
Senior Allison Jordan enjoyed an active classroom. "I especially loved the science labs we did in Mr. Chamblee's physics class. Once Mr. Chamblee made a cannon out of soup cans, and while explaining pressure and force shot tennis balls out of it." A hands on approach made a lasting impression on most eager learners due to diverse teaching techniques on the part of teachers.

-Angie Goddard, '06



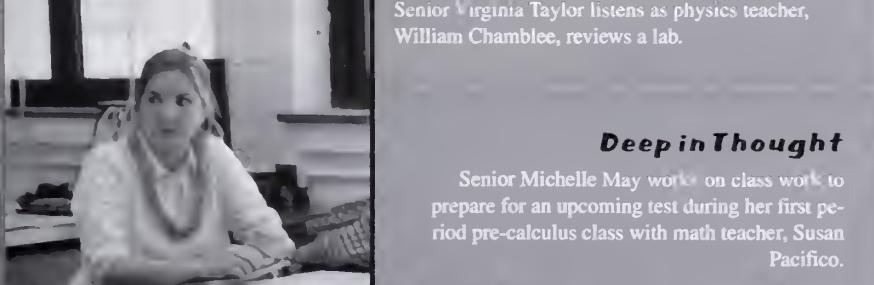
Spirited Learning

Junior Dacie Marshall works hard on her math problems, while displaying some school spirit on Blast from the Past Day during her first period pre-calculus class with math teacher, Susan Pacifico.



Eyes on the Prize

Senior Virginia Taylor listens as physics teacher, William Chamblee, reviews a lab.

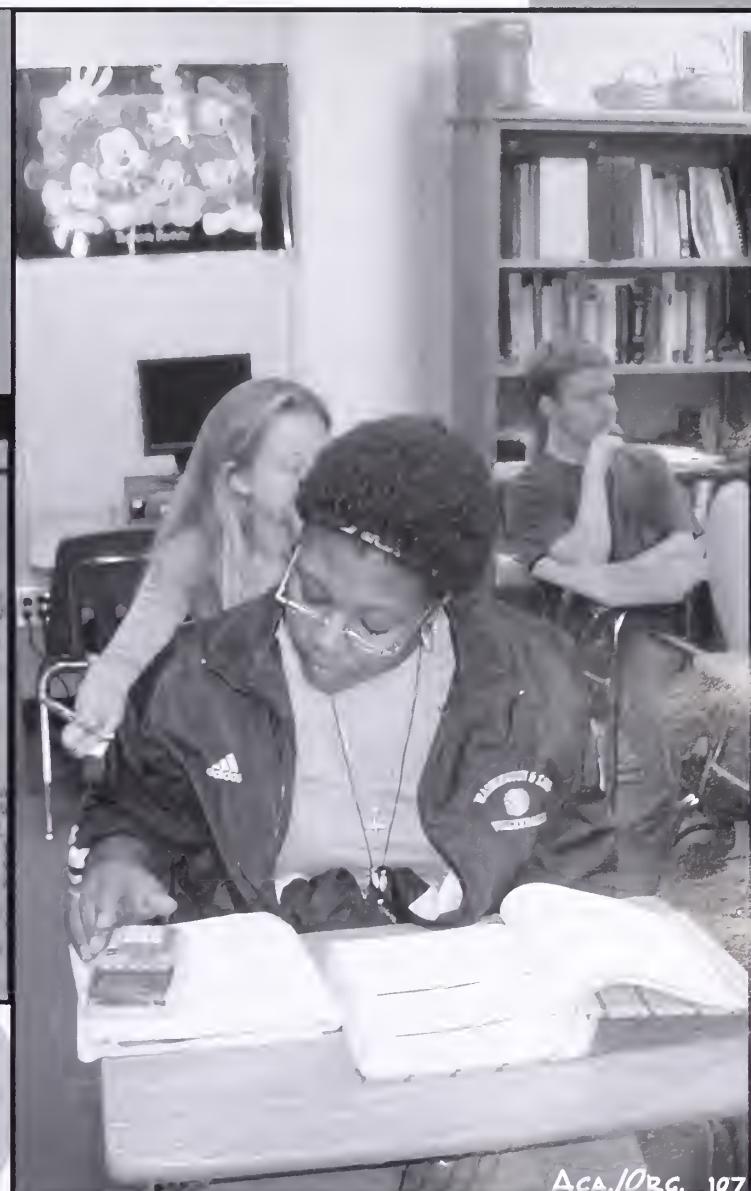


Senior Michelle May works on class work to prepare for an upcoming test during her first period pre-calculus class with math teacher, Susan Pacifico.



Just Say No!

Senior Anne-Maire Tucker gives a presentation on illegal drugs during Peter Vogel's seventh period sociology class. Vogel's sociology class mainly focused on human issues.





SENIOR ADS

PUBLIC DISPLAYS
OF AFFECTION.

2006





CATLYNN CAIN
To Our Baby Girl,
Congrats!
You Did It!
Love,
Mommo and Poppy



HELEN STEHM

*Congratulations Helen!
Where have the years gone?
We're proud of you!
Love,
Mom, Dad, Willie and Peter*





Sarah Murphy

*We are all so very proud of
you! Congratulations!
With love from your whole
family*



Sarah Jackson

We have given you “roots to grow and wings to fly.” We are proud of you!

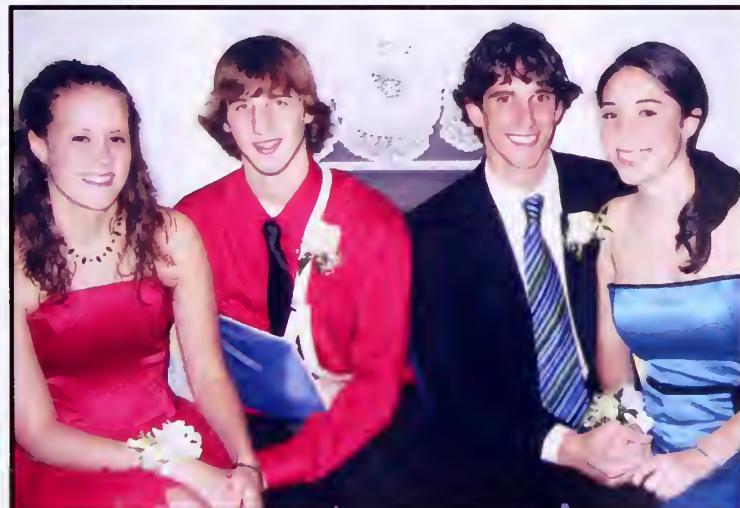
Love,
Mom and Dad



Carly Dean
&
Lauren Tessauro



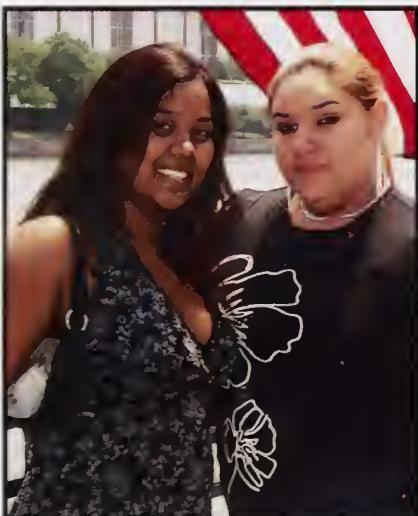
Through the short amount of time that we have known each other we have laughed and cried and shared more experiences with each other than we have with anyone else. “Always order pizza from one place to another.”



PURNIMA BARUA

Through all that mattered,
you guys are the strong foun-
dation I always needed. I
love you guys.

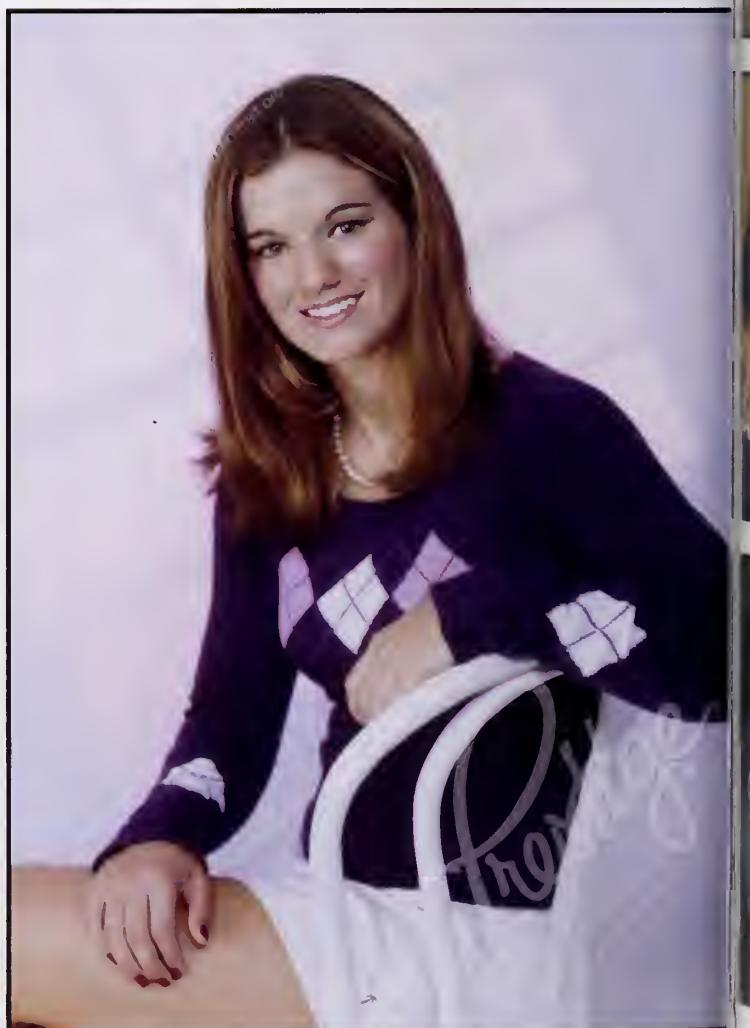
~Purny



Allie Smith

*How the years have flown. Our beautiful baby is
now a beautiful young lady. We're proud of you!*

*Lore,
Mom, Dad and Brian*





Congratulations Ladies!

Kristyn Wharton, Julie Lang, Virginia Macekura, Natalie Sapp, Rebecca Cohen, Sarah Murphy, Rachael Siemon-Carome,

Annica Juergens, & Sumiti Chopra

Whether it was from kindergarten or just the past four years, we've made it through just about anything and everything. Good luck to each and every one of you and go as far as you can in life. Make sure you have some fun along the way! Here's to another eighteen years of being best friends.



ELLEN BORYAN

We love you and we are very proud of you.

Mom, Dad, Lindsay and Catherine



ALEX DAHLSTROM

Alex,

We are so proud of you and wish you all the happiness for the future!

Lots of love,
hugs and kisses,
Mom, Dad, Peter and Natalie



JOCELYN DORFMAN

We love you and we're proud of you!



Dad, Mom and Eleanor



PAUL CAPETANAKIS

Congratulations! May all your dreams come true. We are very proud of you and we love you a lot.

Dad, Mama and Anna





Hayley Grinder

We are proud of you, Hayley, and all of your accomplishments in high school: your AP and IB classes, varsity volleyball, crew, and soccer, and both times you cleaned your room, marching band, the friends you made and projects you were involved in, all three times you put your dishes away, and the four times you hung up your clothes. We'll miss you- make your bed every day, and call Mommy every night! With love from Mom, Dad, and Peggy, and assorted pets, cousins, aunts, uncles, and family friends who all love you!





SAM FARBER

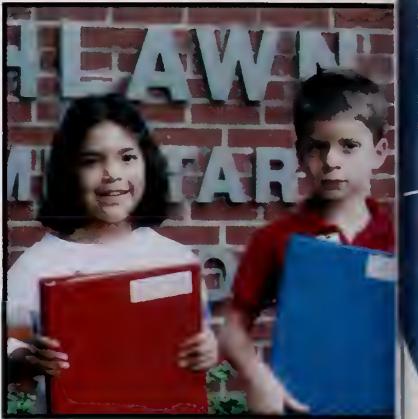
CONGRATULATIONS TO OUR
ALL-STAR!
LOVE,
MOM, DAD, & MADDY





Keith Sado & Natalie Sapp

*First cousins,
Best friends*



Dear Nora, You have dramatically changed our lives in the short ten years you have been in our family. We wish you only happiness and health, and safety as you move forward in your life. We wish you much success in whatever you choose to do. We will ALWAYS love you more!

Love,
Your Moms



BUSINESS ADS & GENERAL AFFAIRS

**It all comes falling down...
Generals reveal their most embarrassing moments**

CASSIANNA SPA

Hair • Nails • Facial • Massage

APPOINTMENT PREFERRED:

HOURS: M-F, 10-8; SAT 9-7; SUN 11-6

Check out the Best of 2006



**CASUAL
ADVENTURE**

CAMPING, HIKING AND
BACKPACKING EQUIPMENT
SINCE 1955

STORE HOURS
Mon.-Fri. 9:30 - 9:00 pm
Sat. 9:30-6:00 pm/Sun. NOON-5:00 pm

ADDING IT UP Year after year, the *Blue and Gray* is made possible by the generosity of local businesses, as well as numerous individuals. These contributions enable the yearbook staff to produce a successful publication by negating costs for various production expenses. Among these costs include classroom supplies, as well as shipping to and from the plant.

Business ads not only enhance the overall quality of the book with the personal touch of the community, but also provide extra opportunities for students. These opportunities include the Columbia Scholastic Press Association judging in New York and conference registration.

A big thanks to the community's patronage and devotion to the *Blue and Gray*'s success, we couldn't have done it without you! Make sure also to check out the new addition to the *Blue and Gray*- the "General Affairs" which includes spreads that feature Generals' embarrassing moments, *The Best of 2006*, and a tribute to a building that is loved by many.

-Meagan Riley, '07

Arlington Florist, Inc.

6035 A WILSON BOULEVARD
ARLINGTON, VIRGINIA 22205

(703) 534-7210
(800) 881-8309
Fax (703) 534-1807

Phantastique Beauty Salon

Hair - Nails - Facial - Massage

2920 N. Sycamore St.
Arlington, VA 22207
703-534-0077
703-534-0078

Jenny Chan Lang

Mon-Fri 9:30-8:00
Sat 9:00-8:00

CASSIANA SPA

Full Service Salon

315 NORTH GLEBE ROAD, ARLINGTON, VIRGINIA 22203
TEL: 703-528-5798 TEL: 703-524-6862 FAX: 703-524-0150
www.cassianaspa.com

Women's Haircut
Specialist

(703) 241-2340

Pete's Barber Shop AND Hair Stylists

5847 N. Washington Boulevard
Westover Shopping Center
Arlington, VA 22205

Mon.-Fri. 8:30 - 6:30
Saturday: 8:00 - 6:00

VASQUE NORTH FACE GREGORY CARHARTT



WOOLRICH MERRELL SALOMON
MOUNTAIN HARD WEAR ROCKPORT

COLUMBIA CAMPING, HIKING AND
RED WING BACKPACKING EQUIPMENT
OSPREY SINCE 1955

STORE HOURS
Mon.-Fri. 9:30 - 9:00 pm
Sat. 9:30-6:00 pm/Sun. NOON-5:00 pm

3451 N. Washington Blvd.
Arlington, VA 22201
(703) 527-0600
Fax (703) 524-9090

EUREKA TENTS
TIMBERLAND
TEVA BIRKENSTOCK PATAGONIA

Email: camping@casualadventure.com
www.casualadventure.com

Ayers Variety & Hardware

5853 North Washington Blvd.
Arlington, Virginia 22205
703-538-5678
ayersvariety@hotmail.com

WEEKDAYS 8:30 - 8:50 SATURDAY 8:30 - 6:50 SUNDAY 10:00 - 5:50

MAJOR
APPLIANCES

GLEBE RADIO & APPLIANCES, INC.

5060 LEE HIGHWAY
ARLINGTON, VIRGINIA 22207-1605

DABNEY WHARTON

(703) 538-4400 FAX 538-4496

Lost Dog Cafe & Stray Cat Cafe

Serving Arlington
20 YEARS
1985 - 2005

SMOKE-FREE CAFE!



HOME OF THE
LOST DOG
Cafe
ARLINGTON, VIRGINIA
5876 Washington Blvd.
Arlington, VA 22205
Hours: • Sun. 11-10
• Mon. - Sat. 11-11
(Limited Delivery Area)

Just Down The Alley
At
5866 N.
Washington Blvd.

COMING SOON



Free Delivery
On Small or Large Pizza
Or \$15.00
Sandwich Order
703-237-1552
Please Tip...Our Drivers Work For Tips
10% Gratuity Will Be Added
To Orders Over \$50 On Delivery

Sorry, Checks Not Accepted

Washington-Lee
Supports



RUMBLE RUMBLE RUMBLE



“Don’t Mess With My Game!”

“There’s this boy that I had a crush on that played for the Varsity basketball team, but I didn’t want to say anything until the season was over - making sure he was staying focused and all. But once I told one person, I ended up telling a few. Eventually one thing led up to another, and pretty soon the whole senior class knew! So one night when we were playing against Fall Church, my crush was fouled and got two free throws. Even though the crowd likes to chant, everyone was silent for his first shot. Once he got the ball for his second shot, suddenly everyone started chanting my name! He fortunately was too into the game to catch on to what the fans were chanting, but it was by far the most embarrassing thing that’s happened to me this year.”

-Rebecca Cohen, ‘06



“Pants and Piccolos”

“One time we were rehearsing for marching band, getting a routine down pat for a football game scheduled the following Friday. Right before the snare break, I was front and center, when a senior came up from behind me and pulled down my pants. Mr. Robinson is so strict and hates when people fall out of beat, so I had to keep going. Stopping to pull them back up was NOT an option! Once we had to move again, I tripped over myself and tumbled to the ground. What I wasn’t expecting next, was the whole ensemble to come collapsing on top of me. It was junior year and I never got him back, but the memories are still fresh!”

-Anonymous, ‘06

WHEN SENIORS COME FALLING DOWN

ALL PICTURES ARE REENACTED AND MAY NOT CONTAIN THE ACTUAL SENIOR



“Let Me IN!!! Let Me IN!!!”

“One time I was at my friend’s house and I was changing in her room while she was in the shower. My friend’s boyfriend was over with one of his friends and they were waiting for us downstairs. I had to go get my make-up that I had left in her mom’s bathroom. I thought since it would only take a second and no one else was walking around upstairs, I would go to the bathroom in my towel. While I was in her mom’s bathroom, my friend came out of the shower and went back to her room. When I went back to her room I realized that she had locked the door so I knocked on the door. Right then the guys started walking up the stairs. I started banging on the door harder but she still didn’t open it. By the time I thought to go back to her mom’s room, the guys had already gotten up the stairs.”

-Sophia Crivella, ‘06

RUMBLE

RUMBLE

RUMBLE

RUMBLE

RUMBLE

RUMBLE

RUMBLE

RUMBLE

RUMBLE

BLE

RUMBLE

RUMBLE

RUMBLE

RUMBLE

RUMBLE

RUMBLE

"Releasing The Demons!"

"One Saturday night my friends and I planned to go bowling, but when they came over, one of them had a half empty Gatorade that they couldn't finish, so I did. What they didn't tell me was that they put laxatives in it. As the night went on, nothing happened and they were probably wondering why. So everyone went home and I still didn't know what was going on. The next morning I had church, and I'm sure everyone knows what's coming next. In the middle of the sermon my stomach started hurting, and I ended up having to miss an hour of the service to sit there in the bathroom. It technically wasn't that embarrassing because no one else knew it happened except my friends that did it, but just the fact that I was in the 'House of God' was bad enough!"

-Shawn Tshibangu, '06



"Crying Over Spilt Milk..."

"It was my freshman year and I was new to the school, but wanted to get noticed. During the first week of school I was trying to make a good impression, I thought I would try out a new look and grab some attention. I wore these super tight jeans with my mom's leather boots, which I thought looked really cool! After fifth period I was walking down the middle of the cafeteria to get in line for lunch, when I slipped on some spilt milk. I looked up and realized I was sitting in front of the senior football players' table. My pants ripped right down the middle seam and all of the boys started to laugh, as well as everyone else who saw me. I had to continue the day with my sweater tied around my waist. The sad thing was, one of the guys asked me to prom the day before."

-Angelina Goddard, '06

RULE #1:

Keep details of your personal life limited to one or two friends, at the most! Telling more people will only result in other people finding out. We all know from personal experience that juicy information is hard to keep quiet!



RULE #2:

Never try TOO hard to get attention. Your personality is more important anyway - the way you dress is just an expression of how you feel. If people don't take the time to get to know you, they're the ones missing out.

'Poisonous Winnings'

"One night my friends and I were playing an intense game of Madden 06 and I ended up making it all the way to the Superbowl. I won the game and in a burst of excitement, I wigged out and ended up biting a plant that was sitting right next to me. Before I knew it, my face was on fire and my mouth started swelling. I didn't know what to do, so I stuck a million popsicles in my mouth and called the poison Control hotline. They told me the plant was called 'Dumb Cane' and it turned out I was the oldest person who had to come in or willingly eating a poisonous plant. When I came home, I had to find some way of keeping parts of my mouth from touching, so I put popsicle sticks in my mouth and my face looked like a balloon for two whole days."

-Landon Stanford, '06





CATERING
AVAILABLE

MOBY DICK



*Fresh Clay Oven-
Baked Bread & Tender
Charcoal-Grilled Beef
Or Chicken*

An authentic
family
restaurant ideal
for
any occasion

3000 Washington Blvd.
Arlington
(in the heart of Clarendon)

703-465-1600

www.mobysonline.com

Mon.-Thurs. 11am-10pm • Fri. 11am-11pm
Sat. Noon-11pm • Sun. Noon-9pm

Clarendon
Metro

N Highland St. Washington Blvd.
MOBY'S

N 10th St.

cvs

Folsom Street Mall, 10

Carvel

Congratulations to the
Class of 2006

Celebrate your graduation
with a Carvel cake!



Since 1957

Congratulations to the class of 2006
See you after the party!



A Tribute To...

The Good, Olde Blue

From a school that was built in 1926, Washington-Lee has managed to uphold traditions and maintain its rich history. When the school was first built, it initially was a three-story building without all of the clutter of modern buildings and high-rises in the neighboring blocks. Over the next several years, there will be further progress on the new school. The building will be torn down and built in different phases to limit the amount of classroom disruption. The new, four-story building will be one of the most expensive school buildings ever built in Arlington, and the price has continued to rise over the several past months, reaching to \$100 million.

Students and faculty members have various feelings from sadness to nonchalance about the school being torn down.

Senior Alison Foley said, "I'm going to miss the morning announcements' room the most because it's really unique. No other school has a studio underneath a set of stairs!" Faculty members will also miss this building like secretary Mary Lib Tomb who nostalgically remembers her high school days. "I will miss the gym because I have good memories of exciting pep rallies and basketball games, and it's also where we graduated from," she said. Through all of the building "ups" and tearing "downs" that the school has gone through, it is finally coming to an end. With a new building opening, there will be opportunities to make new traditions. Hopefully one thing that will stick around will be the Generals' Rumble!

- Julie Lang, '06 & Patrick Jackman, '08

The sun sets over Washington-Lee





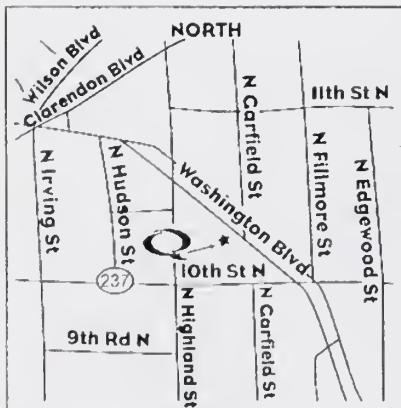
Quiznos Sub

HHHHHH...TOASTY!

Subs, Soups, Salads, and more!

We cater any occasion

Deal: Any Washington-Lee student with correct ID badge will get 20% off their purchase.



Hours of operation

Monday-Saturday 10:30 am- 9:00 pm
Sunday 11:00 am-9:00 pm

3000 N. Washington Blvd.
Phone: (703) 516-7616
Fax: (703) 516-7617

Indulge
in our Salon & Spa
Packages

Style Essentials

Haircut, Shampoo, Blow Dry,
& Partial Highlights (*\$110 Value*)

ONLY \$69

Spa Basics

Manicure, Pedicure, Paraffin Hand
Treatment, & Eyebrow or Lip Wax
(*\$70 value*)

ONLY \$49

★ Gift Certificates also
available!

“Angels Supports

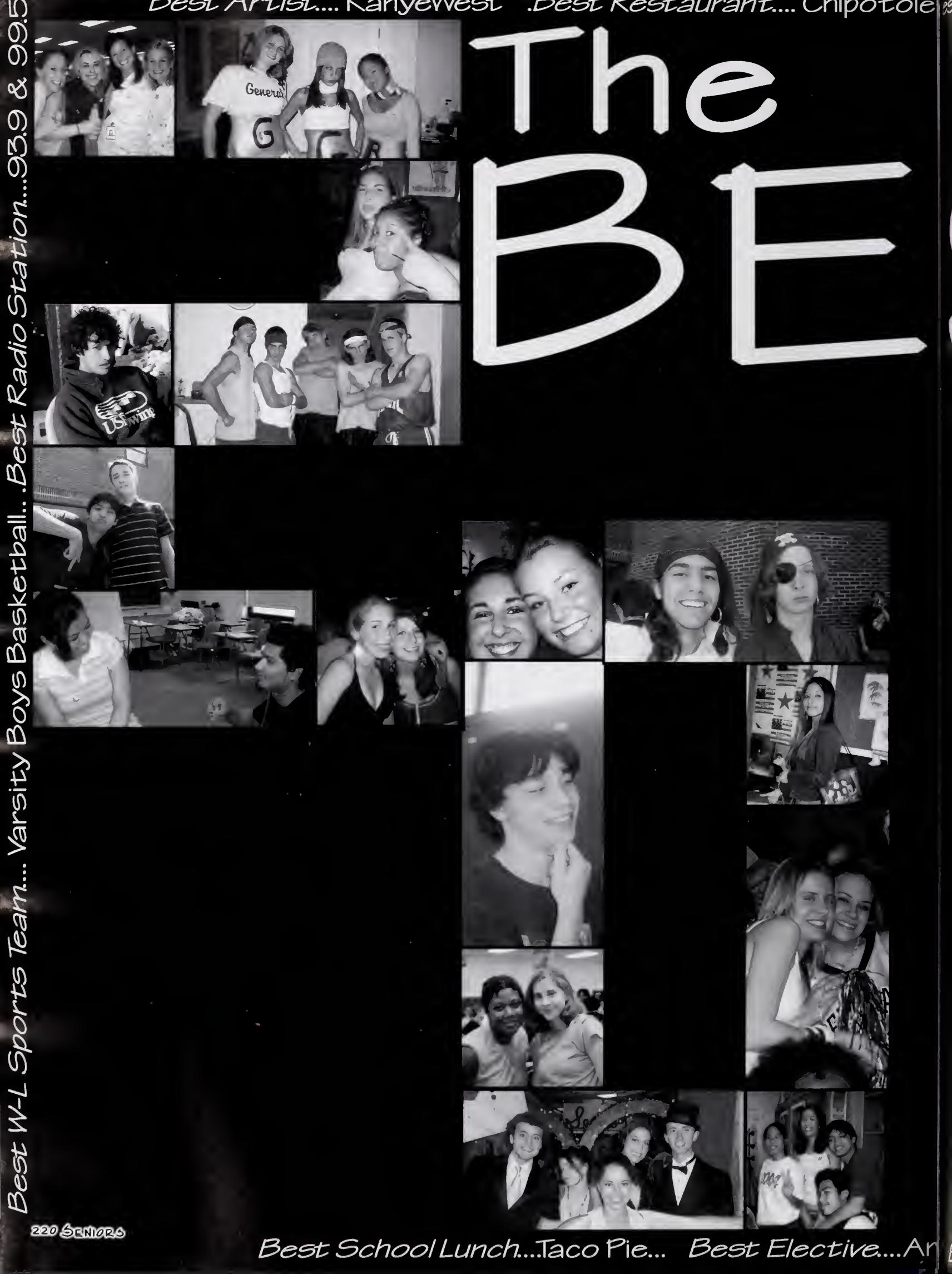
Washington-Lee”

3000 N. 10th Street • Suite C • Arlington, VA 22201
Located in back of the Jefferson at Clarendon Centre

Angels
hair & skin care

703.243.9622

703.243.9963



Best W-L Sports Team... Varsity Boys Basketball... Best Radio Station... 93.9 & 99.9
Best Radio Station... 93.9 & 99.9
Best Artist... Kanyewest . Best Restaurant... Chipotle
220 SENIORS

Best School Lunch... Taco Pie... Best Elective... An

Best Movie....Final Destination III....

Best TV Show.... 24 & Grey's An

ST O F



Best Mall....Tysons....Best Place to Get Your Nails Done.... Elis...

Best Hi-Tech Gaget....iPod.... Best Hang Out Spot...Balls on & Friends' Houses

Hurt Cleaners

3410 Wilson Boulevard
Arlington, Virginia 22201
703 528-6164

Hrs. MON - FRI 7:00 - 7:00
SAT 8:00 - 5:00

703.525.6444

703.525.5717

Magic Scissors
Unisex Salon
FOR HAIR



4001 N. 9th St., Suite 113
Randolph Towers (Ballston Station)
Arlington, Virginia 22203



TWO CHEFS
FAMILY
Restaurant & Carry-Out



NEW YORK STYLE PIZZA

Since 1984

5019 Wilson Blvd.
Arlington, VA
Between
McDonald's & Safeway

525-6889

Mon-Thr 11 am - 10 pm
Friday 11 am - 11 pm
Saturday 8 am - 10 pm
Sunday 8 am - 9 pm



Lillian & Associates Photography

240-876-8238



Many Thanks....

I want to thank my hardworking staff, my amazing editors and all of the school staff who helped us produce the 2006-2007 yearbook. We spent many, long days working on all 240 pages, and it couldn't have been done without the dedication of twelve, amazing, dedicated, enthusiastic staffers! Kristyn, you are superb! You will be missed greatly, and your contribution to the *Blue & Gray* over the past four years certainly does not go unnoticed. Karina, great job as co-editor, especially as a first year staffer! You will certainly continue the tradition of excellence next year! Editorial Board... Allison, Sarah, Patrick, Angie, and Julie-- you all did an amazing job and spent many, long hours perfecting those proofs--- you are the best. Carly, thanks for keeping accurate, thorough records. You did a great job as business manager!!! This book would not be what it is without your expertise and effort! Nora, Juskeymi and Meagan, you designed amazing spreads and your work improved so much as the year progressed. Thank you for your dedication to the staff! For all of you, I know it was a long road to reach this point.....you've finally done it yearbookers, it's distribution time!!! In the words of Ginger Rogers, "The only way to enjoy anything in life is to earn it first." You have certainly done that! I am so proud of you and I hope one day Little Sheriff has the pleasure of being on a staff like yours! CONGRATS AND THANK YOU FOR ALL THAT YOU DO!

~Mrs. Sheriff, Your Favorite Adviser ;



Message from the Editors

ABC - Editors of the 2005-2006 *Blue & Gray* Yearbook. We just want to say how proud we are of the amazing group of girls and ONE GUY that helped in putting together this yearbook. Not only did twelve students participate in the class, but Mr. Brown, Ms. Tom, Ms. Bell, Ms. Richter, and Ms. Sheriff also contributed in the production of such an outstanding publication.

A great appreciation also goes out to the Section editors - Julie, Patrick, Alison, Sarah, and Carly. Without them we would never have made it out of this class alive! We also want to wish the best of luck to everyone in the following school year, especially the seniors - Kristyn, Julie, Carly, Alison, Angie, and Nora.

A special thanks goes out to Ms. Sheriff, in her absence, for keeping a positive attitude and motivating us even when she was eight months pregnant. We wish her the best of luck with her new baby and we are proud to say that we were able to finish the year without her strong guidance. Thanks again to everyone and good luck next year!

Kristyn Harton '06 & Karina Zanrat '08



TAXES

¿Porqué cree que éstas personas están haciendo fila?



TAX & GENERAL SERVICES, INC.

Greg. A. Tapia Lacayo

- *Asesoría financiera*
- *Inmigración: Carta de trabajo, ciudadanía y residencia permanente.*
- *Preparación de impuestos individuales y/o negocios.*
- *Teneduría de libros y planillas de salario (Contabilidad / pay roll) formas 940, 942, W-2, 1099's, etc.*
- *Preparación de estados financieros.*
- *Registro de negocios.*
- *Licencias: federal y estatales.*

E-mail: TGS@TaxGeneralServices.com

703-979-3700

African-Awareness Society



Rock Solid

The African-Awareness Society met weekly and discussed colleges. The club took trips to New York and went to a Howard football game.

A

Abebe, Bethlehem	120
Abecia, Daniel	66, 131
Abecia, Margalit	120
Abner, Tsege Hana	120
Abrego, Valentina	98
Abubaker, Sayed	143
Acituno, Cesar	143
Acuna, Salem	131
Aguirre, Delia	143
Aguirre, Evelin	131
Aguirre, Liliana	120
Agyapon, Kwaku	42, 98, 116, 186
Ahmad, Nadeem	131
Ahmed, Mohammad	98, 118
Ahmed, Sharifa	62, 143
Ahmed, Sobia	131
Aiken, Reed	120
Ait Ouhia, Naoual	143
Ait Ouhia, Sana	143
Akter, Rubaku	143
Al-Jazairi, Mustafa	120
Alam, Fariha	143
Alam, Feroz	143
Alba Alanes, Fabiola	24, 131
Alba Alanes, Igor	13
Alegria, Bryan	131, 197
Alexander, Lindsey	67, 131
Allen, Zachary	23, 89, 131
Allgeier-Lipp, Vito	6, 131
Allison, Kathryn	131
Allison, Zachary	131, 174
Allmon, Kathryn	50, 120, 184
Almeyda, Victor	131
Almonte, Edwarry	143
Almquist, Matthew	120
Alston, Dorothy	143
Alvarenga, Carmen	120
Alvarez, Eric	143
Alvarez, Jean	143
Alvarez, Kevin	131, 154
Amaya, Anna	120
Amaya, Eileen	14, 131
Amaya, Maria	98
Amaya, Randy	131
Ammer, Tamara	143

B

Baca, Gloria

Rock Solid

An old organization, the Debate Team had bi-weekly meetings where they participated in heated discussions. The club also took part in many competitions.



Debate Team

Wet Paint!

A new club this year, the art club wanted to spread art awareness at the school. The club had a table at the winter bazaar to raise money.



Art Club

Amin, Afsarul	131	Baker, Daniel	143, 152
Anco-Chumpitaz, Lisley	98, 113	Baker, Mackenzie	52, 120, 184
Anco-Chumpitaz, Miguel	120	Burberry, Carlos	131
Andersen, Patrick	143	Burge, Kathryn	91, 98, 112, 113, 117, 162
Anderson, Courtney	9, 131	Burnes, Romie	131
Anderson, Gregory	98	Burno, Katherine	120
Anderson, Victoria	28, 34, 98, 113	Burrientos, Rodolfo	131
Andia, Elio	131	Barua, Jack	120
Andia, Vanessa	143	Barua, Kingsuk	120, 182
Andia-Moya, Johnny	131	Barua, Partha	120
Andia-Moya, Maria	143	Barua, Purnima	98, 117, 169, 187, 202
Andrade, Ariel	98	Barua, Sammila	120
Andrade, Marilyn	131	Barua, Bilguun	120
Andrades-Lopez, Tomas	120	Batbaatar, Odonchimeg	143
Angle, Luke	25, 98, 117, 165	Bautista-Lopez, Raul	120
Angle, Will	16, 143	Bayliff, Sarah	63, 143
Anklam, Corey	67, 140	Beales, Kristen	98
Anklam, Marian	131	Beck, Alexander	131
Anouilh, Sarah	143	Beck, Jessica	98
Apel, Thomas	121	Beckley, Marisu	131
Equino-Velazquez, Y	131	Belhadj-Nasr, Mahmoud	131
Arandia, Edith	98	Bell, Alycia	131
Arandia-Rojas, Herbert	120	Bellevue, Stephanie	98
Araujo, Alvaro	143	Belvis, Genevieve	143
Araujo, Gloria	131	Belvis, R-Jay	131
Arenivar-Flores, Nelsy	143	Bene, Xavier	143
Arguello, Julio	120	Benkhallouk, Othmane	143
Arguello, Karla	131	Bentley, Melvin	120
Argueta, Benjamin	143	Bentley, Scott	131
Argueta, Evelyn	98, 113	Bergena, Rebecca	143, 152
Argueta, Melissa	143	Bergstrom, Amy	8
Argueta, Nancy	131	Bernabe, Ariel	143
Arias, Jasmin	131	Bernal-Alvarado, Jose	131
Ariston, Adel	98, 118	Berry, Jeffrey	131
Arshid, Mohammad	131	Betheda, Antonio	56, 120
Arteaga, Shirley	98, 113, 114, 168	Beverly, Matthew	98
Ashley, Lauren	98, 113	Bew, Tiffany	143
Au, Ming Wai	120	Bilbao, Dylan	143
Au, Ming Yee	131	Birusa, Nicholas	120, 194
Ayala, Jessica	143	Blanco, Faith	120
Aylas, Frank	113	Blanco, Sara	131
Aziz, Sahar	120	Blankenship, Erika	120
	131	Blase, Brian	49, 98, 113
		Bledsoe, Kirsten	143
		Blunden, John	58, 131
		Blyther, Demetric	42, 120
		Blyther, Shannon	98
		Boatner, Jessica	25, 143

Rock Solid

The Environmental Club recycled paper, cans and bottles to raise money for environmental causes around the world, and to raise environmental awareness.



Environmental Club

ESOL



Rock Solid

ESOL is meant to bring all HILT students together. ESOL met weekly, and started the year with a trip to Hemlock Overlook and participated in the Winter Bazaar.

Rock Solid

“Creativity through service.” The Everybody Bowls Club participated in a Soup Supper where they made bowls, filled them with soup and gave them to the needy.

Everybody Bowls



Bodner, David	7, 88, 98, 113, 118
Bogetic, Milica	131
Bohorquez, Arturo	98
Bonilla, Claudia	131
Bonilla, Sergio	45, 143
Boone, Jeannie	120
Borda-Contreras, V.	120
Borgan, Ellen	98, 113, 115, 204
Borgan, Lindsay	6, 143
Botticello, Casey	66, 143
Boudadis, Hour	51, 99, 113, 117
Bouey, Cephais	36, 99, 113, 116, 187
Bowman, Zachary	132, 177, 193
Bramlett, Montel	143
Bravo-Tomaylla, Jessica	68, 69, 132
Brawner, Elliot	99
Brewer, Matthew	131
Brigham, Henry	59, 143
Brigham, Thomas	99, 112, 113, 114
Briley, Jessica	120
Brill-Crane, Stephen	44, 45, 120
Brooke, Rachel	91, 132
Brower, William	143
Brown, Andrew	99, 117
Brown, Christopher	143
Brown, Jonathan	31, 56, 57, 120
Brown, Joshua	120
Brown, Nannette	143
Browning, Jennifer	70, 143
Browning, Stephen	53, 70, 120
Buchanan, Katherine	132
Buergler, Elizabeth	120
Buescher, Ryan	143
Bull, Eleanor	143
Burgos, Daniella	33, 67, 120
Burman, Elizabeth	120
Burman, Kent	38, 99, 118
Burns, Daniel	120
Burpoe, Jennifer	27, 67, 132, 164
Bull, Anna	54, 143
Bull, Gretchen	15, 55, 132, 189
Bultram, Elizabeth	9, 67, 132, 176
Buxton, Tyler	88, 99, 112, 113, 118
Byambajav, Bishrel	143
Byambajav, Tsenguuun	120

C

Cabel, Jonathan	144
Cabiati, Christina	6, 90, 119
Cabrera, Angela	144
Cabrera, Jaquelin	132
Caceres, Jacqueline	132
Caceres-Aguilar, Herlend	144
Cackley, Daniel	9, 112, 113, 114, 193
Cadogan, Bianca	121, 186
Cahill, Helen	131
Cain, Callynn	99, 113, 116, 209
Callow, Grace	6, 132
Camacho, Brian	132
Camacho-Rous, Mara	99
Cambridge, John	121
Campbell, Andre	59
Campos, Agatha	144
Campos, Hector	144
Campos, Indira	37, 99, 113
Campos, Matheus	144
Canales, Erick	24, 99, 112, 118
Canales, Jose	144
Canales, Michelle	132
Canales, Nicholle	132, 183
Candelas-Bush, Angelina	56
Candelas-Bush, K.	99
Canelas, Raul	121
Capetanakis, Paul	99, 205
Carcamo, Carlos	144
Carcamo, Cynthia	144
Carmona-Tellez, Rafael	144
Carrillo-Samayoa, C.	144
Carroll, Alexander	59, 132
Carroll, Jeffrey	144
Carter, David	144
Carver, Victoria	99
Casciotti, Julia	28, 67, 132
Case, Alexander	132
Case, Amanda	99, 113, 118
Calhell, Nicole	99, 113, 117
Celis, Cesar	53, 132
Celis, Cinthia	99
Celis, Vilma	121
Cerna, Kevin	132
Chacon, Sarah	144
Champoux, Madeleine	132
Chanduvi, Cynthia	63, 132
Chang, Grace	132, 175
Chapman, Vanessa	99, 115
Chase, Megan	63, 144
Chauhan, Nisha	144
Chaupis, Patricia	67, 121
Chavez, Favio	144
Chavez, Margaret	99, 118, 132
Chavez, Maria	99, 113, 118
Chigna, Eugene	121
Childress, Eric	121
Chopra, Anjani	132
Chopra, Pallu	62, 144
Chopra, Sumiti	99, 113, 173, 203
Choudhury, Shammi	121
Christensen, Anna	9, 99, 116
Claire-Soto, Karina	99, 114
Claire-Soto, Silvia	99, 114
Clayberg, Andrew	144
Clayberg, Paul	144
Cohen, Andrew	121
Cohen, Elise	63, 121, 184
Cohen, Rebecca	56, 99, 113, 176, 203
Coleman, Walter	212
Coll, Kerry	132
Collins, Jesse	121
Connelly, Colleen	50, 132
Conli, Catherine	132, 188
Cook, Jennifer	7, 121
Cooper, Xavier	144
Copenning, Bruce-Rashad	100, 112, 113, 114
Corado-Castillo, Cristian	132
Cordero, Jonathan	121
Coreas, Jason	100, 113
Cornejo, Tatiana	132
Coslow, Audra	100, 113, 117
Cowen, Lindsay	68, 144
Crespin, Natalia	144
Cristea, Samuel	121, 195
Crivella, Sophia	100, 113, 212
Cromarlie, Eric	58, 132
Cromarlie, Ethan	56, 100, 114
Cronin, Kevin	11, 121
Cross, Zachary	10, 100, 164

Rock Solid

FCCLA is an extension of the Fashion Design class. They went to Virginia Beach this year. They also planned a Fashion show in the spring.



FCCLA

Wet Paint

Fellowship of Christian Athletes met Friday mornings. The club helped to promote fellowship and cooperation. They stuffed stockings for soldiers in Iraq.



Fellowship of Christian Athlete

French Club



Rock Solid

The French Club taught students about the French culture and language and had regular meetings, where they played French games and listened to French music.

Under Construction

The French Honor Society honors excellence in French, and promoted spirit for the french language and participated in many school activities.

French Honor Society



Cross-Cole, Miriam	100, 114, 117, 192
Cruz, Jorge	144
Cuellar, Skharlenth	100
Callin, William	12, 121
Cummins, Joan	132
Caran, Shawn	100, 118
Carry, Mark	144, 195
Cartis, Samantha	100, 114, 165
Caster, Zachary	132
Cyrus, Jesse	10, 100, 114, 116

Dinan, Kaitlin	100
Dinan, Stephanie	53, 144
Dinardo, Laura	100
Dinardo, Sarah	144, 194
Dirgham, Emira	121
Dismans, Theodore	100
Doan, Sunny	132
Dodge, Rose	38, 144
Donis, Voljan	132
Donnelly, Bridgit	14, 32, 195
Dorfman, Jocelyn	100, 113, 114, 205
Dorseg, John	100, 117
Doss, Michael	144
Drakeford, Jamarie	58, 132
Dudka, Peter	121
Duffy, Joseph	132
Dulamsuren, Oyun	121
Dungo, Jaimie	8, 132
Dunlap, Stephen	70, 121
Dunn, Allen	66, 100, 114, 117

Escobar-Orozco, Osman	144
Essig, Kaitlin	119, 121
Estes, Darren	28, 101, 117, 133
Evans, Jillian	101, 115
Evans, Julie	121
Evans, Stephanie	133

F

Fagnoni, Matthew	144
Farah-Robison, Raquel	7, 121, 181
Farber, Samuel	7, 101, 114
Farias, Perla	63, 144
Farley, William	18, 144
Faruk, Mohammad	121
Fearing, Rebecca	101, 113, 114
Fendley, Robbie	70, 133
Feng, Shazhou	118
Fernandez, Jeff	101
Ferratino, Enrique	133
Figueroa, Edwin	9
Figueroa-Ramirez, Carlos	121, 126
Fikru, Anoud	54, 121
Firth, Michael	145
Fishfahler, J	133
Fitzgerald, John	121
Fix, Adam	101, 114, 116
Fleming, Sarah	145
Flores, Amarilis	145
Flores, Diana	145
Flores, Hector	122
Fluitl, Porsche	133
Flynn, Michael	145
Foley, Alison	6, 67, 101, 112, 114, 117, 217
Fonseca, Jovelita	101, 118
Forresler, Tanya	133
Framinan, Derck	64, 145
Francis, Mary	145
Freilas, Lorraine	145
Friedman, Nicholas	16, 59
Fuentes-Reyes, Jose	145
Fuller, Charles	145
Fundora, Oscar	122
Funes-Chaves, Marbin	145
Furlong, Marlaina	15, 145

D

Dabrowski, Genevieve	144
Dabrowski, Jeanette	121
Dagya, Baasan	121
Dahlstrom, Alexandra	12, 100, 114, 116, 187
Dahlstrom, Natalie	51, 63, 132
Das, Sonika	132
David, Patricia	121
Davies, Caitlin	67, 121, 167
Davis, David	144
Davis, Katelyn	67, 121
Davis, Richard	132
Dawson, Russell	64, 100, 186
Day, Monica	121
Dean, Carly	66, 100, 113, 201, 236
Debebe, Nalan	59, 144
Decarlo, Margaret	132
Deleon, Cesar	132
Deleon, Emmanuel	11, 22, 121
Delgallo, Jacob	144
Delmar, Sydney	144
Delp, Brian	121
Demeke, Melal	36, 100, 114
Dempsey, Matthew	132
Desla, Messai	132
Desla, Selam	121
Dheming, Adolfo	64, 121, 178
Dheming, Sergio	132
Dial, Stephen	121
Diaz, Joel	132
Diaz Mancia, Douglas	144
Dielhorn, Daniel	121, 188
Dijkerman, Sally	100

E

Ebert, Charles	10, 12, 33, 100, 112, 114
Eddy, Anne	11, 67, 91, 121
Edgerton, Clarissa	144
Edwards, Carleigh	6, 121, 257
Egan, Eileen	60, 121
Elbegjargal, Belgalei	121
Elnour, Hiba	132
Encinas-Munoz, Dalma	133
Encinas-Munoz, Mayra	144
Encubahre, Solomon	144
Encubahre, Theodrose	144
Engel, Eric	144
Engelman, Molly	121
Enright, Amanda	35, 144
Enriquez-Zurita, Pablo	144
Erkenbrack, Edward	133
Erkhiimergen, Tengis	144
Escalante, Irania	36, 100
Escalante, Josue	144
Escobar, John	19, 152
Escobar, Juan	133
Escobar Pinto, Karla	133

Under Construction

Not only do you get a lot of exercise in the new club, you also get to meet new people and gain sportsmanship skills, promoting responsibility and fun.



Frisbee Club

Wet Paint

In the club's first year, students gained experience and knowledge in the education field. The club gave kids an idea of what age level they wanted to work with.



Future Educators of America

Game Programming



Wet Paint

A new club this year, the Game Programming Club works on creating video games. The club is also responsible for helping to maintain the school server.

Ganbaatar, Zolbat	133
Ganchineg, Dul	133
Gantus, Frayne	145
Garcia, Alba	71, 133
Garcia, Hector	101, 114, 116
Garcia, Itzel	133
Garcia, Jacqueline	145
Garcia, Juan	101
Garcia, Luz	122
Garcia, Raul	145
Garcia-Flores, Carlos	122
Garcia-Zurita, July	145
Garland, Maximillian	122
Gaskill, Latoya	26, 101, 115
Gasper, Zachary	56, 122
Gathro, Katarina	133
Gavidia, Jennifer	133
Gavidia, Jose	101
Gavin, Therese	133
Gebru, Hilewna	145
Geis, Rheannin	101, 113, 118
Gentile, Peter	133
Geraldiso, Kelly	101, 117
Getegehew, Aleshadye	101, 116
Getz, Steven	122
Ghammi, Issam	145
Gibbs, Larissa	122
Gilbert, Andrew	133
Gilbert, Max	66, 122
Gilbert, Samuel	101, 117
Gill, Rico Jeffrey	133
Gilmour, Chelsea	122
Ginger, Aleina	101
Ginsberg, Adam	145
Ginsberg, Sarah	101, 116
Giraldo, Luis	101, 113
Girma, Belayneh	122
Giron, Vilma	122
Gnessin, Gail	133
Gniewek, Edmond	145
Goddard, Angelina	101, 114, 116, 213
Goldstein, Olivia	51, 67, 133
Gomez, Cynthia	63, 133

Gomez, Edgar	122
Gomez, Mayra	101, 118
Gomez, Yessica	133
Gonzales, Adriana	101, 114, 115
Gonzales, Miguel	133
Gonzalez, Brayan	122
Gonzalez-Pintos, Gimena	133
Goodman, Andrew	45, 88, 145
Gorsky, Laura	145
Gottfried, Rachel	67, 122
Gradowski, Lauren	133
Grand-Pierre, Ciano	133
Grant, Michael	57, 122, 128
Grantham, Laura	122
Green, Adam	59, 145
Green, Rachel	6, 122
Greenawald, David	10, 101, 115, 192
Greenawald, Rose	145
Gregerson, Michael	101
Griffin, Genevieve	133
Griffith, Caroline	122, 181
Grinder, Hayley	101, 118, 206
Guardado Amaya, Jose	145
Guardado, Blanca	64, 122
Guardado, Julio	102, 117
Guardado-Martinez, Jose	145
Gudeta, Sidis	122
Guerrero, Marilyn	145
Guevara, Erika	145
Gugasa, Ribka	122
Gunduz, Mutlu	54, 122, 178
Gurney, Peter	71, 122, 185, 186
Gutierrez, Brian	145
Gutierrez, Diego	122
Guzman, Erlan	64, 122

H

Haase, Leslie	50, 133
Haile, Eskinder	133
Haile, Fanuel	145
Hairston, Callandus	122
Hallowell, Meredith	133
Hamilton, Ariel	12, 145
Hamilton, Lisa	60, 112, 115, 165
Hammond, Michael	59, 145, 165
Hanft, Samuel	102, 112, 114, 166, 180
Haque, Nasim	145

Wet Paint

IB Buddies was created to unite IB juniors and seniors. "Buddies" participate in academic tutoring with each other, giving seniors and juniors a chance to help each other.



IB Buddies

Under Construction

Gay Straight Alliance promotes acceptance and tolerance between different sexual orientations. The club participated in most school sponsored activities and the AIDS walk in Washington, DC.



GSA

Harding, Colin	34, 122
Harding, Ryan	145
Harmoni, Ghita	55, 133
Harris, Brian	56, 122
Hassan, Fardosa	145

Hassan, Mahamud	145
Healy, Erin	145
Heath, Khalit	145
Heend, Rachel	145
Heggen, Leila	133

Helmick, Christina	66, 145
Helmick, Jane	133
Helmy, Ahmad	145
Hemingway, David	66, 145
Hernandez, Javier	102

Hernandez, Karen	145
Hernandez, Odalis	122
Hernandez Martinez, N	122
Hershkowitz, Joseph	89, 102
Hight, Alison	90, 133

Hill, Eric	133
Hines, Lisa	145
Hirama, Timothy	49, 102
Ho, Marianne	61, 102, 113
Hoagland, Flanner	145

Hodgen, Carl	34
Hogan, Devon	133
Hogan, Jessica	59, 145
Holland, Megan	6, 23, 133
Hollwedel, Anne	122

Holmes-Bonilla, Jessie	24, 133, 189
Holsten, Sara	122, 181
Hong, Aurora	55, 102, 113, 115
Hood, Sherrod	25, 165
Hooker, Jerry	9, 145

Horne, Khalia	145
Hossain, Afroza	133, 140
Housman, Jennifer	133
Howard, Jovan	122, 169
Huberts, Atticus	133

Huberts, Dolores	122
Hunn, Allison	122, 172
Hurdle, Whitney	146
Hussain, Anna	133
Hussain, Mashhuda	102

Huston, Emily	46, 102, 117
Huston, Olivia	7, 146
Hutchinson, Darby	122

Rock Solid

It's Academic participated in the Academic Hallmarks/Knowledge Masters Program and in the "It's Academic," Saturday morning trivia show for high schools.



It's Academic

Japanese Culture Club



Rock Solid

The Japanese Culture Club gave students the opportunity to submerge themselves into unique Japanese culture, language, and arts.

Huynh, Linda	133
Huynh, Nghiep	133
Hyde, Alexander	18, 122

I

Interiano, Eric	37, 133
Iofreda, Francesca	60, 102, 115, 165
Iqbal, Azhar	134
Iqbal, Mazhar	122, 134
Iriarte-Maldonado, V	102
Irick, Christopher	102, 116
Irick, Kate	70, 71, 146, 174
Islam, Mukti	33, 146

J

Jackman, Patrick	39, 236
Jackson, Kaitlyn	102, 118
Jackson, Kyle	122
Jackson, Marcus	102
Jackson, Sara	7, 90, 96, 102, 113
Jacobs, Brian	18, 146
Jacoby, Ashley	102
Jaimes, Andrea	122
Jaldin, Claudia	122
Jammeh, Mustapha	134
Jandris, Jennifer	122
Jardines-Gomez, Yon	122
Javadi, Emon	134, 164
Jennings, Rupert	122
Jimenez-Aguirre, Henry	134
Johnson, Mark	146
Johnson, Owen	122
Jones, Nicholas	57, 122
Jordan, Allison	102, 116, 173, 184, 196
Jordanov, Dorina	134
Juarez-Cabrera, V	146
Juergens, Annica	8, 123
Justiniano Suarez, M	23



Latin Club

Under Construction

The Latin Club provided students with the opportunity to educate themselves in the Latin culture, while making new friends and participating in activities.

Rock Solid

The Key Club's gratuitous service to the community promoted community togetherness, while providing students with a sense of belonging and continuous excitement.



Key Club

Kroger, Marissa	54, 134
Krout, Cameron	146
Kudravetz, Tyler	26, 102
Kumar Dubei, George	134
Kuo, Karen	118, 180, 184
Kufner, Seth	123, 197
Kuznetsov, Georgiy	102, 113
Kyles, Nora	102, 116, 208, 236

Lakew, Genet	123
Lam, Katherine	22, 23, 54, 55
Lanndivar-Fernandez, M	23
Lung, Jolie	13, 54, 55, 103, 113
Lura, Melissa	134
Larios, Albertina	67, 86, 134
Lay, Diana	8, 28, 51, 90, 134
Layton, Julia	32, 103, 112, 118, 173, 192

Lazo, Ecma	146
Lazo, Jaskeymi	237
Leahy, Gregory	103, 113
Lee, Robert	59
Leeds, Charles	11, 70, 103, 118
Leeds, Tyler	58, 59, 146
Leighton, Matthew	58, 59, 134
Leinbuch, Andrew	146
Lemon, David	123
Lendenmann, Miki	7, 71
Lerner, Julia	134
Lewis, Mia	103
Light, Julia	53, 119, 123
Linden, Rena	134
Lithgow, Karen	123
Little, Caitlin	146
Liu, Hahn	33, 103
Liganage, Nuwanti	103
Lizama, Lizette	37, 134
Lizana Berrospi, Angel	123
Lizik, Daniel	123
Lloyd, Christina	123, 175
Loayza Vela, Heiza	134
Loayza Vela, Amanda	146
Lobo-Ustariz, Luis	103
Logan, Jessica	38, 123
Lopez, Jessica	134
Lopez-Gomez, Reina	134
Lopez-Melean, Roberto	146

Under Construction

The Latin Dance Team allowed students to show their appreciation for Latino music and dance, and bring the Latino culture to many unfamiliar students.



Latin Dance Team

LASA



Rock Solid

The Latin American Student Association's main goal was to promote leadership, scholarship, and citizenship, through activities both in school and out of school.

Lopez-Ozla, Candelaria	134
Lopez-Ozla, Sandra	146
Love, Fenimore	146
Love, Sabrina	146
Lu, Qing	123
Lugn, Emilia	130, 134
Lulushi, Loren	134
Luna, Raul	146
Luna Robles, Edwin	146
Lundgren, Vivian	146
Lyon, Patrick	103, 112, 113
Lynch, Devon	86, 134

M

MacDonald, Amanda	146
MacDonald, Catherine	103, 113, 118
Macekura, Virginia	20, 38, 103, 113, 115, 203
Machado, Erick	146
Machado-Cruz, Jorge	146
Machicado, Grecia	146
Mackenzie, Michael	64, 146
Macnamara, Ellen	60, 61, 123
Madera, Janette	71, 134
Madera, Monica	51, 67, 134
Magana, Enrique	59, 146
Magboo, Lisl	130, 134
Mahmoud, Farnan	146
Mahon, Daviida	146
Maida, Juan	103, 113
Malave, Andre	134
Maldonado, Gilberto	134
Mallek, Ghislaine	146, 152
Malley, Luke	71, 146
Mamani, Carina	103, 113, 115
Mamani, Eric	146
Manglapus, Roberto	134
Manning, Diana	134
Manor, Sydney	175
Manor, Rachel	123
Mao, Samoeun	123
Mao, Savy	146
Marin, Gloria	134
Marshall, Dacie	11, 31, 123, 196,
Martin, Colton	103, 113



Morning Announcements

Rock Solid

Morning Announcements consisted of a group of selected students: they were responsible for broadcasting announcements over the television during the beginning of 3rd period each day.

Rock Solid

MUN allowed students to cultivate an interest in international relations and current events, and provided the opportunity to attend conferences and meet new people.

Model United Nations



Martin, Laura	103, 115	Mendoza, Angie	103, 116
Massie, Alice	123	Mendoza, Deing	103
Mashid, Bellal	146	Mendoza, Deny	135
Massie, Alice	123	Mendoza-Melendez, Danny	135
Matco-Chacon, Jose	134	Mendyk, Ellen	103, 116, 185
Mathae, Lauren	134	Mengesha, Degie	135
Matyas, Robert	134	Mengesha, Emebiet	123
Matyas, Suzanne	146, 152	Menoche, Matthew	147
May, Michelle	50, 103, 116, 196	Mercado-Salas, Brenda	23, 103, 116, 117
Mayo, Alison	118, 134	Merino, Jennifer	147
McBee, Mykia	123	Merrill, Amanda	6, 46, 123
McEllan, Andrew	134	Mezgebu, Yodil	104
McConville, Andrew	123	Mezouar, Radia	135
McConville, Jessica	146	Michaelson, Daniel	88, 104, 116, 118, 167
McDaniel, Andrew	123	Michaelson, Sarah	67, 90, 135, 179, 237
McDaniel, Catherine	103, 113, 116, 163	Mihalik, Olivia	147
McDaniel, Joshua	57, 103, 116	Mijiddorj, Ariumbayar	123
McGann, Bethany	63, 134	Milano, Michael	71, 123
McGarity, Andrew	34, 147	Miller, Patrick	147
McGee, Jasmine	147	Miller, Rashieda	15
McGonagle, Maureen	123	Million, Colin	7, 71, 104, 115, 116
McGrail, John	71, 153, 123	Million, Henry	123, 164
McKenna, Daniel	134, 184	Minaie, Sahand	147, 187
McKenzie, Steven	147	Mirro, Samantha	147
McKinnon, Rene	123	Mitchell, Robert	123
McLean, Christine	134	Mitchell, Warren	66, 147
McLennan, Andrew	147	Modupe, Folashade	33, 104, 116, 117, 173
McLabola, Jason	147	Mofazzal, Jennifer	123
McLabola, Ryan	134	Mohammad, Faizan	104, 116
McHally, David	123	Mohammed, Mashud	123
McQuinn, John	147	Monfort, Claire	147
Means, Laura	103	Montort, Samuel	104, 113, 116
Medrano, David	147	Monjaz, Ana	147
Medrano, Henry	135	Montecinos, Cristian	135
Mehboob, Gulpantha	135	Montes, Linda	147
Mehra, Pallavi	103	Montular, Cristian	135
Mehra, Pulkeet	135	Moore, Samantha	7, 135
Mejia-Canillo, Hugo	147	Morales, Ariel	124
Mejia, Paola	118	Morales, Monique	7, 147
Melencio, Anthony	26	Morales, Myra	7, 168
Melendez, Elizabeth	147	Morales, Raul	124
Melendez, Jennyffer	135	Moran, Patrick	19, 104, 116
Melendez, Shiara	135	Morando, Heather	104, 116
Melgar-Vaca, Melissa	103	Moralaya, Castellanos	147
Membreno-Portillo, Daysi	123	Moreno, Eulises	135, 186
Membreno, Nelson	147	Moreno, Mauricio	104
Mendez-Gomez, Aniceto	147	Moreno, Yelri	147
Mendez-Gomez, Carlos	147		

Wet Paint

The Mountain Club provided students opportunities to enjoy the outdoors through hiking, backpacking, camping, canoeing, kayaking, rafting, and rock climbing.



Mountain Club

Music Appreciation



Wet Paint

The Music Appreciation Club, in its first year, allowed students a chance to discuss different types of music, while learning to gain a better appreciation for it.

Morgan, John Philip	135
Moriarty, Anne	90, 124
Morris, Brian	27, 31, 48, 124
Morris, Shari	104
Morris, Tomas	124
Mortensen, Laura	34, 104, 113
Mott, Cullen	147
Moya, Lisa	118
Muffley, David	32, 104
Mughal, Nurgis	26, 104, 114, 186
Mughal, Naveed	114, 124, 186
Muir, Christopher	135
Munoz-Loza, Romina	104
Munoz-Torres, Oscar	124
Murphy, Nora	8, 13, 60, 61, 135
Murphy, Sarah	104, 116, 177, 200, 203, 220
Musa, Khadija	104
Musto, Lisa	63, 135, 197
Munshi, Anawar	124
Munshi, Ashraf	124
Musa, Khadija	104
Napolitano, Elise	104, 116, 172
Naranbat, Javkhlan	147
Narayanan, Ravi	147
Nader, Josephine	124
Nagpal, Rishi	124
Nai, Lina	124
Napolitano, Elise	104, 116, 172
Naseer, Shasif	104
Nawsheet, Clara	104
Ndege, Christine	117
Neatherry, Alexander	135
Needham, James	5, 9, 135
Needham, Zachary	104
Nega, Senait	135
Newman, Lashay	135, 140
Neyra, Elizabeth	135
Nguesson, Lisa	29, 61, 124
Nguesson, Sophia	36, 60, 104, 116, 117
Nguyen, Douglas	18, 135
Nguyen, Duy	104
Nguyen, Jackson	124

Rock Solid

The NHS promoted character, leadership, scholarship, and service, and students were given the opportunity to participate in numerous community activities.



National Honor Society

Rock Solid

The Muslim Youth Club allowed students to learn more about the Muslim culture and provide a link between the school and the Muslim community, through fund raising and volunteering.



Muslim Youth Club

Nguyen, Jennifer	124
Nguyen, Tin	135
Nicholas, Collin	28, 104, 116
Nicholas, Patrick	6, 126
Niedenthal, Adriana	147
Nielsen, Ada Rebekka	7
Nietes, Vanessa	135
Nkesi, Bernard	147
Nochez, Blanca	135
Nogales-Pimienta, Jhon	147
Nolan, Benjamin	48, 49
Nolasco, Cristian	147
Norris, Claire	135
Nzeribe, Kamarife	8, 172

O

Oberg, Alexander	104, 114, 116
Obiang-Eyang, Alicia	147
Obiang-Eyang, Omega	124
Obiang-Eyang, Toribio	135
Obrand, Hillary	105, 115, 116
Ocampos, Miguel	105
Ochoa, Franco	124
Olson, Katherine	91, 135, 162, 166
Ondo-Nchama, Jose	147
Ontiveros, Jessie	124
Orange, Crystal	54, 124
Orellana-Hernandez, J	135
Ornelas-Acerro, Juan	124
Ortega-Lobo, Mariela	135
Ortega-Santiesteban, J	34, 124
Ortiz-Moya, Yanina	147
O'Shea, Preston	26, 34, 104, 113, 116
Osman, Adam	105, 113
Osman, Basma	147
Osteguin, Nathaniel	14, 135
Ouchna, Yafelmane	147

P

Paddock, Dan	39, 43, 124
Palma, Clarissa	54, 124

Rock Solid

Students in the newspaper class worked diligently to publish monthly articles and editorials that were relevant to the school in its entirety.



Newspaper

PAW



Rock Solid

PAW focused on performing service work with local rescue groups, raising funds to assist local groups and educating students about animal welfare issues.

Phang, Jeffrey	124, 195
Phillips, Jesse	148
Pho, Antoine	105, 115, 117
Phogen, Hatchaya	148
Pierce, Christina	148
Pierre, Carl	105, 16
Pierre, Ingrid	136
Pilchen, Aliya	148
Pill, Alexandra	148
Pineda, Karla	148
Pino-Lopez, Hiann	124
Pinto, Angela	136
Pittleman, Kyle	136
Planche, Alexis	59, 136
Planche, Antoine	58, 136
Plotkin, Gabrielle	105, 117
Pocock, Joshua	105
Ponce-Arispe, Carlos	136
Portillo, Noel	148
Potter, Stephen	8, 124, 154, 174
Powell, Troy	128
Prange, Janelle	7, 46, 60, 124, 163
Pratt, Rebecca	148
Preloh, Victoria	105
Pricone, Joseph	8, 42, 59, 136
Prins, Emma	136
Probasco, Ryan	105, 115
Puebla-Garcia, Luis	124
Pyos, Keshonda	105, 114, 117

Q

Quddus, Abdul	136
Quiraoa, Jessica	105, 124
Quereshi, Kashif	105
Quiraoa, Vilma	168

R

Raffaele, Maria	193, 136
Rahman, Sahen	105
Rajaobelina, David	136

Rock Solid

The award winning student literary magazine's staff met before school, and published the magazine two times a year.

Rock Solid

The peer mediators assisted their peers in solving student conflicts and had a positive impact on the school community by promoting a peaceful and accepting student body.



Peer Mediators

Robinson, Matthew	106
Robinson-Fuller, Brittang	68, 136
Roddy, Adam	125, 195
Rodriguez, Eris	105, 125
Rodriguez-Orellana, Ds	136
Rogers, Bradley	136
Rojas, Said	125
Rojas, Santos	125
Rojas-Telleria, Julio	148
Romero-Grandados, W	148
Roncal, Brian	148
Roncal, Javier	27, 106, 116
Roncal, Christian	136
Rondon, Rebecca	148
Roney, Anthony	125
Roney, Tameka	63, 148
Rosales, Wilber	130, 136
Rose, Charmaine	125
Rothwell, Richard	10, 125
Roy, Alexandra	125, 119
Ruiz, Ariana	136
Ruane, Julia	148
Ruano, Julio	55, 125
Ruano, Ruben	148
Rubianes, Omar	136
Rubianes, Sindy	148
Ruble, Kelley	7, 125
Rude, Emelyn	67, 136
Rude, Julian	106, 113, 117
Rueda-Erazo, Yolany	148
Ruiz, Camila	86, 106, 117, 164
Ruiz, Ernesto	106
Ruiz, Nehemias	136
Runevald, Cassandra	91, 136
Runevald, Kristoffer	88, 106, 194
Ryan, Michelle	136

S

Saavedra, Sara	125
Sablan-Cruz, Vincent	148
Saddi, Pierre	185
Sado, Keith	53, 106, 112, 117, 118
Salao, Justin	136, 186

Wet Paint!

In their first year, the Photography Club members enjoyed meeting after school to discuss and pursue a common interest, black and white photography.



Penman



Photography Club

Pro-Choice Club



Wet Paint!

In their first year, the Pro-Choice Club avidly discussed pro-choice issues, stayed aware of and carried out pro-choice related events.

Salazar, Jason	148
Salazer, Sally	148
Salinas, Wanda	106
Salmeron, Eric	148
Salmeron, Nelson	106, 116
Stephanie, Salvador	136
Samayoa, Marco	136
Samayoa, Mario	53, 125
Sanchez, Angelo	148
Sanchez, David	136
Sanchez, Milagro	136
Sanchez-Sanchez, D	148
Sanchez-Vasquez, Alexis	136
Sandifer, Colin	148
Sandifer, Tyler	136
Sandoval, Cesar	125
Sanji, Syeda	125
Santiago, Francis	106, 113, 117
Santillan, Alvaro	106, 115
Sapp, Natalie	106, 112, 117, 203, 208
Sarakins, Sophia	125
Saravia, Ivan	136
Sarik, Seddhamanier	106, 116, 117
Sarik, Seddhamanith	125
Sarivannara, Vonemang	13, 55, 125
Saunders, Isaac	136
Sazon, Gabriela	136
Scannell, Alison	125, 168
Scheer, Jonathan	106, 118, 168, 195, 197
Scheurer, Ryan	18, 136
Schofield, Roxanne	67, 119, 125
Scholl, Ethan	148
Scholl, Wesley	106, 117
Schugler, Ryan	106, 117
Schwartz, Colaman	106
Schwartz, Daniel	136
Schwartz, Genna	148
Scott, John	136
Scott, Lauren	137
Seamen, Timothy	137
Seamens, Alexander	106, 117
Sebhaf, Daniel	137
Sedwick, Eric	18, 125
Segovia, Remell	14, 26, 107
Scipp, Caroline	125
Seklecki, Emily	149

Wet Paint!

In their first year, the Role-Playing Club allowed their diverse members to relax and learn how to play different roles after school.

Role Playing Club



Pro-Life Club



Wet Paint!

Still fairly new, the Pro-Life Club promoted pro-life and always had a ready supply of brownies at their meetings.

Selig, Alexander	137, 168	Smout, Jacob	149
Selig, Michael	107	Sockwell, Tegan	107, 220
Senol, Buris	137	Soderholm, Alexandra	60, 61, 220
Serene, Justin	149	Solheim, Alexis	7, 11, 116, 194
Serrano, Jessica	149	Solorio, Audelia	149
Serrano, Vanessa	137	Soria-Zurita, Wenner	149
Sever, Patricia	125	Soriano, Ziomara	137
Seyoum, Ezana	137	Soroko, Anna	125
Shafi, Farhana	125	Sorto, Andrea	137
Shagam, Naomi	149	Sorto-Reyes, Yenny	125
Shahid, Waleed	149	Sorto-Sanchez, Betis	149
Shahriar, Sufwan	107, 113	Sorto-Sanchez, Vicky	125
Shannon, Parris	142, 149	Sosa, Nestor	137
Sharma, Akanksha	27, 107, 117, 164, 190	Soto, Noemi	33, 137
Sharma, Neha	125, 149	Soto-Perez, Dulce	107, 117, 118
Sharp, Conor	149	Sparrow, Chez	125
Sharp, Madeline	125	Spavins, Rebecca	6, 192
Shirey, Jill	7, 28, 96, 107, 116, 117	Speicher, Samuel	8, 137
Shoemaker, Stephanie	107	Spinner, Whittani	107, 118
Shrestha, Babin	125	Sporiggs, John	137
Shrewsbury, Laura	137	Spriggs, Michael	107
Siad, Abdiweli	149	Springston, Dakota	149
Siemon-Carome, Rachel	56, 116, 117, 203	Srisuwan, Alexander	197
Siles, Jhery	149	Srisuwan, Michael	149, 174
Sillerico, Naivv	116	St. Pierre, Heather	135, 164
Silva, Octavia	107, 115, 117	St. Pierre, Joseph	107
Silverman, Alexander	137	Stanford, Landon	26, 107, 176, 213
Simkin, Charles	107	Stefan, Kwabena	149
Simkin, Eva	90	Stehm, Helen	107, 118, 199
Simmons, Erin	149	Stehm, William	149
Simmons, Klee	125	Stevens, Virginia	13, 55, 125
Sims, Kathleen	52, 107, 115	Stewart, Carlos	137
Singh, Anand	149	Stovall, Damien	149
Singh, Deepat	125	Strehle, Lee Anne	17, 29, 86, 137
Singh, Prashant	59, 149	Strikeleather, Caro	125
Singh, Rajnish	137	Stroop, Benjamin	137
Sinkavitch, Jasmine	149	Stroop, Kevin	48, 107, 117
Skelly, James	125	Stuart, Fatima	137
Smallwood, Brittan	71, 107, 117, 190	Strykul, Matthew	22, 144, 149, 152
Smallwood, Corey	64, 137, 182	Stuart, Fatima	137
Smith, Allison	107, 113, 117, 202	Stumpo, Veronika	149
Smith, Brian	137	Suarez, Melissa	137
Smith, Connor	125	Suarez-Fuentes, Kenuel	149
Smith, Kirstin	137	Sukhee, Khand	137
Smith, Latasha	137	Suxo, Dayshva	149
Smith, Quacher	125	Swain, Ashley	125
		Swallow, John	149
		Swann, Aqisha	67, 137

Rock Solid

The Student Council Association traditionally carried out school spirit activities, such as the homecoming week activities.



SCA

Social Studies Honor Society



T

Tamashiro-Loma, Fujiko	126
Tanda, Yanick	149
Tara, Shazia	108, 118
Tareen, Sherfgan	126
Tate, Imani	137, 181
Tate, Margaret	137, 181
Taylor, Virginia	7, 53, 112, 118, 196, 220
Taylor, William	137
Tedder, Elizabeth	137
Tedder, Robert	149
Teklai, Beimnet	137
Themel, Izzet	126
Terrazas-Molinedo, G	11, 119, 126
Tessauro, Lauren	67, 107, 116, 118, 187, 201
Tewelde, Girmay	137
Thomas, Hugh	149
Thomas, Latreshia	149
Thomas, Sylvie	149
Thompson, Terrel	137
Thong, Bunlay	137
Tinsley, Eden	8, 108, 118, 187
Torres, Maria	149
Torres-Girao, Macarena	149
Torrez, Cristian	126
Torrico, Rimer	119, 126
Torrico-Lopez, Erick	149
Townsend, Victoria	67, 108, 118
Tran, Michael	137
Tran, Phi	108, 114, 186
Tran, Renee	108
Tran, Roxane	137
Traynham, Sally	108, 112, 118, 168, 185
Trejo-Chavez, Jose	108
Treweek, Gavin	44, 58, 59, 149
Trolimenko, Alexandra	126
Trolimenko, Oksana	149
Troiano, Robert	149
Trombly, Andrew	23, 149
Trombly, Julia	126

Rock Solid

The Social Studies Honor Society consisted of seniors with a high academic standing in their social studies class.

Tshibangu, Herve

Tsogoo, Zolbayar	126
Tsogoo, Zolboo	137
Tu, Nhu-Y	126
Tucker, Anne Marie	108, 116, 118, 126
Turner, Arley	149
Turner, Rockey	126
Tynan, Kelly	137
Tyson, Christopher	126
Tyson, Emily	149

U

Udeshi, Sukruti	137
Umana, David	45, 149
Umanzor, Vicente	126, 164
Underriner, Michael	58, 137
Ung, Chhavolak	126
Uze, Katie	7, 108, 118

V

Vaajilmorov, Tamir	66, 117
Valdes-Cruces, Gabriel	126
Valdez, Ilka	149
Valenzuela-Molina, Jorge	23, 108
Valenzuela-Molina, Tony	36, 126
Vallejos, Darwin	126
Van, Reyda	137
Vanwagner, Claire	149
Vargas, Vanessa	108
Vargas, Veronica	108, 117
Vargas-Ayala, Raul	137
Vashi, Shivam	44, 108
Vasquez, Kristi	137, 182
Vassare, Bianca	137, 174
Vega, Alvaro	126
Veis, Marisa	67, 126

Rock Solid

Members consisted of students who had a high academic standing in Spanish class for at least two years.



Spanish Honor Society

Spanish Club

Rock Solid

The Spanish Club consisted of students who were interested in the language and culture.



Veizuga, Rodrigo	137
Velasquez, Walter	149
Velasquez-Cardozo, Karen	150
Velasquez-Garcia, Vania	149
Velis, Jose	126
Veney, Kalyse	126
Ventura, Maira	137, 154
Ventura-Guzman, Walter	150
Vi, Christine	137
Vi, Christopher	126
Vi, Kristina	137, 177
Vidal-Perez, Estefania	108, 118, 187
Viera, Walter	150
Villalobos, Ana	150
Villarroel, Cristhian	108
Villarroel, Ludmila	126
Villarroel, Sergio	108
Villarroel-Orellana, M	150
Villaloro, Marvin	108
Villeda, Karen	105
Vincent, Aaron	66
Vincent, Alexandra	31, 39, 48, 86
Vinson, Luke	126
Vitale, Michael	119, 126
Vu, John	108, 117
Vuong, Louis	106

W

Wagner, Kelsey	8, 138
Walker, Ellen	126
Wall, Michael	48, 72, 138
Wallace, Erin	150
Wallace, Lauren	22, 55, 126
Waller, Lakiesha	63, 150
Waller, Randy	43, 56, 108
Walsh, Samuel	108, 117
Walton, Amy	108, 114, 118

Wet Paint!

Members worked towards a better school environment through increasing levels of respect, honesty, and responsibility among the student population.



Student Ethics Club

VA Math League



Rock Solid

Members took math tests and competed with other high schools for the best test grades.

Walton, Jillian	108, 114, 118, 172
Warburg, Zaehary	138
Ward, Bridget	150
Ward, Liam	84, 108, 114, 118
Warili, Mariam	190
Watson, Daniel	150
Watson, Michael	65, 150, 188
Watson-Franklin S	126
Weber, Christopher	138
Weber, Sarah	53, 71, 126
Weber, Teri	50, 126
Webster, Andrew	66, 150
Webster, Hilary	126
Wegner, Carleigh	138, 166
Wegner, Laura	87, 108, 112, 115, 172, 197
Weik, Donald	126, 167
Welborn, Mary	138
Wellman, Ashley	126, 167
Westrick, Lea	126, 128
Wharton, Kristyn	61, 112, 114, 118, 203, 236
Wheeler, Katelynn	9, 55, 138, 198
Whitaker, Jonathan	64, 126, 189
Whiters-Russell, Gabriel	109, 115, 118
Whitley, Reginald	9, 56, 150
Whittington, Ian	32, 126, 167, 180
Wicks, Alexander	138
Wicks, Elizabeth	126
Wilkerson, Aryea	14, 191
Willard, David	126
Williams, Antoine	36, 138
Williams, Celeste	62, 109
Williams, Jessica	150
Williams, Madeline	138
Williams, Stephanie	150
Williams, Tia	22, 109, 116, 118
Willingham, Darnell	126
Wind, Rosalie	6, 31, 126
Witcher, Tyesha	150
Woldeyes, Henok	138
Wolf, Pamela	109, 118
Wollerton, Mary	12, 126, 179
Wood, James	126
Woodbury, Alexandra	109, 118
Woodruff, Thomas	13, 126

Under Construction

Members avidly supported the democratic party, and raised political awareness and spirit during election week.

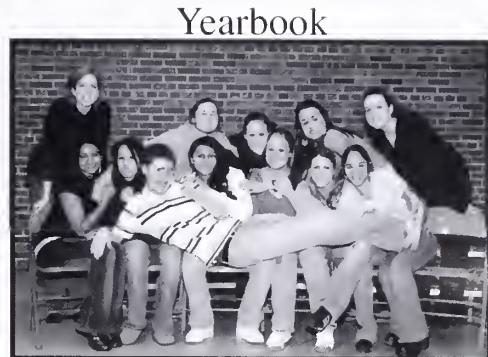


Young Democrats

Members took math tests and competed with other high schools for the best test grades.

Y

Yaneey, Emily	138
Yassin, Hebah	150
Yeager, Benjamin	138
Yimer, Lydia	109, 118
Yohannes, Maksoba	138
Yohannes, Yosief	57, 138
Younis, Fawad	109
Yuan, Lisha	138



Yearbook

The amazing Yearbook staff toiled day and night, in class and after-school, to create this wonderful yearbook.

Z

Zannat, Karina	35, 138, 237
Zapata, Daniel	109, 126
Zapata, Edward	138
Zapata, Rebecca	90, 126
Zavolas, Marion	17, 138
Zeese, Daniel	117, 118, 173, 192
Zelaya, Yesenia	109, 118, 168
Zellman, Amanda	29, 138
Zellman, Ryan	109, 118
Zewede, Ezana	138
Zugschwerdt, Sarah	66, 127



Young Republicans

Under Construction

Supporting the republican party, the club attempted to promote conservatism in politics despite being highly outnumbered by democratic students.



What is it that we do in that yearbook class? It was such a mystery to most. Outsiders assumed that our class was boring, uncool, and worked on unimportant things, but that was definitely not the case.

In fact, we worked our tails off to make this yearbook, and made other parts of school fun and exciting at the same time.

Sophomore Karina Zannat, assistant editor, said, "It was really fun and I enjoyed it. The hardest part is bad computers and dealing with technology!" Getting pictures and stories to look back on at the end of the year was a real treat....when everything went right.

Yearbook class proved to have other perks. Senior Carly Dean said, "[Yearbook class] looks good on your applications for college. I [also] thought it would be fun."

Overall, our staff was very diverse, in age, nationality, and gender....having a man in the class didn't hurt things either.

"Jackman thought he was a ladies' man, but actually he was part of the sorority," said Editor-in-Chief Kristyn Wharton.

-Patrick Jackman, '08



Staffer Stats:

**Meghan Sheriff: Adviser, 2nd Year Advising

****Kristyn Wharton: Editor-In-Chief, Senior, 4th Year Staff Member

*Karina Zannat: Asst. Editor-In-Chief, Sophomore, 1st Year Staff Member

**Carly Dean: Business Editor, Senior, 2nd Year Staff Member

**Julie Lang: Student Life Editor, Senior, 2nd Year Staff Member

*Allison Jordan: Fca./Organizations Editor, Senior, 1st Year Staff Member

*Angie Goddard: People Editor, Senior, 1st Year Staff Member

*Patrick Jackman: Sports Editor, Sophomore, 1st Year Staff Member

*Sarah Michaelson: Staff Manager, Sophomore, 1st Year Staff Member

**Nora Kyles: Staff Writer, Senior, 2nd Year Staff Member

*Crystal Orange: Staff Writer, Junior, 1st Year Staff Member

*Carleigh Edwards: Staff Writer, Junior, 1st Year Staff Member

*Meagan Riley: Staff Writer, Junior, 1st Year Staff Member

*Juskeymi Lazo: Staff Writer, Sophomore, 1st Year Staff Member



Blue & Gray

Turkey Olympics
Winners



L I V E



P L A Y



L E A R N



S U P P O R T

BLUE & GRAY

2005

2006

IN WITH THE NEW
OUT WITH THE OLD



EVERYBODY...RUMBLE!!!

Book Information

Publishing Company:	Jostens Publishing 2505 Empire Drive Winston-Salem, NC 27103
Volume:	79th
Printed:	373 as of November 16, 2005
Cost:	\$70.00 - 85.00
Theme:	“Generals’ Rumble”
Number of Pages:	240 2.25 signatures of color (36 out of 240 pages)
Type of Paper:	Gloss Enamel
Produced Using:	Dell PC's and eMac's
Software:	InDesign CS2 Photoshop v6.0
Copy and Captions:	Times
Headline:	AYT Firewalk
Font Size:	Captions: 8 and 10 point Body: 10 point
Cover Design:	Headline: Varied Designed by editors with a local Josten's cover artist
Photographer:	Staff and Segall-Majestic by Lifetouch Baltimore, MD
Total Cost:	\$35,000 (approximately)

Adviser:	Meghan Sheriff
Editor-in-Chief:	Kristyn Wharton
Assistant Editor-in-Chief:	Karina Zannat
Business Editor:	Carly Dean
Student Life Editor:	Julie Lang
People Editor:	Angie Goddard
Sports Editor:	Patrick Jackman
Academics/Organizations Editor:	Allison Jordan
Staff Manager:	Sarah Michaelson
Staff Writers:	Mariela Rios Victoria Preloah Nora Kyles Crystal Orange Carleigh Edwards Juskeymi Lazo Meagan Riley



05-06 World Beat®



Front Page Headlines • Global • Science and Nature • Human Interest • Fashion



Victor R. Caivano/AP/Wide World Photos

Lifestyle • Movies • Television • Music • Entertainment • Sports • Faces



Mike Blake/Reuters/Landov



THE MISSING
CARLA GUGINO

HURRICANES

HIT HOME



KATRINA

August 29, 2005



RITA

September 22, 2005

WILMA

October 24, 2005





August

- 25 Hurricane Katrina strikes Florida.
- 28 Mandatory evacuation of both New Orleans and Mississippi is ordered as Katrina becomes a Category 5 storm in the Gulf of Mexico.
- 29 Downgraded to a Category 4 storm, Katrina hits land. 1.3 million homes and businesses lose electricity in Louisiana, Mississippi and Alabama. 30 levees are breached, flooding New Orleans and leaving 100,000 people stranded. After slow government response, civil unrest and looting begins.
- 31 President Bush surveys the damage.

September

- 1 30,000 National Guard troops are deployed. Gas prices spike to as high as \$5 per gallon.
- 2 President Bush visits Louisiana and signs a \$10.5 billion relief bill. Nearly 154,000 evacuees arrive in Texas.
- 4 The New Orleans Superdome is evacuated.
- 6 President Bush and Congress pledge to investigate the flawed disaster response.
- 9 Government-issued debit cards are distributed to evacuees. The program fails and is ended days later.
- 12 Michael Brown, head of the Federal Emergency Management Agency, resigns. Flooding is down to 50 percent in New Orleans.
- 14 New Orleans Mayor Ray Nagin announces a phased repopulation plan.

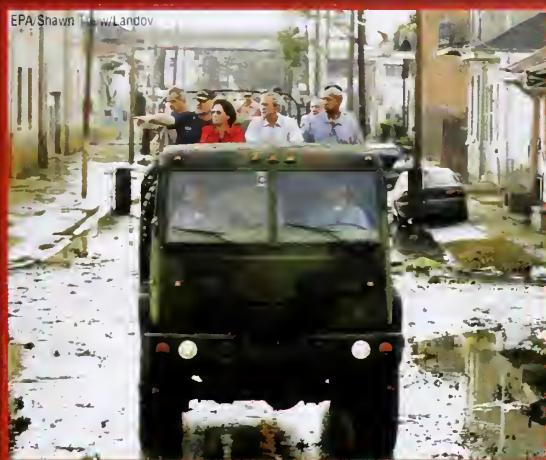
- 15 New Orleans begins to reopen. Katrina is named the most destructive hurricane in U.S. history.
- 20 Louisiana Governor Kathleen Blanco declares a state of emergency as Hurricane Rita strengthens off the coast.
- 22 Rita hits the Louisiana coast and heads for Texas.
- 23 Thousands evacuate eastern Texas and the 9th Ward of New Orleans floods once again after levees are overrun.

October

- 24 Hurricane Wilma hits southwest Florida.

Hurricanes ravage the Gulf Coast region in the fall of 2005, posing an unprecedented test of the United States federal emergency response efforts. Hundreds of lives are lost and thousands are left homeless in the wake of Category 4 Hurricane Katrina, followed by Rita and Wilma. The tragedy spurs contributions of money, talents, homes, food and more in an attempt to raise spirits and rebuild the area.

RISING FROM THE STORMS



◀ Louisiana Governor Kathleen Blanco, President Bush and New Orleans Mayor Ray Nagin survey the damage in New Orleans.



▲ Many animals left behind during evacuation are rescued and given shelter or reunited with their owners.



▼ Thousands of Louisiana evacuees receive shelter and medical care in the Astrodome in Houston, Texas.



▲ Homes across the country are opened to families left homeless in the wake of Hurricane Katrina.



▲ Thousands of volunteers help Habitat for Humanity rebuild homes in Louisiana, Mississippi and Alabama.



▲ Three months after Katrina strikes, the first New Orleans public school reopens on November 28.

05-06 Front Page Headlines

▼ On October 15, Iraqi voters ratify a U.S.-supported draft constitution that establishes a federal state. A second election, in December, creates the new government's first parliament.



▲ Several airlines declare bankruptcy due to huge fuel, labor and security costs. Passengers see fees for pillows, aisle seats and more as carriers seek new revenue sources.



▲ During rush hour on July 7, London is hit by terrorist attacks. Bombs strike one bus as well as the city's underground trains, leaving 56 people dead and 700 injured.



▲ John G. Roberts Jr. becomes the 17th Chief Justice of the United States Supreme Court following the death of William Rehnquist.



▲ Violence in Iraq continues to cost lives. Since the war began in March 2003, over 27,700 Iraqi civilians and 2,300 coalition troops have died.



▲ Gasoline prices surge in September before falling back to pre-hurricane levels. Major oil companies face federal questioning after revealing profits of over \$35 billion during this period.

▲ A devastating 7.6-magnitude earthquake hits the Kashmir region of Pakistan in October, killing 87,000 and leaving 3.5 million homeless.





▲ In January 2006, Ellen Johnson-Sirleaf is sworn in as Liberia's president, making her Africa's first elected female leader.

▲ Vice President Dick Cheney's top aide I. Lewis "Scooter" Libby resigns after being indicted in October on criminal charges relating to the leaking of a CIA officer's identity.

▲ Despite his years of anti-gang advocacy while in prison, on December 13, former Crips gang leader Stanley "Tookie" Williams is executed by lethal injection for four 1979 murders.

▲ Methamphetamine use becomes a national crisis as meth-related crimes skyrocket on the West Coast and in the Midwest. Pharmacies remove pseudophedrine products from shelves in an effort to control meth production.



▲ On January 2, 2006, an explosion at the Sago Mine in Tallmansville, West Virginia, traps 13 miners 260 feet below the surface. Sadly, only one of the miners is pulled out alive.

▲ In October, former Iraqi dictator Saddam Hussein goes on trial in Baghdad, pleading innocent to the murder and torture charges against him.



▲ Hoping to restart the peace process with the Palestinians, Israel evacuates the Gaza Strip, an area it has occupied since the 1967 Six-Day War.

▲ Civil unrest rocks France as more than 300 towns and suburbs explode with riots and arson. High unemployment, racial discrimination and rage are blamed for the outbreaks.

05-06

Science and Nature

▼ A global pandemic is feared as the avian flu claims 73 lives in Asia by the end of December and threatens to spread across the world.



▲ After seven years and 2.88 billion miles, NASA's Stardust capsule returns to earth carrying dust particles from the tail of the comet Wild 2. Scientists believe the samples hold clues to the formation of the Solar System.



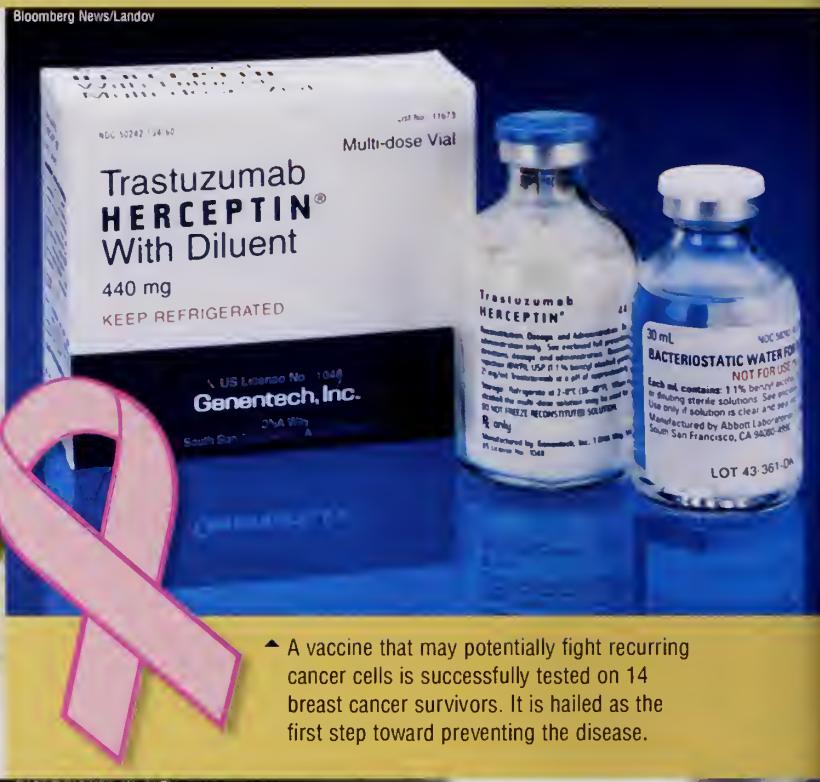
▲ The American Dental Association cites bottled water and its lack of fluoride as a major contributing factor in the rise of tooth decay in children.



▲ According to recent research, chocolate can be a healthy treat thanks to its high content of flavonoids, which help maintain good circulation and reduce blood clotting.



Bogdan Cristel/Reuters/Corbis Bloomberg News/Landov



▲ A vaccine that may potentially fight recurring cancer cells is successfully tested on 14 breast cancer survivors. It is hailed as the first step toward preventing the disease.



Jessie Cohen, National Zoo/AP/Wide World Photos NASA TV/AP/Wide World Photos

▲ The Sichuan Wolong Panda Protection and Breed Center in China deals with a baby boom — 16 pandas, including five sets of twins, are born between July and November 2005.

► In August, U.S. astronaut Stephen Robinson successfully completes an unprecedented emergency repair of the space shuttle Discovery while in orbit.



05-06 Human Interest



▲ Hikers scaling Mount Mendel Glacier in California discover the remains of Leo Mustonen, a World War II airman whose plane crashed in 1942.



▲ U.S. scientist Gregory Olsen pays \$20 million for a trip to the International Space Station aboard the Russian Soyuz spacecraft.



▲ The ruins of what may be the oldest Christian church, built in the third or fourth century A.D., are discovered on the grounds of Megiddo Prison in northern Israel in November.

▼ Anticipating the G8 summit in July, Bob Geldof organizes musicians for a series of concerts around the world to highlight the problem of global poverty.



Rick Diamond/WireImage.com



▼ Bill Gates, Bono and Melinda Gates are named *TIME*'s Persons of the Year for their efforts to battle poverty, AIDS and malaria in Africa.



KIDNAPPED

Holloway Family Photo/AP/Wide World Photos




LAST SEEN AT CARLOS & CHARLIES
MONDAY, MAY 29, 2005 1:30AM
NATALEE HOLLOWAY
CAUCASIAN AMERICAN FEMALE
BLUE EYES / LONG BLOND HAIR
5'4" 110 LBS. 18 YEARS OLD

ANY INFORMATION
PLEASE CALL 587-6222
OR CALL POLICE STATION 100

◀ Natalee Holloway, an 18-year-old from Birmingham, Alabama, becomes the lead story for every major news outlet after her disappearance while vacationing in Aruba.

◀ In August, American anti-Iraq War activist Cindy Sheehan, whose son Casey was killed in action in 2003, holds an extended demonstration at a peace camp outside President George W. Bush's Texas ranch.

05-06

Fashion



Everywhere you look this year sparkle is in with teen girls.



From preppy to vintage looks, vests make a bold statement in the fall of 2005.



Cowboy boots see a rise in popularity, and not just for line dancers and country music fans.



The "hoodie" is a staple in most teens' wardrobes.

Blazers with a retro fit make a big splash on the fashion scene.



Style gets a dose of fun over formal with these unique fashion alternatives.

Flip-flops are considered a fashion necessity, not just casual footwear.



Lifestyle



Chris Gardner/AP/Wide World Photos

▲ Shops that help you prepare meals to freeze, take home and cook offer a fun, quick and easy mealtime solution for busy moms.



▲ Pets receive the royal treatment with gourmet pet foods, available in upscale pet food shops, pet food bakeries and even ice cream parlors.

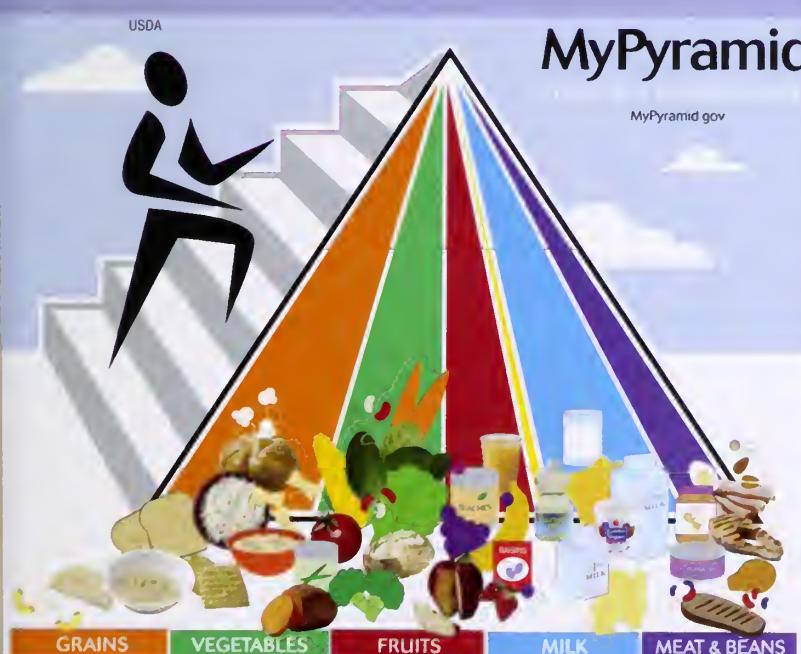


▲ Due to high gas prices, consumers opt for smaller cars with better gas mileage rather than gas-guzzling SUVs.

▼ The popularity of poker on television results in one of the biggest fads of the year — home Texas Hold 'Em tournaments.



▲ Podcasts, free broadcast-format audio files published to the Internet and downloaded to iPods by subscription, are a hip way to keep up-to-date.



MyPyramid

MyPyramid.gov



▲ The new food pyramid recommends that kids eat more fruits, vegetables and whole grains than in the past, and exercise 30 to 60 minutes each day.

▲ Blogs become the biggest Web craze since the inception of the Internet thanks to sites like Blogger.com and MySpace.com.

05-06 Movies

▼ Praised by critics and audiences alike, Peter Jackson's remake of the 1933 classic *King Kong* becomes a giant box-office success.



▲ Golden Globe Best Actress nominee Keira Knightley shines in the hit movie *Pride and Prejudice*, based on the 1813 Jane Austen novel.



▲ Moviegoers rush to see *March of the Penguins*, a surprise hit documentary that follows a year in the life of a flock of Emperor penguins.



▲ "The boy who lived" returns for more adventure in the fourth movie installment of the Harry Potter series, *Harry Potter and the Goblet of Fire*.



▲ Box-office profits are down in 2005, due in part to the trend of movie fans opting for the quick release of hit movies on DVD.

▲ The beloved C.S. Lewis series comes to life on the big screen in Walt Disney's *The Chronicles of Narnia: The Lion, the Witch and the Wardrobe*.

Best Picture Academy Award Nominations

- *Brokeback Mountain*
- *Capote*
- *Crash*
- *Good Night, and Good Luck*
- *Munich*



▲ The life of the late Johnny Cash is the basis of the Golden Globe-winning *Walk the Line*, starring Best Actor winner Joaquin Phoenix as Cash.



05-06 Television



▲ Geena Davis receives popular approval as television's first female President of the United States in one of the year's best new shows, ABC's "Commander in Chief."

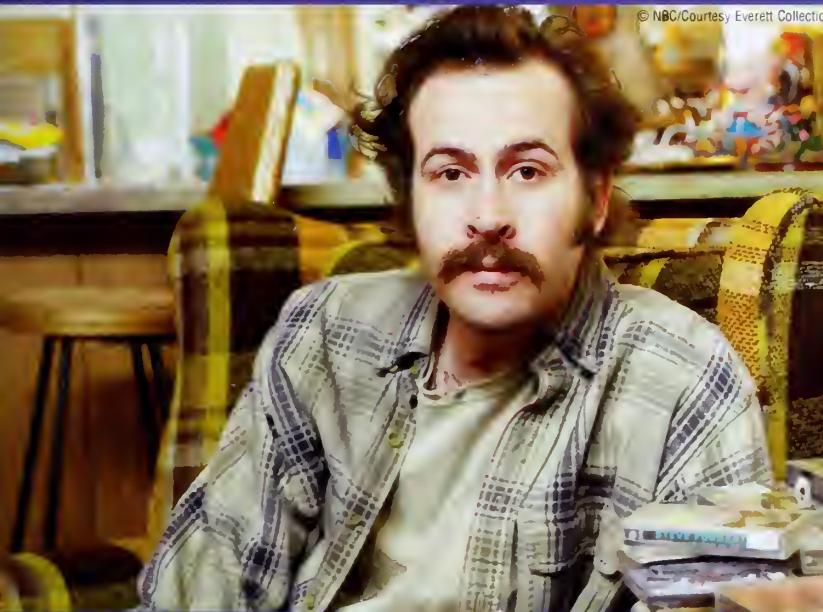


▲ Based on the childhood of comedian Chris Rock, UPN's "Everybody Hates Chris" is a hit.



▲ Doctor "McDreamy," also known as Dr. Sheperd, and the rest of the staff at Seattle Grace Hospital achieve healthy ratings in ABC's "Grey's Anatomy."

▼ Viewers can't get enough of ABC's "Lost." The show earns a Golden Globe for Best TV Series Drama and spawns countless fan speculation sites.



▲ NBC finds a new hit comedy with the quirky story of a man in search of redemption, "My Name is Earl."



◀ America's No. 1 rated show for 2005 is the CBS crime drama "CSI: Crime Scene Investigation."

◀ Surprisingly high DVD sales influence FOX to bring back the formerly canceled cult favorite "Family Guy."

2006 People's Choice Nominations for Favorite Reality Show Competition

- "American Idol" (FOX)
- "Fear Factor" (NBC)
- "Survivor" (CBS)

05-06

Music



► Green Day tops off a career year with seven MTV Video Music Awards, including Best Video of the Year for "Boulevard of Broken Dreams."

► With *Late Registration*, Kanye West maintains his status as hip-hop's top dog, landing on top of *Rolling Stone's* Top 50 Albums of 2005.

► Reggaeton, which blends influences of hip-hop, Jamaican reggae and dancehall with Latin American bomba and plena, reaches its height in popularity in 2005.

► Seattle indie favorites Death Cab for Cutie break into the mainstream with the album *Plans* and "Directions," a series of 12 short films.



► University of Texas grad Cowboy Troy bursts onto the country scene with a new music genre, "hick-hop," which he proudly displays on his class ring.



► Eight years after the death of former lead singer Michael Hutchence, Australian rock band INXS selects new frontman J.D. Fortune on the CBS show "Rock Star: INXS."

► Strong releases by Kelly Clarkson, Shakira, Mariah Carey and Gwen Stefani rule the music scene. Carey's *The Emancipation of Mimi* earns eight Grammy nominations and is the top-selling album of 2005.



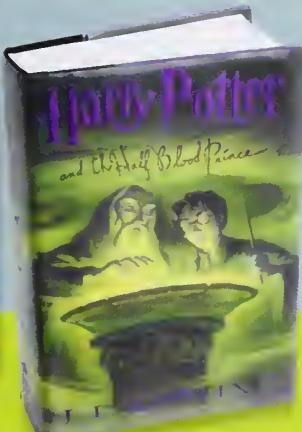
2006 Best New Artist Grammy Nominations

- Ciara
- Fall Out Boy
- Keane
- John Legend
- Sugarland

05.06 Entertainment



▲ Nintendo DS owners can now be virtual dog owners as well, thanks to the wildly popular *Nintendogs* series.

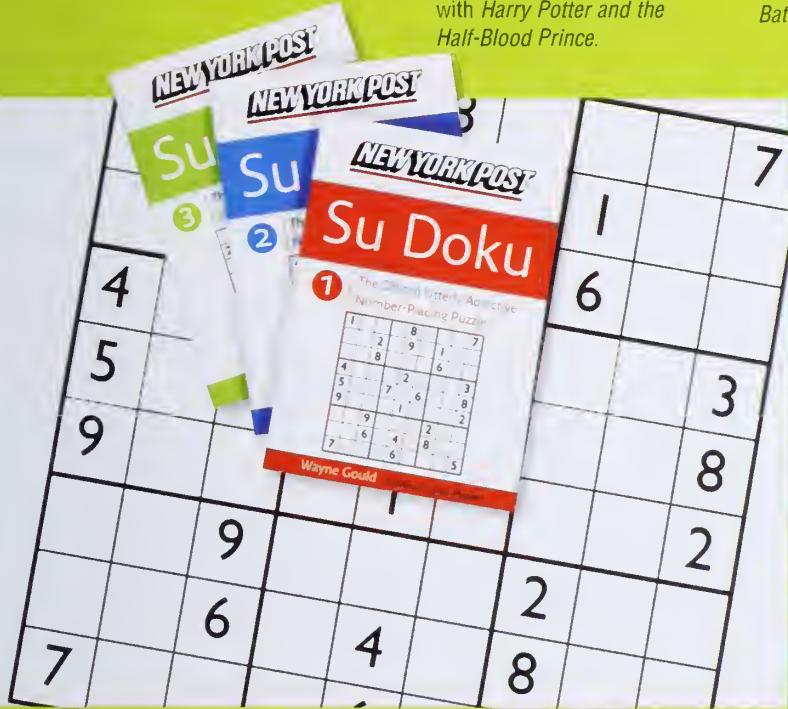


▲ J.K. Rowling releases yet another bona fide best-seller with *Harry Potter and the Half-Blood Prince*.



▲ The Star Wars franchise remains a juggernaut in the videogame industry with the winter release of *Star Wars: Battlefront II*.

▼ Gamers wait in line for hours to get their hands on the year's hottest holiday video game console, Microsoft's Xbox 360.



▲ The addictive numbers logic puzzle, Su Doku, captures the attention of crazed puzzlers across the nation.



◀ The classic game of 20 Questions gets a makeover for 2005 with the artificial intelligence powered 20Q, one of this year's hottest toys.



◀ Music videos and TV shows are accessible on the go with the newest must-have item from Apple, the iPod with video.

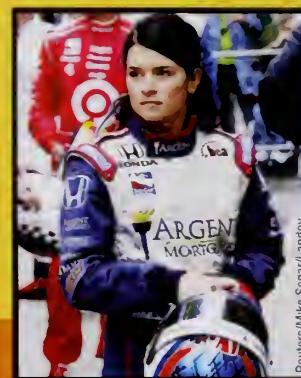
05-06

Sports

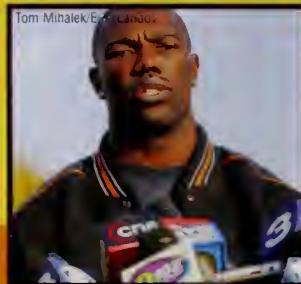
▼ In June, the San Antonio Spurs win the 2005 NBA Championship over the Detroit Pistons in a thrilling seven-game Finals series. Spurs forward Tim Duncan wins MVP honors.



▲ In February 2006, figure skater Sasha Cohen leads the U.S. Olympic Team into the XX Olympic Winter Games in Torino, Italy.



▲ Danica Patrick, 23-year-old race driver, wins Rookie of the Year honors in both the Indy Racing League's IndyCar Series and at the Indianapolis 500, where she finishes fourth.



▲ Citing conduct unbecoming to the team, the Philadelphia Eagles suspend wide receiver Terrell Owens for four games and deactivate him for the remainder of the NFL season.



▲ NHL hockey returns in fall 2005 after losing the entire '04-'05 season to a labor dispute. Fans flock to see players in new uniforms and exciting innovations like tie-breaking shootouts.

► Hawaiian golf phenom Michelle Wie turns professional on her 16th birthday and signs endorsements worth \$10 million, making her one of the highest paid female athletes in the world.



▲ The Pittsburgh Steelers hold off the Seattle Seahawks for a 21-10 victory in Super Bowl XL. Future Hall of Famer Jerome "The Bus" Bettis retires after the game.



05-06



▲ In November, WWE superstar Eddie Guerrero dies of heart failure. In 2004, Guerrero was only the second wrestler of Hispanic heritage to win the WWE championship.



▲ American Lance Armstrong wins his unprecedented seventh Tour de France in July. Armstrong then retires from competitive cycling.



▲ BMX superstar Dave Mirra wins the gold medal in the BMX Park Finals of X Games XI.

▼ Longhorns quarterback Vince Young leads Texas to a national championship with a dramatic 41-38 comeback victory over USC in the 2006 Rose Bowl.



▲ After an 88-year wait, the Chicago White Sox win the 2005 World Series, sweeping the Houston Astros in four games. White Sox right fielder Jermaine Dye is named Series MVP.



▲ Two-time champion Tony Stewart wins NASCAR's Nextel Cup Series and a record \$13.6 million in winnings in 2005. Stewart's career Cup earnings now total over \$48 million.

▲ Swiss tennis superstar Roger Federer wins two Grand Slam titles, at Wimbledon and the U.S. Open, along with all four ATP Masters Series events.

05-06 Faces

▼ Civil rights pioneer Rosa Parks dies at 92 in Detroit. Parks' refusal in 1955 to give up her seat on an Alabama bus eventually led to laws desegregating public transportation nationally.



▲ Beloved "Gilligan's Island" funnyman Bob Denver dies of cancer at 70. Although only 98 episodes of the popular sitcom were made, Denver was typecast as the nutty Gilligan his entire career.



▲ Kristin Cavallari, featured on the MTV reality show "Laguna Beach," becomes one of Hollywood's hottest young personalities.



▲ Chinese actress Ziyi Zhang shines in the lead role of Sayuri in the film adaptation of the acclaimed Arthur Golden novel *Memoirs of a Geisha*.



▲ Actor Tom Cruise, 43, makes headlines all year with his controversial views on psychiatry, his new love, actress Katie Holmes, and his couch gymnastics on CBS's "The Oprah Winfrey Show" and NBC's "Tonight Show with Jay Leno."

▼ Actor-comedian Richard Pryor dies at 65 in December. Pryor's concerts and movies in the '70s and '80s inspired performers like Eddie Murphy, Arsenio Hall and Robin Williams.



▲ Peter Jennings, anchor of ABC's "World News Tonight," dies of lung cancer in August. The popular TV journalist held the anchor position for 22 years.



▲ Coretta Scott King, legendary civil rights advocate and widow of the Rev. Martin Luther King Jr., dies in January 2006. She was 78.







UTION

EVERYBODY

RUMBLE

EVERYBODY

RUM